

Daily Delight

THURSDAY • AUGUST 27 • 2026

Just Because Day

This somewhat quirky August 27 holiday is Just Because Day. Have you held back from doing something you want to do, something out of character for you? Are you afraid someone will challenge your decision or action? You're ready to reply to the question with an excuse that's valid today... Just because. Today is the day to go out and do something "just because." It is most enjoyable if it is an uncommon or unexpected activity or action.

It's going to be a lot of fun. Finally, you have a chance to do something without rhyme or reason. Most often in life, we do things because we have to, we want to, or it's expected of us. None of those reasons apply today. Why? Just because, of course!



Today in History



In 1970, American guitarist, songwriter, and singer Jimi Hendrix created his last studio recording at Electric Lady Studios in New York City. The record was an instrumental called "Snow Blues." He gained success in the U.S. when he played the Monterey Pop Festival.

senior **living**
activity assistant

powered by **spectrio**



DID YOU KNOW?

Cat's Barbs

When a cat licks you, it feels like sandpaper. That's because cat tongues are covered with little barbs called papillae, which are made of keratin — just like human fingernails. These barbs help cats groom themselves by working through knots and tangles in their fur, removing parasites, and spreading beneficial oils. Big cats have the same barbed tongues; tigers use them to scrape fur and feathers off their prey, too.

TRIVIA

What is the term for a musical composition for a solo instrument?

A Symphony

B Concerto

C Sonata

D Aria

TODAY'S FUNNY

Why couldn't the pasta get into his house?

Because he had gnocchi

TODAY'S WISDOM

"I have my own style and don't really follow fashion, but I like leggings. They're easy to wear and can go with anything."

- Eva Green

WORD SEARCH

In The Wild

T	B	A	C	C	E	H	M	U	S	O	F	U	T	Y	Y	N	J
Q	H	X	F	K	Y	D	I	Y	U	M	H	P	G	K	A	C	S
S	K	R	F	P	P	W	C	A	T	I	G	I	R	W	Y	P	A
A	C	I	D	S	F	N	U	Z	R	P	D	A	V	I	A	R	Y
N	O	Y	Z	T	S	D	K	X	M	R	S	N	G	L	Q	H	I
C	N	L	T	S	D	Q	Y	S	F	E	E	Z	K	D	I	N	J
T	S	X	L	N	L	A	Z	O	O	S	I	J	Y	L	Z	R	H
U	E	G	B	O	S	J	S	T	L	E	C	R	G	I	N	T	E
A	R	N	S	I	X	Q	Z	A	Y	R	E	X	E	F	Z	S	Y
R	V	S	S	T	Z	U	E	T	M	V	P	B	T	E	I	Q	R
I	A	U	E	A	Z	W	H	I	A	A	S	C	A	V	Q	L	H
E	T	V	N	C	X	W	I	B	R	T	H	B	R	L	V	E	U
S	I	T	E	U	T	U	G	A	I	I	L	Z	T	A	Z	V	G
M	O	P	R	D	M	Q	D	H	N	O	N	U	S	M	A	K	Q
G	N	J	A	E	E	J	X	K	E	N	M	M	D	W	Z	W	X
Y	P	B	W	R	T	B	P	K	A	S	J	D	L	D	V	G	C
O	O	R	A	S	G	Q	E	H	V	J	E	R	S	J	Q	P	F
C	L	E	L	R	R	D	S	D	O	Z	X	E	W	M	I	V	G

Wildlife

Species

Zoos

Habitat

Marine

Strategy

Aviary

Preservation

Sanctuaries

Conservation

Education

Awareness

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

2	3			7				
	5	1	6				8	
	6		2	3	8		7	1
	8		4	2	3	1		
		3		1			2	
		2	9					
8		4	3		1		9	
		6			2	8		
				6				5

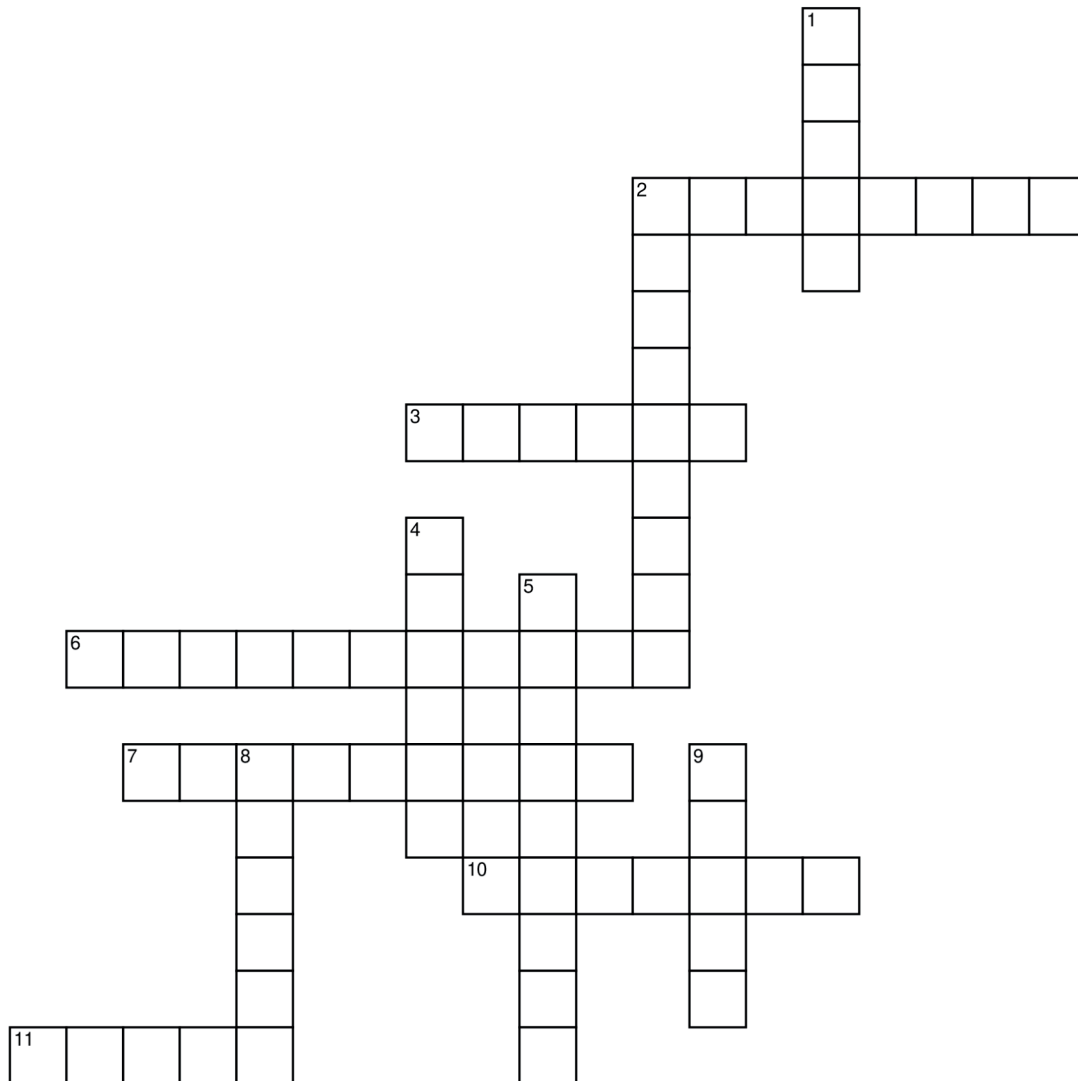
	6	8			3	5		
1		2		5		6	3	9
5							1	
3				8	2			
		7		4	9		2	
		6	1		5	9		3
								5
7		9		6		3	4	
2	8				4	7	6	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

It's in the Mail



Across

- [2] Garments
- [3] Profit from an investment
- [6] Pre-wedding mailing
- [7] Official papers
- [10] Small amounts for testing
- [11] Library items

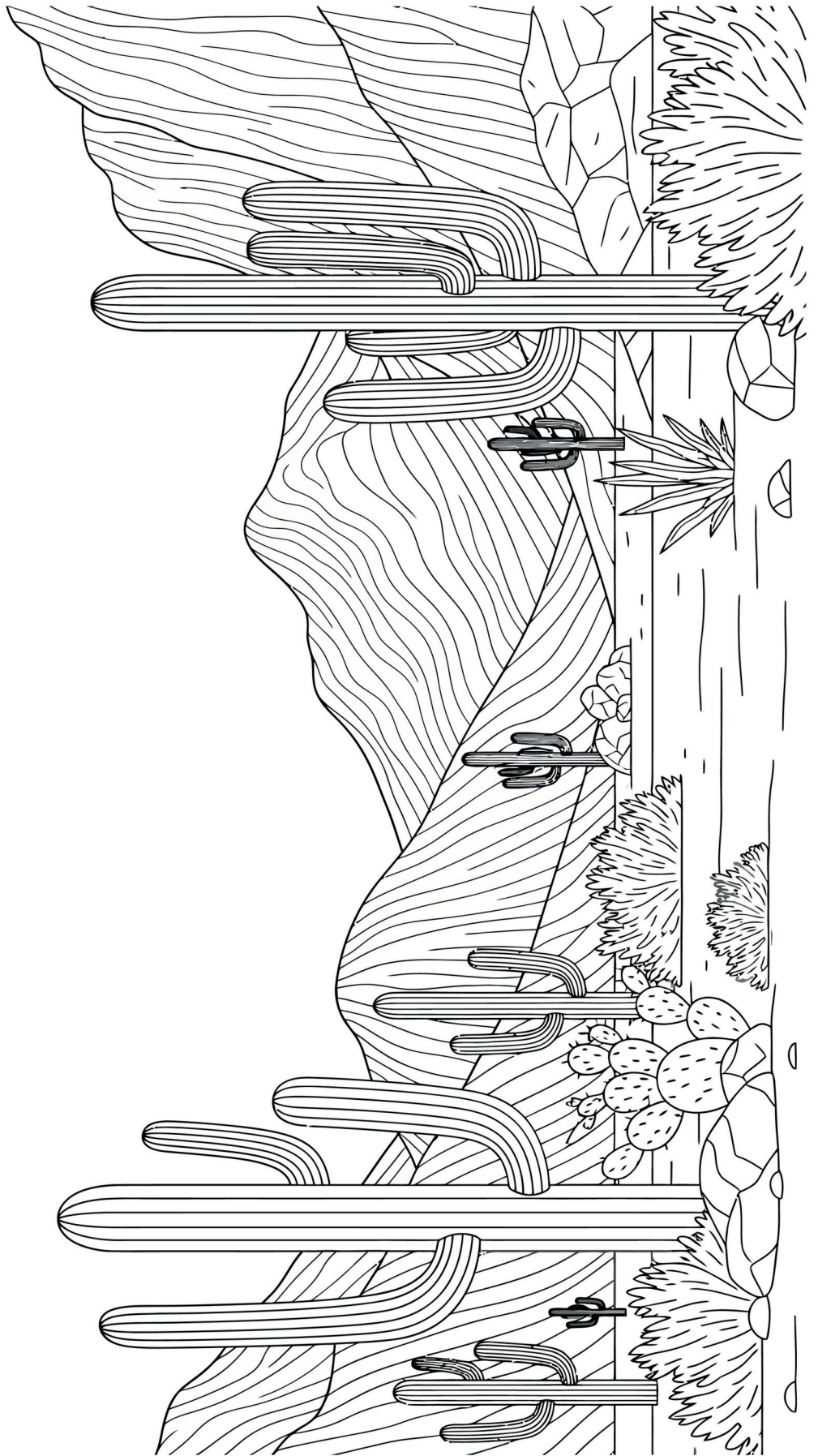
Down

- [1] Presents
- [2] What lawyers draw up
- [4] Message
- [5] Popular souvenirs
- [8] _____ and balances
- [9] Invoices

Spotlight Trivia

World Landmarks & Geography

1. Which of the following is the only remaining wonder of the ancient world?
A. The Colossus of Rhodes B. The Great Pyramid of Giza
C. The Lighthouse of Alexandria D. The Hanging Gardens of Babylon
 2. Which lake is known as the deepest and oldest freshwater lake in the world?
A. Lake Superior B. Lake Victoria
C. Lake Baikal D. Lake Tanganyika
 3. Which African country has three official capital cities (Pretoria, Cape Town, and Bloemfontein)?
A. Nigeria B. Kenya
C. Egypt D. South Africa
 4. What is the highest capital city in the world by elevation?
A. Quito, Ecuador B. La Paz, Bolivia
C. Thimphu, Bhutan D. Kathmandu, Nepal
 5. Which European river flows through or touches more countries than any other river in the world?
A. The Rhine B. The Volga
C. The Danube D. The Seine
-



SOLUTIONS

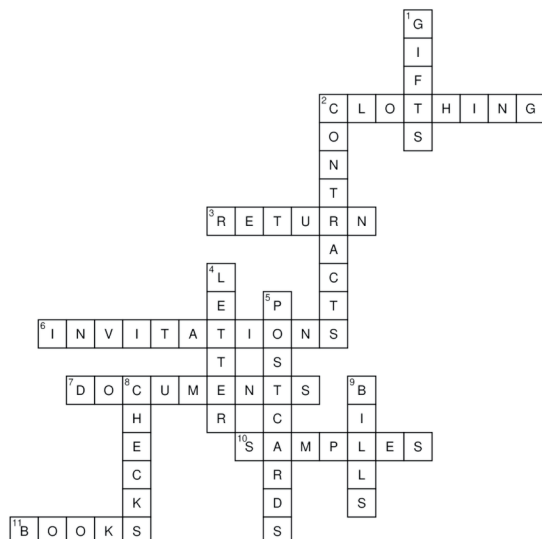
Trivia Answer: C

The word 'sonata' itself comes from the Italian 'sonare', meaning 'sound'. Concerning classical music, sonata means the piece is performed by a solo instrument, typically a piano.

T B A C C E H M U S O F U T Y Y N J
Q H X F K Y D I Y U M H P G K A C S
S K R F P P W C A T I G I R W Y P A
A C I D S F N U Z R P D A V I A R Y
N O Y Z T S D K X M R S N G L Q H I
C N L T S D Q Y S F E E Z K D I N J
T S X L N L A Z O O S I J Y L Z R H
U E G B O S J S T L E C R G I N T E
A R N S I X Q Z A Y R E X E F Z S Y
R V S S T Z U E T M V P B T E I Q R
I A U E A Z W H I A A S C A V Q L H
E T V N C X W I B R T H B R L V E U
S I T E U T U G A I I L Z T A Z V G
M O P R D M Q D H N O N U S M A K Q
G N J A E E J X K E N M M D W Z W X
Y P B W R T B P K A S J D L D V G C
O O R A S G Q E H V J E R S J Q P F
C L E L R R D S D O Z X E W M I V G

2	3	8	1	7	5	6	4	9
7	5	1	6	4	9	3	8	2
4	6	9	2	3	8	5	7	1
9	8	5	4	2	3	1	6	7
6	4	3	5	1	7	9	2	8
1	7	2	9	8	6	4	5	3
8	2	4	3	5	1	7	9	6
5	1	6	7	9	2	8	3	4
3	9	7	8	6	4	2	1	5

9	6	8	2	1	3	5	7	4
1	4	2	8	5	7	6	3	9
5	7	3	4	9	6	2	1	8
3	9	1	6	8	2	4	5	7
8	5	7	3	4	9	1	2	6
4	2	6	1	7	5	9	8	3
6	3	4	7	2	1	8	9	5
7	1	9	5	6	8	3	4	2
2	8	5	9	3	4	7	6	1



Spotlight Trivia:

1. B
2. C
3. D
4. B
5. C