

Daily Delight

SATURDAY • SEPTEMBER 12 • 2026

National Hug and High Five Day

Who doesn't love a good hug or high five?! Good for the body and good for the soul! Celebrate National Hug and High Five Day on September 12th! We struggle to reach our objectives and understand our purpose. Life throws obstacles in our way, and we cannot always see what is on the other side of the mountain. But along the way, friends and even strangers sustain us with their support. It comes in many forms, but often it comes in a wealth of hugs and high-fives. Hugs are what hold us up when we think it's impossible, and high fives renew our faith in each other. Hugs and high fives not only feel good to give and get, but they are FREE! National Hug & High 5 Day encourages us to share a hug and high five with a friend, a neighbor, a stranger, or anyone who needs it.



Today in History



In 1928, Katharine Hepburn made her New York City stage debut in "Night Hostess." Within a career that spanned six decades, she received four Academy Awards for Best Actress and 12 Oscar nominations, as well as numerous nominations for Tony, Emmy, and Academy Awards.

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DID YOU KNOW?

Strong Imaginations

Many writers have made predictions that came true in their books, including Jules Verne in *Earth to the Moon*, who predicted humans would eventually travel to the moon; Douglas Adams predicted eBooks in *The Hitchhiker's Guide to the Galaxy*, and let's not forget H.G. Wells predicted cell phones and voicemail in *The Shape of Things to Come* and *Men Like Gods*.

TRIVIA

Which word is correctly spelled?

- A** Millionairre
- B** Millionaire
- C** Millionnairre
- D** Milionnaire

TODAY'S FUNNY

What do a zebra and a panda have in common?

Well, the answer is pretty black and white.

TODAY'S WISDOM

"For my part, I know nothing with any certainty, but the sight of the stars makes me dream."

- Vincent Van Gogh

WORD SEARCH

Creepy Crawlies

O	M	D	C	D	X	Q	G	I	P	G	T	J	O	P	K	O	I
C	T	I	X	L	A	E	D	V	J	F	E	W	B	L	D	E	B
P	X	R	P	R	B	P	Y	G	A	B	M	H	N	E	U	R	S
Z	Z	A	F	V	B	U	T	T	E	R	F	L	Y	V	J	C	G
H	Z	L	T	X	W	G	H	F	I	R	E	F	L	Y	W	L	T
M	W	L	F	W	B	E	E	T	L	E	A	B	I	X	G	S	D
Q	S	I	P	U	J	O	H	W	Y	S	A	D	L	H	P	C	L
S	L	P	X	P	Z	P	R	F	A	E	Y	D	M	Q	V	I	R
R	D	R	C	R	I	C	K	E	T	S	U	B	K	W	Z	C	V
O	S	E	F	Z	Y	K	F	Z	M	V	P	W	G	A	B	A	W
J	F	T	F	L	E	A	S	T	M	A	F	Q	A	C	A	D	W
C	P	A	F	A	P	T	K	L	K	E	U	H	S	C	Y	A	T
S	Y	C	C	K	U	N	J	B	G	E	H	W	I	Z	T	S	O
H	E	K	X	S	X	A	G	O	A	D	A	J	W	V	M	U	H
T	I	N	P	Z	Y	L	B	Z	S	E	B	R	H	O	D	H	Y
D	L	O	F	C	X	V	T	J	H	E	I	D	W	F	S	S	M
L	K	N	U	E	U	M	O	T	H	B	M	J	Y	I	F	B	Z
R	I	K	F	E	O	H	Y	U	G	D	O	O	D	H	G	I	J

Ant

Bee

Beetle

Butterfly

Caterpillar

Cicadas

Crickets

Earwig

Firefly

Fleas

Moth

Wasp

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

4								9
	6					5	1	
	3	9	4		5			
1		4	6		2	9		
3				5	4		8	7
5	7	6			8	1	4	
7				3		4		
			2	4		7		
		3	8					

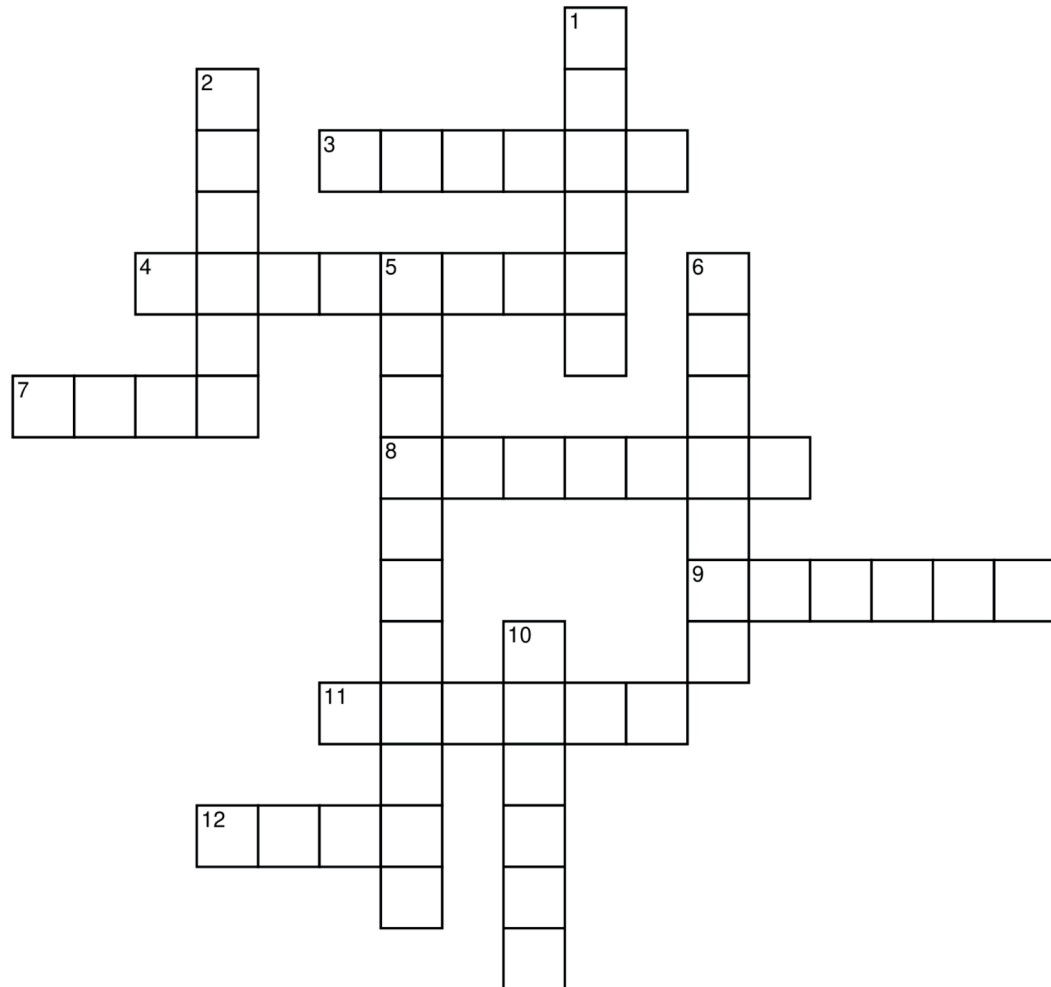
					6			8
4	5	6	3		8		7	
8		1	2	9	5		4	6
		5		7	3			4
	4		6			9		5
9	6	3	5				2	
			1					
1	8	9	4	3	7			
5		7				4	9	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Eat Your Veggies



Across

- [3] Waldorf ingredient
- [4] Florets
- [7] Red Root
- [8] Salad leaves
- [9] Burger topper
- [11] Spud
- [12] Curly cabbage

Down

- [1] Rutabaga e.g.
- [2] Bugs Bunny snack
- [5] White cabbage
- [6] Chinese cabbage
- [10] Pungent root

CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters has been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A	B	C	D	E	F	G	H	I	J	K	L	M
—	—	23	—	15	—	—	—	—	—	—	17	—

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
—	—	—	—	—	—	—	—	—	—	—	—	—

19	16	2	3	17	17	11	2	16	25	24	11
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23	16	24	15	2	16	20	21	11	25	10	22	2
----	----	----	----	---	----	----	----	----	----	----	----	---

5	16	10	25	17	21	13	15	11	16	24	15
---	----	----	----	----	----	----	----	----	----	----	----

23	16	24	15	2	16	23	17	15	3	25
----	----	----	----	---	----	----	----	----	---	----

5	16	10	25	22	3	2	18
---	----	----	----	----	---	---	----

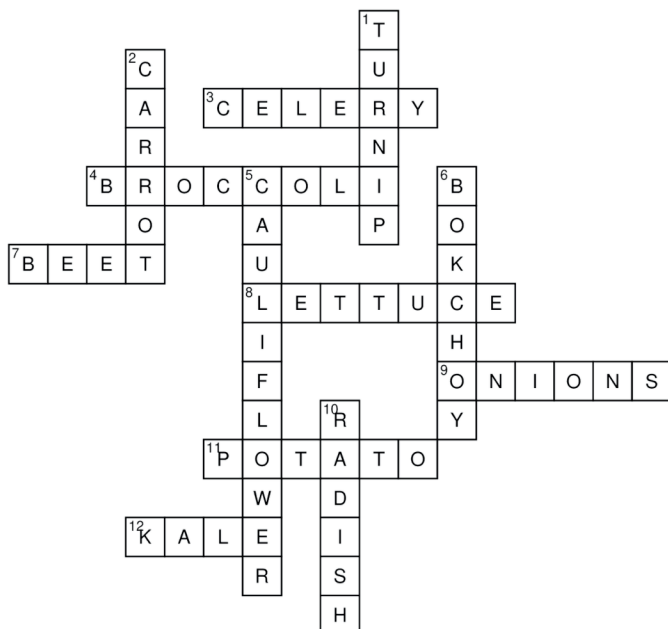


SOLUTIONS

Trivia Answer: B

Millionaire - one whose worth is valued at \$1,000,000 or more (noun).

OMDCDXQGIPGTJOPKOI
CTIXLAEDVJFEWBLDEB
PX¹RPRBPYGABMHNEURS
ZZA²FVB³BUTTERFLY⁴VJCG
HZLT⁵XWGH⁶FIREFLY⁷WLT
MWL⁸FW⁹BEETLE¹⁰ABIXGSD
QSI¹¹PUJOH¹²WYSADLHP¹³CL
SLP¹⁴XPZPRFAEYDMQVIR
RDR¹⁵CRICKET¹⁶SUBKWZCV
OSE¹⁷FZYKFZMVPWGA¹⁸BAW
JFT¹⁹FLEAS²⁰TMAFQACADW
CPA²¹FAPT²²KLKEUHS²³CYAT
SY²⁴C²⁵CKUN²⁶JBG²⁷EHWIZT²⁸SO
HEK²⁹XSX³⁰AGOADA³¹JWVMUH
TIN³²PZYL³³BZSE³⁴BRHODHY
DLO³⁵FCX³⁶VTJHE³⁷IDWFSSM
LKN³⁸UEU³⁹MOTH⁴⁰BMJYIFBZ
RIK⁴¹FEOHYUGDOODHG⁴²IJ



4	1	5	7	8	6	3	2	9
8	6	7	9	2	3	5	1	4
2	3	9	4	1	5	8	7	6
1	8	4	6	7	2	9	3	5
3	9	2	1	5	4	6	8	7
5	7	6	3	9	8	1	4	2
7	2	1	5	3	9	4	6	8
6	5	8	2	4	1	7	9	3
9	4	3	8	6	7	2	5	1

3	9	2	7	4	6	5	1	8
4	5	6	3	1	8	2	7	9
8	7	1	2	9	5	3	4	6
2	1	5	9	7	3	8	6	4
7	4	8	6	2	1	9	3	5
9	6	3	5	8	4	1	2	7
6	2	4	1	5	9	7	8	3
1	8	9	4	3	7	6	5	2
5	3	7	8	6	2	4	9	1

A B C D E F G H I J K L M
3 6 23 20 15 13 26 18 21 8 14 17 24

N O P Q R S T U V W X Y Z
19 16 22 12 25 11 2 10 7 4 9 5 1

NOT ALL STORMS
19 16 2 3 17 17 11 2 16 25 24 11
COME TO DISRUPT
23 16 24 15 2 16 20 21 11 25 10 22 2
YOUR LIFE. SOME
5 16 10 25 17 21 13 15 11 16 24 15
COME TO CLEAR
23 16 24 15 2 16 23 17 15 3 25
YOUR PATH.
5 16 10 25 22 3 2 18