

Daily Delight

FRIDAY • OCTOBER 2 • 2026

National Custodial Workers Day

Today is October 2nd, which means it's National Custodial Workers Day! Custodians work tirelessly to ensure that facilities across the country look and function their best every day. Because they often work behind the scenes, they rarely get the credit they truly deserve. Take a moment today to seek out the custodial workers at your facility and say "thank you" for everything they do.

To celebrate, you might want to watch one of these famous on-screen custodians:

- Scrubs (featuring the iconic "Janitor")
- Good Will Hunting (featuring a genius janitor at MIT)
- The Harry Potter series (with Hogwarts caretaker Argus Filch)
- Bruce Almighty (starring God as the building custodian)



Today in History



In 1974, future Baseball Hall of Fame right fielder Hank Aaron hit his final home run as a member of the Atlanta Braves in a 13-0 win over the Cincinnati Reds. It was Aaron's 733rd career home run. He holds the record for the most seasons as a baseball All-Star with 21 appearances.

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activity assistant
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DID YOU KNOW?

Discovery of Insulin

In 1922, scientists went into a hospital ward with children who were comatose from diabetic ketoacidosis. The scientists went from bed to bed and injected the children with a new purified extract called Insulin. One by one, all of the children awoke from their diabetic comas. Suddenly the room was full of joy and hope. Frederick G. Banting, Charles H. Best, and JJR Macleod had found a miracle medicine.

TRIVIA

What was the first commercially available microwave oven called?

A Radar Machine

B Fast Cooker

C Radarange

D Amana

TODAY'S FUNNY

What Generation does Forrest Gump belong to?

Jen-A

TODAY'S WISDOM

*"If you are not making mistakes, then you're not doing anything.
I'm positive that a doer makes mistakes."*

- John Wooden

WORD SEARCH

Internet Terms



Url

Address

Application

Browser

Cloud

Domain

Email

Host

Web

Spam

Router

Firewall

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	7				5			2
8	4	9				5		
3				8	4			9
						1		7
5		4	7			3	6	
	3			1				4
		5	3				8	
7	9		1				2	
	2		5			6		

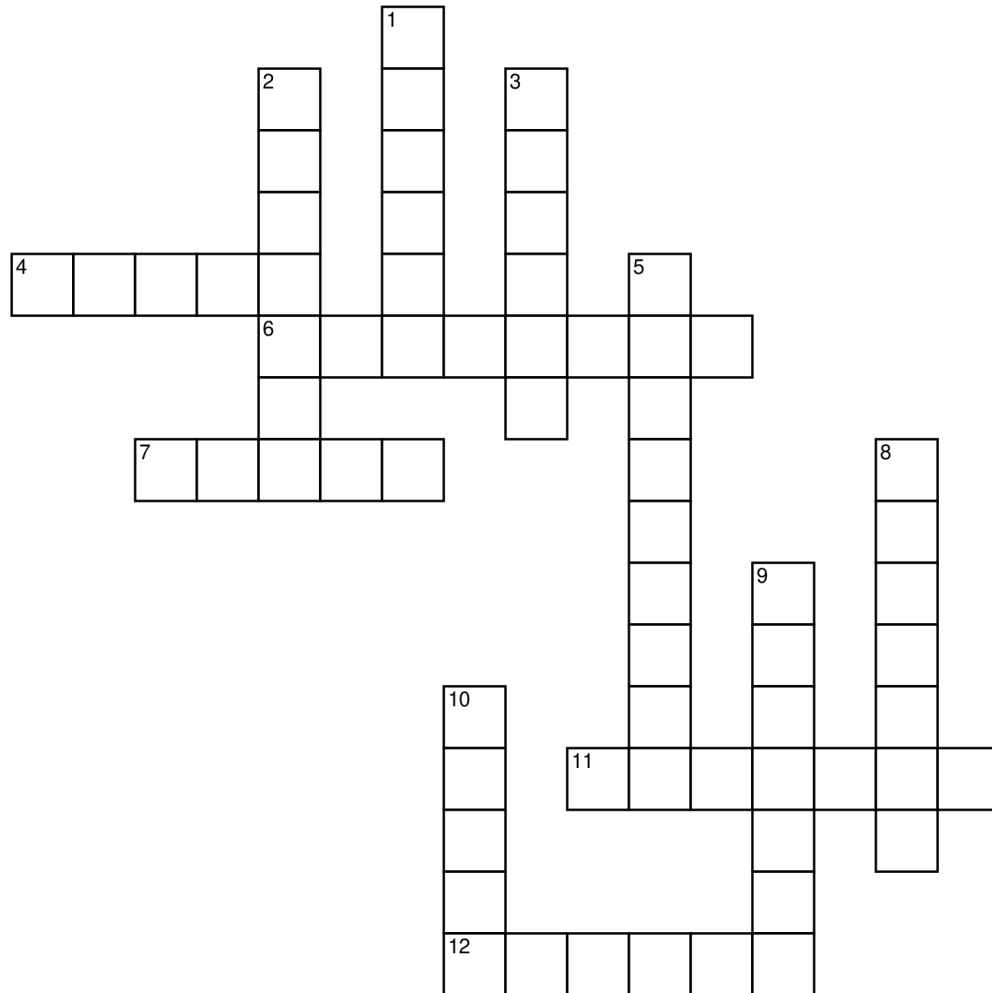
9	4	7					2	5
				2			7	4
						6		
2		4	1	5				9
6			2					
	5	3		9	6	2	4	
			9	6	1			
4		9	3		7			
1	3		5					

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Fears



Across

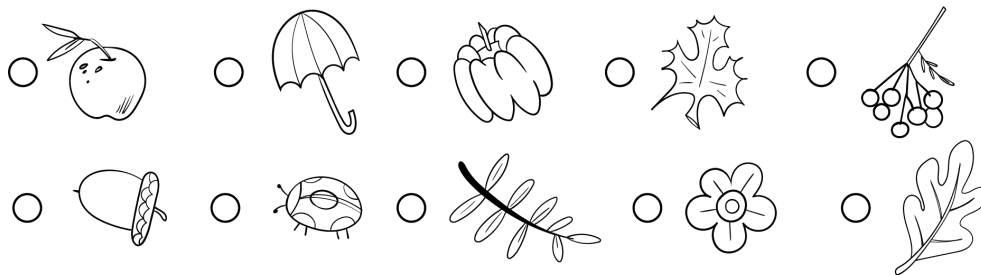
- [4] Body of salt water
- [6] Lack of light
- [7] Agents of disease
- [11] Sprayed with Raid
- [12] Vipers

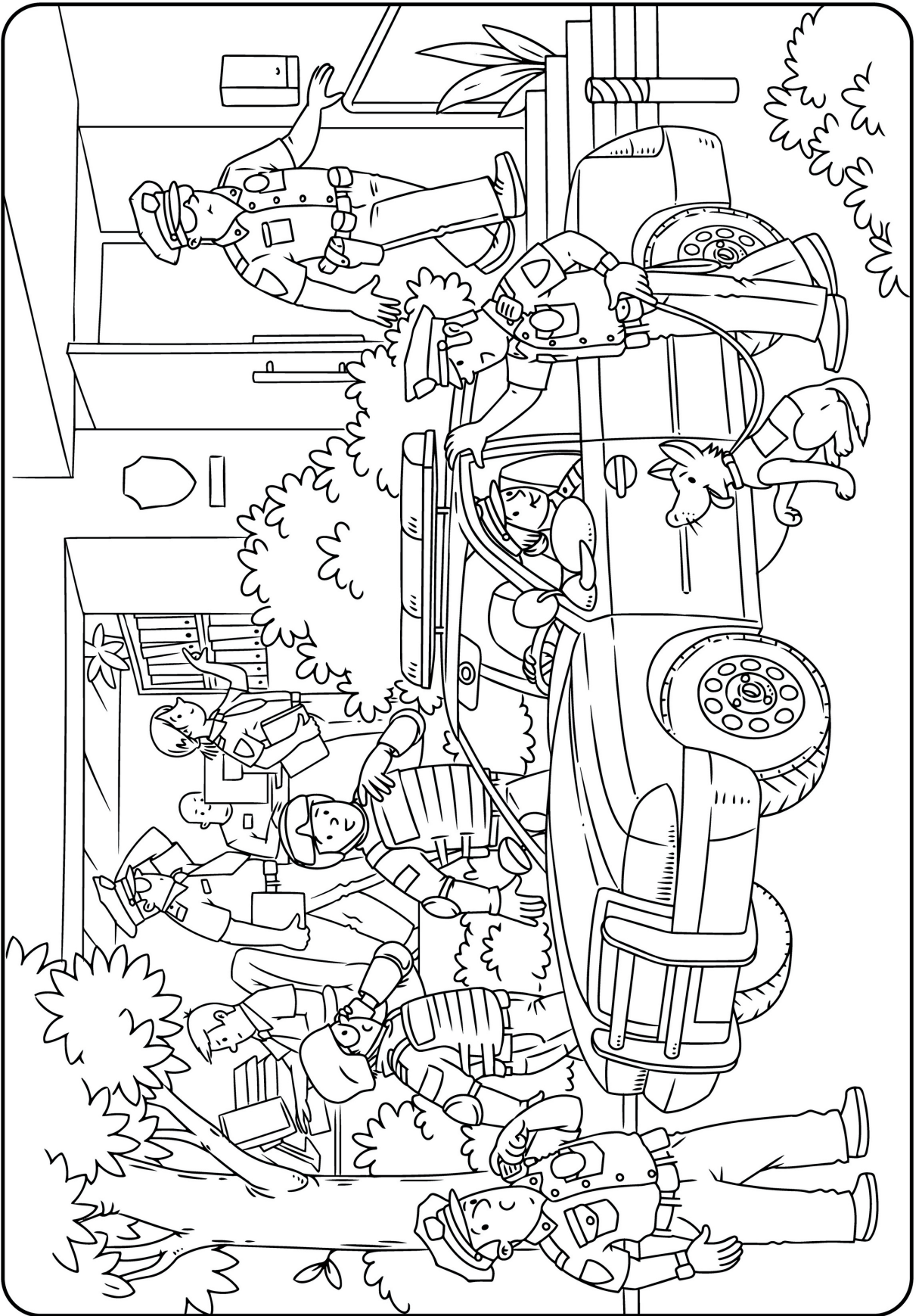
Down

- [1] Web spinner
- [2] Atmospheric clap
- [3] Jokesters
- [5] Type of tank
- [8] Hilltop
- [9] Barn owl's prey
- [10] Figures for play

SEEK AND FIND

Find the hidden objects in the picture.



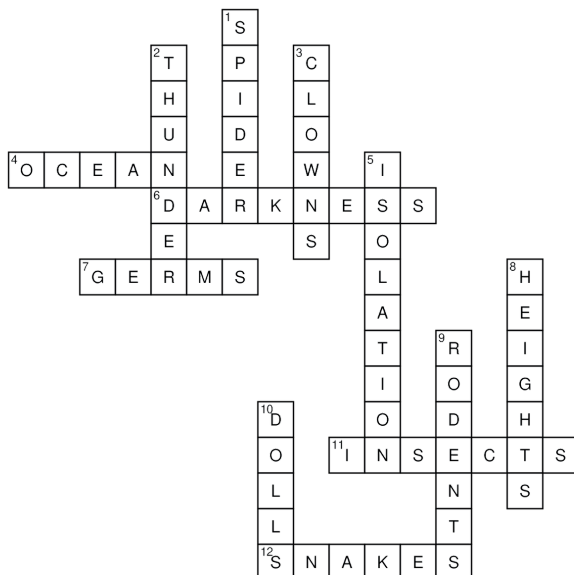


SOLUTIONS

Trivia Answer: C

It stems from a famous accidental discovery in 1945 by a self-taught Raytheon engineer named Percy Spencer. He was working on active radar sets when he noticed that a peanut cluster candy bar in his pocket had completely melted.

G G E T Z I G A A Z Y P C Z M B Z D
E I S Z L J V D U D S S I Q G V B D
A O S K V I H D M E J N P G X N R B
H F I S D F S R C D Z J M A M C O W
M A B R O W S E R A N D L E M Q U P
B T J D M S G S B V Y U H N K C T G
O J T F A I K S D O H R C T T L E V
Z L B F M P L F O E O L U Y Z S R I
I L H C J I P A M T T J K A E X G S
P A L Y E S I L A F W W E B G A Q A
U W M R W E M A I L W Z K Y G A Z H
W E L J N F X W N C U E U U E Z F K
W R I Y B I N H V C A G B O A V J M
V I D L N K C R Q G L T G F T P L M
Q F W V X I P Y I H C F I U K H L J
K L N E E F Z D Y G S C L O U D I F
C G B K K A H G L D G V J S N K E Y
R Z O P N S N H X Y R M G B X W X P



6	7	1	9	3	5	8	4	2
8	4	9	2	7	1	5	3	6
3	5	2	6	8	4	7	1	9
2	8	6	4	5	3	1	9	7
5	1	4	7	9	2	3	6	8
9	3	7	8	1	6	2	5	4
4	6	5	3	2	7	9	8	1
7	9	3	1	6	8	4	2	5
1	2	8	5	4	9	6	7	3

9	4	7	6	1	3	8	2	5
3	1	6	8	2	5	9	7	4
5	8	2	4	7	9	6	1	3
2	7	4	1	5	8	3	6	9
6	9	1	2	3	4	5	8	7
8	5	3	7	9	6	2	4	1
7	2	5	9	6	1	4	3	8
4	6	9	3	8	7	1	5	2
1	3	8	5	4	2	7	9	6

