

Daily Delight

TUESDAY • SEPTEMBER 1 • 2026

American Chess Day

Today marks a day of recognition for chess, highlighting its significance and appeal as a beloved board game that has captured the imagination of people worldwide for centuries. This day encourages people to engage with the game, whether by playing it, learning its strategies, or simply appreciating its rich history.

There are many benefits to playing chess. For starters, it sharpens your mind and improves memory. It also encourages you to strategize, boosts problem-solving skills, teaches patience, and enhances concentration. Chess fosters creativity as you explore new strategies and attack or defend against your opponent. Engaging in this ancient game can even improve your real-life decision-making skills by helping you evaluate choices and anticipate consequences.

If you play, why not “check” out others who do and have a game or even a tournament?



Today in History



In 1773, American poet Phillis Wheatley’s “Poems on Various Subjects, Religious and Moral” was published in the U.K. It was the first book of poetry to be published by a black woman. Her themes were classified as celebrations of America and were praised by George Washington.

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DID YOU KNOW?

Tomato Soup Cake

Dating back to 1922, tomato soup cake was a popular spice dessert among New England's Irish immigrants. The cinnamon, cloves, and nutmeg mask the tomato flavor, creating a moist, red-orange cake. It gained widespread popularity during the 1930s and 1940s due to wartime ingredient shortages. In 1960, Campbell Soup Company featured a version of the recipe on its labels, making it the first recipe ever printed on a soup can.

TRIVIA

In which state is the official fruit and vegetable the tomato?

A Arkansas

B Alabama

C Ohio

D Texas

TODAY'S FUNNY

If you can think of any fish puns...

Let Minnow

TODAY'S WISDOM

"There are two ways of exerting one's strength: one is pushing down, the other is pulling up."

- Booker T. Washington

WORD SEARCH

The Wild West



Native Americans

Manifest Destiny

Expansion

Gold Rush

Treaties

Cattle

Cowboys

Railroad

Settlers

Legacy

Chinese

Mexican

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	5	4	2	6		3		1
7	2						4	
	6							9
	7	6			8	9		2
5	8						1	7
4	9	2				5	6	
	1				7	8	2	3
9			3		2		5	
		8	6		5		9	

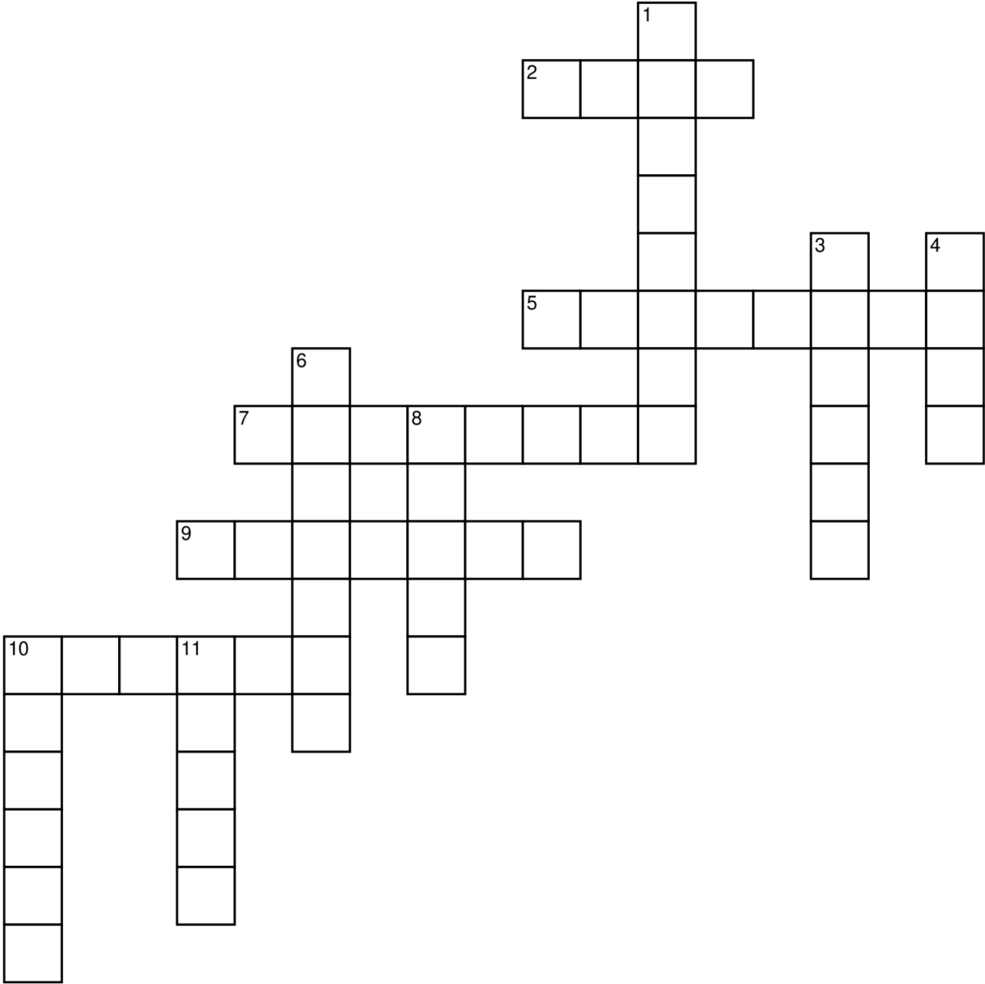
		2	4	1		8		5
6	8	4	9	7	5			2
					8		9	7
	7	8		2	4	6	5	
		5	3	9	6	7		
9				5	7			3
4			5		1	9		
					9			
	3		6	8		1	7	4

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Grocery Shopping



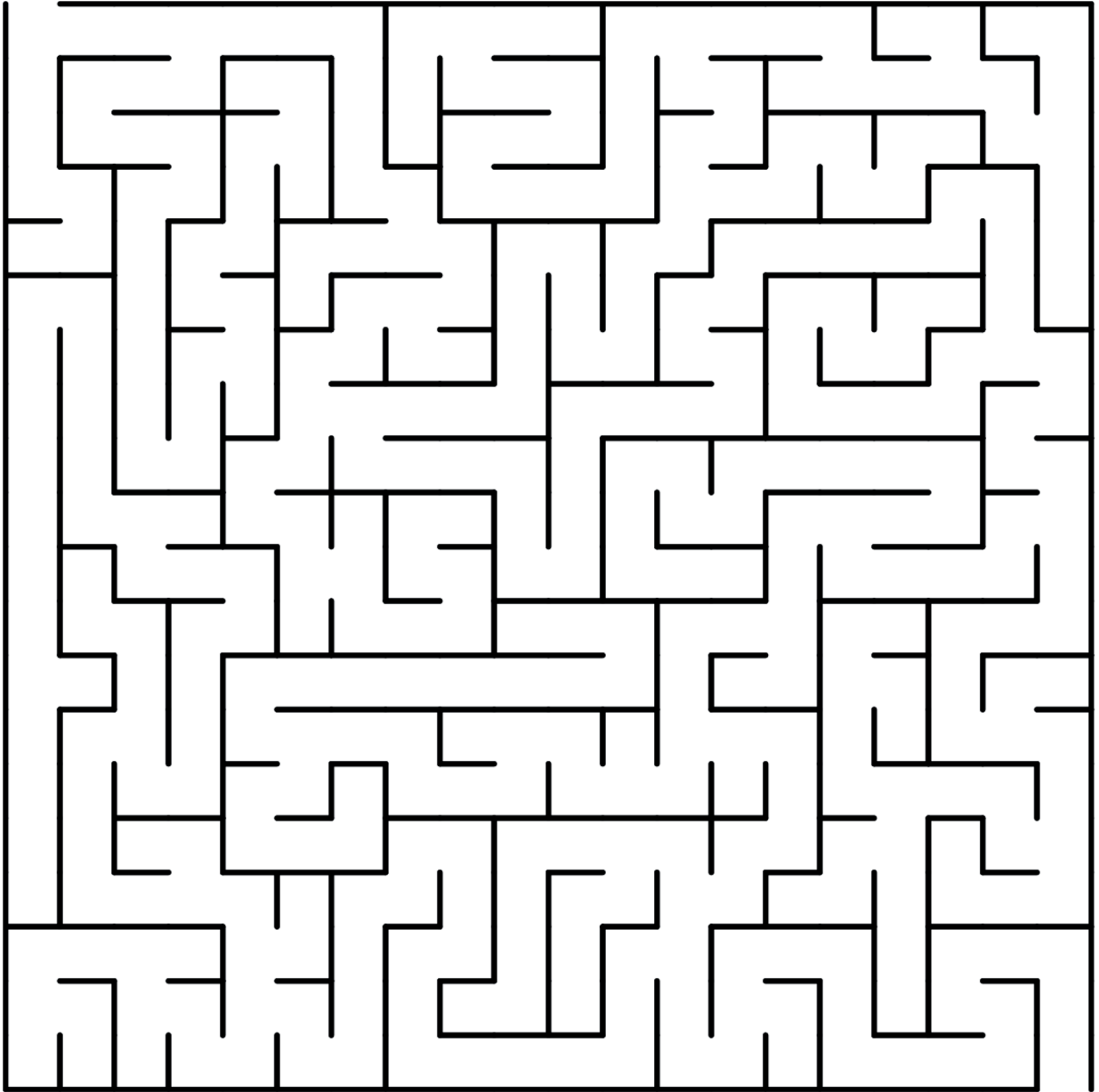
Across

- [2]** Action at a store
- [5]** Tiny tree
- [7]** Nabisco's Ritz
- [9]** Off one's rocker
- [10]** Starbucks commodity

Down

- [1]** Starchy stew addition
- [3]** Dairy product
- [4]** Comes from cows and goats
- [6]** Nothing rhymes with it
- [8]** A sweet treat
- [10]** Pizza topping
- [11]** Bread ingredient

MAZE





SOLUTIONS

Trivia Answer: A

Arkansas' Act 255, introduced as House Bill 1480, determined that, because it was technically a fruit but generally consumed as a vegetable, it should serve as both in the state's collection of official symbols.

8	5	4	2	6	9	3	7	1
7	2	9	8	3	1	6	4	5
3	6	1	7	5	4	2	8	9
1	7	6	5	4	8	9	3	2
5	8	3	9	2	6	4	1	7
4	9	2	1	7	3	5	6	8
6	1	5	4	9	7	8	2	3
9	4	7	3	8	2	1	5	6
2	3	8	6	1	5	7	9	4

7	9	2	4	1	3	8	6	5
6	8	4	9	7	5	3	1	2
1	5	3	2	6	8	4	9	7
3	7	8	1	2	4	6	5	9
2	4	5	3	9	6	7	8	1
9	1	6	8	5	7	2	4	3
4	6	7	5	3	1	9	2	8
8	2	1	7	4	9	5	3	6
5	3	9	6	8	2	1	7	4

