

# Daily Delight

FRIDAY • SEPTEMBER 25 • 2026

## National Daughters Day

Thank Heaven for little girls! On September 25th, we celebrate National Daughters' Day and pay tribute to the ladies in our lives! In some countries, daughters face a rough start in the world. They are sometimes denied an education, equal employment, or even healthcare. Sons are put before them and given priority. Social stereotypes set certain expectations of behavior for daughters, including how they dress and behave.

This day offers us an opportunity to be thankful for our daughters and to find ways to ensure that daughters around the world have every opportunity to succeed. Share the day with your daughter by looking back on memories and pictures or creating new ones. Take a selfie with them or send a card.



## Today in History



In 1890, President Benjamin Harrison established Sequoia National Park, California's first national park and the country's second. Harrison was the 23rd President of the United States, and his administration created the Land Revision Act of 1891, facilitating the creation of National Forests.

senior **living**  
activity assistant  
powered by **spectrio**



## DID YOU KNOW? “Pruuunnnnes”

In the early 19th century, photographers would tell subjects to say "prunes" instead of "cheese" when taking pictures. The cue helped keep the subjects' lips tightened. This look was more socially preferable than a wide smile, as beauty standards of the time called for mouths to be more subdued. Some historians believe the switch to a bigger smile was influenced by two factors: dental care and home photography around the mid-20th century.

## TRIVIA

Born in 1912, Barbara Hutton was an heiress to a fortune made by which family?

- A** Astor
- B** Rothschild
- C** Rockefeller
- D** Woolworth

## TODAY'S FUNNY

We wanted to see the waterfalls.....

*but we mist.*

## TODAY'S WISDOM

*"Traveling is like flirting with life. It's like saying, 'I would stay and love you, but I have to go; this is my station.'"*

*- Lisa St. Aubin de Terán*

# WORD SEARCH

## Bathtub Reading



Bathtub  
Tub  
Hardcover  
Softcover

Bubbles  
Books  
Shampoo  
Stories

Relax  
Conditioner  
Soap  
Water

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 6 |   | 1 |   | 9 |   | 7 | 5 |
| 2 |   |   |   | 6 |   | 3 |   | 1 |
| 1 |   |   | 3 | 7 |   |   | 8 |   |
|   |   | 9 |   |   |   |   |   |   |
| 3 | 5 |   |   | 2 | 6 |   |   | 8 |
|   |   | 6 | 8 |   |   |   |   | 3 |
| 5 | 3 |   |   | 1 | 4 | 8 |   | 7 |
| 6 |   |   | 2 | 3 | 8 | 5 | 4 |   |
|   |   |   |   |   |   |   |   |   |

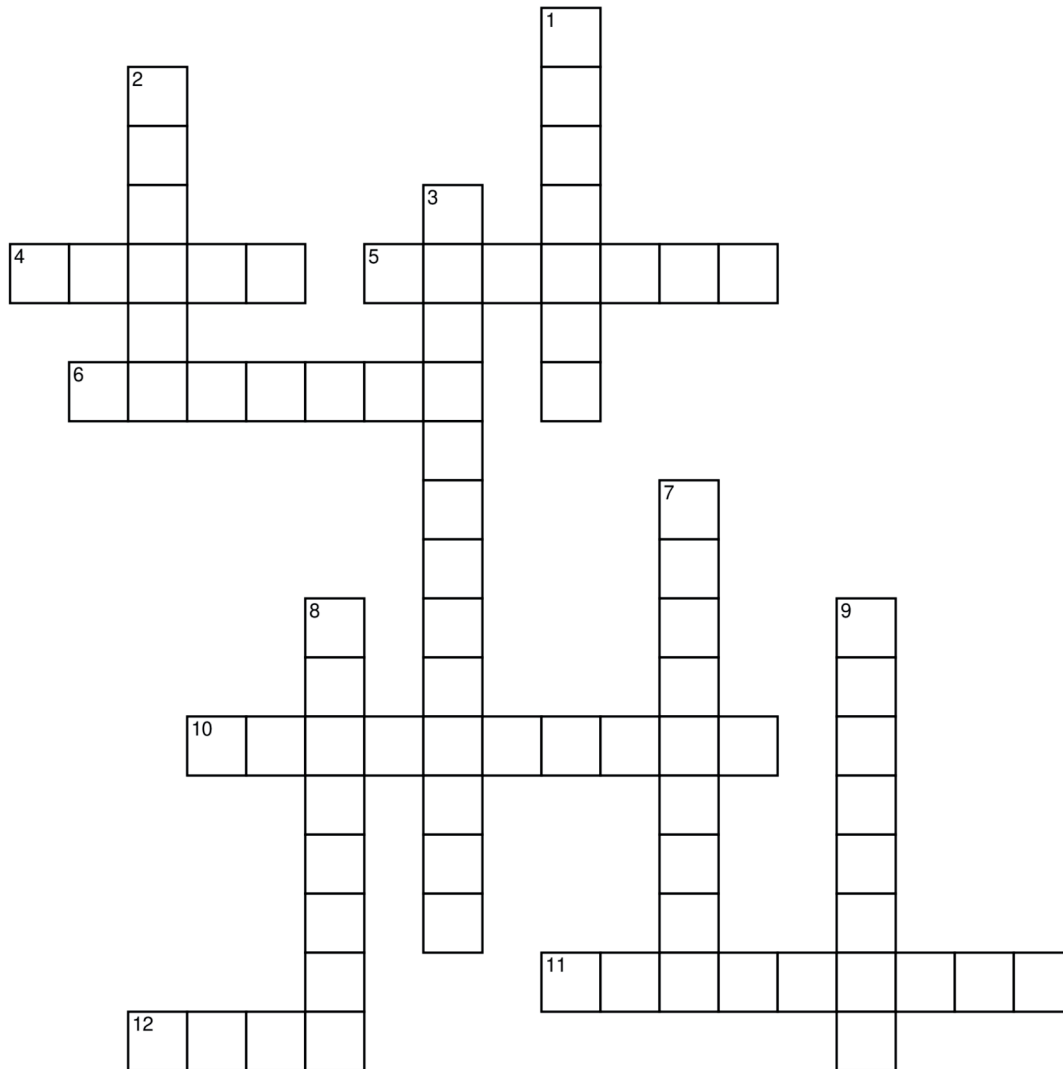
|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 5 | 6 |   | 4 | 7 | 9 |
| 6 |   |   | 3 |   |   |   |   |   |
|   |   | 1 | 7 |   |   | 6 |   |   |
|   | 6 |   |   | 2 |   |   | 5 |   |
| 1 |   |   |   |   |   |   |   | 6 |
| 9 |   |   | 8 |   |   | 7 |   | 1 |
|   | 3 | 6 |   |   | 7 | 1 |   |   |
|   |   |   | 4 |   |   |   |   |   |
| 4 | 7 |   |   |   |   |   | 9 | 2 |

## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# MINI CROSSWORD

## The Kennedys



### Across

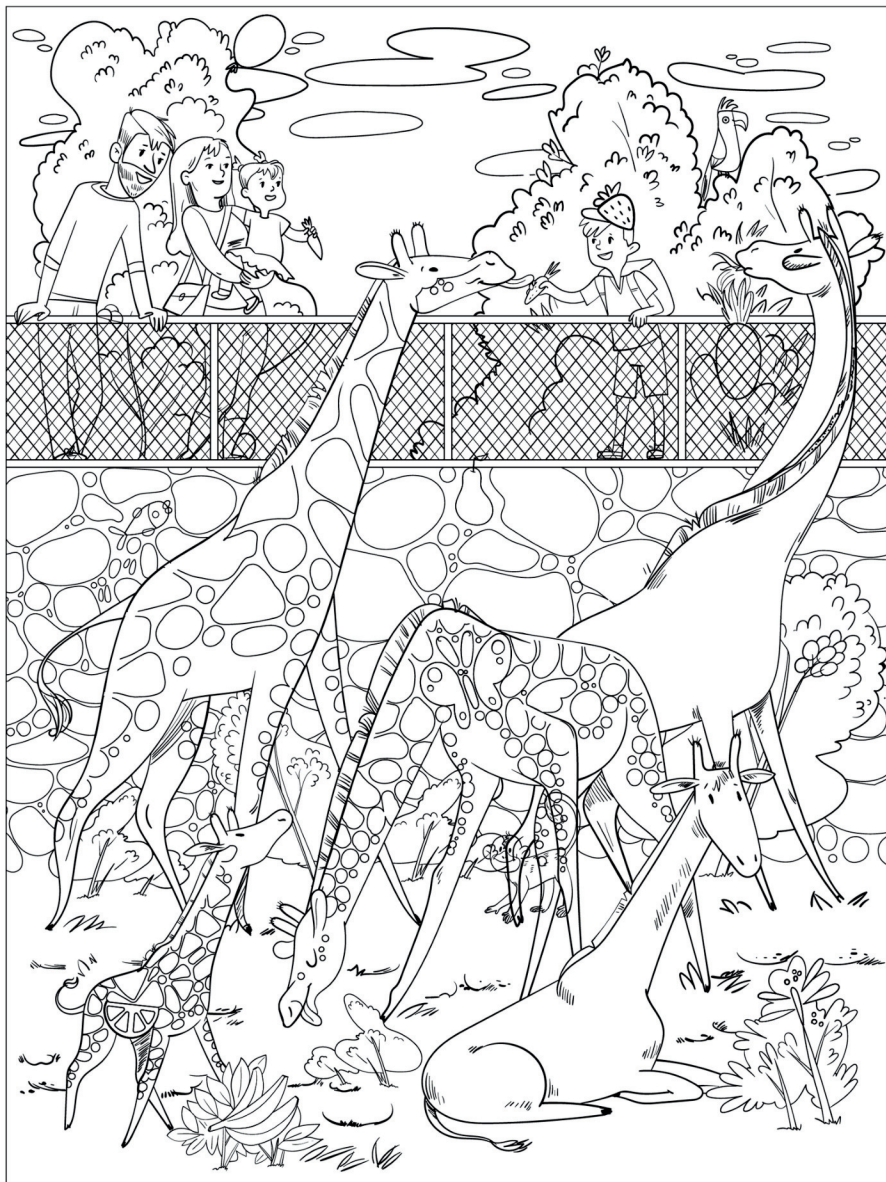
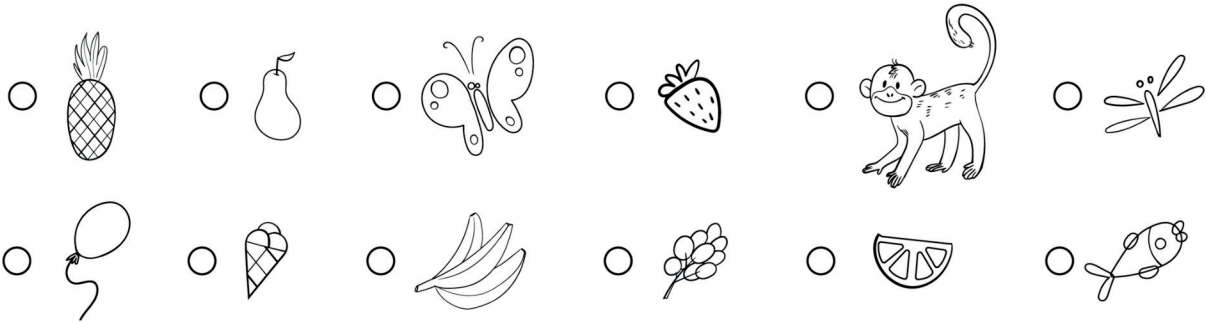
- [4] Final Frontier
- [5] Kennedy Era
- [6] Town on Cape Cod
- [10] Management skill
- [11] Procession
- [12] Bay of Pigs

### Down

- [1] Sad Event
- [2] Inheritance
- [3] Harvard's state
- [7] Kennedy was 35th
- [8] Attractive quality
- [9] Red or Blue, left or right

# SEEK AND FIND

Find the hidden objects in the picture.





# SOLUTIONS

## Trivia Answer: D

Hutton's mother was the daughter of Frank Winfield Woolworth. Barbara's share of the family fortune was left in trust to her when her grandmother died, making her one of the richest women in the world by the time she reached the age of 21.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 | 6 | 3 | 1 | 8 | 9 | 2 | 7 | 5 |
| 2 | 8 | 7 | 4 | 6 | 5 | 3 | 9 | 1 |
| 1 | 9 | 5 | 3 | 7 | 2 | 6 | 8 | 4 |
| 8 | 1 | 9 | 5 | 4 | 3 | 7 | 2 | 6 |
| 3 | 5 | 4 | 7 | 2 | 6 | 9 | 1 | 8 |
| 7 | 2 | 6 | 8 | 9 | 1 | 4 | 5 | 3 |
| 5 | 3 | 2 | 9 | 1 | 4 | 8 | 6 | 7 |
| 6 | 7 | 1 | 2 | 3 | 8 | 5 | 4 | 9 |
| 9 | 4 | 8 | 6 | 5 | 7 | 1 | 3 | 2 |

MTYDWKDKCUULQPXAVV  
 JHSCHXQFVKNYUAPGWH  
 ESJZQHCONDITIONERQ  
 WRZTWQLQBI SQWSULRY  
 NEMMBXSTORIESMGLLD  
 SVYCD BXOYPZPHPIDG  
 OOHQDDPCGDXBJZXETG  
 FCNBBMAKMFDAACXHF  
 TDSL ABZBATH TUBGNTB  
 CRVHRXVVUDISCQHCCW  
 OAS YIQPXSBI LNAGPKO  
 VHTBXIHWP TBWVHCZSE  
 EMPCKXXULRELAXXHKR  
 RAJBVKLP EATCETPNOD  
 HLB TUBWJVNKMISEROM  
 AUQSLDFAKYYUIRURBT  
 QBEKPKMPWHL AGOGSIZ  
 EGPASORCHOVEBIQQBB

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 8 | 2 | 5 | 6 | 1 | 4 | 7 | 9 |
| 6 | 9 | 7 | 3 | 4 | 2 | 5 | 1 | 8 |
| 5 | 4 | 1 | 7 | 8 | 9 | 6 | 2 | 3 |
| 7 | 6 | 8 | 1 | 2 | 3 | 9 | 5 | 4 |
| 1 | 5 | 3 | 9 | 7 | 4 | 2 | 8 | 6 |
| 9 | 2 | 4 | 8 | 5 | 6 | 7 | 3 | 1 |
| 8 | 3 | 6 | 2 | 9 | 7 | 1 | 4 | 5 |
| 2 | 1 | 9 | 4 | 3 | 5 | 8 | 6 | 7 |
| 4 | 7 | 5 | 6 | 1 | 8 | 3 | 9 | 2 |

