

Daily Delight

TUESDAY • NOVEMBER 24 • 2026

Celebrate Your Unique Talent Day

Observed every year on November 24th, Celebrate Your Unique Talent Day encourages everyone to embrace and share their singular gifts, no matter how eccentric or niche. Everyone possesses at least one unique spark. Were you the quiet student in the back who mastered the tuba, or the person in the front row who could whistle through their nose?

Our talents showcase a vibrant side of us to the world: our passions, capabilities, and what brings us joy. History itself was built by people leaning into peculiar insights, from early thinkers pondering gravity long before Newton to ancient artisans discovering how heat, sand, and clay fuse into durable ceramics. Even if your talent feels completely impractical, it is a distinct piece of who you are. Today is the day to own it.

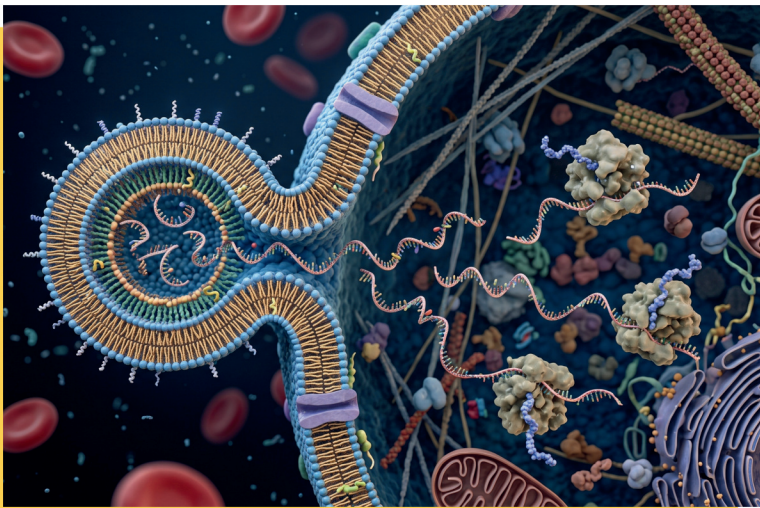


Today in History



In 1966, the cult classic “One Million Years B.C.” was released 1st in West Germany. The film starred Raquel Welch, and the actress only had three lines. Welch won a Golden Globe for Best Motion Picture Actress in a Musical or Comedy for her performance in “The Three Musketeers.”

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

The Ghost in the Cell

Biologists recently uncovered a previously unknown organelle operating inside human cells, dubbed the hemifusome. While researchers long believed they had mapped all fundamental cell structures, advanced imaging revealed this tiny organelle playing a vital role in cellular transport. Unearthing a new cellular component upends basic biology, giving scientists a fresh lens to understand how internal traffic errors trigger metabolic and neurodegenerative diseases.

TRIVIA

Which US president was the shortest in height?

- A** James Madison
- B** Martin Van Buren
- C** John Adams
- D** Thomas Jefferson

TODAY'S FUNNY

Why were the cranberries wet?

*They were
Ocean Sprayed*

TODAY'S WISDOM

"Not everything that is faced can be changed, but nothing can be changed until it is faced."

- James Baldwin

WORD SEARCH

Hug Your Teddy!

V	H	F	T	K	L	G	F	E	S	D	U	O	O	T	F	Y	M
C	R	J	P	F	V	D	X	G	E	F	D	C	O	V	I	J	U
G	Z	K	I	X	C	Z	N	H	O	T	O	Y	L	V	I	R	A
J	F	J	A	O	E	S	B	G	W	E	P	Y	A	T	H	X	E
J	J	H	P	C	C	J	N	C	C	A	R	Y	I	P	D	B	G
H	L	B	B	O	A	X	W	W	F	U	S	D	C	I	X	D	G
D	K	U	M	Y	R	K	D	O	H	M	Q	D	I	A	E	D	D
X	H	L	V	F	B	U	J	Y	G	N	M	E	F	Z	F	B	Z
O	C	Z	B	L	M	C	Z	S	E	P	G	T	E	C	T	W	S
E	V	M	F	O	E	Z	N	R	Y	B	X	E	N	N	E	P	G
R	M	W	H	Q	U	M	D	N	Q	K	U	E	E	W	N	H	N
C	B	E	H	F	B	L	I	U	H	Q	A	X	B	C	V	V	I
L	N	K	F	M	I	U	C	Z	S	E	M	N	D	G	Z	I	G
S	X	N	B	H	V	L	D	C	L	B	V	B	D	J	C	T	G
W	F	P	C	Z	C	G	K	D	R	Z	E	W	B	J	D	B	U
Z	L	O	L	P	I	Z	D	C	Y	X	G	A	X	G	B	I	H
Z	P	L	A	D	L	U	K	Y	F	T	J	R	R	C	Y	M	P
X	Q	G	N	P	C	F	T	S	I	N	J	M	I	W	S	O	P

Teddy

Bear

Hugging

Beneficial

Embrace

Squeeze

Cuddle

Fuzzy

Buddy

Children

Toy

Warm

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

6	5			3			2	8
	3					6		
8			7	5	6			
4	2				5	1		3
1			6	2	3	8		
						5	9	
5		3	4	6			7	9
	8		3	7				
9						3		

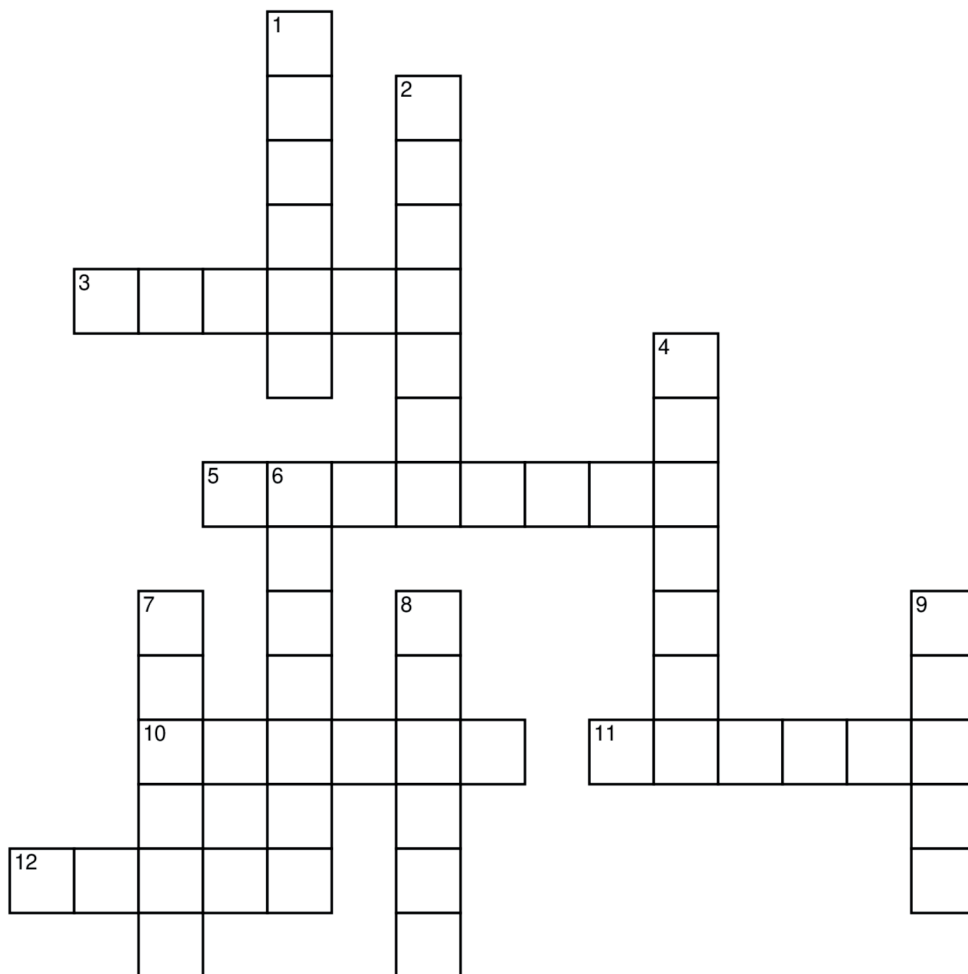
				9	6	2	4	
3	2	6	7	8		9		
4					2	6		8
		9			5	8		
		1		2				
5	4	3		7	8	1		
9	3	4	2	6	7			
7				5			6	2
		2	8	4	1	7		3

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Words with Double Letters



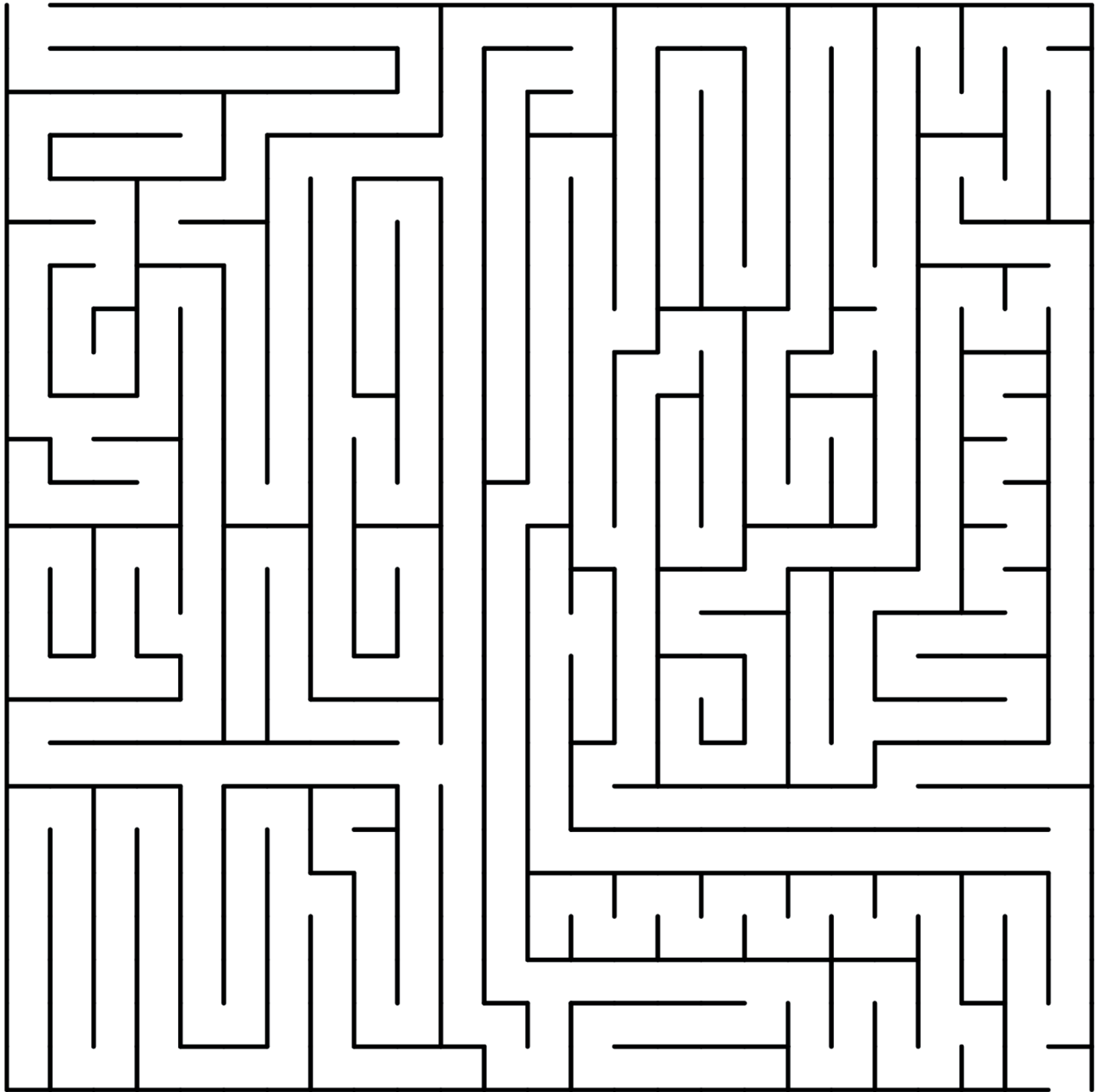
Across

- [3] Four quarters
- [5] Salon tool
- [10] Cop's command
- [11] Provoke
- [12] "Awesome!"

Down

- [1] Multitask, maybe
- [2] Mailer's need
- [4] Knead
- [6] Up-to-date
- [7] Heath bar filling
- [8] Perplex
- [9] Action to be knighted

MAZE





SOLUTIONS

Trivia Answer: A

The shortest U.S. president was James Madison, who stood at 5 feet 4 inches (163 centimeters) tall.

V H F T K L G F E S D U O O T F Y M
C R J P F V D X G E F D C O V I J U
G Z K I X C Z N H O T O Y L V I R A
J F J A O E S B G W E P Y A T H X E
J J H P C C J N C C A R Y I P D B G
H L B B O A X W W F U S D C I X D G
D K U M Y R K D O H M Q D I A E D D
X H L V F B U J Y G N M E F Z F B Z
O C Z B L M C Z S E P G T E C T W S
E V M F O E Z N R Y B X E N N E P G
R M W H Q U M D N Q K U E E W N H N
C B E H F B L I U H Q A X B C V V I
L N K F M I U C Z S E M N D G Z I G
S X N B H V L D C L B V B D J C T G
W F P C Z C G K D R Z E W B J D B U
Z L O L P I Z D C Y X G A X G B I H
Z P L A D L U K Y F T J R R C Y M P
X Q G N P C F T S I N J M I W S O P

6	5	1	9	3	4	7	2	8
7	3	9	2	8	1	6	5	4
8	4	2	7	5	6	9	3	1
4	2	7	8	9	5	1	6	3
1	9	5	6	2	3	8	4	7
3	6	8	1	4	7	5	9	2
5	1	3	4	6	8	2	7	9
2	8	6	3	7	9	4	1	5
9	7	4	5	1	2	3	8	6

1	8	5	3	9	6	2	4	7
3	2	6	7	8	4	9	1	5
4	9	7	5	1	2	6	3	8
2	6	9	1	3	5	8	7	4
8	7	1	4	2	9	3	5	6
5	4	3	6	7	8	1	2	9
9	3	4	2	6	7	5	8	1
7	1	8	9	5	3	4	6	2
6	5	2	8	4	1	7	9	3

