

Daily Delight

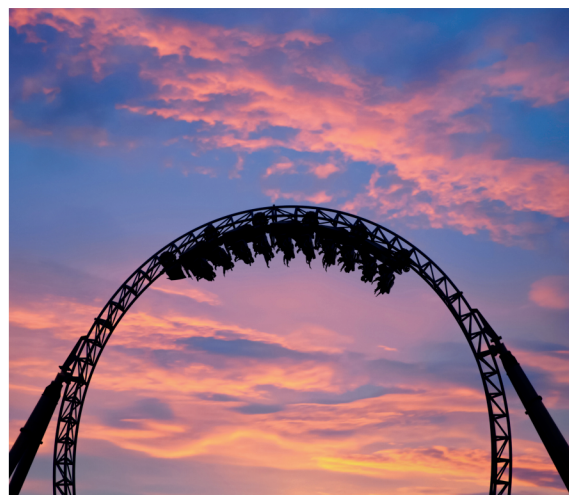
SUNDAY • AUGUST 16 • 2026

National Roller Coaster Day

Life is like a roller coaster, full of ups and downs. Sometimes it's a little scary and intimidating, but it's also incredibly exciting. It's late summer, and today is National Roller Coaster Day. Let's not let this beautiful day pass without recognizing one of the great thrills of summertime. This date marks the anniversary of the first patent issued for a roller coaster ride.

Some people love roller coasters, while others can't stand them; it might have something to do with brain chemistry. Those with higher dopamine levels often enjoy sensation-seeking experiences.

By the way, the world's longest roller coaster is The Beast at Kings Island, stretching about a mile and a third. And the tallest? That's "Kingda Ka" at Six Flags Great Adventure in Jackson, New Jersey.



Today in History



In 2018, according to *Forbes*, Scarlett Johansson became the best-paid actress of the year after earning \$40.5 million, and has been featured multiple times on the *Forbes* Celebrity 100 list. In 2021 and 2025, she was named one of the 100 most influential people in the world by *Time*.

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DID YOU KNOW? Pirates of Lake Michigan?

Forget the Pirates of the Caribbean: The Great Lakes had their share of pirates. Instead of gold, lumber and alcohol were the loot. "Roaring" Dan Seavey was the only pirate to face piracy charges. He was a former Navy sailor who set false lights along the coastline, lured ships to their doom, and plundered the wreckage. Fortunately for locals, as the population along the Great Lakes grew in the 20th century, the pirate problems on the Great Lakes eventually faded.

TRIVIA

What was a knocker-upper's job?

- A** Waking people up
- B** Taking boxing bets
- C** Delivering medicine
- D** Selling door-to-door

TODAY'S FUNNY

How do you measure a slug?

In inches, because they don't have feet!

TODAY'S WISDOM

To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness.

- Robert Muller

WORD SEARCH

Natural & Beautiful



Afros

Natural

Hairstyle

Curls

Pride

Stigma

Biases

Culture

Beauty

Standards

Empowerment

Textured

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

1		7				8	6	4
						1		2
3		2						
5	2	6			4	3		9
4			7	9	3			
9			6		5		8	
	3		8		7		4	
6		5			1			
		9			2	6		

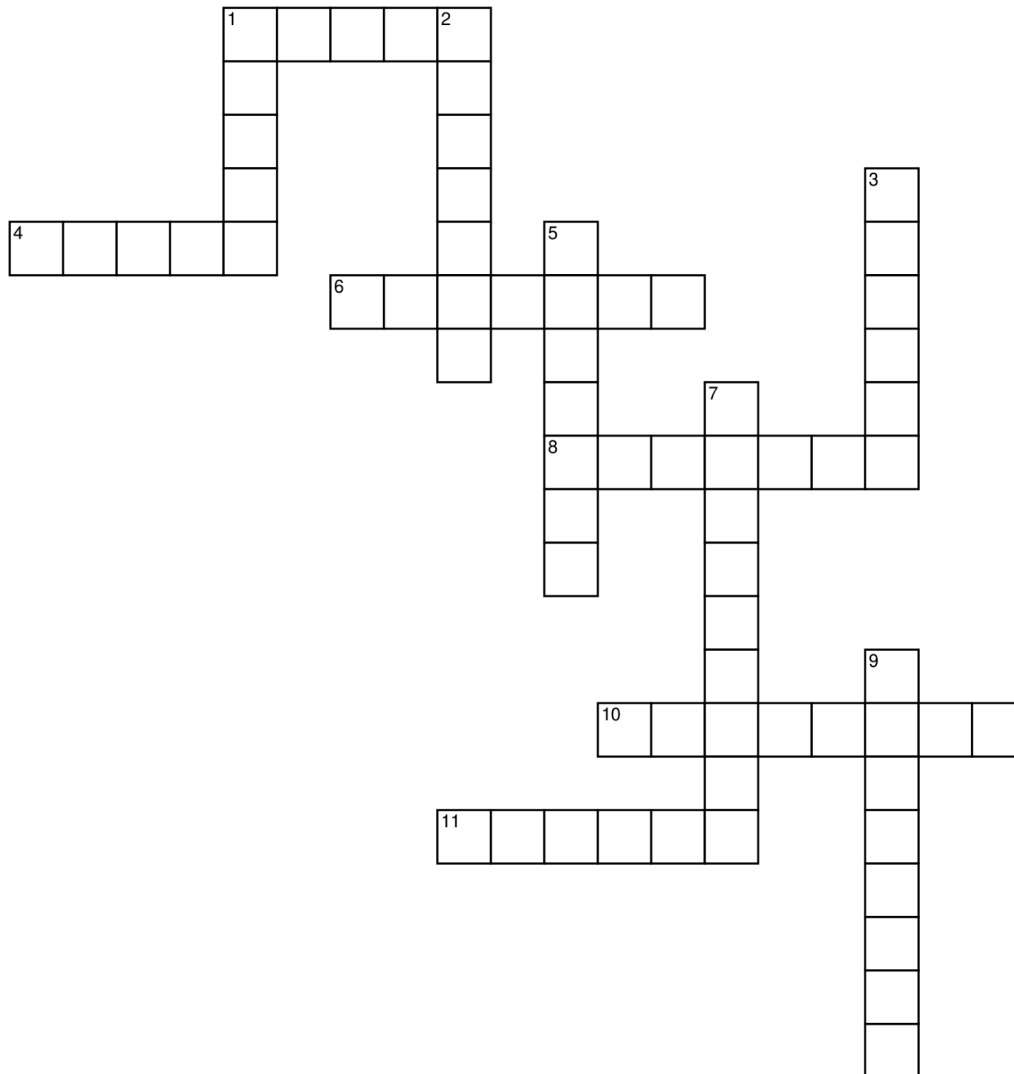
3		1	6	5		9		
				3	7			5
7	5		4					6
6		4	5				9	
			9		3			7
1			8	7		6	5	
		2		4	6			3
	3							1
					1			

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

All About the Netherlands



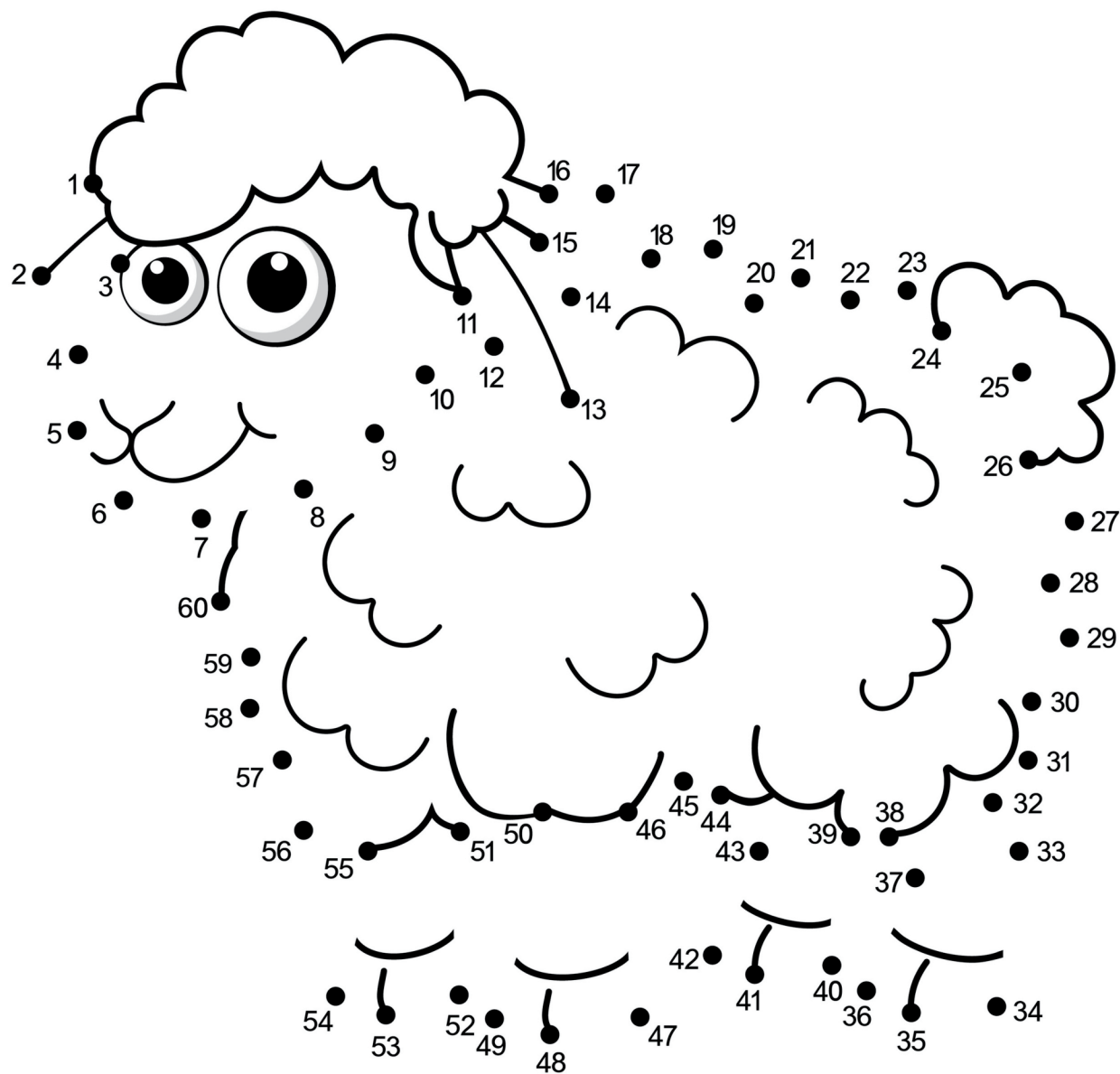
Across

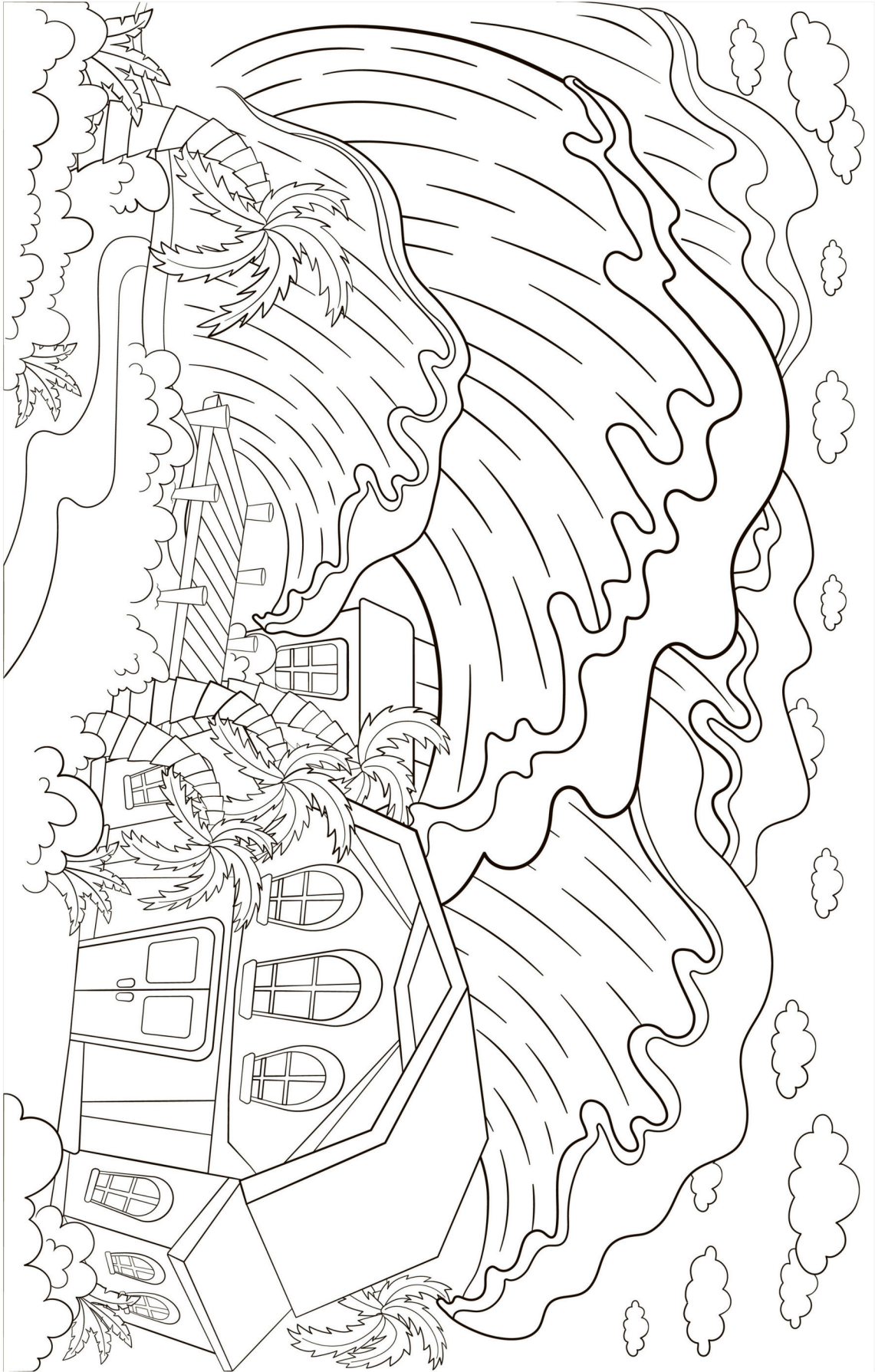
- [1] Pres. Reagan's Nickname
- [4] Wooden shoes
- [6] "The Potato Eaters" painter
- [8] Night lights
- [10] Polder, Grist, or Saw e.g.
- [11] Gouda and Edam e.g.

Down

- [1] Flood stoppers
- [2] Eat like sardines
- [3] Five points
- [5] Lava source
- [7] Indulgence
- [9] Popular way to travel

Connect the Dots





SOLUTIONS

Trivia Answer: A

Knocker-uppers were popular professions in the Netherlands, Britain, Ireland, and other countries. They used a baton or a short, heavy stick to knock on clients' doors to wake people for work.

N X R R O N A V E X E Z V Z K C R W
H R T D K N T G N W R G N B C U V L
L J T E S T A N D A R D S A R L V Y
A Z Q R V F Y V S O J O Q X F T U T
R N M U L Y K Z O G P P C S Q U R N
U Y F T Y P U B R W T O L K Z R L E
T H W X J D C B F K S K T B G E E M
A P L E S Q I Z A W V T Y P L X U R
N T Y T Z A L V W G S B I A S E S E
H W J O D I N O O N N E G O N U W
H X R U E O M F F T G B L T M S D O
F V X Y D S S U T W X N Y Z J A L P
A S B A I L E H F X M W T C D U Q M
U M D A R T X S P W Y D S E V T T E
L E D U P Q O A X T J J R D K P U N
B T C T L L B E A U T Y I A Y J T Y
O H W M B E O L G G X N A V J A Q H
Y T P D O V Z N H W B L H N S Q K N

1	5	7	2	3	9	8	6	4
8	9	4	5	7	6	1	3	2
3	6	2	4	1	8	5	9	7
5	2	6	1	8	4	3	7	9
4	1	8	7	9	3	2	5	6
9	7	3	6	2	5	4	8	1
2	3	1	8	6	7	9	4	5
6	8	5	9	4	1	7	2	3
7	4	9	3	5	2	6	1	8

3	2	1	6	5	8	9	7	4
4	6	9	1	3	7	8	2	5
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2	8	5	9	6	3	4	1	7
1	9	3	8	7	4	6	5	2
9	1	2	7	4	6	5	8	3
8	3	6	2	9	5	7	4	1
5	4	7	3	8	1	2	6	9

