

Daily Delight

TUESDAY • OCTOBER 20 • 2026

International Chefs Day

Originating in South Africa, International Chefs Day is a holiday not just about honoring or celebrating chefs around the world but also about educating people, especially kids, on how to eat healthily. Many schools, governments, and local organizations celebrate with educational programs, workshops, and exhibits on how to prepare healthy foods. The organization, Worldchefs, is the largest promoter of this holiday, but a famous South African chef, Dr. Bill Gallagher, cooked it up in 2004.

Dr. Gallagher is known in the cooking world as the "Godfather of all chefs." So, if you go out to eat today, be sure to send your compliments to the chef and celebrate this day by eating healthy whenever you can!



Today in History



In 1980, Geffen Records released its first album: "The Wanderer" by Donna Summer. Known as the "Queen of Disco," Summer became internationally known in the 1970s. Her biggest hits include "Last Dance," which won an Academy Award for Best Original Song and a Grammy.

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activity assistant
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DID YOU KNOW?

The Original Sour Grapes

Did you know the word "vinegar" comes from the Old French words *vin aigre*, which literally means "sour wine?" For a long time, the production of vinegar was an accidental process. If wine was left exposed to the air for too long, the acetic acid bacteria in the air would ferment the alcohol, turning it into vinegar.

TRIVIA

Crickets make their iconic sound with which part of their bodies?

- A** Feet
- B** Antennae
- C** Wings
- D** Jaws

TODAY'S FUNNY

What did the ocean say to the beach?

Nothing, it just waved.

TODAY'S WISDOM

"Where words fail, music speaks."
- Hans Christian Andersen

WORD SEARCH

Icing On The Cake



Buttercream

Fondant

Ganache

Crumb Coat

Marzipan

Meringue

Piping

Lattice Work

Basketweave

Flowers

Gold Leaf

Icing

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

9		4		8			7	
	2					4		3
7		6		2	9			
				7				
	7		5				8	6
4	8	1			3			7
8	9		2	6			5	
6			9		1	2	3	
	5	2			7		6	

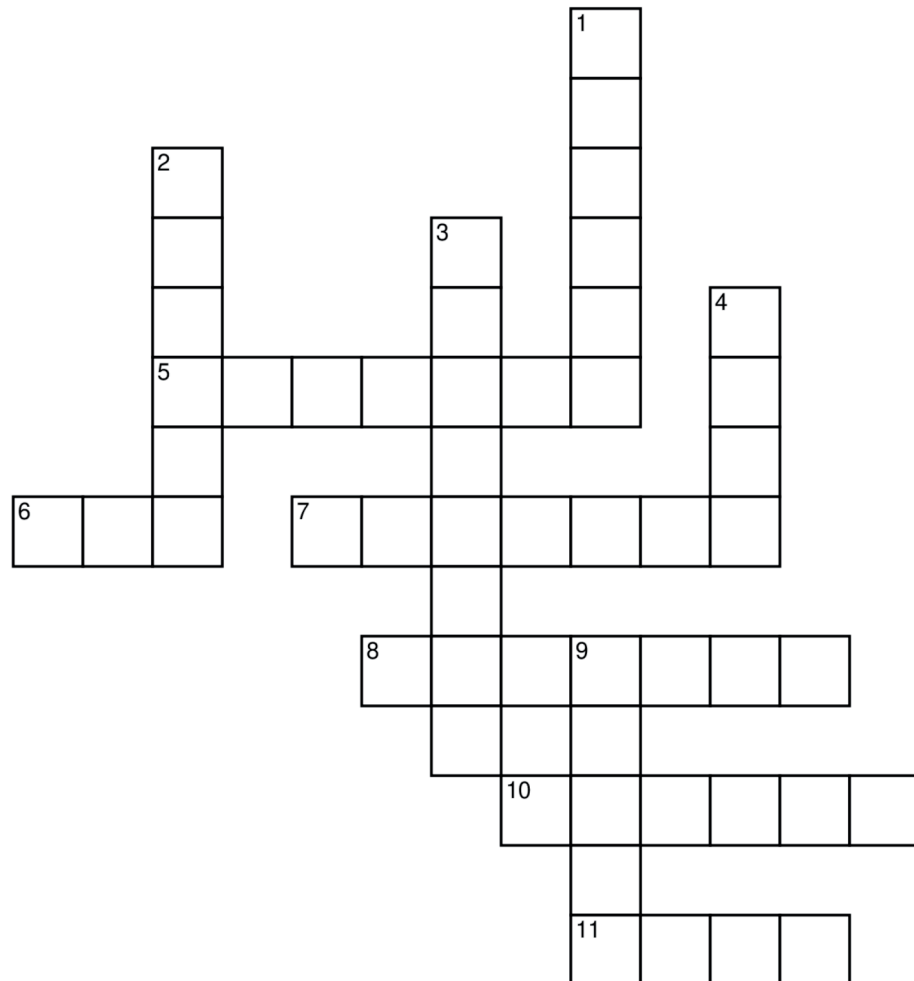
		8	5	6			3	2
	2		8		7			5
		6	4		3			
						3	8	7
1		4						9
6	3					4		
					4	7		
		2	7			5	1	
4		9	6	5				

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

On the Greens



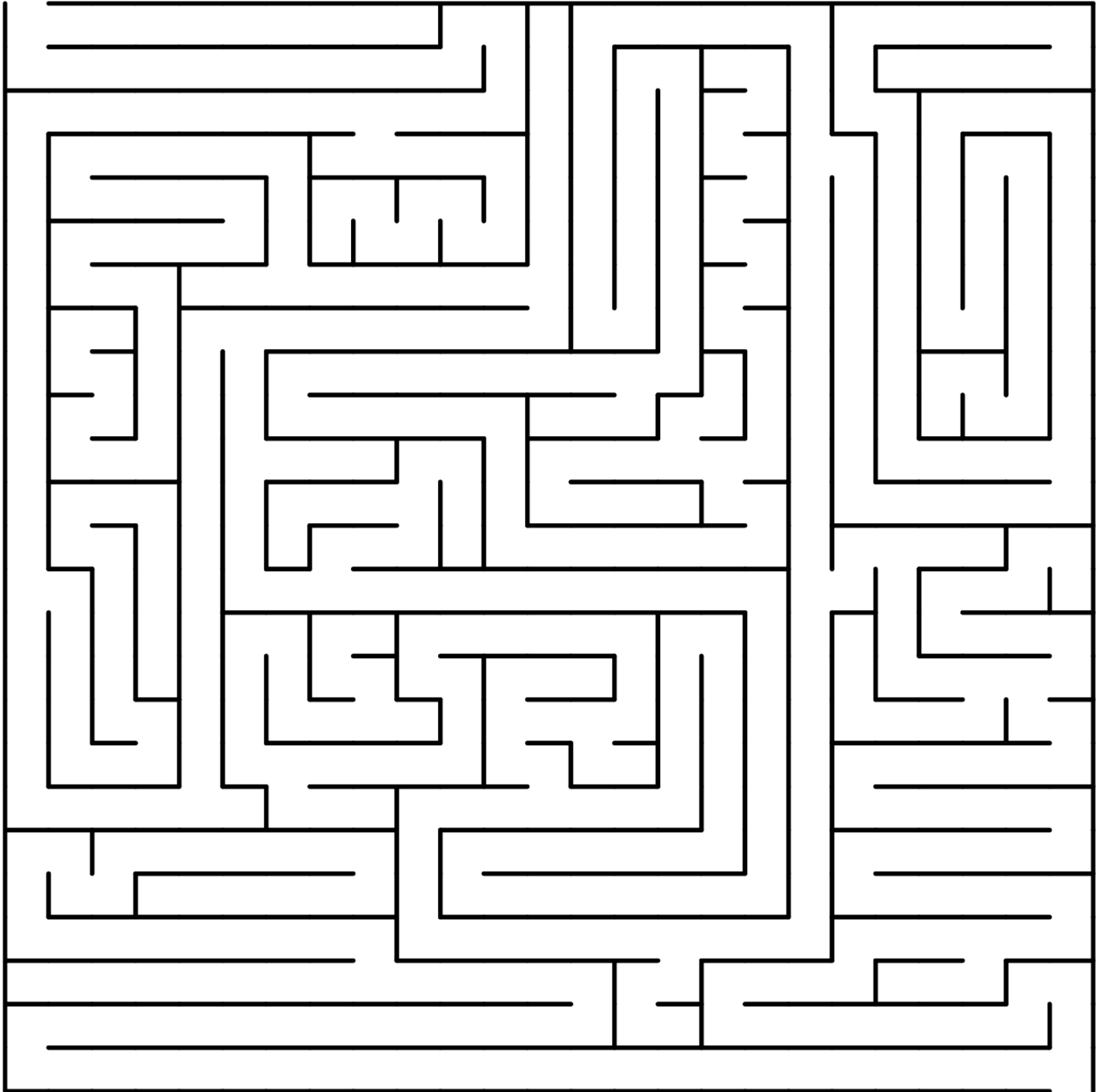
Across

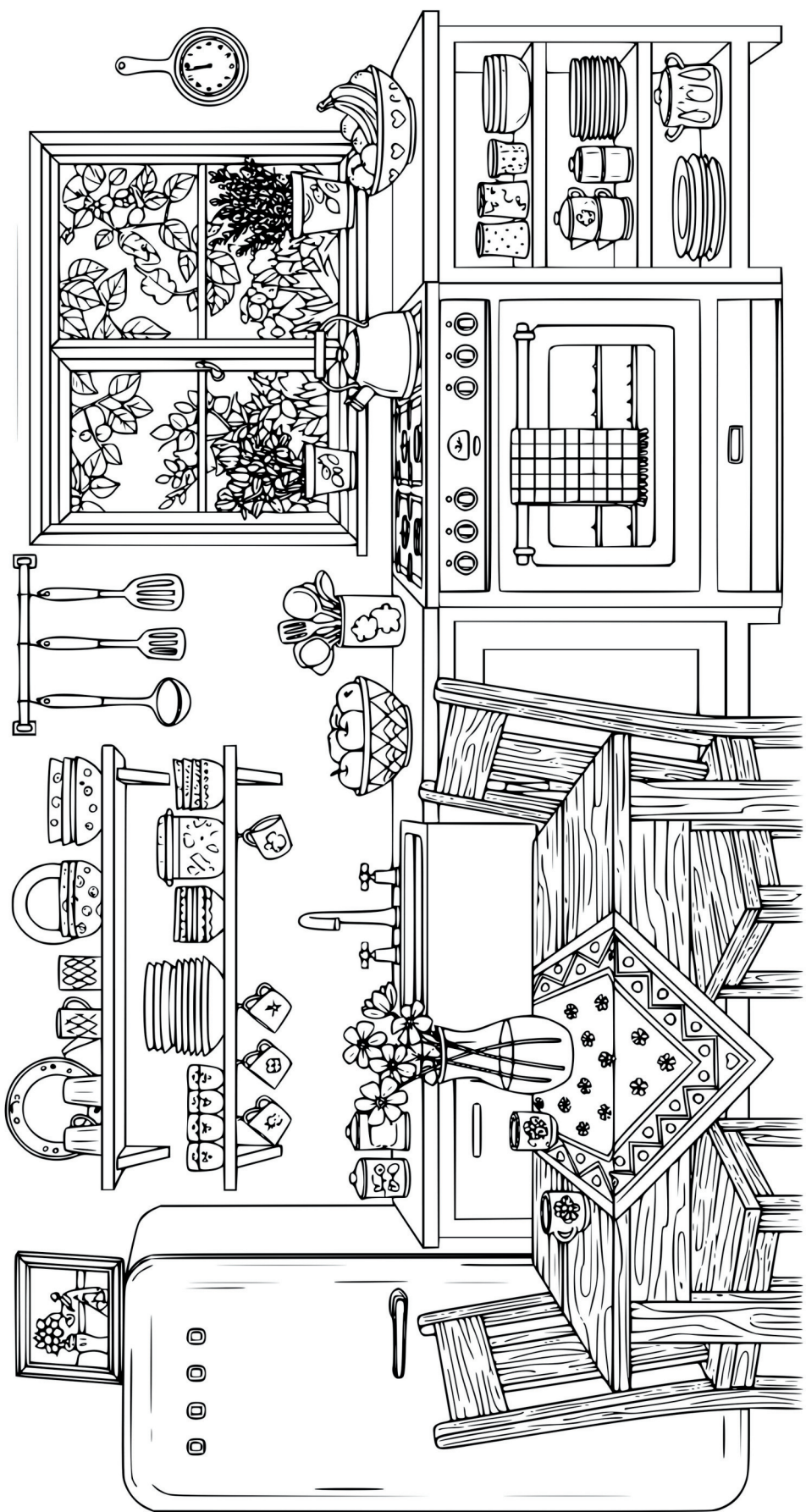
- [5] Golf ball feature
- [6] Hole-in-one
- [7] Some clubs
- [8] Place to drive
- [10] Break the par with it
- [11] Golf goal

Down

- [1] Kind of fee
- [2] Bag carrier
- [3] Second chance
- [4] Casual tops
- [9] Golf course hazard

MAZE





SOLUTIONS

Trivia Answer: C

Male crickets make the noise by rubbing their wings together. Their wings are ribbed, which can intensify the sound of the chirp. The warmer the temperature is, the faster they can move, making the chirping louder.

9	1	4	3	8	5	6	7	2
5	2	8	7	1	6	4	9	3
7	3	6	4	2	9	8	1	5
2	6	5	1	7	8	3	4	9
3	7	9	5	4	2	1	8	6
4	8	1	6	9	3	5	2	7
8	9	3	2	6	4	7	5	1
6	4	7	9	5	1	2	3	8
1	5	2	8	3	7	9	6	4

P I P I N G D U V I U M J L H R F Q
 R L Z U Q R K C E Z J X X T H Q T S
 N T P B D J O J M O V G K Z F N F S
 M Y E F O A R N Q B G N U D A H P P
 A B Q L X O R P T E M E R I N G U E
 E B A J A Z P Q U V U U I D L Q C D
 R A I H J T L N S A Y U M B A F F U
 C W N D L Q T J P E A S N W N R T J
 R T R X S W W I J W A O N O Y N F V
 E A S P R Z L U C T X I K F A A C G
 T O R E E A E J I E T A F D N P W O
 T C O S W Z H W C K W P N G R I P U
 U B J D O V C H I S D O P Q T Z F Y
 B M C M L Q A Q N A F O R Y T R T Z
 L U S T F I N W G B E W Q K Q A F Z
 F R H Y G Y A A L L P D A H M M P W
 X C T B P M G D O W X I I J F C W R
 N X D B W Y G O L D L E A F X S C L

7	4	8	5	6	9	1	3	2
9	2	3	8	1	7	6	4	5
5	1	6	4	2	3	9	7	8
2	9	5	1	4	6	3	8	7
1	8	4	3	7	5	2	6	9
6	3	7	9	8	2	4	5	1
8	5	1	2	3	4	7	9	6
3	6	2	7	9	8	5	1	4
4	7	9	6	5	1	8	2	3

1 G
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 2 C
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 3 M
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 4 T
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 5 D I M P L E S
 L
 6 A C E
 7 D R I V E R S
 G
 8 F A I R W A Y
 N O
 9
 10 P U T T E R
 G
 11 H O L E

