

# Daily Delight

MONDAY • AUGUST 24 • 2026

## Iconic American Restaurants Day

Today is Iconic American Restaurants Day. This August 24 holiday celebrates the many great restaurants in this country and the outstanding staff that works hard to make your dining experience pleasurable. Whether it's the recognizable logo or look of a national chain, the timeless allure of a diner, or a regular meal at a favorite local mom-and-pop eatery, everyone undoubtedly has a favorite restaurant or memory of one and may know what they want before they walk in. Without a doubt, the list of great American restaurants is endless. Grab the family or a few friends, and head off to your favorite restaurants for breakfast, lunch, and dinner. While you're there enjoying a fabulous meal, make sure to show your appreciation to the waiter, busboy, chef, and manager. After all, it's their day, too.



## Today in History



In 2021, Beyoncé became the 1st black woman and 3rd person to wear the Tiffany Diamond in an advertising campaign. With a career spanning over 3 decades, she has won 35 Grammys, the most of any person in history, and holds the record for the most Grammy nominations, with 99.

senior **living**  
activity assistant  
powered by **spectrio**



## DID YOU KNOW? Smarter Males in the Fall

Autumn will bring pumpkin pie, crisp air, and apparently smarter rodents. Yes, male squirrels get smarter in the fall due to their hippocampus ( brain portion involving memory) increasing in size. The slightly bigger brains may help male squirrels remember exactly where they've stored their nuts, although scientists are still trying to figure out how. Interestingly, female squirrel brains don't show the same effect; researchers speculate that the females' brains already function at a higher level all year.

## TRIVIA

What is the meaning of the acronym used for Navy SEALs?

- A** Serenity, Animosity, Loyalty
- B** Service, Assistance, Leaders
- C** Sea, Air, and Land
- D** Special Action Line

## TODAY'S FUNNY

Why was the French chef sad?

*Because he had eaten blue cheese.*

## TODAY'S WISDOM

*"The secret of staying young is to live honestly, eat slowly, and lie about your age."*

*- Lucille Ball*

# WORD SEARCH

## Grandma Moses



Arist

Painter

Anna

Moses

Scenes

Creative

Caldor

Moma

Folk

American

Artwork

Museum

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 | 6 | 2 |   | 4 |   | 7 |   |
|   |   |   | 6 | 7 |   | 3 | 9 | 1 |
|   |   | 8 | 1 | 5 | 3 | 2 |   |   |
|   | 9 |   |   |   |   | 8 | 5 | 7 |
|   | 1 |   |   |   | 9 | 4 |   |   |
| 8 |   | 2 |   | 3 |   |   |   |   |
|   |   |   | 5 | 8 |   | 7 |   | 2 |
|   |   |   | 3 |   | 6 |   |   | 5 |
| 4 | 8 |   |   |   |   | 1 | 3 |   |

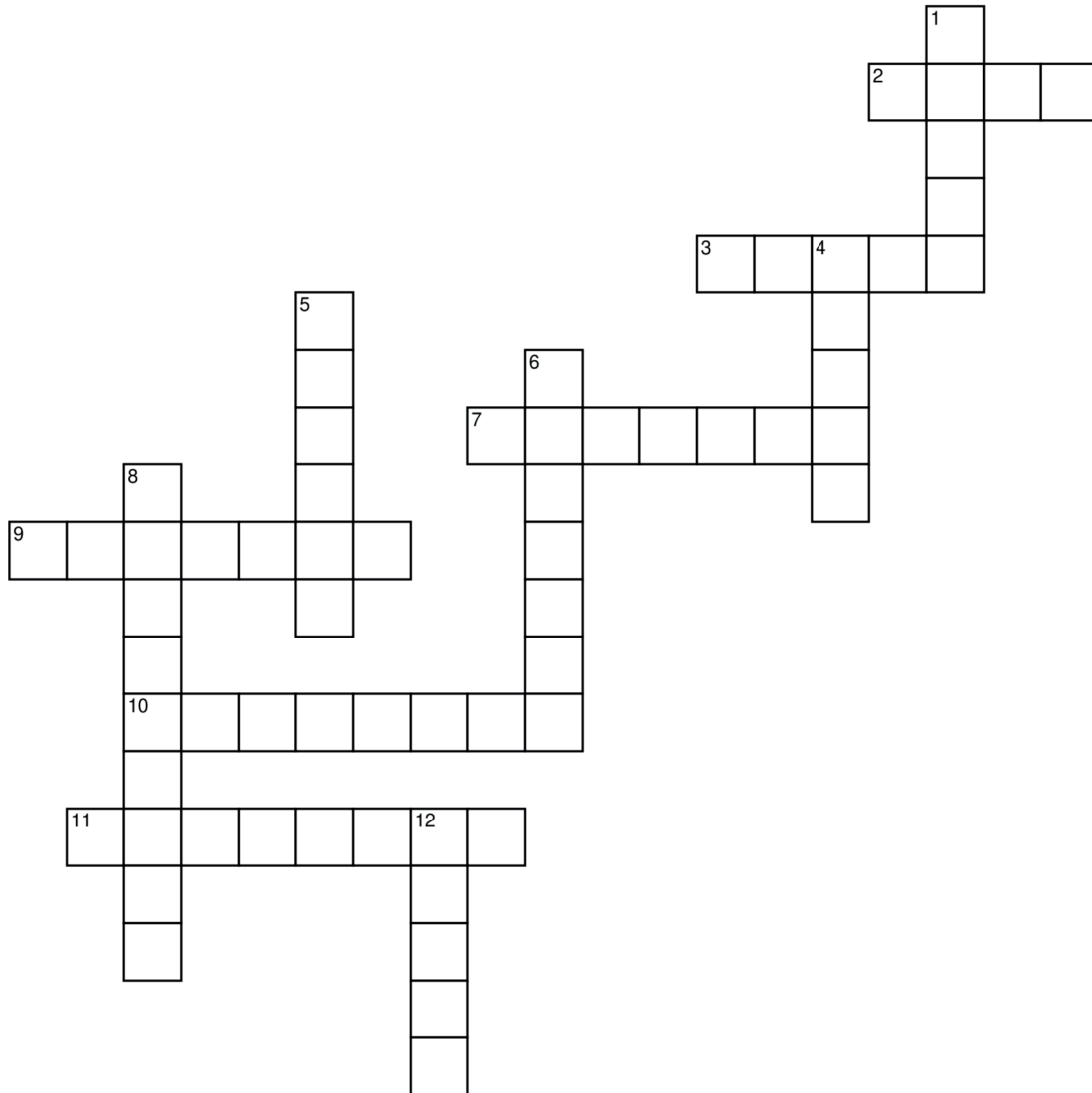
|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 |   | 2 | 7 |   | 3 |   | 9 |   |
|   | 9 | 7 | 5 |   | 4 |   | 8 | 3 |
| 3 |   |   | 8 |   | 6 |   | 7 |   |
| 1 | 7 |   |   | 8 |   |   | 6 | 9 |
| 5 | 6 |   |   |   |   | 8 |   |   |
|   |   | 4 | 6 | 5 |   | 3 |   |   |
| 7 | 3 |   | 1 | 6 |   | 9 |   | 2 |
|   |   |   |   | 4 | 5 |   |   |   |
|   |   |   |   |   |   | 6 |   | 1 |

## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# MINI CROSSWORD

## Things that Crumble



### Across

- [2] Soft Greek cheese
- [3] Diamonds, in slang
- [7] Peanut \_\_\_\_\_
- [9] Gingersnaps e.g.
- [10] Breakfast sandwich base
- [11] Pottery

### Down

- [1] Chef's flavorings
- [4] Bakery buys
- [5] Dried foliage
- [6] Colorful wax sticks
- [8] Southern treat
- [12] Sidewalk outline stuff

# Test Your Knowledge

**Solve the questions below to test your knowledge  
and give your brain a workout!**

What was the first National Park in the U.S., and what states does it cover?

- a. Acadia, Maine & New Hampshire
- b. Grand Teton, Idaho & Kansas
- c. Yellowstone, Wyoming, Idaho, and Montana.

Which state capital has the highest average temperature of any capital city?

- a. Santa Fe
- b. Honolulu
- c. Baton Rouge

Solve the math problems:

$$\begin{array}{r} 71 \\ \times 36 \\ \hline \end{array}$$

$$\begin{array}{r} 620 \\ + 68 \\ \hline \end{array}$$

$$\begin{array}{r} 423 \\ - 85 \\ \hline \end{array}$$

$$\begin{array}{r} 340 \\ \div 4 \\ \hline \end{array}$$

Which National Park is known as one of the Seven Natural Wonders of the World?



# SOLUTIONS

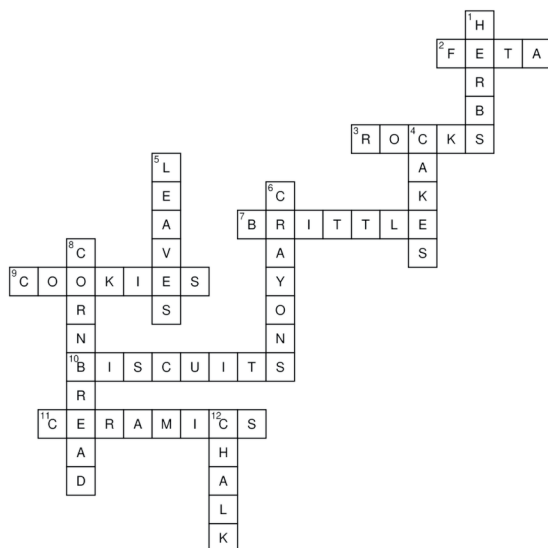
## Trivia Answer: C

Navy SEALs are named after the environment in which they operate, the Sea, Air, and Land, and are the foundation of Naval Special Warfare combat forces.

B M Y F M S Y E Z Q Z E R I S O P Z  
R F K J Q K E F L K K W O Q D A I Q  
E W U M R B I E K D U L J X L R Z E  
P K C L Q P J A R U B Z B C S E O R  
Y X I A R I S T O I F R R E W T B C  
F H L F H K G N W U I O F E Y N L M  
J P N Y A S B D T E J D R C Y I U O  
M V M P Q X V R R M H L A C W A A S  
M Z J E F B L C A S D A I R S P E E  
K A E R R C A M Z V X C N E L N G S  
G A X C B B N T R W P G Q A D F G T  
M U S E U M X Y H W F C R T S V E O  
R S E R O S F C V T S W Q I F I Z I  
H A N N A L L C H N D N N V Q U S Y  
A M E R I C A N Q G N D H E Y D J N  
F Q C X R P R Y X X U Q A Q F K Y A  
O D S V O B Q F O L K B M O M A L K  
V N Q Q J L O K F X B K E T L S W T

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 3 | 6 | 2 | 9 | 4 | 5 | 7 | 8 |
| 2 | 5 | 4 | 6 | 7 | 8 | 3 | 9 | 1 |
| 9 | 7 | 8 | 1 | 5 | 3 | 2 | 6 | 4 |
| 6 | 9 | 3 | 4 | 1 | 2 | 8 | 5 | 7 |
| 5 | 1 | 7 | 8 | 6 | 9 | 4 | 2 | 3 |
| 8 | 4 | 2 | 7 | 3 | 5 | 6 | 1 | 9 |
| 3 | 6 | 9 | 5 | 8 | 1 | 7 | 4 | 2 |
| 7 | 2 | 1 | 3 | 4 | 6 | 9 | 8 | 5 |
| 4 | 8 | 5 | 9 | 2 | 7 | 1 | 3 | 6 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 5 | 2 | 7 | 1 | 3 | 4 | 9 | 6 |
| 6 | 9 | 7 | 5 | 2 | 4 | 1 | 8 | 3 |
| 3 | 4 | 1 | 8 | 9 | 6 | 2 | 7 | 5 |
| 1 | 7 | 3 | 4 | 8 | 2 | 5 | 6 | 9 |
| 5 | 6 | 9 | 3 | 7 | 1 | 8 | 2 | 4 |
| 2 | 8 | 4 | 6 | 5 | 9 | 3 | 1 | 7 |
| 7 | 3 | 5 | 1 | 6 | 8 | 9 | 4 | 2 |
| 9 | 1 | 6 | 2 | 4 | 5 | 7 | 3 | 8 |
| 4 | 2 | 8 | 9 | 3 | 7 | 6 | 5 | 1 |



**Answer:**  
c. Yellowstone,  
Wyoming, Idaho,  
and Montana.

**Answer:**  
b. Honolulu

$$\begin{array}{r} 71 \\ \times 36 \\ \hline 2556 \end{array}$$

$$\begin{array}{r} 620 \\ + 68 \\ \hline 688 \end{array}$$

$$\begin{array}{r} 423 \\ - 85 \\ \hline 338 \end{array}$$

$$\begin{array}{r} 340 \\ \div 4 \\ \hline 85 \end{array}$$

**Answer:**  
The Grand Canyon,  
in Grand Canyon  
National Park is  
on the list of the  
Seven Natural  
Wonders of  
the World.