Daily Delight EZ

WEDNESDAY • DECEMBER 2 • 2026

WORD SEARCH

Healthy Eating

H M A Z V K H G Y O
C C F W G V M W P R
J F P O O B E P M C
O R H S O F A T O E
G U T N C D L A S L
A I L I Z U S X V O
X T A A A X V Y U H
S S E R U S I T Y W
X E H G V E L I M R
B O T L T D X M E W

Foods Fruits Grains
Health Meals Whole

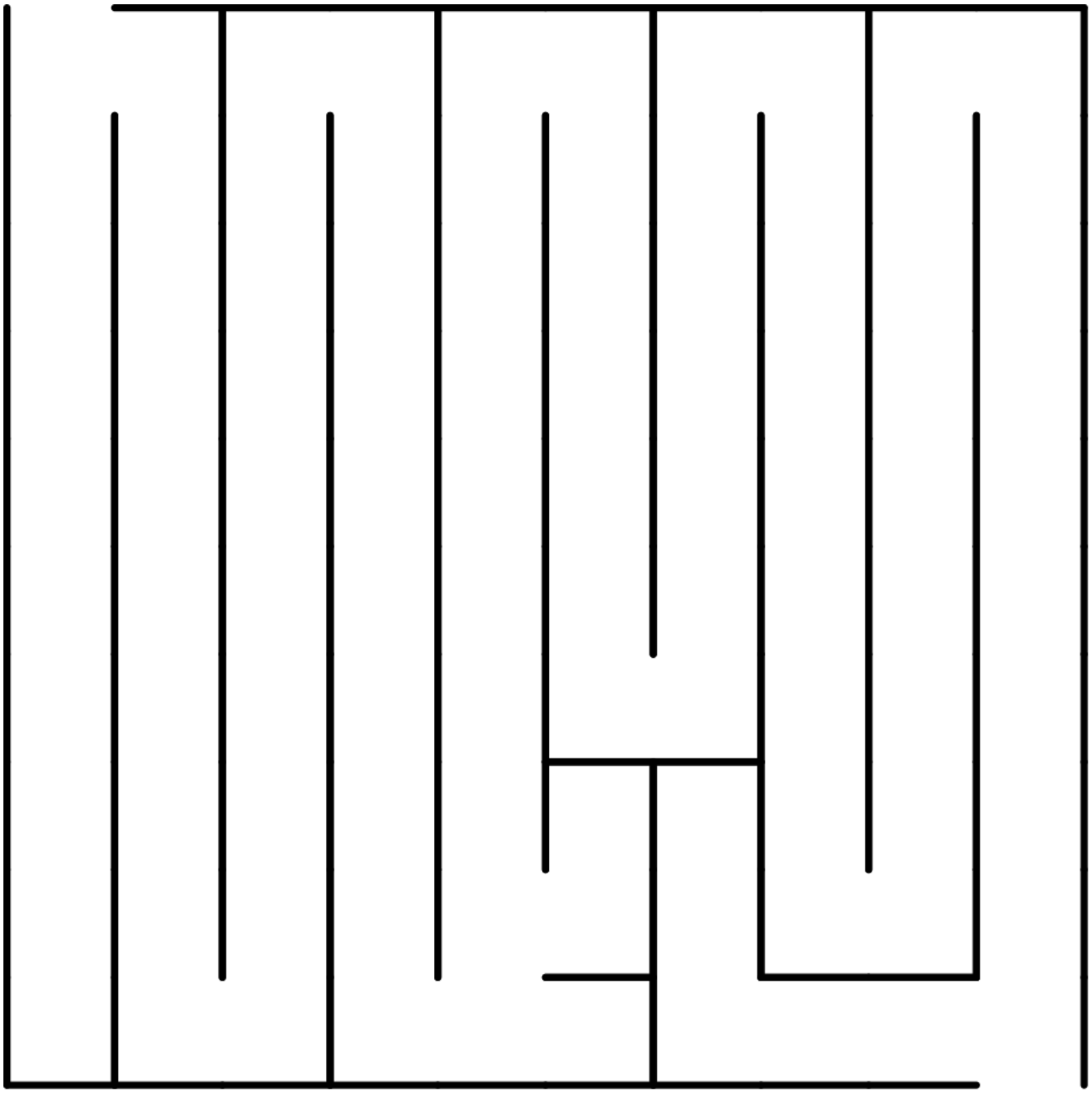
SUDOKU

How To Play:

Each 4x4 box is comprised of 4 smaller 2x2 boxes. Each of these smaller boxes must be filled in with numbers from 1-4. Each row and column of the larger 2x2 box should not have any numbers repeated.

			3
	3	2	4
	2	3	
3			

MAZE



JOGGIN' YOUR NOGGIN'

These simple, easy-to-play games help provide a sense of accomplishment and help keep the brain active.

HOMOPHONE FUN

(Which word goes with this sentence?)

She bumped her leg on the coffee table and developed a dark _____.

bruise or brews

TRIVIA

What is the term for water that comes out of a faucet?

A. Tap Water
B. Bottled water
C. Rainwater

WORD SCRAMBLE

W D O O _____

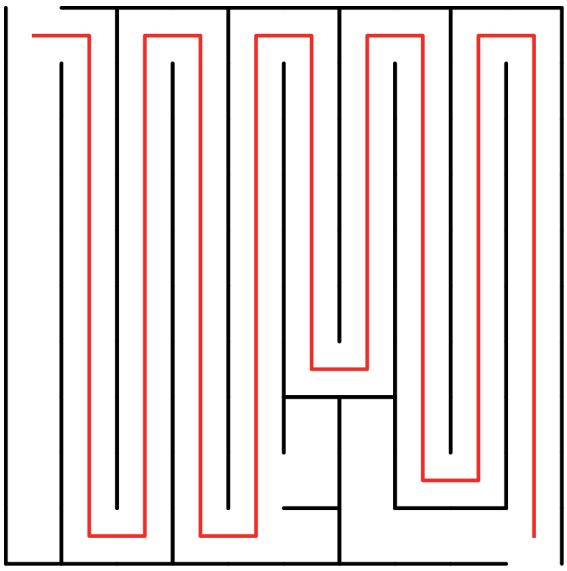
A L B E _____



SOLUTIONS

H M A Z V K H G Y O
C C F W G V M W P R
J F P O O B E P M C
O R H S O F A T O E
G U T N C D L A S L
A I L I Z U S X V O
X T A A A X V Y U H
S S E R U S I T Y W
X E H G V E L I M R
B O T L T D X M E W

2	4	1	3
1	3	2	4
4	2	3	1
3	1	4	2



Joggin' Your Noggin' Answer:

- bruise
- Tap Water
- Wood/Able