

Daily Delight

FRIDAY • AUGUST 21 • 2026

National Senior Day

National Senior Citizens Day honors our elderly population. President Ronald Reagan said on this August 21 holiday, “For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute. We can best demonstrate our gratitude and esteem by ensuring that our communities are good places to mature and grow older.” One does not automatically become too old to do things when one reaches social security age or retirement age.

Rather, many millions of seniors often do things they never had time for before retirement, such as travel, go biking, climb mountains, fly along zip lines, and do many other activities. The focus is to do as much as possible for as long as possible.



Today in History



In 1985, the film adaptation of John Pielmeier’s stage drama “Agnes of God” premiered. The movie starred Jane Fonda and Anne Bancroft, who was nominated for an Oscar. Bancroft is one of 24 actors to achieve the Triple Crown of Acting, an Oscar, an Emmy, and a Tony Award.

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activity assistant
powered by **spectrio**



DID YOU KNOW?

The Little Lady with Many Voices

June Foray was only 4' 11" tall, but an absolute giant in voice acting history. By the age of 12, Foray had caught the attention of Walt Disney, who hired her to voice Lucifer the cat in the 1950s Cinderella. In 1959, Foray voiced Rocky the Flying Squirrel in the famous Rocky & Bullwinkle duo. Foray was widely beloved in the industry. Animator Chuck Jones once said, "June Foray is not the female Mel Blanc. Mel Blanc is the male June Foray."

TRIVIA

Which of these Chevrolet cars was discontinued in 1977?

- A** Onix
- B** Tracker
- C** Chevelle
- D** Cruze

TODAY'S FUNNY

What's orange and sounds like a carrot?

A parrot!

TODAY'S WISDOM

Alice: This is impossible.

The Mad Hatter: Only if you believe it is.

-Lewis Carroll

WORD SEARCH

Frozen Dinners



Swanson

TV Dinner

Frozen

Easy

Oven

Convenient

Microwave

Popular

Fast

Meal

Dessert

Prepackaged

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

7		5						
			1		7	2	5	
8	4							6
			4				3	7
	8		6				4	1
1			7	5				
5	9	8	2	6		1	7	3
		3	5	1	8			9
		1		7		4		5

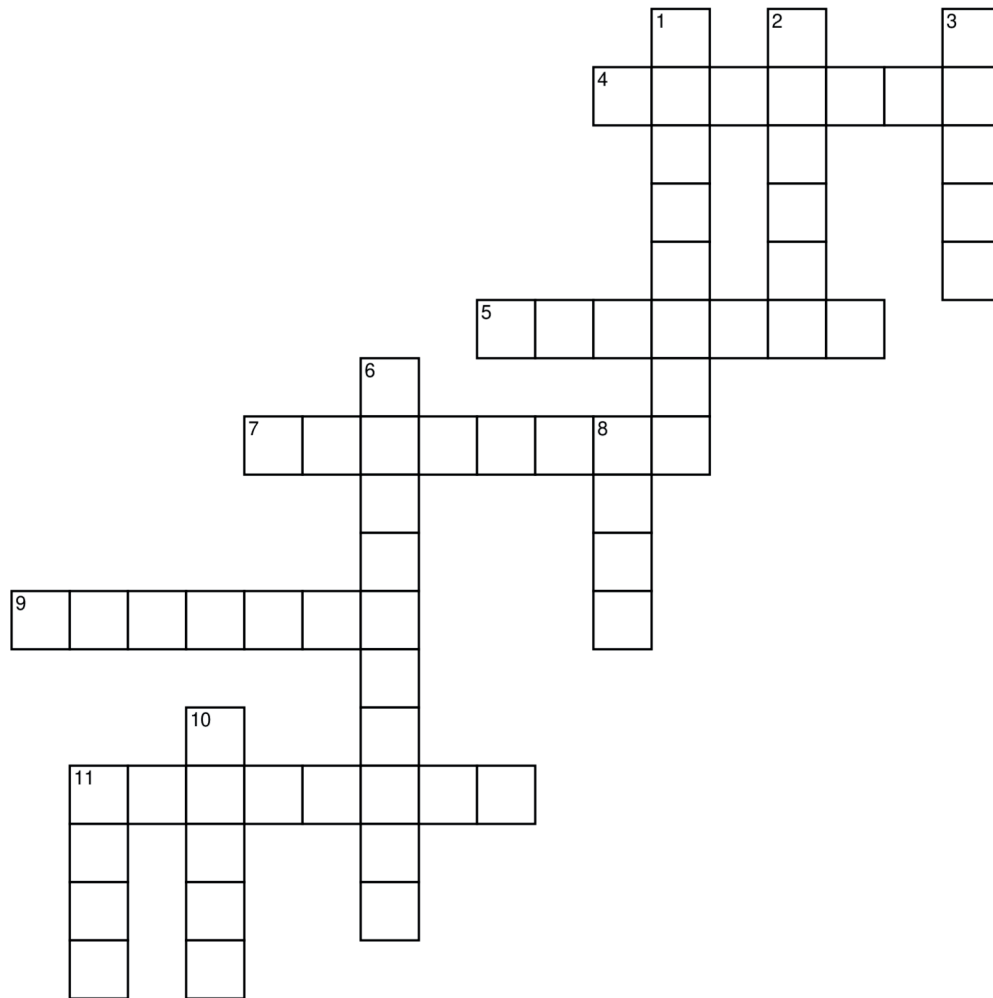
4	9	8	5	6	1			
1	2	3	8			9		6
	6		3	2	9	1	8	4
	7			9	8	5		1
9	1	6	7	5	2		4	8
	5	2		1	3		6	
	8	1	9	4	5	6		3
	3	9					1	
5	4	7	1	3		8	9	2

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Reasons to Wear a Ring



Across

- [4] Healing
- [5] Faithfulness
- [7] Wedding
- [9] Pledge
- [11] Gene Autry's horse

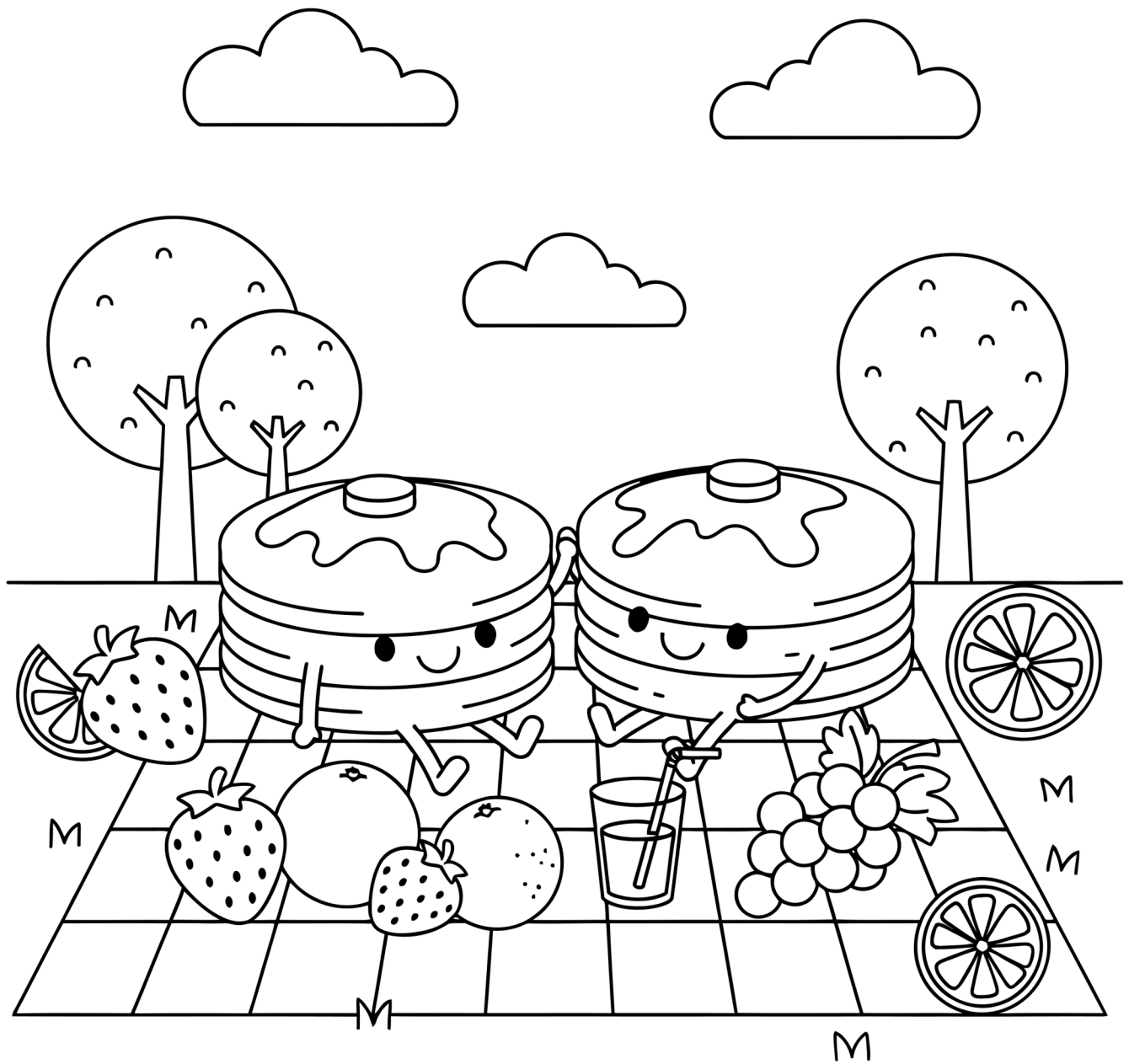
Down

- [1] Ancestry
- [2] Seal
- [3] Reunion group
- [6] Sunscreen's purpose
- [8] Present
- [10] Belief system
- [11] Masons e.g.

SEEK AND FIND

Find the hidden objects in the picture.





SOLUTIONS

Trivia Answer: C

The Chevelle Super Sport is a favorite of classic car collectors, and it still has a pretty high demand to this day.

I N M B I I B P K V S E S C F L N I
O J P I C E Y T M T U Z F O B A O D
P R E P A C K A G E D S P Y A E S V
T V N R J P K V J J Q I Y G W M N T
S L P O P U L A R A L X E L R X A Y
P Y D R H R N O Y Q E T J P J D W K
K K V E Q C Z H P D R T L Q A H S T
C T K V W K I Y E E K B L P O J Z A
T A Y A B R P N S X W H I M A I U G
H F J W D V U S F R O Z E N K F M I
T H S O D X E L E I O M X Z R B C J
D I Z R B D X T A L U O Q Q X U Q I
L G E C X V W Z S L Y I V E A L C E
R C G I R R S D Y J Z D Q E B Z L Y
U W H M I K M F V F Z W B A N M S Q
W O F P X C E C O N V E N I E N T G
V E B Q T V D I N N E R Q N R E B U
S R V P V E I Y H G K O U Q K K C G

7	1	5	8	2	6	3	9	4
3	6	9	1	4	7	2	5	8
8	4	2	3	9	5	7	1	6
2	5	6	4	8	1	9	3	7
9	8	7	6	3	2	5	4	1
1	3	4	7	5	9	8	6	2
5	9	8	2	6	4	1	7	3
4	7	3	5	1	8	6	2	9
6	2	1	9	7	3	4	8	5

4	9	8	5	6	1	2	3	7
1	2	3	8	7	4	9	5	6
7	6	5	3	2	9	1	8	4
3	7	4	6	9	8	5	2	1
9	1	6	7	5	2	3	4	8
8	5	2	4	1	3	7	6	9
2	8	1	9	4	5	6	7	3
6	3	9	2	8	7	4	1	5
5	4	7	1	3	6	8	9	2

