

Daily Delight

TUESDAY • JULY 28 • 2026

National Soccer Day

From ancient China and Japan to the Aztecs and other Mesoamerican cultures, civilizations around the world had their versions of soccer.

Soccer, as we know it today, can be traced back to London, where it was played in two styles: Rugby and Eton. In its beginning, there weren't hard and fast rules, which led to a ban by Edward II in 1314, but due to its popularity, the ban was almost immediately lifted.

Fast forward a few centuries, and soccer's first set of official rules and standards was put into place in 1863 in London. While football is the most popular sport for most Americans, each year more than 17 million fans tune into soccer matches. Tune into a match to celebrate National Soccer Day.



Today in History



In 1985, Lou Brock and Enos Slaughter were among the players inducted into the Baseball Hall of Fame in Cooperstown, New York. Brock was an MLB All-Star six times and won the World Series with the Saint Louis Cardinals in 1964 and 1967. His career spanned 16 years.

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DID YOU KNOW?

The Hole is for More Fry

The doughnut was first introduced in North America in the 17th century. This fried dough recipe was known as olykoeks, or “oily cakes.” But there was no hole, which didn’t take shape until the 19th century. Most believe that New England ship captain Hanson Crockett Gregory had indigestion due to his mother’s oily cakes and decided to cut out the doughier middle of the cake. Gregory soon discovered that his mother’s cakes received a more even fry; thus the modern doughnut was born.

TRIVIA

Which actor appeared as a kid in “Back to the Future 2”?

- A** Elijah Wood
- B** Josh Brolin
- C** Sean Astin
- D** Leonardo DiCaprio

TODAY’S FUNNY

Whenever you feel sad....

Just picture somewhere in the world, someone is pulling on a door that says "PUSH"!

TODAY’S WISDOM

“When the freedom they wished for most was freedom from responsibility, then Athens ceased to be free and was never free again.”
- Edith Hamilton

WORD SEARCH

Work Like a Dog



Ability

Breaks

Challenges

Ethic

Extra

Hard

Maximum

Performance

Strong

Tasks

Working

Deadlines

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

3	2			7				8
			4			2		
9		7		8		4		5
			6				5	
5		2			1			
	8				7	1	4	2
	9				8	3	2	7
		8	7	5				
	6	1		2				

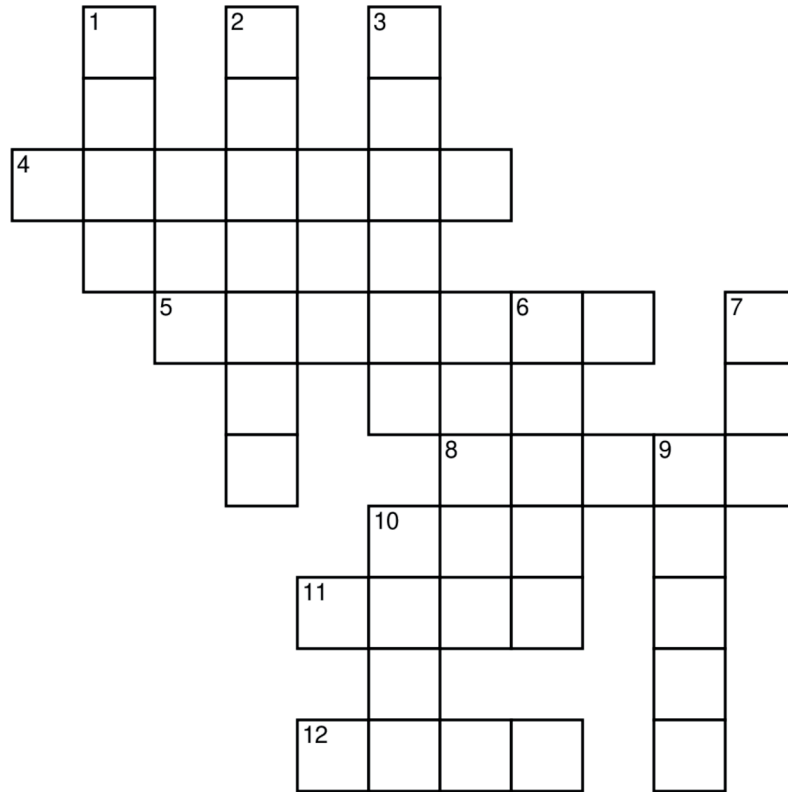
		4	5	8				2
6			2	7	4	5	3	8
	2	8		1		7		
			8				5	9
	7				2	1		
4	8		1	5				
1	4		9	6		8	2	3
							9	
				2				1

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Hawaii



Across

- [4] Stringed instrument
- [5] Roy G. Biv's place
- [8] Veranda
- [11] Island dance
- [12] Ride the waves

Down

- [1] Kind of torch
 - [2] Kilauea, for one
 - [3] Gilligan's home
 - [6] Family
 - [7] Garland
 - [9] Greeting
 - [10] Feast
-

CONVERSATION STARTERS

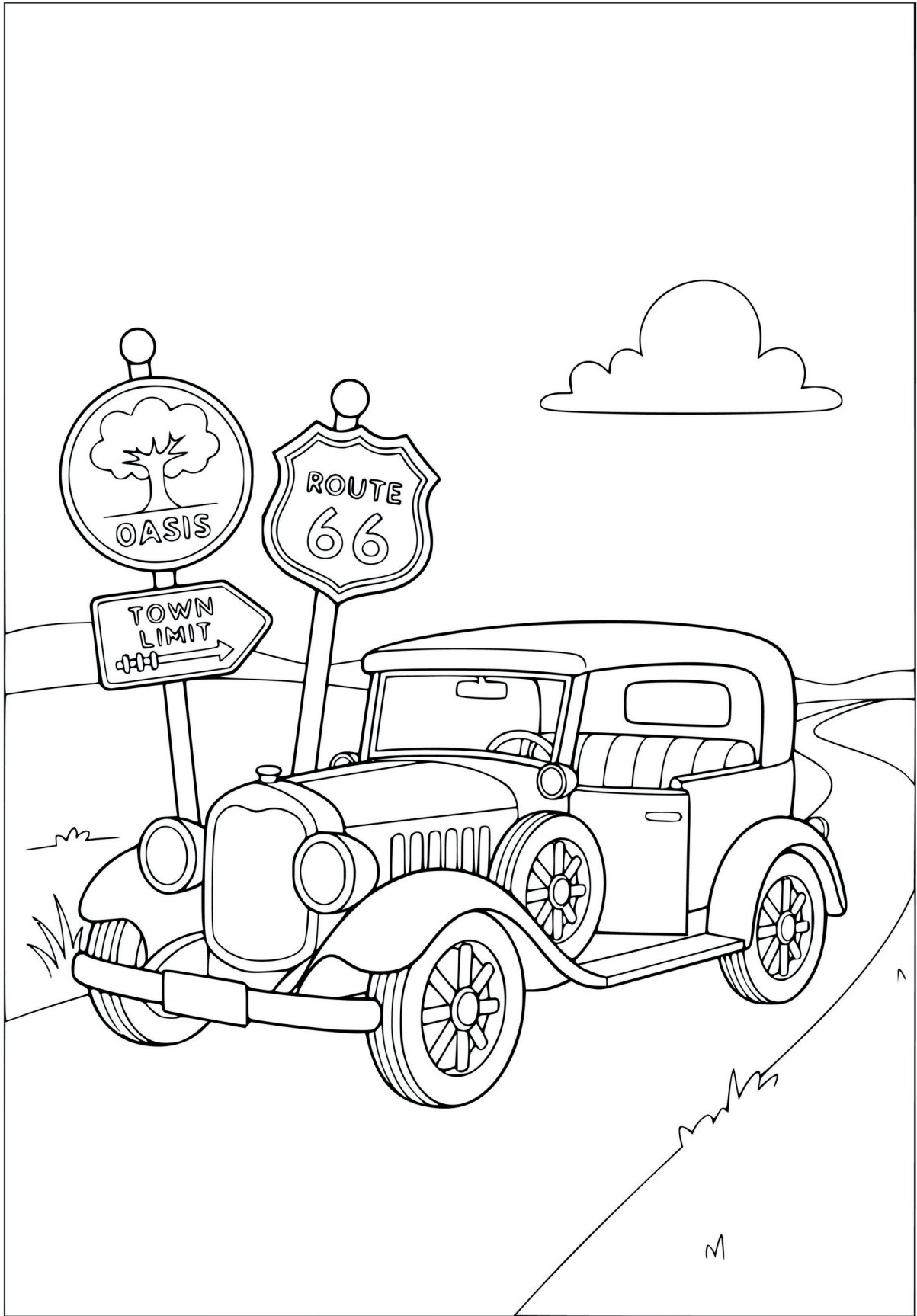
Use the following conversation prompts to start a discussion with friends or family! You may also use the provided lines to answer the questions on your own if you prefer.

If you could be known for one trait or attribute, what would it be and why?

What do you like most about yourself?

What are you the best at doing?





SOLUTIONS

Trivia Answer: A

From Lord of the Rings to The Hobbit, Frodo's portrayer has had a long and notable career, but it all began for Elijah Wood when he made his acting debut at just 8 years old in Back to the Future II.

3	2	4	9	7	5	6	1	8
8	5	6	4	1	3	2	7	9
9	1	7	2	8	6	4	3	5
1	7	9	6	4	2	8	5	3
5	4	2	8	3	1	7	9	6
6	8	3	5	9	7	1	4	2
4	9	5	1	6	8	3	2	7
2	3	8	7	5	4	9	6	1
7	6	1	3	2	9	5	8	4

Z G A E W M Y U U P M H R I L M T Q
 M E I D A W W S S S T R O N G A W H
 Y B N Z C E N O P A S G W A N M X W
 I V R I D J S H R C R B V T Y W W I
 P N H L B M E Y B K P V T J G E T E
 U T R A X N G N R Z I N O A N J O X
 E R O O R P N A E V D N H B R N M T
 Y C J Z J I E L Q S U P G I T U W R
 X M C I Z D L R K F J B M L M N L A
 T T S P M H L S F U W J Y I R K W M
 O Y H B R E A K S O G Q X T M F G J
 G B T X G T H R O R R A R Y G X O F
 W C D X N L C H D A M M X M X O T Y
 K A L W S V I F N G Z Y A K M C X O
 V X Q S U C C B J K A W C N Z O Y D
 F R D E A D L I N E S S B X C Y X Q
 M J V E T L I L V M Y L Z O S E T A
 R Z U T P M W B L J T D U C Y L O I

7	3	4	5	8	6	9	1	2
6	9	1	2	7	4	5	3	8
5	2	8	3	1	9	7	4	6
2	1	6	8	4	7	3	5	9
3	7	5	6	9	2	1	8	4
4	8	9	1	5	3	2	6	7
1	4	7	9	6	5	8	2	3
8	6	2	7	3	1	4	9	5
9	5	3	4	2	8	6	7	1

