

Daily Delight

FRIDAY • NOVEMBER 13 • 2026

National Caregiver Appreciation Day

Today, we celebrate Caregiver Appreciation Day by recognizing the tens of millions of American caregivers who give their time to care for the ill, disabled, and elderly. The day is part of National Family Caregivers Month (NFCM), which takes place throughout the month of November. Whether they are paid or unpaid, caregivers deserve to be recognized for their selfless and, oftentimes, thankless efforts. In America, 29% of the US population (65 million) are caregivers in some way, and oftentimes they go about their days without much recognition for all of the wonderful things they do for others. Not only do they give their time freely, but they often spend their own money doing so. If you are able, take time today to thank a caregiver for all the thankless things they do!



Today in History



In 1966, comedian Flip Wilson made his first appearance on “The Ed Sullivan Show” and returned 10 times. Wilson hosted his own weekly variety series from 1970 to 1974. “The Flip Wilson Show” generated high ratings and earned him a Golden Globe and two Emmy Awards.

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activity assistant
powered by **spectrio**



DID YOU KNOW?

Last of the Walled Cities

Quebec City, Quebec, is the only remaining walled city in North America north of Mexico. The city's fortifications were built between 1608 and 1871 as a defensive system and include 4.6 km of ramparts, 4 gates, 3 Martello towers, and the Citadelle. Some say the city is well preserved and offers a great opportunity to learn about North American history.

TRIVIA

Which organ of the human body cannot feel pain?

A The bladder

B The brain

C The eyes

D The lungs

TODAY'S FUNNY

What did the classical music performing Boy Band name themselves?

The Bach Street Boys.

TODAY'S WISDOM

"A fan will grab you and hug you and will not let go. When that happens, you wish it could be that way all over the world."

- Charley Pride

WORD SEARCH

Going Hiking



Altitude

Boots

Canteen

Compass

Mountain

Nature

Pace

Stick

Stream

Trail

Trees

Backpack

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

5	3	6	8		2	4		
8		9			4	2		
							3	8
		2			5			4
		4		6	8		2	
			2			8		
	9			8	1		6	
		8		7		9		
4	6	7	5	2			8	1

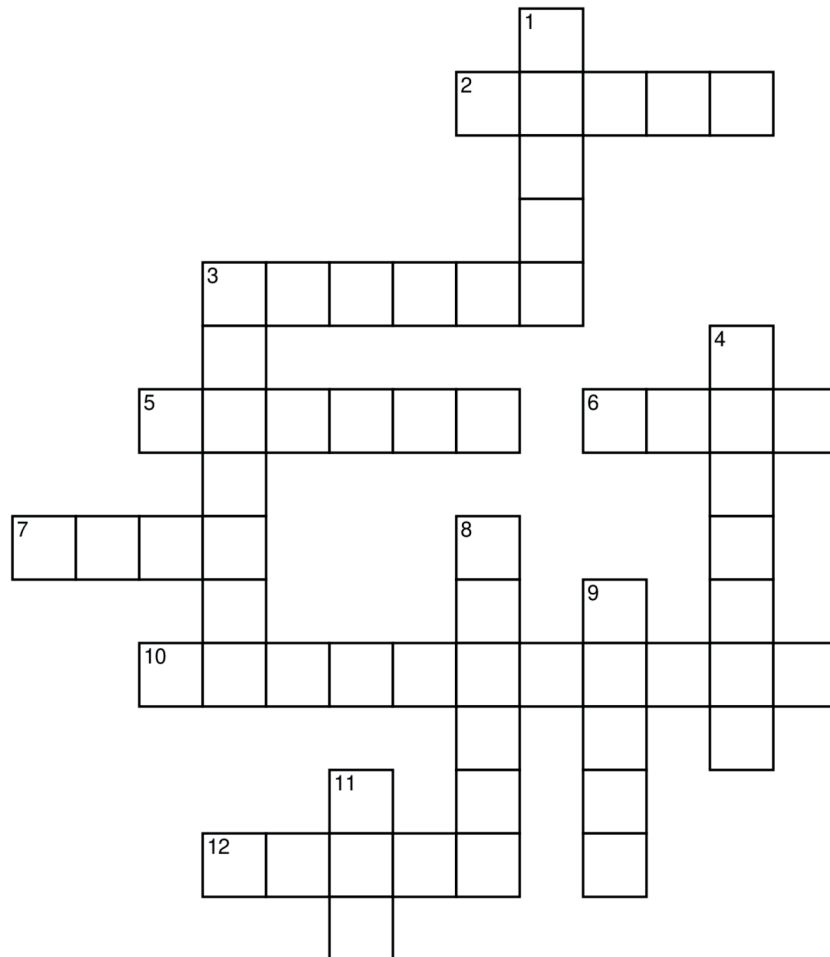
7					8	6		4
3		4		6	5	9		1
9	1	6		4		8	5	
	9	3		2		1	6	8
5	7	1		8	4		9	
2	6		1		9	7		5
8	3	7	4	9			2	6
6			8	5	2			
1	2		3		6		8	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Things in a Bathtub



Across

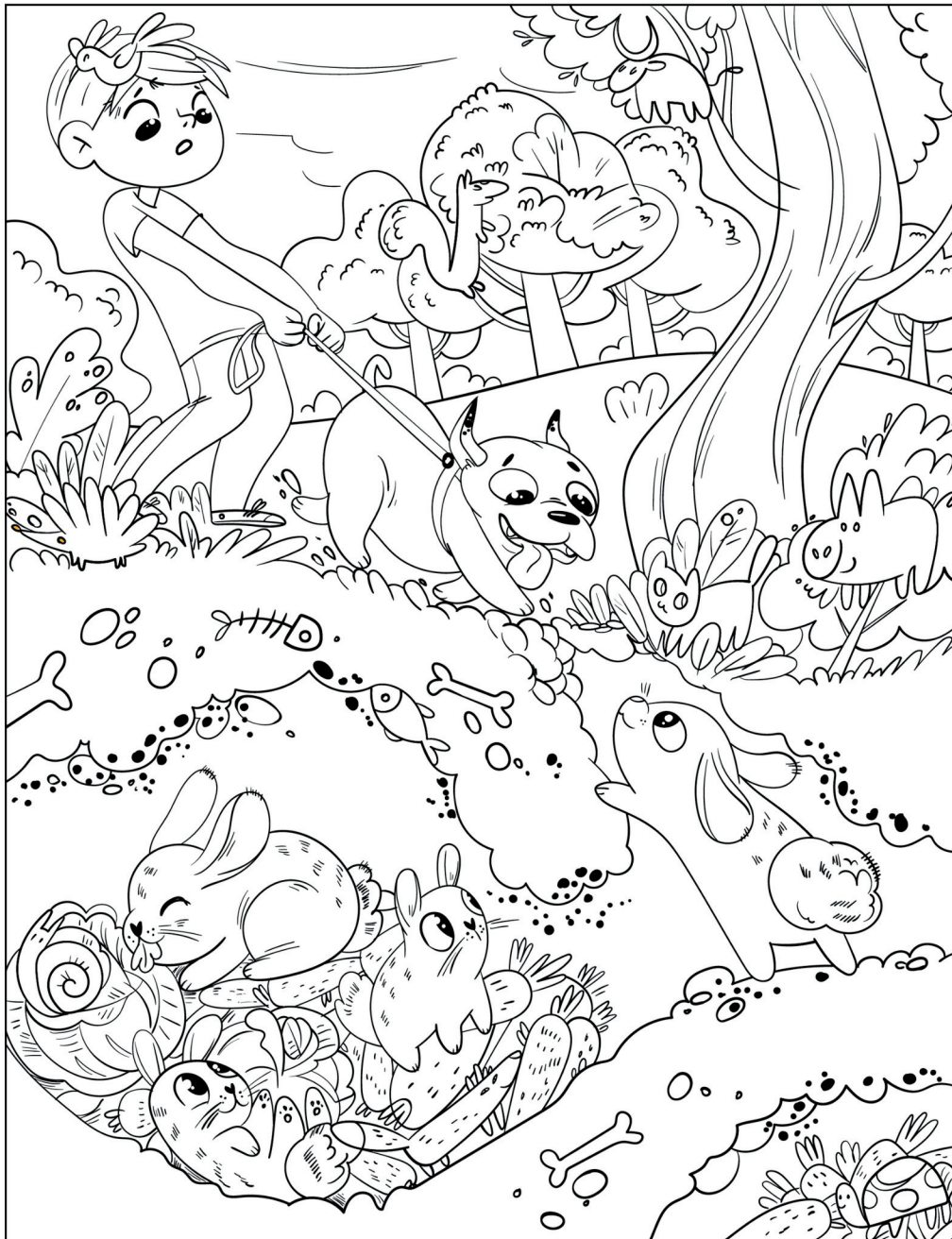
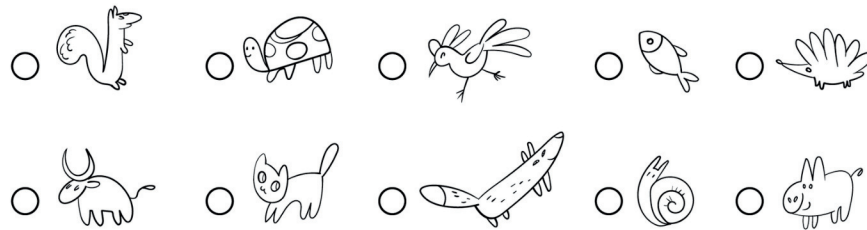
- [2] Gillette product
- [3] Spray
- [5] Sink filler
- [6] Stopper
- [7] Daytime TV
- [10] After Wash liquid
- [12] Wear down

Down

- [1] Added to dilute
- [3] Suave, e.g.
- [4] Lawrence Welk trademark
- [8] Skin soother
- [9] Drying cloth
- [11] "Don't be a door____"

SEEK AND FIND

Find the hidden objects in the picture.





SOLUTIONS

Trivia Answer: B

The brain itself has no pain receptors, which is why it cannot feel pain directly.

C I T S B W S H I M M N M A W D J U
V W S A Z B B D G L S R O E T S X X
M I O F V E J X B H W S U K O F J M
B R J C P E O O V B Y S N C H Q T A
N Y B K O C B D M T A L T I T U D E
Y E R J X M S A B J W L A T M E G R
G H E G K S P B C W R E I S R J J T
M I B O O T S A Z K K V N U I L L S
Q G Z U F Z I R S R P K T V Q L K L
S D H K M N A V O S Q A P I W J G X
R X M Z R Y Q Y T D N H C S Z E B H
O P P L T H E Y V G O P A K N Y U P
K F P V U O Q W V G W T R E E S K U
D T O D S T R A I L D P A C E E Y X
U F K I O V H L O B H B B L T R K Y
I O F M I V N D I V J B X L N C U X
V W X N A U Q S Z N I Y Q I A K C U
F B N M Q Q R F O D G U I D C Q I P

5	3	6	8	1	2	4	9	7
8	7	9	3	5	4	2	1	6
2	4	1	7	9	6	5	3	8
9	8	2	1	3	5	6	7	4
7	5	4	9	6	8	1	2	3
6	1	3	2	4	7	8	5	9
3	9	5	4	8	1	7	6	2
1	2	8	6	7	3	9	4	5
4	6	7	5	2	9	3	8	1

7	5	2	9	1	8	6	3	4
3	8	4	2	6	5	9	7	1
9	1	6	7	4	3	8	5	2
4	9	3	5	2	7	1	6	8
5	7	1	6	8	4	2	9	3
2	6	8	1	3	9	7	4	5
8	3	7	4	9	1	5	2	6
6	4	9	8	5	2	3	1	7
1	2	5	3	7	6	4	8	9

