

Daily Delight

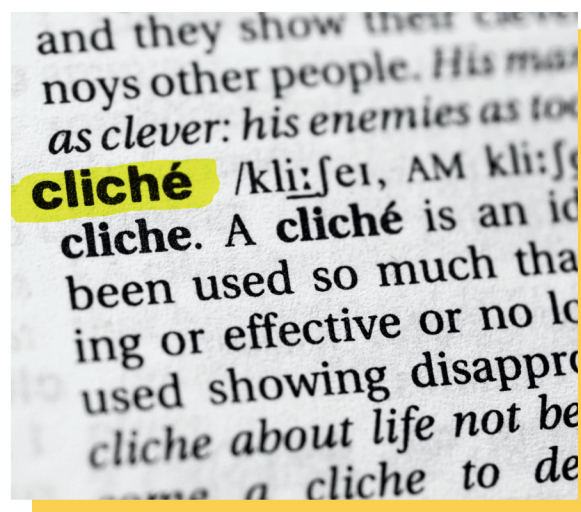
TUESDAY • NOVEMBER 3 • 2026

Cliché Day

Often overused to the point where people can't stand them anymore, clichés can drive people crazy, so it makes sense that we dedicate a whole day to celebrating them. Cliché Day can be fun if you embrace it. Who created this day is unknown, but that's just how the cookie crumbles.

Clichés convey your point easily and quickly. If the cat doesn't have your tongue, take a moment to think of some of your favorite cliches, work them into your conversations throughout the day, and see just how time flies.

After all, the day has already been named a holiday, so there's no use crying over spilled milk. See how that last cliché got in, just in the nick of time?



Today in History



In 1975, Chris Evert became the first tennis player to achieve the number one ranking when the WTA Tour rankings debuted. She held the top spot for the first 26 weeks. Evert won 18 Grand Slam singles titles during her career, making her one of the most successful players in history.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

Cats Ear Muscles

Cats have 32 muscles in each ear, which is more than dogs, allowing them to rotate their ears up to 180 degrees and move them independently. This anatomy gives cats many advantages. With their ears, they can pinpoint the direction of sounds, even faint ones; they also use them to express a variety of emotions and moods. Cats also use the inner ear for balance and to keep them oriented.

TRIVIA

What is the most visited amusement park in North America?

- A** Magic Kingdom
- B** Universal Studios Florida
- C** Disneyland Park
- D** SeaWorld Orlando

TODAY'S FUNNY

Where do bad rainbows go?

Prism, it's a light sentence.

TODAY'S WISDOM

"Until you make the unconscious conscious, it will direct your life and you will call it fate."

- Carl Jung

WORD SEARCH

In a Mason Jar

U	I	E	X	G	K	V	U	S	X	H	L	Q	S	C	J	Z	A
N	Z	S	O	R	M	W	K	V	W	R	E	Z	T	W	P	I	K
E	O	D	D	O	M	V	Y	X	S	Y	U	G	F	P	U	O	R
T	B	M	P	A	K	S	K	X	N	D	J	L	I	F	W	T	W
G	L	S	Z	T	G	N	U	U	S	N	V	N	G	T	W	V	Y
P	T	X	H	M	Z	F	B	R	V	D	A	O	J	F	S	V	Z
Z	I	Z	N	E	Q	W	E	I	J	F	E	I	O	E	Q	T	Y
F	E	C	R	A	F	W	K	Z	V	B	S	S	L	W	K	P	U
J	F	Y	K	L	O	W	L	O	E	W	W	D	S	S	B	L	O
L	F	U	S	L	D	G	T	A	L	O	N	N	E	E	Q	A	G
L	C	N	F	K	E	N	H	L	R	A	O	K	I	F	R	N	W
J	Y	F	K	Z	I	S	C	T	C	T	T	X	L	E	O	T	J
E	R	S	O	A	P	W	U	Z	T	D	O	J	F	B	X	S	S
X	I	I	P	V	Y	Y	K	U	T	M	H	S	E	V	E	V	E
O	X	T	I	D	Y	X	B	F	Q	U	X	Z	R	N	I	B	L
D	J	C	V	J	W	T	K	E	K	Z	M	E	I	D	L	G	Q
Q	U	I	F	M	R	O	U	B	C	C	Y	G	F	R	L	I	T
B	C	N	N	O	L	H	C	X	S	C	I	H	B	D	J	I	T

Desserts

Buttons

Oatmeal

Gifts

Fireflies

Candles

Pickles

Soap

Paint

Flowers

Plants

Nails

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

3	8	7		5	1			
5	1		4			9	8	
		6			7		5	1
1	6	8			5			4
2	4			7		5		6
7		3	2				1	
			5	1		2	9	8
	2	5		4	9	1	7	
	3		7	8		6	4	5

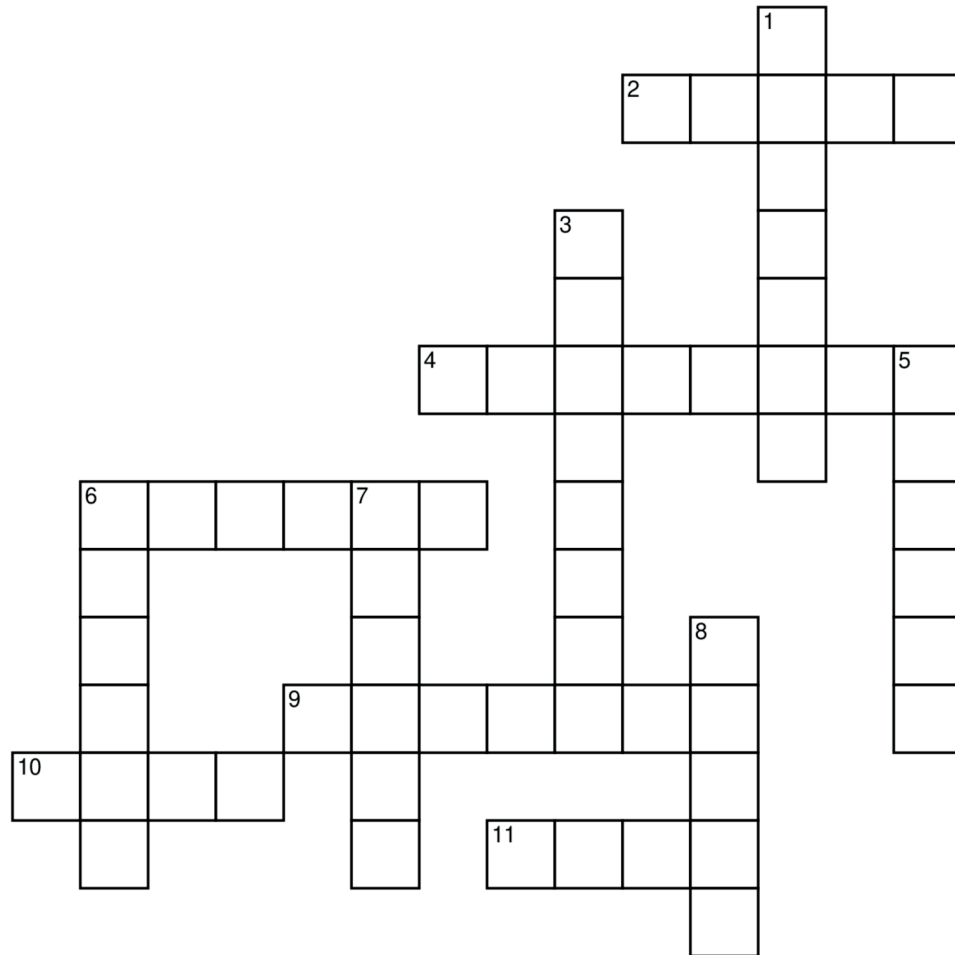
7	5	9		8			4	
	6	1	7	4		2		8
	4	2	3			7		5
		4	5		8	3	7	6
6	3					8		
1	8	5	6	3	7	4	2	9
4			8	7		5		
5	7				1	9		4
9	2	8			3			

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Daylight Saving Time



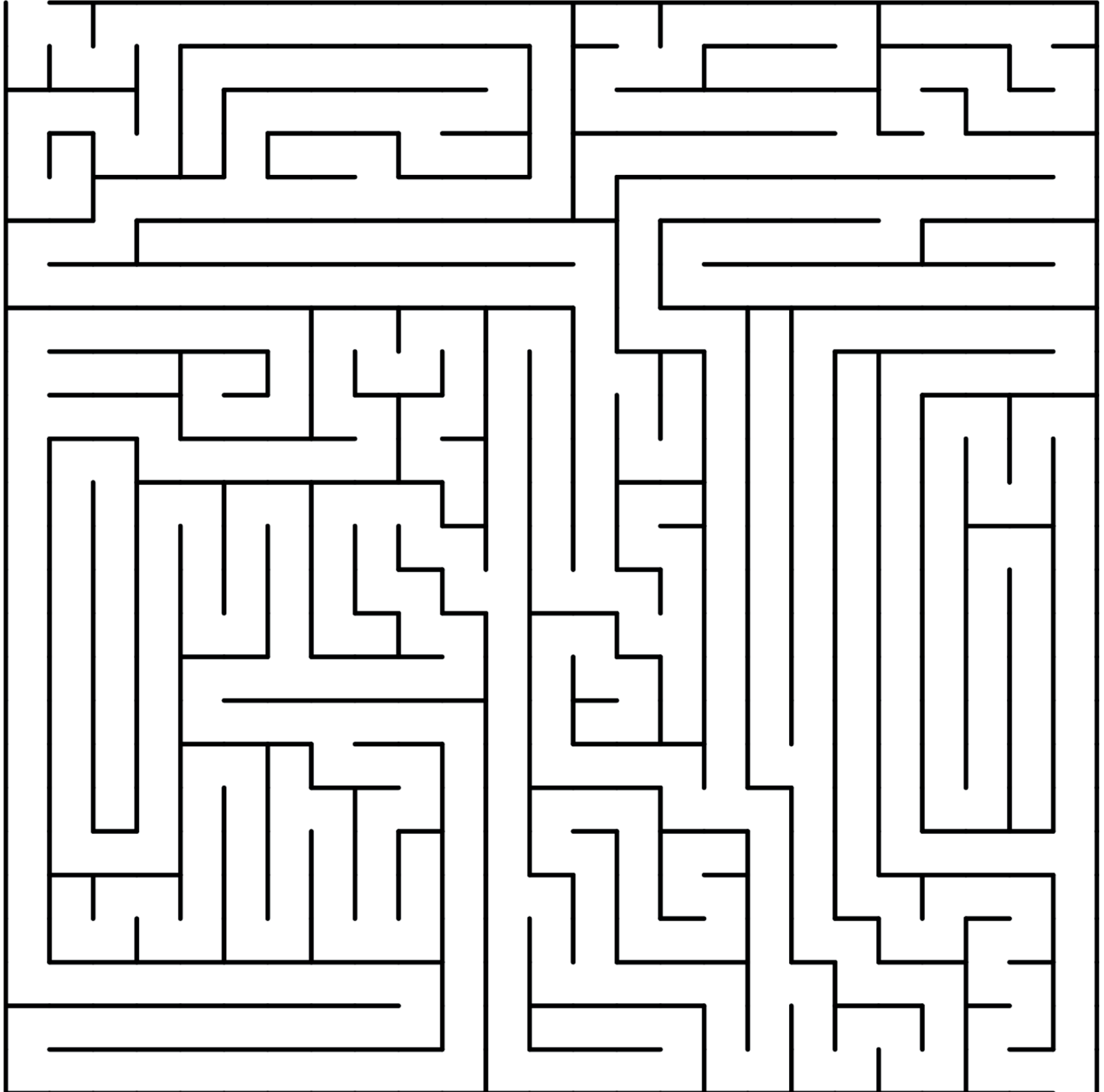
Across

- [2] Big Ben's Face
- [4] Be frugal with
- [6] Alter slightly
- [9] Electronic format
- [10] 60 Minutes
- [11] Ump's call

Down

- [1] Towards the front
- [3] Vitamin D source
- [5] Power and motion
- [6] Not digital
- [7] Winter follower
- [8] Time for resting

MAZE





SOLUTIONS

Trivia Answer: A

The Magic Kingdom theme park at Walt Disney World Resort near Orlando, Florida, was visited by approximately 20.96 million people, making it the most visited amusement park in North America.

3	8	7	9	5	1	4	6	2
5	1	2	4	3	6	9	8	7
4	9	6	8	2	7	3	5	1
1	6	8	3	9	5	7	2	4
2	4	9	1	7	8	5	3	6
7	5	3	2	6	4	8	1	9
6	7	4	5	1	3	2	9	8
8	2	5	6	4	9	1	7	3
9	3	1	7	8	2	6	4	5

7	5	9	1	8	2	6	4	3
3	6	1	7	4	5	2	9	8
8	4	2	3	9	6	7	1	5
2	9	4	5	1	8	3	7	6
6	3	7	9	2	4	8	5	1
1	8	5	6	3	7	4	2	9
4	1	6	8	7	9	5	3	2
5	7	3	2	6	1	9	8	4
9	2	8	4	5	3	1	6	7

U I E X G K V U S X H L Q S C J Z A
N Z S O R M W K V W R E Z T W P I A K
E O D D O M V Y X S Y U G F P U O R
T B M P A K S K X N D J L I F W T W
G L S Z T G N U U S N V N G T W V Y
P T X H M Z F B R V D A O J F S V Z
Z I Z N E Q W E I J F E I O E Q T Y
F E C R A F W K Z V B S S L W K P U
J F Y K L O W L O E W W D S S B L O
L F U S L D G T A L O N N E E Q A G
L C N F K E N H L R A O K I F R N W
J Y F K Z I S C T C T X L E O T J
E R S O A P W U Z T D O J F B X S S
X I I P V Y Y K U T M H S E V E V E
O X T I D Y X B F Q U X Z R N I B L
D J C V J W T K E K Z M E I D L G Q
Q U I F M R O U B C C Y G F R L I T
B C N N O L H C X S C I H B D J I T

