

Daily Delight

MONDAY • AUGUST 3 • 2026

Esther Day

Esther Day is a relatively new phenomenon; Esther Day is celebrated each year on Esther Grace Earl's birthday. Esther was a fan of an online blog that passed away in August of 2010, shortly after her 16th birthday. The creators of the blog became friends with Esther, including award-winning author John Green, and wanted to celebrate her birthday with their fans. The group of friends asked her how she wanted the world to celebrate her birthday after she was gone.

She replied, "A day to celebrate love for family and friends by telling those who we are close to that we love them, even if it is sometimes difficult to say out loud." It is a day that celebrates non-romantic love and reminds people to vocalize their love for their friends and family.



Today in History



In 1936, American track and field athlete Jesse Owens won the 2nd of 4 gold medals at the Berlin Olympics. He's considered the greatest and most famous athlete in track and field history. In 1935, Owens set 3 world records in less than an hour at the Big Ten track meet in Ann Arbor.

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DID YOU KNOW?

History of Sara Lee Bakery

Bakery entrepreneur Charles Lubin named the company after his 8-year-old daughter, Sara Lee, when he started it in 1948. Lubin originally called the business "The Kitchens of Sara Lee" and was committed to making high-quality food for families. In 1951, Lubin introduced the All Butter Pound Cake and later developed a process for freezing baked goods for shipment. Today, Sara Lee employs about 220 people and produces more than 200,000 cakes and pastries daily.

TRIVIA

What kind of plant is a 'lady's slipper'?

- A** Orchid
- B** Geranium
- C** Fuchsia
- D** Rhododendron

TODAY'S FUNNY

What do you call an ant from overseas?

ImportANT!

TODAY'S WISDOM

"Whenever you find yourself on the side of the majority, it is time to pause and reflect."

- Mark Twain

WORD SEARCH

Grab A Cold One



Drink

Beer

Cold

Sour

Stout

Ales

Bock

Tasty

Pilsner

Belgian

German

Brewing

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

5			2			9		
1					9		4	
		8	7	1	3			
6		7	8	9				
8		1	6	5				
	2			3	7		8	1
2			1	7	8		3	
7	8		3	6	5			2
3				2			5	

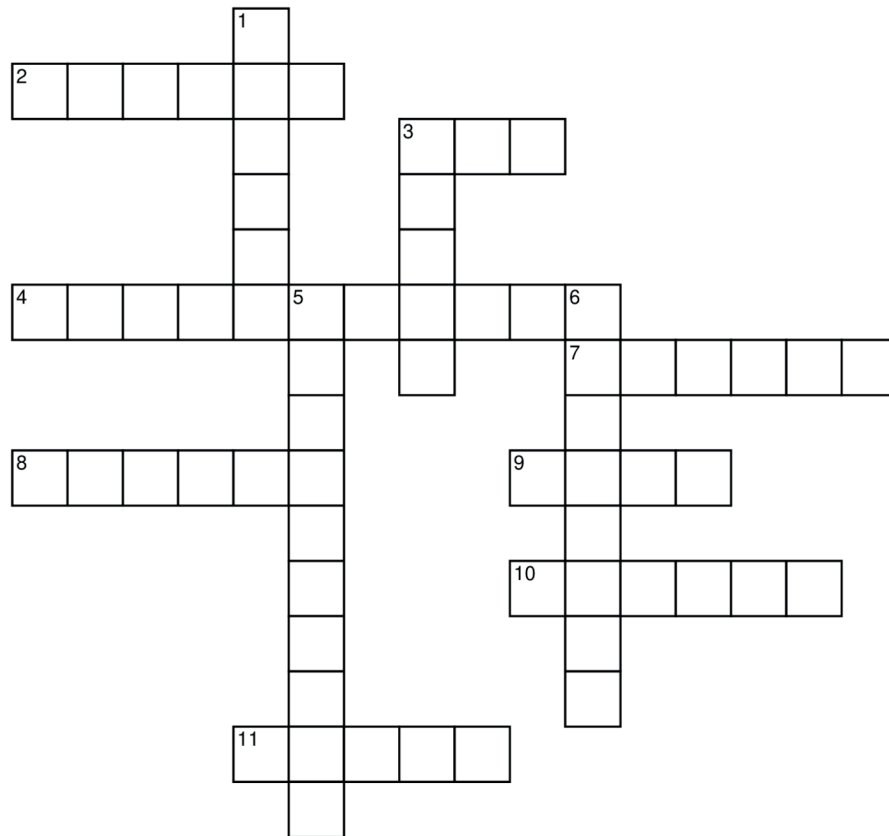
	2				9			6
1	4		3				7	
		7	6	5				
	3	1	4					
		4					1	
7			5			2		
4	5	3	7		2	9	8	1
								2
	1		9			7		

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Constellations



Across

- [2] The Crab
- [3] The Lion
- [4] The Sea-Goat
- [7] The Swan
- [8] The Bull
- [9] Starry bear
- [10] The Fish
- [11] The Maiden

Down

- [1] The Twins
- [3] The Scales
- [5] "W" or "M" shape
- [6] Bright red star "Antares"

Test Your Knowledge

Solve the questions below to test your knowledge and give your brain a workout!

What organ stores bile, needed to digest lipids?

- A. Liver
- B. Pancreas
- C. Spleen
- D. Gallbladder

We have about 600 of them. They are elastic fibers.

- A. Intestines
- B. Teeth
- C. Muscles
- D. Kidneys

Solve the math problems:

$$\begin{array}{r} 9 \\ \times 52 \\ \hline \end{array}$$

$$\begin{array}{r} 902 \\ + 67 \\ \hline \end{array}$$

$$\begin{array}{r} 853 \\ - 78 \\ \hline \end{array}$$

$$\begin{array}{r} 720 \\ \div 6 \\ \hline \end{array}$$

Abraham Lincoln once delivered a speech that would go on to define an entire era. But when he first read it aloud, his aides thought it was too short and unimpressive. He ignored them and spoke for just two minutes. The speech was the...



SOLUTIONS

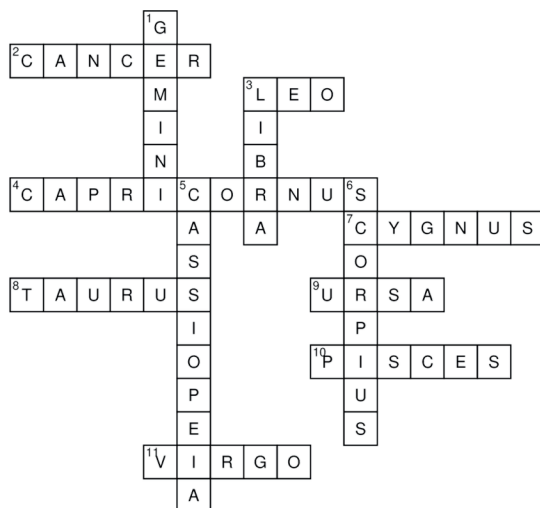
Trivia Answer: A

The Lady's slipper, also called lady slipper or slipper orchid, is a subfamily of five genera of orchids (family Orchidaceae), in which the lip of the flower is slipper-shaped.

M Z I X P Y F W R V F Z G C G M W X
K Z J G V A L V J L L T E A O K P H
Y W H M Z B P S Y S O U R X T G I O
T S E Q B Z R N K L P O M R X A L T
S M Y S A V Q G V V O T A J Y S S X
A D Q S Y O N X E D L S N Z X I N X
T S F P T G I L K I F D A N B V E W
E F T L M V B Y O M Y J B Y E H R T
N Q E E D J S I Q N O N A L E S Z N
T Z O V C O L D Q M C O X D R I N K
Y F V K F D T V B R E W I N G C A W
A K A X P J D Z K E Y L J X Z E I K
A M D I Y O B O C K G G Z Y J F G W
Y M D Q E Q R A U N L Z N W R D L F
U K C W I R V X J B O Q Z T X Z E N
O F Y A J P X S W N P F I N A T B S
F Z S C J L W L H X O S Q F B L T V
U Q K C H E T B P E L C V V B B P W

5	7	3	2	4	6	9	1	8
1	6	2	5	8	9	7	4	3
4	9	8	7	1	3	2	6	5
6	3	7	8	9	1	5	2	4
8	4	1	6	5	2	3	7	9
9	2	5	4	3	7	6	8	1
2	5	9	1	7	8	4	3	6
7	8	4	3	6	5	1	9	2
3	1	6	9	2	4	8	5	7

3	2	5	1	7	9	8	4	6
1	4	6	3	2	8	5	7	9
9	8	7	6	5	4	1	2	3
2	3	1	4	9	7	6	5	8
5	9	4	2	8	6	3	1	7
7	6	8	5	3	1	2	9	4
4	5	3	7	6	2	9	8	1
6	7	9	8	1	5	4	3	2
8	1	2	9	4	3	7	6	5



Answer:

D. The gallbladder.
Bile is produced by the liver, then stored in the gallbladder.

$$\begin{array}{r} 9 \\ \times 52 \\ \hline 468 \end{array}$$

$$\begin{array}{r} 853 \\ - 78 \\ \hline 775 \end{array}$$

Answer:

C. muscles
The three main types of muscles include skeletal, smooth, and cardiac.

Answer:

The Gettysburg Address which followed the Battle of Gettysburg, a turning point in the Civil War.

$$\begin{array}{r} 902 \\ + 67 \\ \hline 969 \end{array}$$

$$\begin{array}{r} 720 \\ \div 6 \\ \hline 120 \end{array}$$