

# Daily Delight

THURSDAY • NOVEMBER 19 • 2026

## Play Monopoly Day

Today is November 19th, which means it's Monopoly Day! Monopoly is the fourth most popular board game of all time, behind the games Life, Clue, and Candy Land. Monopoly has been played by over 1 billion people in over 100 countries at least once. Since its introduction to the market in 1935, Monopoly has been updated and changed numerous times over the years. It is available in over 37 languages and licensed in more than 130 countries. It is not just a board game anymore but can be played electronically, online, and via smartphone apps. Interestingly enough, it is based on an anti-monopoly game called "Landlord Game," created in 1904 by Lizzie Magie as a way to explain the rental market and the effect of a monopoly on the marketplace. Take a moment to play this beloved game today.



## Today in History



In 2014, Billy Joel received the Library of Congress Gershwin Prize, the nation's highest award for influence, impact, and achievement in the field of popular song. Other honorees include Lionel Richie, Garth Brooks, Stevie Wonder, Emilio and Gloria Estefan, Paul Simon, and Carole King.

senior **living**  
activity assistant  
powered by **spectrio**



## DID YOU KNOW?

### Nature's Water Purifiers

Capable of filtering up to 50 gallons of water daily, a single adult oyster consumes algae while trapping sediment, excess nutrients, and pollutants. This continuous purification dramatically improves water clarity, allowing vital sunlight to reach and nourish aquatic plant life. By forming dense reefs, these "ecosystem engineers" construct cleaner, more resilient coastal habitats that shelter and sustain countless marine species.

## TRIVIA

Which is the world's largest inland body of water?

- A** Caspian Sea
- B** Lake Hudson
- C** Lake Superior
- D** Red Sea

## TODAY'S FUNNY

Why did  
Monopoly yawn?

*It's a board game!*

## TODAY'S WISDOM

*"Simplicity is the highest goal, achievable when you have overcome all difficulties."*

*- Albrecht Dürer*

# WORD SEARCH

## Folding Paper



Japanese

Craft

Paper

Artform

Folding

Crease

Cranes

Culture

Ancient

Sculpture

Pleats

Edo

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 |   | 1 | 4 |   |   | 9 |   | 8 |
|   | 8 |   |   | 9 | 5 |   |   |   |
| 5 |   |   |   | 2 |   |   |   | 3 |
|   |   | 7 |   | 1 | 9 |   |   | 6 |
|   |   | 6 | 3 |   | 4 |   |   |   |
|   | 4 |   | 6 | 5 |   | 1 |   |   |
|   | 6 | 8 | 7 | 4 | 1 |   |   | 5 |
| 1 |   | 5 |   |   |   |   | 8 | 4 |
|   |   |   |   |   | 3 | 2 |   | 1 |

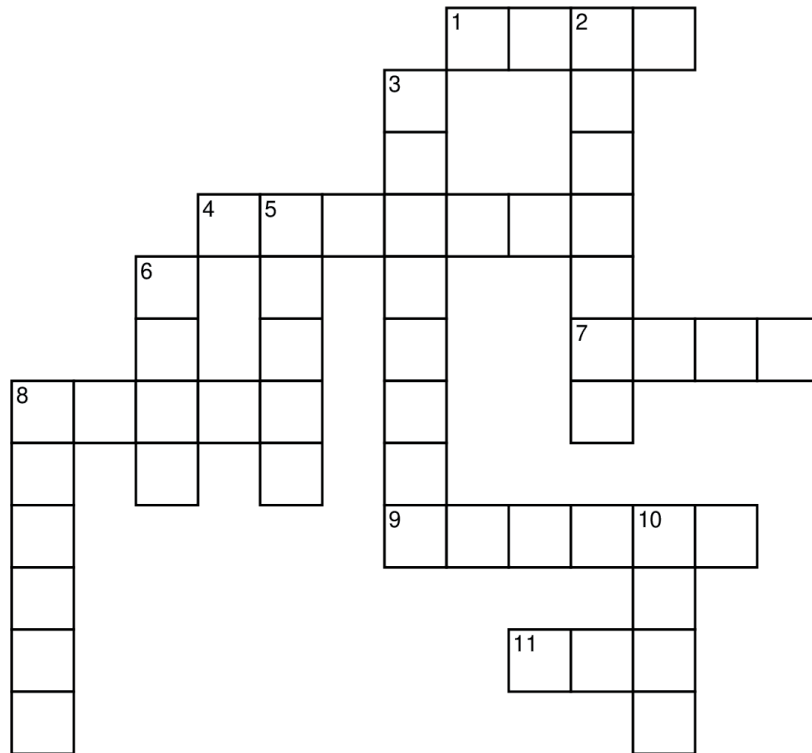
|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 |   | 9 |   | 4 |   |   |   |
|   | 4 | 8 |   |   |   | 3 | 9 | 6 |
| 1 | 9 | 6 |   | 2 | 3 |   |   | 7 |
| 3 | 5 | 7 |   | 1 |   | 2 | 4 | 8 |
|   | 1 | 2 | 7 |   |   | 5 | 6 |   |
| 8 | 6 |   |   |   | 5 | 7 | 3 | 1 |
| 9 |   |   | 5 | 8 |   | 1 |   |   |
| 6 | 2 |   | 4 | 7 | 1 | 9 |   | 5 |
|   |   |   |   |   | 2 | 6 | 7 |   |

## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# MINI CROSSWORD

## Vatican



### Across

- [1] The Eternal City
- [4] Chapel with a famous ceiling
- [7] Church service
- [8] Of the Holy See
- [9] Place of worship
- [11] Museum piece

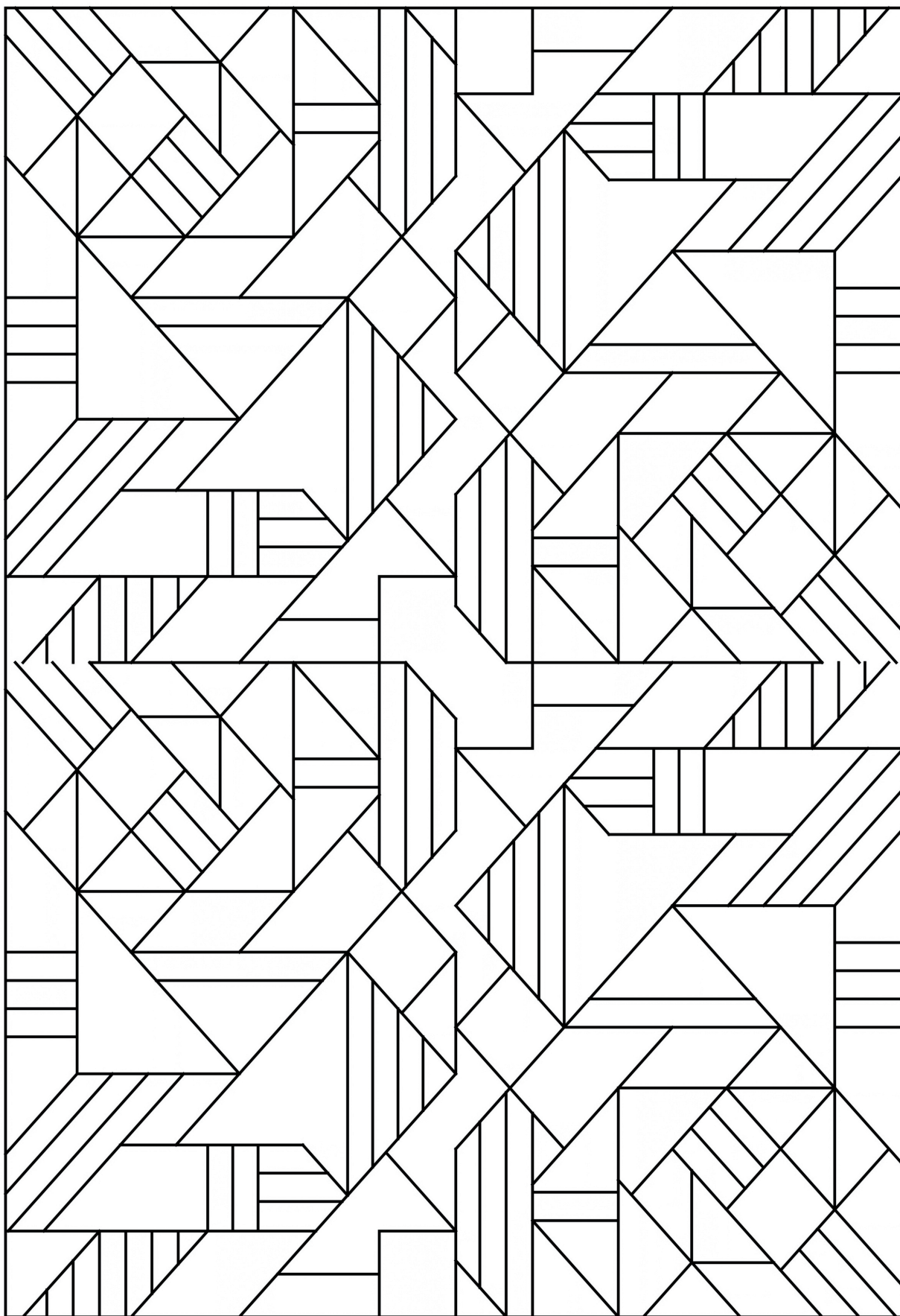
### Down

- [2] Art Galleries
- [3] Like the University of Notre Dame
- [5] Galileo's birthplace
- [6] Vatican leader
- [8] Hail Mary, e.g.
- [10] Mayor's domain

# Spotlight Trivia

## Gratitude

1. The English word "gratitude" originates from the Latin word gratus. What does gratus mean?  
A. To give  
B. The heart  
C. Thankful or pleasing  
D. A gift
  2. A popular and effective method for cultivating gratitude, often recommended by psychologists, is known as:  
A. Goal setting  
B. Critical thinking  
C. Gratitude journaling  
D. Competitive analysis
  3. Which ancient Roman philosopher famously said, "Gratitude is not only the greatest of virtues, but the parent of all the others"?  
A. Julius Caesar  
B. Seneca  
C. Marcus Aurelius  
D. Cicero
  4. In Japan, a national holiday on November 23rd, originally celebrating the harvest, is now a day for commemorating labor and giving thanks. What is it called?  
A. Golden Week  
B. Cherry Blossom Festival (Hanami)  
C. Labor Thanksgiving Day  
D. Emperor's Birthday
  5. According to research, which of these is a documented physical health benefit of regularly practicing gratitude?  
A. Increased blood pressure  
B. Improved sleep quality  
C. A weaker immune system  
D. Slower metabolism
-



# SOLUTIONS

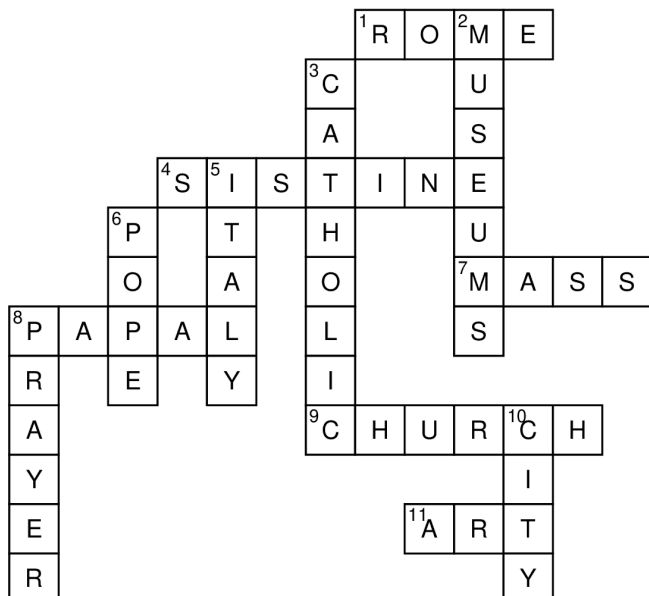
## Trivia Answer: A

The Caspian Sea is the world's largest inland body of water and is often described as the largest lake, even though it shares some characteristics with a sea, including salinity and the fact that it has an ocean basin below sea level.

U L W M D M F A C K M D M A A W Y D  
Z T X F W T A Q D U N K Y Y A X H J  
B Z W X M Z G E B C L P I T Y V N N  
C D T C R A N E S I H R P N T S R P  
A F O Z E D I Z S L B S U F N M C O  
W E H J S C D G K M T Q Y U E R R T  
P B Y S E Z L M A M J M Z H T O E F  
H W M C N U O P O J W G X S G F A A  
X P Z U A M F P Z D I X U B R T S R  
K G J L P C O O R W R N P H E R E C  
V V R P A Q P L E N Y A H M D A R T  
E H W T J C P F P B D M X O O N U D  
L R A U F M L X A N F V L O N C T M  
P Z C R X U E N P X G B X M N I L S  
S F B E O Z A B X F E G G I L E U W  
S J Y X C C T N U L A J O C G N C Y  
Q L T K O D S W O O U J T T A T D X  
M K M V Y C T E G P M H W I R Y D V

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 2 | 1 | 4 | 3 | 7 | 9 | 5 | 8 |
| 4 | 8 | 3 | 1 | 9 | 5 | 6 | 7 | 2 |
| 5 | 7 | 9 | 8 | 2 | 6 | 4 | 1 | 3 |
| 3 | 5 | 7 | 2 | 1 | 9 | 8 | 4 | 6 |
| 8 | 1 | 6 | 3 | 7 | 4 | 5 | 2 | 9 |
| 9 | 4 | 2 | 6 | 5 | 8 | 1 | 3 | 7 |
| 2 | 6 | 8 | 7 | 4 | 1 | 3 | 9 | 5 |
| 1 | 3 | 5 | 9 | 6 | 2 | 7 | 8 | 4 |
| 7 | 9 | 4 | 5 | 8 | 3 | 2 | 6 | 1 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 3 | 5 | 9 | 6 | 4 | 8 | 1 | 2 |
| 2 | 4 | 8 | 1 | 5 | 7 | 3 | 9 | 6 |
| 1 | 9 | 6 | 8 | 2 | 3 | 4 | 5 | 7 |
| 3 | 5 | 7 | 6 | 1 | 9 | 2 | 4 | 8 |
| 4 | 1 | 2 | 7 | 3 | 8 | 5 | 6 | 9 |
| 8 | 6 | 9 | 2 | 4 | 5 | 7 | 3 | 1 |
| 9 | 7 | 4 | 5 | 8 | 6 | 1 | 2 | 3 |
| 6 | 2 | 3 | 4 | 7 | 1 | 9 | 8 | 5 |
| 5 | 8 | 1 | 3 | 9 | 2 | 6 | 7 | 4 |



## Spotlight Trivia:

- 1.C
- 2.C
- 3.D
- 4.C
- 5.B