

Daily Delight

TUESDAY • NOVEMBER 17 • 2026

National Hiking Day

Walking and hiking are excellent ways to relieve stress and get into shape. Today is also known as Take a Hike Day, so do yourself a favor and take a hike outside and enjoy the cooler fall weather. With over 60,000 miles of trails across the nation, there's one for you. What distinguishes a hike from a walk? A hike is taken in the woods, hills, mountains, or somewhere else in a natural setting. Hikes not only help you burn calories, but they also provide scenic sites and vistas that are good for the relaxation of the mind and soul. Hiking is for every age. Whether it's a rough, rugged trail or just a path. You choose the terrain and decide when you want to go and how much you want to push yourself. With Thanksgiving coming soon, it's a great time to enjoy a hike and maybe even lose a little weight before Turkey Day!



Today in History



In 1980, Dolly Parton's album "9 to 5 and Odd Jobs" was released by RCA-Victor Records. It was her 23rd studio album. Parton has won ten Country Music Association Awards. She was inducted into the Country Music Hall of Fame in 1999 and the Rock and Roll Hall of Fame in 2022.

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DID YOU KNOW?

Wash Your Feet

Did you know that the human heel hosts an astonishing variety of fungi? In 2013, it was discovered that the human heel contains 80 different types of fungi, and the rest of the foot, along with toenails, harbor even more. This revelation may provide insight into why our feet are susceptible to fungal infections such as athlete's foot. Proper foot hygiene and care are essential to minimize the risk of such infections.

TRIVIA

Which one of these musicals is set in Paris?

A Les Miserables

B Rent

C A Chorus Line

D Wicked

TODAY'S FUNNY

What do you call a tiger that drinks lemonade?

A sour puss!

TODAY'S WISDOM

"There is no charm equal to tenderness of heart."
- Jane Austen

WORD SEARCH

Sadie Hawkins



American

Folk

Event

Sadie

Dance

Women

Lil Abner

Comic Strip

Ask

Date

Hawkins

November

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	5		3	6	1		7	9
	7		9		2	5		3
		3				6	2	
	1	4				9		8
	3				8	7		5
	6	8	7		4		3	
6	9		4	2			1	7
4	2			7		3	5	
	8	7	1	5		2	9	4

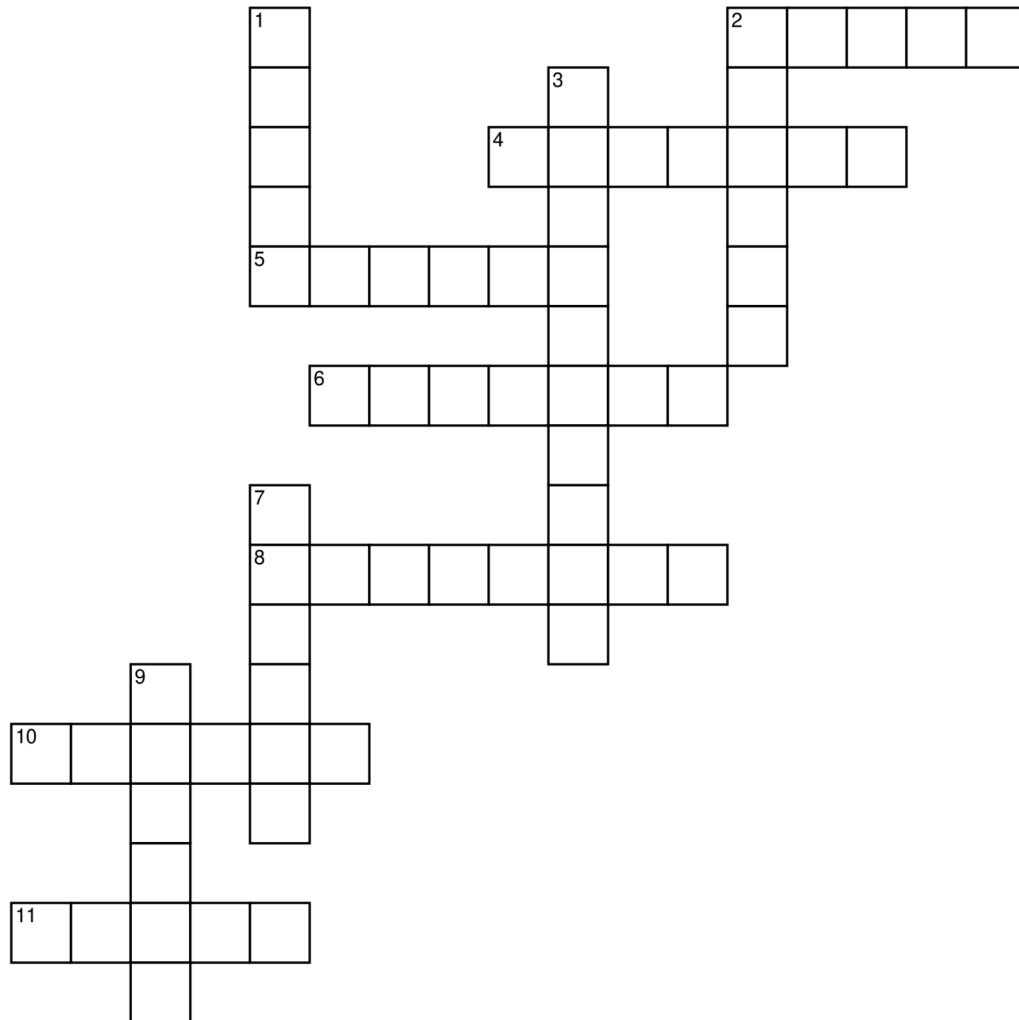
		6	9		4	7		
8						3		
4	3			8		6	5	2
		3		7		5	6	9
			3	9	5	4	1	7
		7	4			8	2	
				2	7	9		
9		2			3	1	7	
	1	4	6					8

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Folk Music



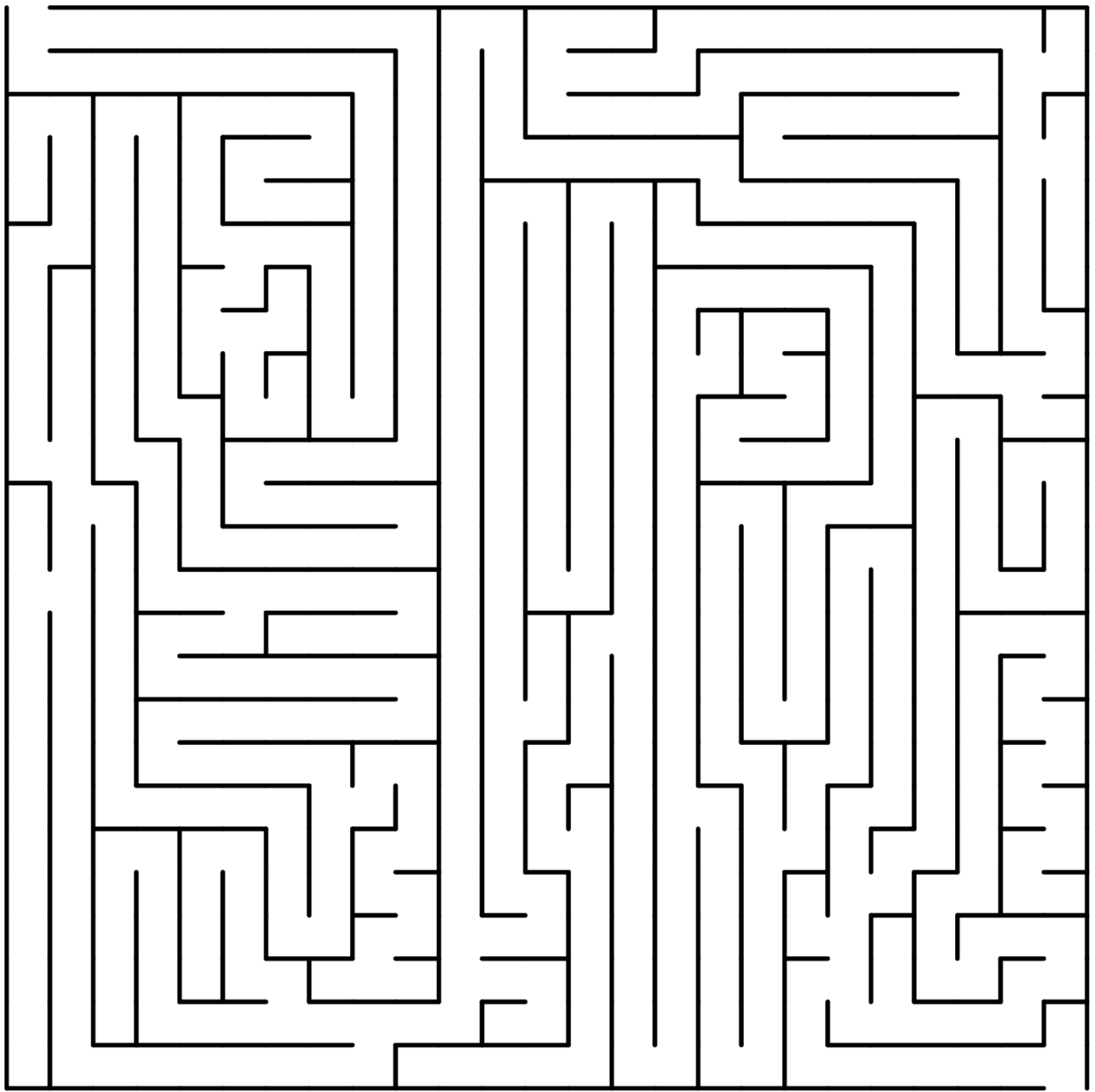
Across

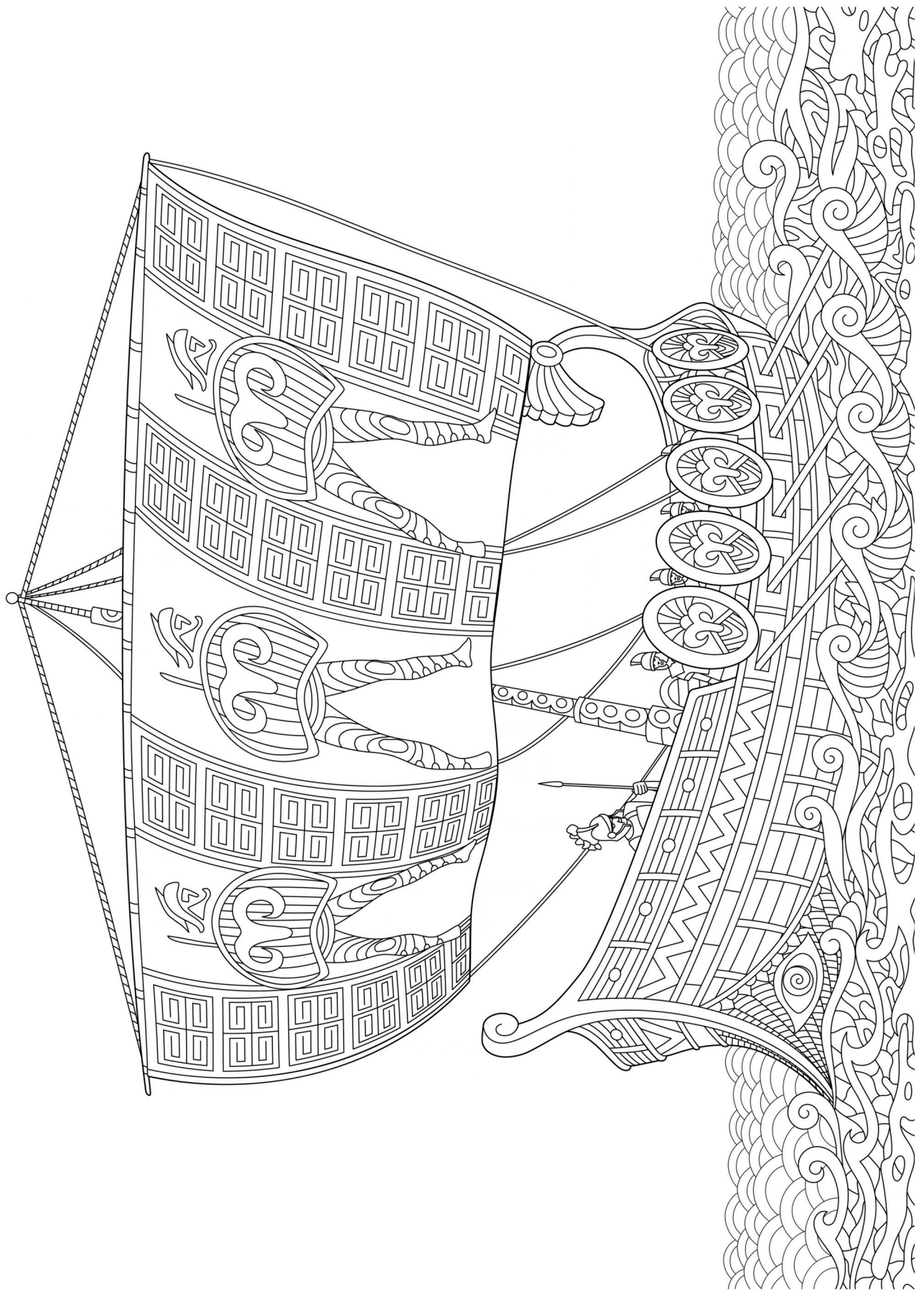
- [2] Tall tale
- [4] Kind of demonstration
- [5] Song words
- [6] First capital of Oklahoma
- [8] Type of guitar
- [10] Fender product
- [11] "Blowin' in the Wind" writer

Down

- [1] Not shy with one's opinion
- [2] Folk singer Pete
- [3] Ordinary or regular people
- [7] Sentimental song
- [9] Uncomplicated

MAZE





SOLUTIONS

Trivia Answer: A

The epic novel Les Misérables is primarily set in Paris, France, though it also includes other locations like Montreuil-sur-Mer.

U I Q F I K U I R Z T U F A G X N K
L S S G Y O T S J J J P M A P O C V
Z A S F M Q P Z A Q W H R S W D P E
M W Q C Y P K E O U I X T K B Q Z L
W J O W I N C C A X R F T W E A I P
E L E M D I S O K Y Y X O W F J O S
K K W F E A S M S W C H N L D P S S
O H L U Y N N I Y A F O G P K T U Q
P C Y G Z G I C B M D U A J T V N M
L V I Q Y T K S E E D I M A L V O G
M I R X V D W T C U Z Y E Q B T V Y
H A L D Q M A R Z H T W R D P O E N
A M C A I S H I U S L T I N A H M A
R E E H B V Q P M C B O C W K Y B L
F V E G N N N V D J O G A D R N E U
S E B D Z X E A R N Z W N H W T R B
C N X Y I U Z R E Q I K I J A L Q G
K T Q R Q P P E O R P W G D Z T X I

8	5	2	3	6	1	4	7	9
1	7	6	9	4	2	5	8	3
9	4	3	5	8	7	6	2	1
7	1	4	2	3	5	9	6	8
2	3	9	6	1	8	7	4	5
5	6	8	7	9	4	1	3	2
6	9	5	4	2	3	8	1	7
4	2	1	8	7	9	3	5	6
3	8	7	1	5	6	2	9	4

2	5	6	9	3	4	7	8	1
8	7	1	5	6	2	3	9	4
4	3	9	7	8	1	6	5	2
1	4	3	2	7	8	5	6	9
6	2	8	3	9	5	4	1	7
5	9	7	4	1	6	8	2	3
3	8	5	1	2	7	9	4	6
9	6	2	8	4	3	1	7	5
7	1	4	6	5	9	2	3	8

