

Daily Delight

SATURDAY • AUGUST 29 • 2026

Individual Rights Day

Individual Rights Day is celebrated on August 29. This day was created to recognize and honor the fundamental freedoms of every individual. It's a time for us to remember how valuable our rights are, from freedom of speech and assembly to the right to due process in legal proceedings and the ability to make our own decisions without fear of persecution or discrimination.

It's also an opportunity for us all to reflect on what we can do to protect each other's civil liberties. Rather than seeing differences between us as threatening, Individual Rights Day is meant to celebrate the possibility that anyone can thrive.



Today in History



In 2013, actor, director, and musician Gary Sinise was named an honorary Marine by the Commandant of the Marine Corps. His contributions to veterans through music have been honored with the Presidential Citizens Medal and recognition as an honorary U.S. Navy Chief Petty Officer.

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DID YOU KNOW?

Red or Green Peppers

Green bell peppers are just red bell peppers that have not ripened yet, while orange and yellow peppers are somewhere in between the two stages. As they ripen, bell peppers don't just change color — they also become sweeter and drastically increase their beta-carotene, vitamin A, and vitamin C content. So while the green variety isn't quite as nutritious as its red counterpart, the good news is that one eventually becomes the other.

TRIVIA

In the 80s sitcom "ALF," what does the name "ALF" stand for?

- A** Amazing Little Friend
- B** Astronomical Life Force
- C** Alien Lost Friend
- D** Alien Life Form

TODAY'S FUNNY

What do you get when you combine an elephant with a fish?

Swimming trunks

TODAY'S WISDOM

*Millions saw the apple fall, but Newton was
the one who asked why.
- Bernard Baruch*

WORD SEARCH

Classical Candor!

I	B	F	R	N	H	T	O	B	A	R	O	Q	U	E	W	I	J
G	W	W	M	B	N	Z	J	T	E	D	Y	M	V	N	H	V	W
B	P	M	F	O	S	C	B	Z	F	P	T	X	N	J	Q	G	I
U	G	Z	V	Y	U	D	R	D	Y	L	G	C	E	X	P	R	
M	V	K	K	G	U	C	G	F	A	F	C	N	Q	W	B	W	Y
O	V	E	R	T	U	R	E	E	U	K	Q	S	B	M	D	A	D
N	O	A	H	P	N	U	B	A	M	N	C	H	K	A	D	C	G
Y	M	E	P	R	G	M	J	D	C	O	M	A	R	M	B	C	G
G	I	H	V	Q	Y	D	B	A	T	T	E	R	I	E	X	A	F
N	S	H	Y	N	N	R	S	G	C	J	A	M	Y	D	R	W	B
R	S	F	A	I	Z	D	T	I	L	D	D	O	Y	I	I	P	V
M	I	N	U	E	T	N	S	O	T	D	F	N	W	L	Y	G	N
U	T	V	X	S	L	V	O	S	Y	I	E	Y	T	M	L	W	D
S	R	M	S	G	A	A	J	A	B	R	B	F	M	L	W	J	R
I	O	C	K	S	W	E	B	G	C	G	W	Q	E	I	F	U	C
C	F	P	B	C	F	C	O	N	C	E	R	T	O	C	L	C	L
W	E	A	Q	K	F	E	E	N	S	E	M	B	L	E	Q	J	S
L	R	J	C	Q	D	B	S	L	R	G	T	L	S	L	S	N	X

Adagio

Baroque

Batterie

Concerto

Ensemble

Fortissimo

Harmony

Minuet

Overture

Waltz

Music

Dirge

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	9	3	8	4			2	
4	8				6	9	3	1
	6							
9					4	2		7
	1				5			4
			6					
7				3		6	5	9
		5		6		7		
			7	5	2			

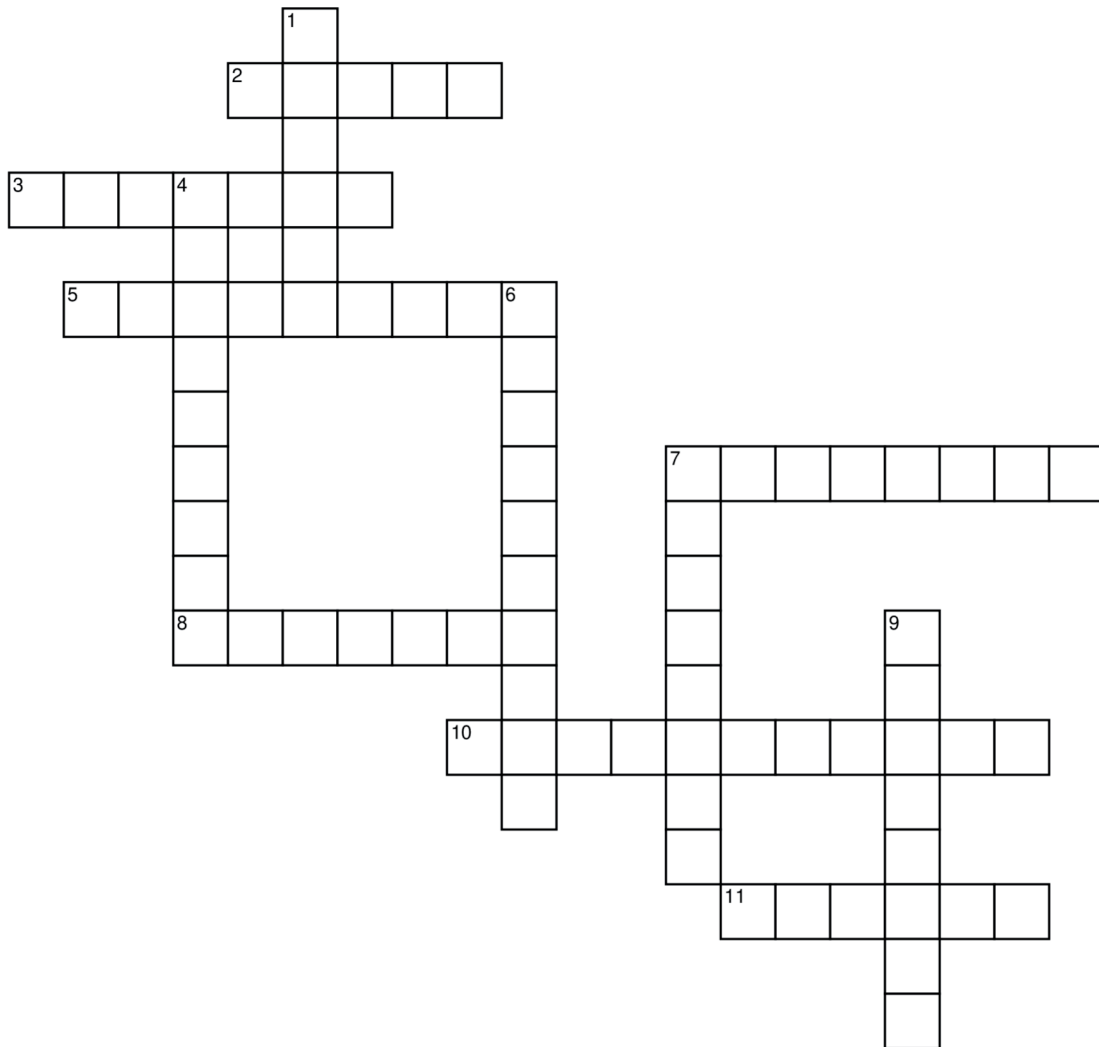
8	9		3	4		5		
3	6	4		2	5	7	1	
5	7	2					4	
2		9	5	3			7	8
		8	7		2			
7				8	1			2
4	8		9	7				
9	2		6	1		4		
1	3			5			8	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Elvis



Across

- [2] Kind of box
- [3] Home of FedEx
- [5] One-piece outfit
- [7] Escalade, for one
- [8] RCA produced these
- [10] Nostalgic items
- [11] What he shook

Down

- [1] Flicks
- [4] Hairstyle
- [6] Shades
- [7] Bib Gigs
- [9] Variety show host Ed

CRYPTOGRAM

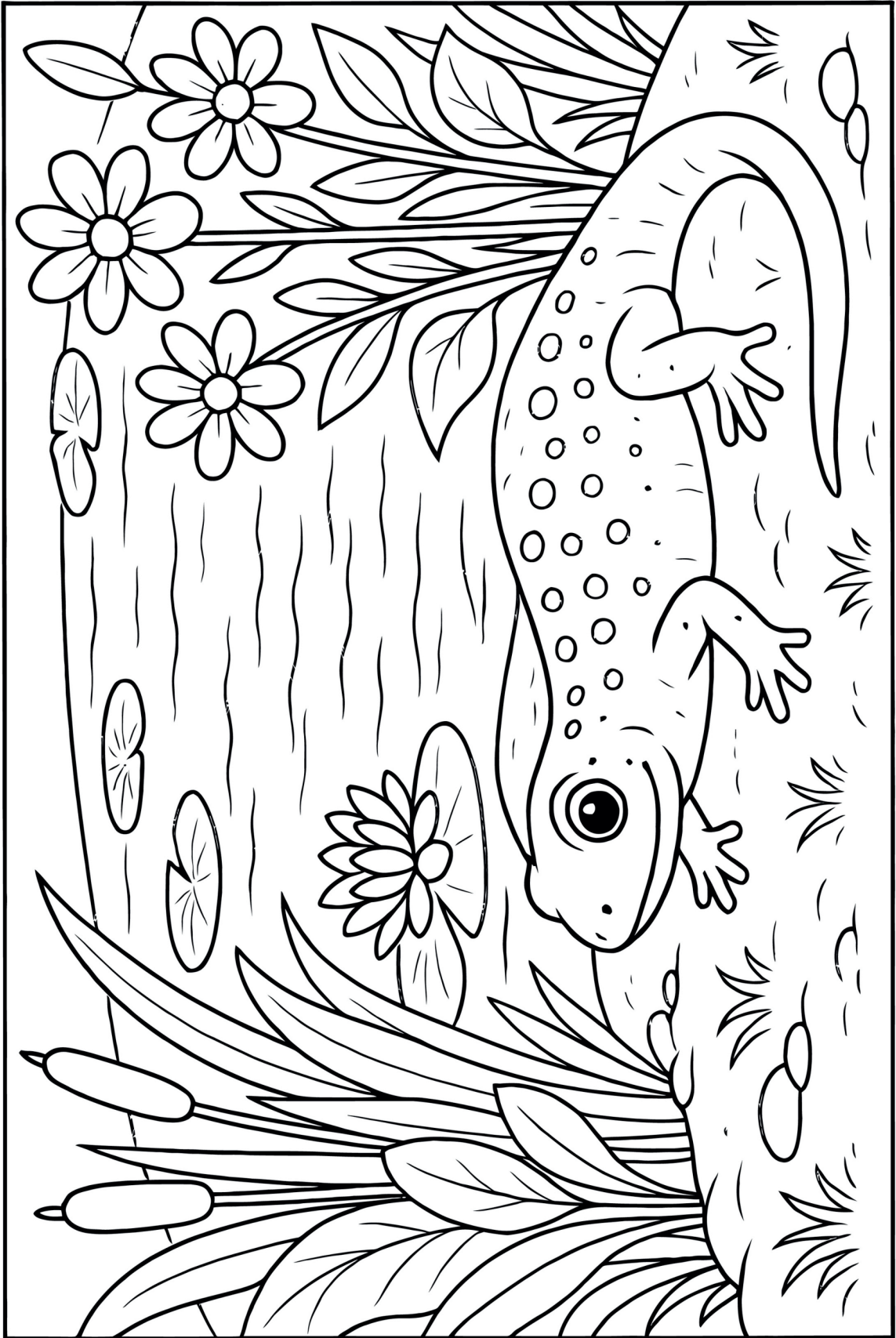
Each number stands for a letter. The correlating number for 3 of the letters have been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A	B	C	D	E	F	G	H	I	J	K	L	M
—	17	—	—	—	—	—	18	—	—	—	—	—

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
—	—	—	—	—	—	—	13	—	—	—	—	—

— 20 — 18 — 19 — 23 — 13 — 1 — 26 — 11 — 26 — 1
 — 6 — 15 — 26 — 26 — 6 — 20 — 18 — 26 — 6 — 15 — 20 — 19 — 1'
 — 17 — 13 — 20 — 26 — 6 — 20 — 18 — 19
 — 1 — 26 — 14 — 19 — 6 — 11 — 19 — 17 — 19 — 20 — 8 — 19 — 19 — 6'

- Wolfgang Amadeus Mozart

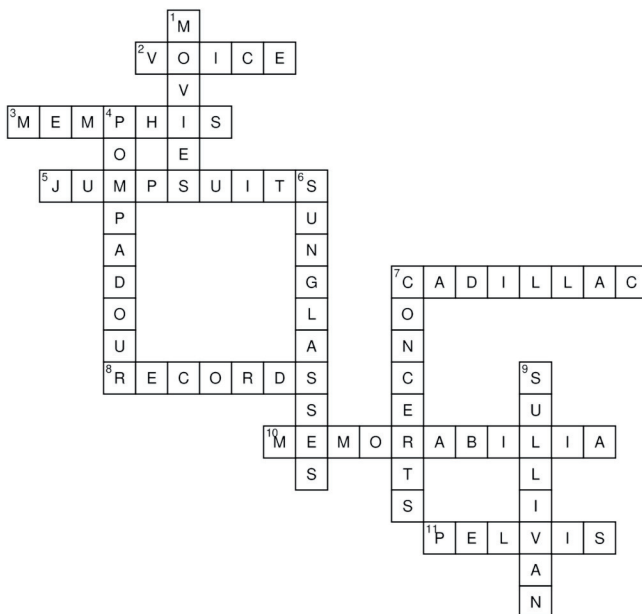


SOLUTIONS

Trivia Answer: D

The name "ALF" is short for "Alien Life Form".

I B F R N H T O B A R O Q U E W I J
 G W W M B N Z J T E D Y M V N H V W
 B P M F O S C B Z F P T X N J Q G I
 U G Z V Y U D R D D Y L G C E X P R
 M V K K G U C G F A F C N Q W B W Y
O V E R T U R E E U K Q S B M D A D
 N O A H P N U B A M N C H K A D C G
 Y M E P R G M J D C O M A R M B C G
 G I H V Q Y D B A T T E R I E X A F
 N S H Y N N R S G C J A M Y D R W B
 R S F A I Z D T I L D D O Y I I P V
M I N U E T N S O T D F N W L Y G N
 U T V X S L V O S Y I E Y T M L W D
 S R M S G A A J A B R B F M L W J R
 I O C K S W E B G C G W Q E I F U C
C F P B C F C O N C E R T O C L C L
 W E A Q K F E E N S E M B L E Q J S
 L R J C Q D B S L R G T L S L S N X



1	9	3	8	4	7	5	2	6
4	8	7	5	2	6	9	3	1
5	6	2	1	9	3	4	7	8
9	5	8	3	1	4	2	6	7
3	1	6	2	7	5	8	9	4
2	7	4	6	8	9	3	1	5
7	2	1	4	3	8	6	5	9
8	3	5	9	6	1	7	4	2
6	4	9	7	5	2	1	8	3

8	9	1	3	4	7	5	2	6
3	6	4	8	2	5	7	1	9
5	7	2	1	6	9	8	4	3
2	4	9	5	3	6	1	7	8
6	1	8	7	9	2	3	5	4
7	5	3	4	8	1	6	9	2
4	8	5	9	7	3	2	6	1
9	2	7	6	1	8	4	3	5
1	3	6	2	5	4	9	8	7

A	B	C	D	E	F	G	H	I	J	K	L	M
3	17	11	16	19	7	10	18	26	24	4	14	23

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
6	15	12	5	22	1	20	13	9	8	25	2	21

$\frac{T}{20} \frac{H}{18} \frac{E}{19}$			$\frac{M}{23} \frac{U}{13} \frac{S}{1} \frac{C}{26} \frac{I}{11}$			$\frac{I}{26} \frac{S}{1}$					
$\frac{N}{6} \frac{O}{15} \frac{T}{26}$			$\frac{I}{26} \frac{N}{6}$		$\frac{T}{20} \frac{H}{18} \frac{E}{26}$		$\frac{N}{6} \frac{O}{15} \frac{T}{20} \frac{E}{19} \frac{S}{1}$				
$\frac{B}{17} \frac{U}{13} \frac{T}{20}$			$\frac{I}{26} \frac{N}{6}$		$\frac{T}{20} \frac{H}{18} \frac{E}{19}$						
$\frac{S}{1} \frac{I}{26} \frac{L}{14} \frac{E}{19} \frac{N}{6} \frac{C}{11} \frac{E}{19}$						$\frac{B}{17} \frac{E}{19} \frac{T}{20} \frac{W}{8} \frac{E}{19} \frac{E}{19} \frac{N}{6}$					

- Wolfgang Amadeus Mozart