

Daily Delight

THURSDAY • SEPTEMBER 17 • 2026

National Professional House Cleaners Day

A clean home creates a healthier environment. On September 17th, we celebrate National Professional House Cleaners Day, a career many take for granted. While not everyone hires a professional cleaner for their homes, almost all businesses we visit have professional cleaners. Approximately 3.25 million people hold this title. Benefits of professional house cleaning services include improved air quality and extending the life of furniture, drapes, and floors. It also frees up time so you can spend it doing something else. Today, let's thank them for their work. Let them know how their work impacts your family. Show them how valuable their service is to your quality of life. This day is an excellent opportunity to acknowledge the stellar service and value that Professional Cleaners provide.



Today in History



In 1927, aviator Charles Lindbergh visited San Francisco. He's known for conducting the first solo, non-stop flight across the Atlantic Ocean and successfully flying the Spirit of St. Louis from New York to Paris. Lindburg wrote a book about that famous flight and won a Pulitzer Prize in 1954.

senior **living**
activity assistant

powered by **spectrio**



DID YOU KNOW?

Pizzlies, Wholphis, Ligers and Jaglions, OH MY!

Animals occasionally mate with members of another species, and nature occasionally endorses the match with a hybrid. A grizzly-polar-bear hybrid is a rare ursid hybrid that has occurred both in captivity and in the wild. In 2006, the occurrence of this hybrid in nature was confirmed by testing the DNA of a unique-looking bear who had been shot near Sachs Harbour, Northwest Territories, on Banks Island in the Canadian Arctic.

TRIVIA

Which US state has the memorable ZIP code 12345?

A Minnesota

B California

C Utah

D New York

TODAY'S FUNNY

What is smarter than a talking cat?

A spelling bee!

TODAY'S WISDOM

"The soul always knows what to do to heal itself.

The challenge is to silence the mind."

- Caroline Myss

WORD SEARCH

Spunky Old Broads



Advisor

Wise

Living

Feely

Physical

Mental

Shape

Powerhouse

Golden

Loud

Sharing

Purposeful

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

5						1	2	7
		7	8	1			4	5
	4	1		5	9			
4				8	7			2
7	5	6	2	3		4	8	
8				9		7	1	
1			9			5		
6	7					8		4
9	8		5	7			6	

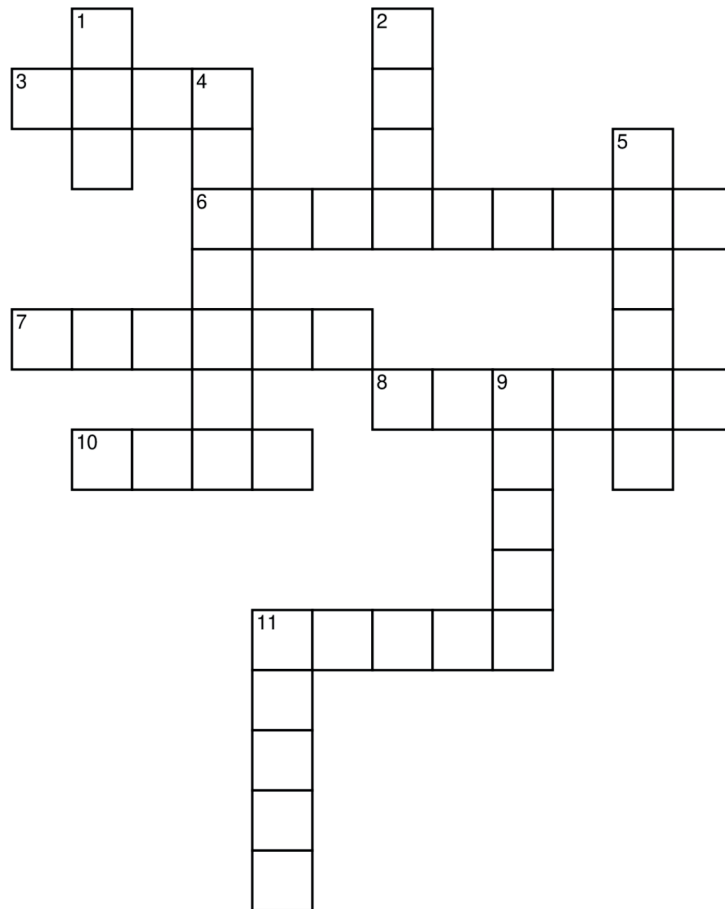
	8	7						
	3	4	7				1	6
		1	3		2		8	
	1				9	5	2	
			8	2	3			
			1		4	7	6	8
	2	9			8	1		
	4	5						
		3			6			5

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Clowns



Across

- [3] Family's younger members
- [6] To keep someone happy
- [7] King's clown
- [8] Like some exams
- [10] Like a Marx Brother
- [11] Causing unease

Down

- [1] Judge's headwear
- [2] A bull's ring location
- [4] The Red _____ Show (Comedian)
- [5] Ringmaster's venue
- [9] Actress turned princess (Grace _)
- [11] A bit foolish

Spotlight Trivia

North American Bridges

1. What famous roadway crosses the Seven Mile Bridge?

- A. The Overseas Highway
- B. The Pacific Coast Highway
- C. The Alaska Highway
- D. The Dixie Highway

2. This bridge, at the time the world's longest continuous span over water, was extensively damaged by Hurricane Katrina in 2005.

- A. Lake Pontchartrain Causeway
- B. The Vasco da Gama Bridge
- C. Jiaozhou Bay Bridge
- D. New Ulyanovsk Bridge

3. Which bridge is often called "Big Mac" or "Mighty Mac"?

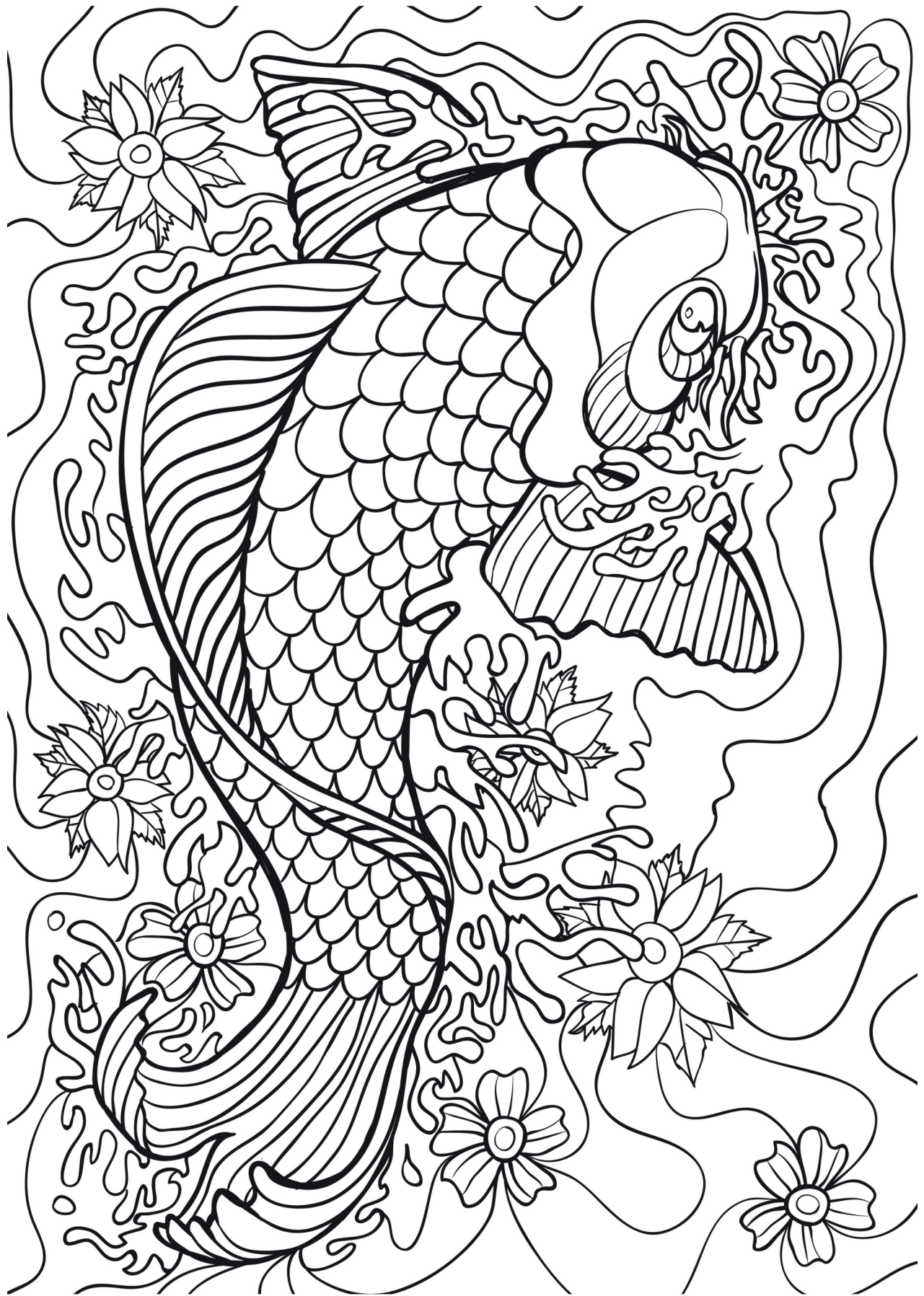
- A. Huangpu Bridge
- B. Mackinac Bridge
- C. Verrazano-Narrows Bridge
- D. Golden Gate Bridge

4. Who was the architect of the Golden Gate Bridge

- A. Joseph Baermann Strauss
- B. John A. and Washington Roebling
- C. Art Garfinkle
- D. Honshu-Shikoku Bridge Authority

5. The Royal Gorge Bridge of Colorado has been built above which river?

- A. Alamosa River
 - B. Blue River
 - C. Crystal River
 - D. Arkansas River
-



SOLUTIONS

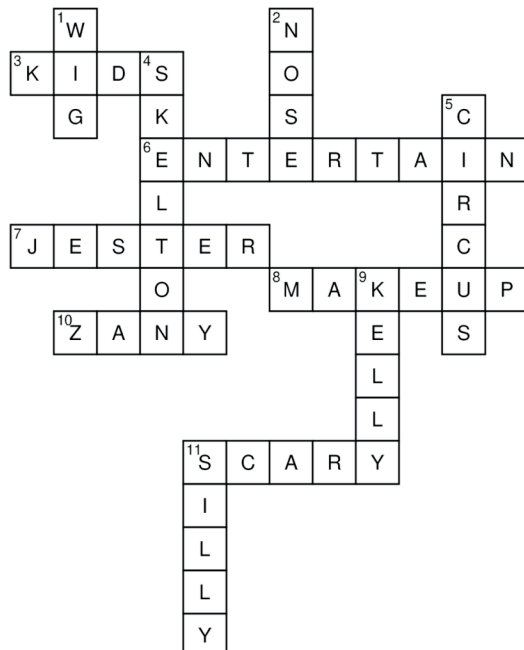
Trivia Answer: D

Zip codes are unique; some are even famous: General Electric's 12345 in Schenectady, NY; Young America, MN 55555; and Beverly Hills, CA 90210, to name a few.

5	9	8	3	4	6	1	2	7
3	6	7	8	1	2	9	4	5
2	4	1	7	5	9	6	3	8
4	1	9	6	8	7	3	5	2
7	5	6	2	3	1	4	8	9
8	3	2	4	9	5	7	1	6
1	2	4	9	6	8	5	7	3
6	7	5	1	2	3	8	9	4
9	8	3	5	7	4	2	6	1

L L N E Z B H V R V J T I Z U G D D
 Y G G S S D L Y J B J F D K M D M O
 K Z X U U X N Z Z F I O W U B X T X
 T Q M O X F N Z N H F W M B P P X D
 A F L H K L L V Z G Z B B F A F A I
 F S J R U O G Q J D R E N I J T A K
 I D R E C G O L D E N S X J Q F Y K
 I L X W I P R A W S V D H H U P T I
 H R B O M M U N D J H Z K A X W L D
 D W D P N S T R G V Q T O X R C A X
 X E D M H A H N P K I M P P W I T O
 P S A F K Y I A W O D S O F S G N D
 F I F X F V S W P C S P O S L F E G
 T W P E I R X I J E H E G R D B M B
 E K G L E B Z B C M F K F N T W H K
 N B V L D L Z A N A C R P U G O M Q
 U Q H U Q P Y X Z N L W E Y L E O V
 Z C S A A T S S J L O Z Q B A S O X

2	8	7	4	6	1	3	5	9
9	3	4	7	8	5	2	1	6
5	6	1	3	9	2	4	8	7
4	1	8	6	7	9	5	2	3
7	5	6	8	2	3	9	4	1
3	9	2	1	5	4	7	6	8
6	2	9	5	3	8	1	7	4
8	4	5	9	1	7	6	3	2
1	7	3	2	4	6	8	9	5



Spotlight Trivia:

1. A
2. A
3. B
4. A
5. D