

Daily Delight

SUNDAY • NOVEMBER 29 • 2026

Chia Pet Day

A recent holiday addition, Chia Pet Day, was created in 2021 by Bob Matthews of Rochester, New York, to celebrate the ever-popular Chia Pet. Created in Mexico but brought to the United States by Joe Pedott and first sold by Joseph Manufacturing Company in 1977, the Chia Pet burst onto the scene and became an overnight sensation. Chia Pets sales reached over 19 million in 2019 alone, and over the years, they have taken numerous forms, including animals, presidents, gnomes, and various cartoon characters.

Keep the seeds moist, and in one to two weeks, the chia plants will germinate and begin to grow. If you can't have or don't want a real pet, why not get a Chia Pet? I heard they make great gifts!



Today in History



In 1976, the New York Yankees signed MLB outfielder Reggie Jackson to a five-year contract. He played 21 seasons for 5 different teams and was nicknamed "Mr. October". Jackson is best known for hitting three consecutive home runs in the clinching game of the 1977 World Series.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

How Urban Raccoons Are Domesticating Themselves

Urban raccoons in major cities are beginning to undergo self-domestication, displaying physical changes that mirror the early evolutionary path of dogs and cats. Researchers discovered that city raccoons have shorter snouts and smaller faces compared to rural ones. Part of "domestication syndrome," these traits correlate with reduced fear around humans and calmer temperaments. As clever scavengers thrive in urban settings, city life is actively reshaping raccoon biology and behavior.

TRIVIA

Italy's flag is green, red, and which other color?

- A** Blue
- B** White
- C** Black
- D** Yellow

TODAY'S FUNNY

How many square dancers does it take to screw in a light bulb?

Eight. Square dancers do everything in groups of eight!

TODAY'S WISDOM

"I've been terrified every moment of my life, and I've never let it keep me from doing a single thing I wanted to do."

- Georgia O'Keeffe

WORD SEARCH

Deviled Eggs

L	H	B	L	O	K	N	S	C	E	F	Q	T	L	C	R	W	S
K	V	D	H	V	A	U	F	V	I	L	X	I	I	R	E	E	Q
G	H	D	B	A	P	Z	R	L	L	Q	C	S	E	G	G	S	L
B	R	A	U	D	B	C	A	Z	L	S	S	D	R	D	W	I	F
U	P	V	K	E	E	C	H	K	J	A	F	R	X	F	C	A	W
K	E	A	X	S	T	V	L	U	L	Q	D	A	B	G	F	N	L
Y	H	F	P	E	Y	X	I	C	Y	L	A	T	D	E	H	N	Y
K	J	D	T	R	C	R	O	L	Q	F	U	S	C	A	G	O	J
U	H	E	A	V	I	J	M	K	E	W	M	U	A	T	E	Y	R
C	E	L	F	U	R	K	I	L	S	D	C	M	V	L	Z	A	Y
I	N	I	I	E	E	M	A	K	D	Z	P	T	O	A	S	M	C
L	O	O	J	O	Z	X	U	G	M	J	R	M	Y	O	L	K	S
M	C	B	I	D	I	G	K	B	S	S	K	E	U	Z	X	A	E
L	A	D	E	S	T	N	X	T	X	Z	R	S	L	I	J	G	C
I	B	R	Z	R	E	S	I	J	Z	D	W	F	R	I	U	K	X
D	R	A	R	O	P	V	R	X	Z	F	Z	P	Z	T	S	L	R
V	Z	H	H	H	P	V	Y	J	X	F	Z	Y	G	V	I	H	I
M	E	W	V	Y	A	U	D	T	T	D	Y	E	K	W	L	I	X

Deviled

Eggs

Yolks

Relish

Appetizer

Hors D Oeuvres

Paprika

Bacon

Hard Boiled

Mayonnaise

Classic

Mustard

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

		6						
	8	4	7					1
			6	8	1		7	
	7	3			9	5	4	
	6					7		2
9	5	2	4					
1	2			6			3	
6				3				9
5		8					1	7

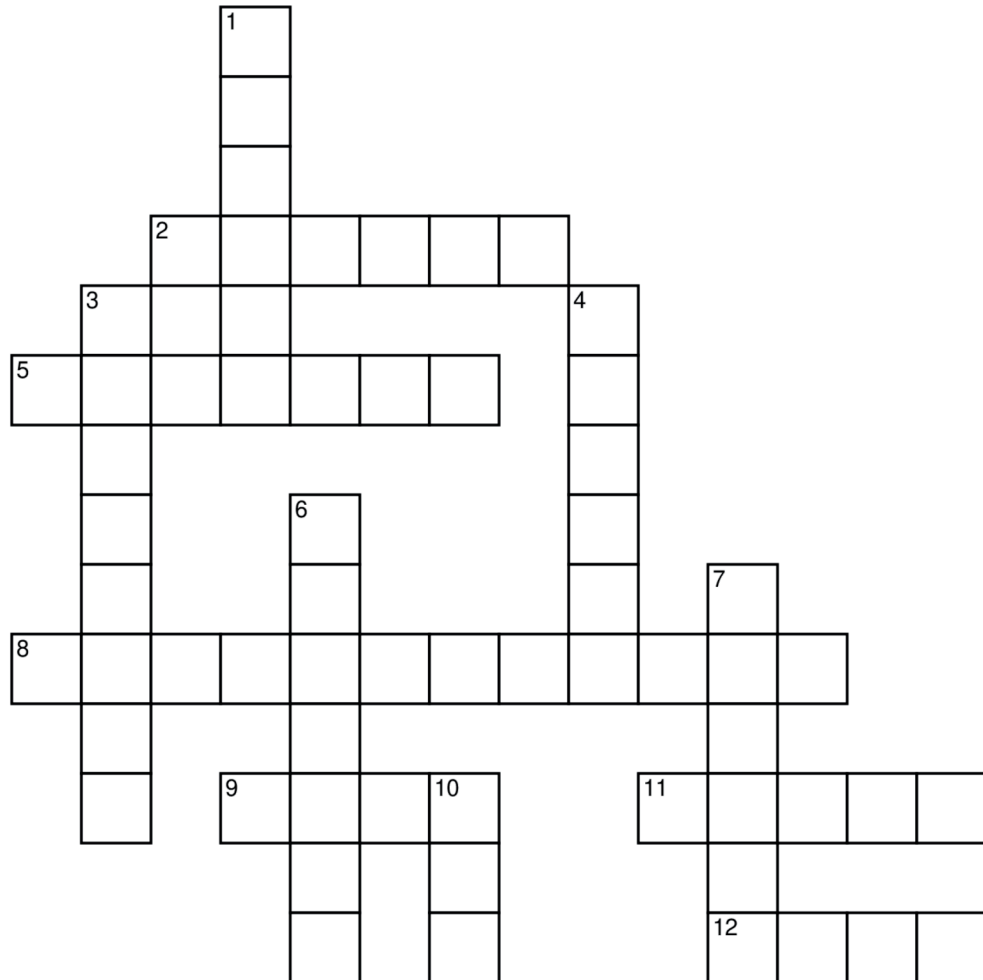
		7	9			4	3	
		5	3			1		
4		3	6	5	7	2		8
	3		1					
1	5		4	8	3		7	2
	4	8				3	5	
8			2	7	1			3
5	2			3		7		6
		1	5	4		8		

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Cats



Across

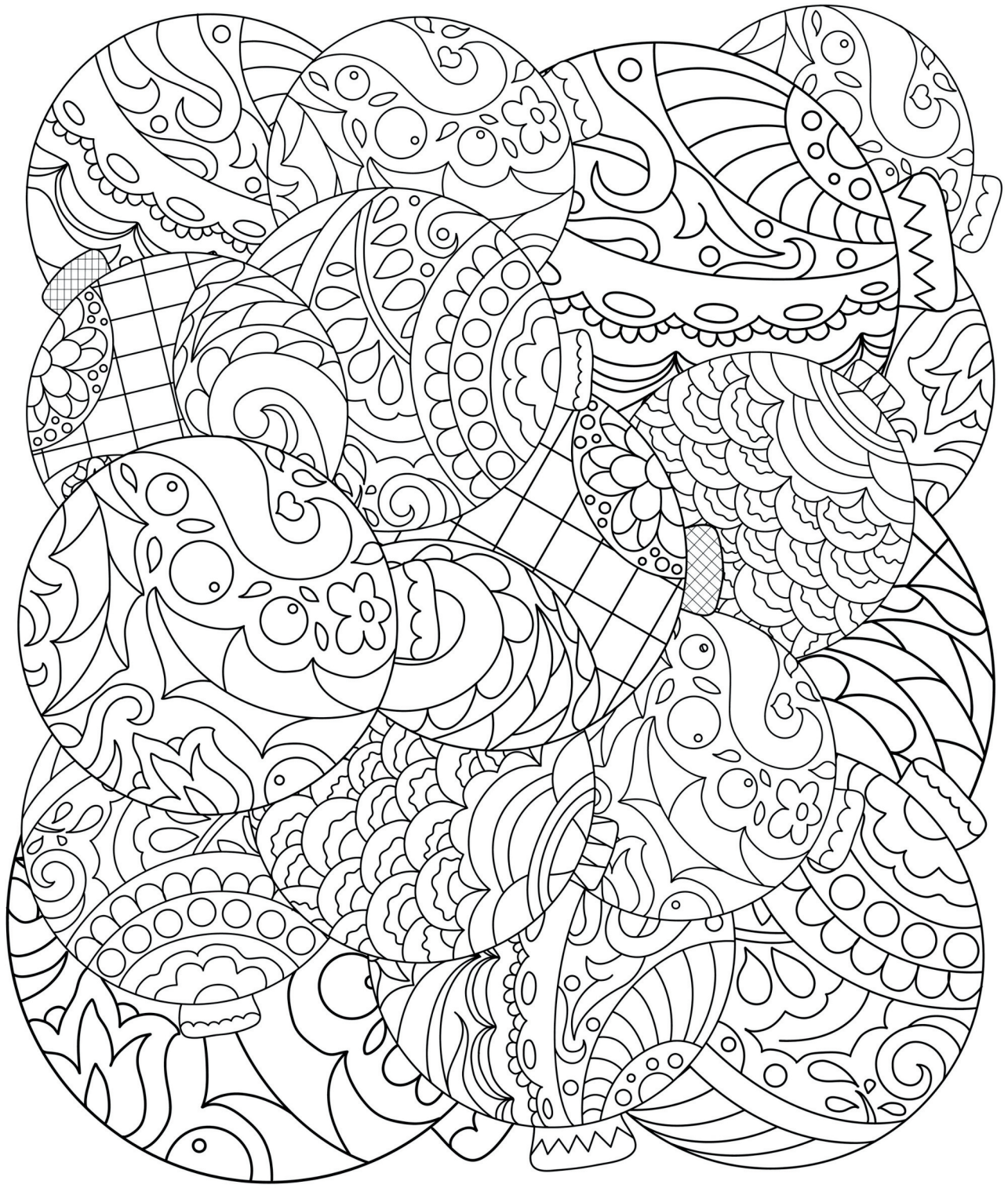
- [2]** Part of a litter
- [5]** Fast cat
- [8]** Animal Healer
- [9]** MGM Mascot
- [11]** Press, fold, and stretch
- [12]** Contented sound

Down

- [1]** Lynx or Lion
- [3]** Cat's facial hair
- [4]** Make a mess
- [6]** King of rug or cat
- [7]** Treat for Tabby
- [10]** Siesta

Connect the Dots





SOLUTIONS

Trivia Answer: B

The flag of Italy features three colors: green, white, and red. The flag is a vertical tricolor flag that is known in Italian as il Tricolore.

L H B L O K N S C E F Q T L C R W S
K V D H V A U F V I L X I R E E Q
G H D B A P Z R L L Q C S E G G S L
B R A U D B C A Z L S S D R D W I F
U P V K E E C H K J A F R X F C A W
K E A X S T V L U L Q D A B G F N L
Y H F P E Y X I C Y L A T D E H N Y
K J D T R C R O L Q F U S C A G O J
U H E A V I J M K E W M U A T E Y R
C E L F U R K I L S D C M V L Z A Y
I N I I E E M A K D Z P T O A S M C
L O O J O Z X U G M J R M Y O L K S
M C B I D I G K B S S K E U Z X A E
L A D E S T N X T X Z R S L I J G C
I B R Z R E S I J Z D W F R I U K X
D R A R O P V R X Z F Z P Z T S L R
V Z H H H P V Y J X F Z Y G V I H I
M E W V Y A U D T T D Y E K W L I X

7	1	6	3	9	4	8	2	5
3	8	4	7	2	5	9	6	1
2	9	5	6	8	1	3	7	4
8	7	3	2	1	9	5	4	6
4	6	1	8	5	3	7	9	2
9	5	2	4	7	6	1	8	3
1	2	9	5	6	7	4	3	8
6	4	7	1	3	8	2	5	9
5	3	8	9	4	2	6	1	7

2	6	7	9	1	8	4	3	5
9	8	5	3	2	4	1	6	7
4	1	3	6	5	7	2	9	8
7	3	2	1	6	5	9	8	4
1	5	9	4	8	3	6	7	2
6	4	8	7	9	2	3	5	1
8	9	6	2	7	1	5	4	3
5	2	4	8	3	9	7	1	6
3	7	1	5	4	6	8	2	9

