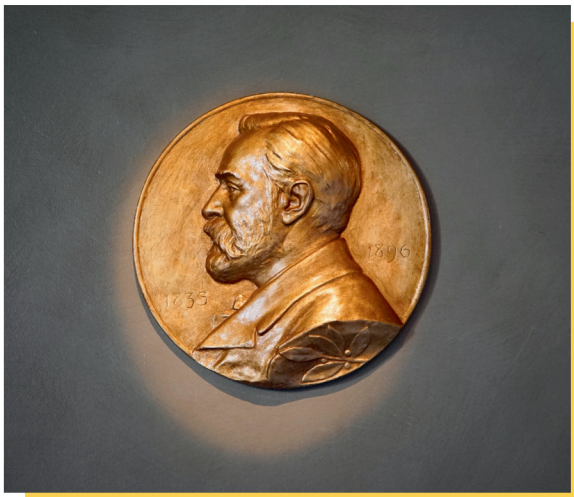
Daily Delight

THURSDAY • DECEMBER 10 • 2026

Nobel Prize Day

Nobel Prize Day is celebrated in honor of Alfred Nobel, who died on this day in 1896. It was Nobel's final wish to establish several categories of prizes for accomplishments made in academic, cultural, and scientific advances that served the betterment of mankind. Several years later, in 1901, his wish was granted as the first Nobel Prizes were awarded. Since then, the Nobel Prize Foundation has presented awards each year to those who excel in physics, chemistry, physiology, medicine, literature, and economic sciences.

The most important one, however, is the Nobel Peace Prize, which is awarded to "those who did their best for mankind." Take some time today to see who was awarded Nobel prizes this year!



Today in History

In 1931, Jane Addams became the first woman Nobel laureate when she was the co-recipient of the Nobel Peace Prize. Addams was a social reformer and activist who co-founded one of America's first settlement houses, the Hull House of Chicago, which provided services for the poor.

senior living activity assistant
powered by spectrio



DID YOU KNOW?

Acoustic Architecture

Acoustical archaeology demonstrates that prehistoric monuments, including Stonehenge and European megalithic passage tombs, were engineered to manipulate sound. Excavation and sound-mapping reveal that builders positioned massive stone slabs to create resonance chambers, amplifying drumbeats and low-frequency chanting around 110 Hz. This frequency stimulates the right temporal lobe, inducing trance-like states during communal rituals.

TRIVIA

Which of these desserts is traditionally made with ground almonds?

A Pavlova

B Cheesecake

C Marzipan

D Tiramisu

TODAY'S FUNNY

What do you call a fake noodle?

An impasta.

TODAY'S WISDOM

"The line separating good and evil passes not through states, nor between classes, nor between political parties either, but right through every human heart."

- Aleksandr Solzhenitsyn, The Gulag Archipelago (1973)

WORD SEARCH

Festivus for the Rest of Us!

R G C V E I S S P V F J N D Z G W Y
K X P L O K T E T T O B D S U N H H
C L A A W K S C V Q V S D I M R T O
R Y J M C H P U U K G A I R N T G T
D I Q X F D K L R N D L L A Q N N M
O R O F H W D A I S E U L H C R E I
W X K L G O T R G G C M J L M N R R
D B E O D D I I X S Z I G O T H T A
H D E Q Y A T J L B T N A O Y Y S C
J C F P R A D I Y J L U R N C O W L
I A E N I J L E I O B M H J C B H E
G V C I W P Q Z Q R P R V C B M O E
B O S B I T U R W S A M G F Y V L S
V F F R S V V I A R K E P E S O I B
M U Q G A S E I N F E L D A P G D J
B H Z S G T R I C H W J B T B I A N
O R G D K P F E S T I V U S P I Y Q
Y A K L L I E Z U Q A F E Y B G F R

Okeefe	Seinfeld	Airing
Feats	Holiday	Miracle
Festivus	Dinner	Pole
Secular	Strength	Aluminum

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

3		7			2	5		9
	4	8			9			
1		2		3	4		6	
	5				7		2	
9							5	3
					5			7
8	2			5				1
7				4	3			6
4	3		8			2	7	5

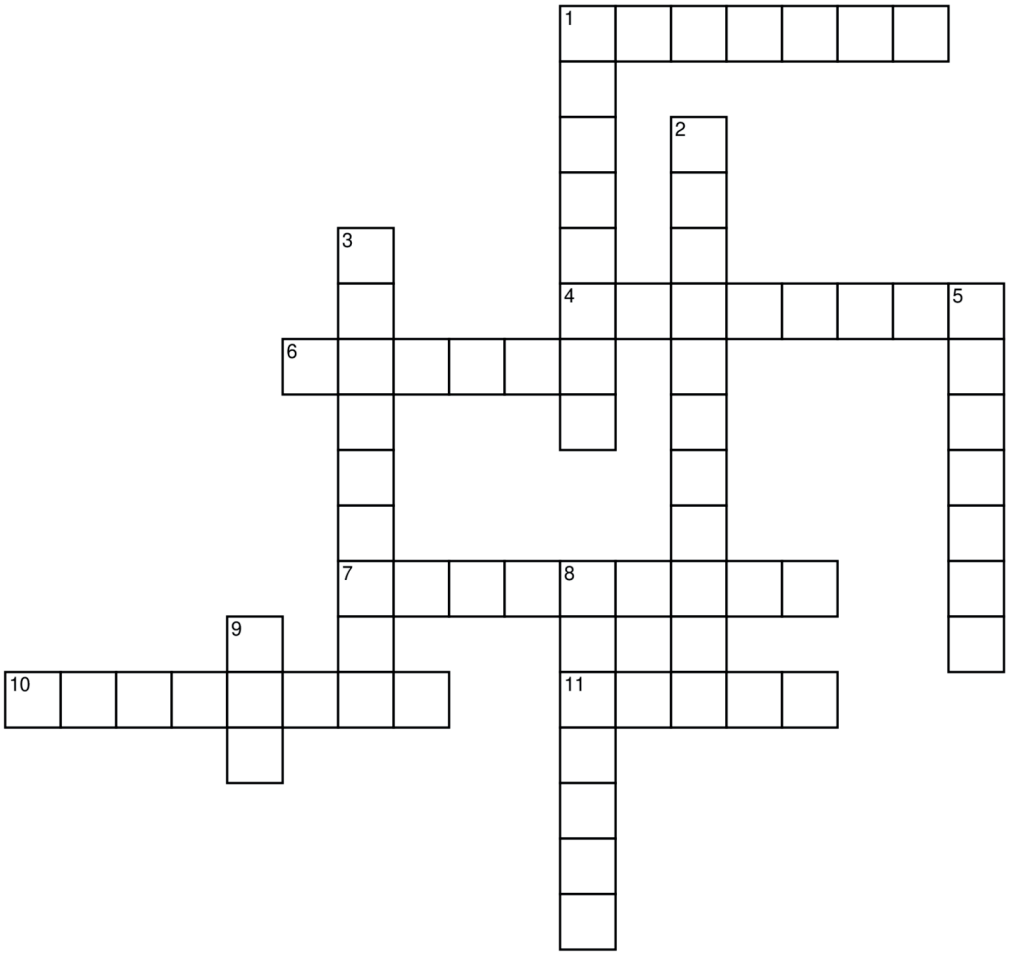
		4	3	5		8	1	
	9	6		2		7		3
1								
				7		3		
6		7				1	8	9
	5						4	
	2	8		9		5	7	
5	1		7	4			6	2
		9	5	1				8

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Human Rights



Across

[1] Forced labor and ownership

[4] Action to promote change

[6] Expressing choice in elections

[7] Process of learning knowledge

[10] Fair treatment for all

[11] Civil rights advocacy organization

Down

[1] Right to vote legally

[2] Country with apartheid history

[3] Eleanor's husband

[5] Anti-apartheid leader

[8] Official pardon for offenses

[9] Civil rights leader, minister

SPOTLIGHT TRIVIA

Arctic Animals

1. What are baby harp seals called?

A. Cubs
B. Pups
C. Guppies
D. Kit

2. Wolverines are a kind of:

A. Skunk
B. Bear
C. Weasel
D. Wolf

3. How do polar bears hunt for seals?

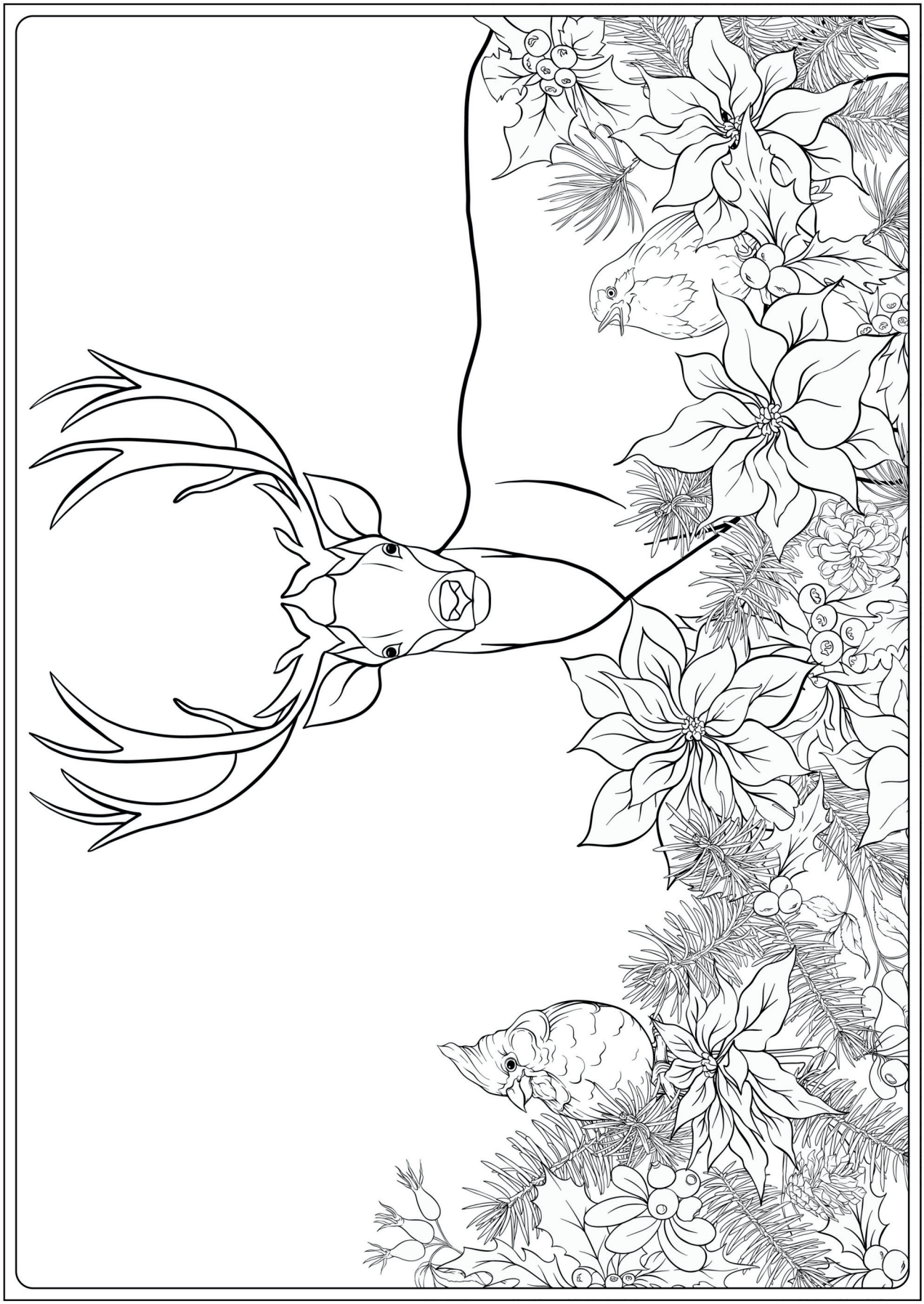
A. Using smell
B. Using Hearing
C. Echolocation
D. Keen eyesight

4. Arctic foxes are also called:

A. Fennec foxes
B. Polar foxes
C. Frozen foxes
D. Cold foxes

5. The name narwhal derives from the old Norse word nar, which means:

A. Fish
B. Corpse
C. Horn
D. Whale



SOLUTIONS

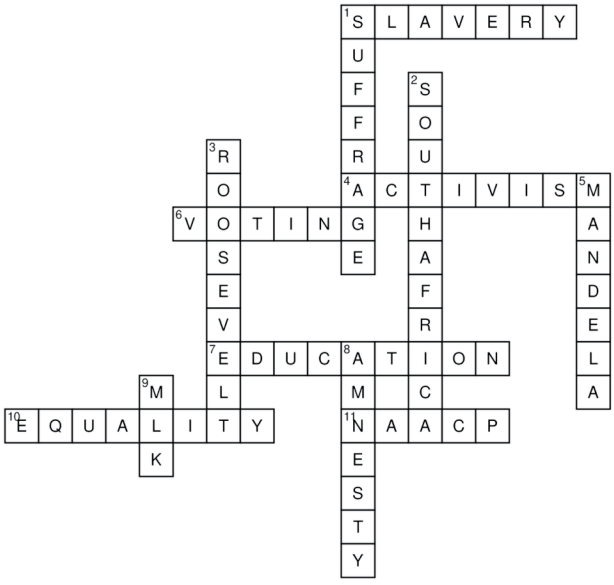
Trivia Answer: C

Marzipan is a sweet confection created from a paste of finely ground almonds and sugar.

3	6	7	1	8	2	5	4	9
5	4	8	6	7	9	3	1	2
1	9	2	5	3	4	7	6	8
6	5	3	9	1	7	8	2	4
9	7	1	4	2	8	6	5	3
2	8	4	3	6	5	1	9	7
8	2	9	7	5	6	4	3	1
7	1	5	2	4	3	9	8	6
4	3	6	8	9	1	2	7	5

R G C V E I S S P V F J N D Z G W Y
K X P L O K T E T T O B D S U N H H
C L A A W K S C V Q V S D I M R T O
R Y J M C H P U U K G A I R N T G T
D I Q X F D K L R N D L L A Q N N M
O R O F H W D A I S E U L H C R E I
W X K L G O T R G G C M J L M N R R
D B E O D D I I X S Z I G O T H T A
H D E Q Y A T J L B T N A O Y Y S C
J C F P R A D I Y J L U R N C O W L
I A E N I J L E I O B M H J C B H E
G V C I W P Q Z Q R P R V C B M O E
B O S B I T U R W S A M G F Y V L S
V F F R S V V I A R K E P E S O I B
M U Q G A S E I N F E L D A P G D J
B H Z S G T R I C H W J B T B I A N
O R G D K P F E S T I V U S P I Y Q
Y A K L L I E Z U Q A F E Y B G F R

2	7	4	3	5	9	8	1	6
8	9	6	1	2	4	7	5	3
1	3	5	8	6	7	2	9	4
9	8	1	4	7	6	3	2	5
6	4	7	2	3	5	1	8	9
3	5	2	9	8	1	6	4	7
4	2	8	6	9	3	5	7	1
5	1	3	7	4	8	9	6	2
7	6	9	5	1	2	4	3	8



Spotlight Trivia:

1. B
2. C
3. A
4. B
5. B