Daily Delight

TUESDAY • DECEMBER 1 • 2026

World AIDS Awareness Day



HIV was first identified in the early In 1983, the virus causing AIDS was discovered, though samples trace to 1959. By the 80s and 90s, it ballooned to epic proportions. Awareness and advances in medical treatment have drastically reduced the spread of this terrible disease.

HIV/AIDS deaths have declined by 68% since 2004. However, 39 million people worldwide still live with this disease. The United Nations World Health Organization, founded in 1948 for global health, supports sufferers by informing the public and pursuing a cure.

You can do your part in the fight against HIV by educating yourself, teaching others, and supporting someone afflicted with the disease. World AIDS Day is a reminder that we can join the fight against this disease.

Today in History

In 1956, the film “The Girl Can’t Help It” premiered in New York. The musical starred Jayne Mansfield and included a cameo from Little Richard, who performed the original music score. In 1986, he and Elvis Presley were two of the ten original inductees into the Rock n’ Roll Hall of Fame.

senior living activity assistant
powered by spectrio



DID YOU KNOW?

Ball, Bell, Boot, and Bone

Did you know McDonald's Chicken McNuggets come in four specific shapes? They aren't random blobs but are precisely formed into the "ball," the "bell," the "boot," and the "bone" (also called the bow-tie). This was done intentionally to ensure consistent cooking times for food safety and to make them more kid-friendly. The standardized shapes also provide a uniform experience for dipping, a key part of what made them an instant hit in the 1980s.

TRIVIA

Which is "the Island of Eternal Spring"?

A Okinawa

B Easter Island

C Ramree

D Tenerife

TODAY'S FUNNY

What happens when there isn't any smog?

U C L A!

TODAY'S WISDOM

"In the depth of winter, I finally learned that within me there lay an invincible summer."

– Albert Camus

WORD SEARCH

An Affair to Remember

H Q W K O F Z C E U R O P E K T O Y
J R N O N P S L P G B X P I Z E C F
J Q B Q K W J S C Y C U W X M N P L
H N K P E B X X N P E I I K W U Z P
C I W E W E J A W D F K E L F Y H Q
W B E I R F T A D E C K F D D B N Q
N R K B A R B Z I T Y I D J P I R N
C F N S M I H V L A S E Z N R Z N I
P D R A M A T I C T J X T P Q V G G
A B N T D F L H J S Z P E M P I R E
I J K D I F L W F P M E B N J C A G
P O E M L A I K Z O X R P I I W N S
T S X L M B C V R K G C A S T J T C
V M N R O M A N C E M K S T I U I K
V L B X H V M L U X R A R H V D V Q
T I N X B X E Q F N L V W U F K F T
O F X U T A M T O C T X Y F O O N V
H C E P J B W T V N R X Z N U R T U

Film
Romance
Dramatic
Love
Affair
Empire
State
Building
Europe
Grant
Kerr
Classic

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	4	5	9				6	1
9					2	3		
								9
	3			4	7			8
	6	8	3	1	5	9	7	
				9	8			
	8	6	1			4		
		4					2	
5			8					

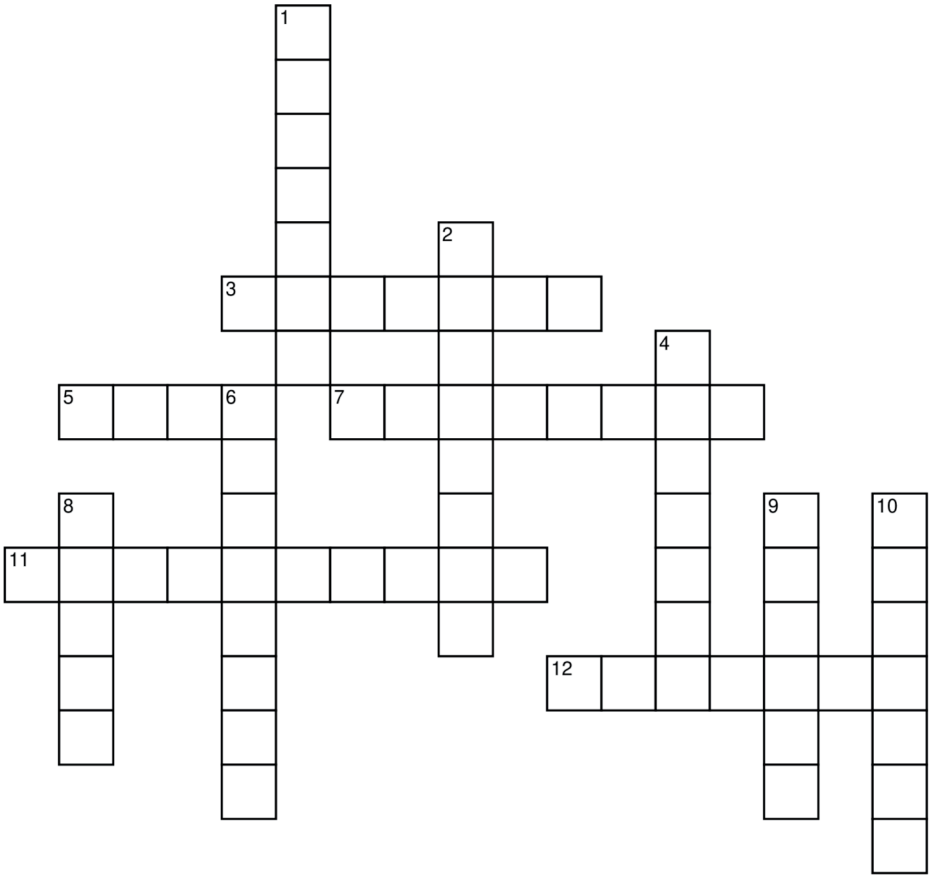
		7						6
	6	9			8	3		
3				5	9			
	3	5			1			
9								
	7	6	5		3	1	4	
7			3					1
		1			5	6		2
6	5	3					8	7

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Famous Georges



Across

[3] Paul Varjak in Breakfast at Tiffany's

[5] There were two

[7] Rhapsody in Blue composer

[11] #1 President

[12] Alabama Politician

Down

[1] "Sexiest Man Alive" 1997 & 2006

[2] A Beatle

[4] English singer-songwriter - Wham!

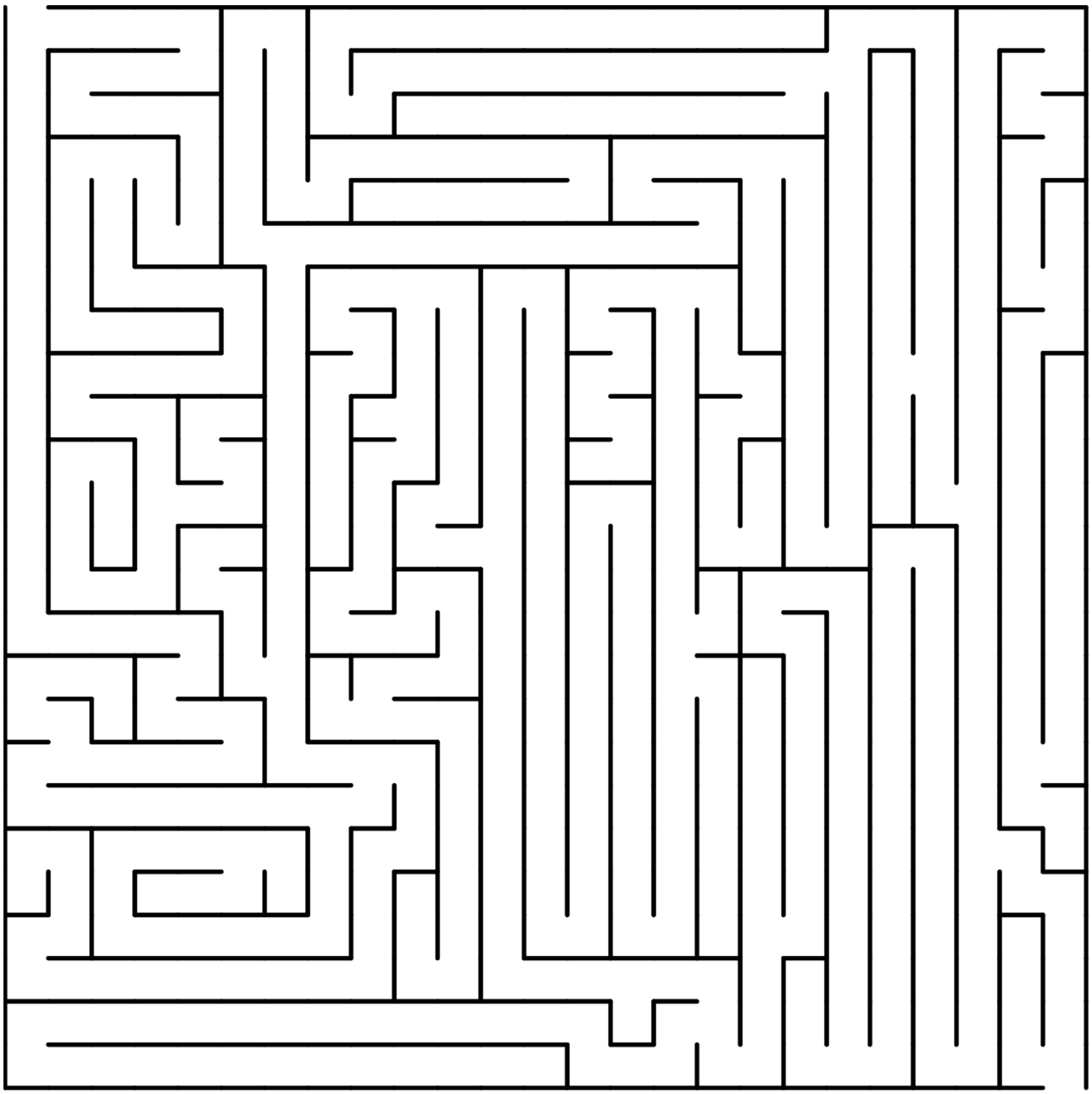
[6] Known for his role in Dynasty or maybe his tan

[8] Sulu of the USS Enterprise

[9] Best selling country artist of all time

[10] Prizefighter

MAZE




TALES OF FIRE
DRAGON LORE
TALES OF FIRE

SOLUTIONS

Trivia Answer: D

Tenerife is the largest and most populated of the Canary Islands, located in the western half of the archipelago. The unbeatable climate earned Tenerife the" island of eternal spring” nickname.

8	4	5	9	7	3	2	6	1
9	1	7	4	6	2	3	8	5
6	2	3	5	8	1	7	4	9
2	3	9	6	4	7	5	1	8
4	6	8	3	1	5	9	7	2
7	5	1	2	9	8	6	3	4
3	8	6	1	2	9	4	5	7
1	9	4	7	5	6	8	2	3
5	7	2	8	3	4	1	9	6

H Q W K O F Z C E U R O P E K T O Y
J R N O N P S L P G B X P I Z E C F
J Q B Q K W J S C Y C U W X M N P L
H N K P E B X X N P E I I K W U Z P
C I W E W E J A W D F K E L F Y H Q
W B E I R F T A D E C K F D D B N Q
N R K B A R B Z I T Y I D J P I R N
C F N S M I H V L A S E Z N R Z N I
P D R A M A T I C T J X T P Q V G G
A B N T D F L H J S Z P E M P I R E
I J K D I F L W F P M E B N J C A G
P O E M L A I K Z O X R P I I W N S
T S X L M B C V R K G C A S T J T C
V M N R O M A N C E M K S T I U I K
V L B X H V M L U X R A R H V D V Q
T I N X B X E Q F N L V W U F K F T
O F X U T A M T O C T X Y F O O N V
H C E P J B W T V N R X Z N U R T U

5	4	7	1	3	2	8	9	6
1	6	9	7	4	8	3	2	5
3	2	8	6	5	9	7	1	4
8	3	5	4	6	1	2	7	9
9	1	4	8	2	7	5	6	3
2	7	6	5	9	3	1	4	8
7	9	2	3	8	6	4	5	1
4	8	1	9	7	5	6	3	2
6	5	3	2	1	4	9	8	7

