

Daily Delight

SUNDAY • JULY 19 • 2026

National Football Day

Are you ready for some football? For National Football Day, here are some fun and fast facts about America's favorite sport. Football is known as "football" in the United States and Canada, but around the world, it's better known as "gridiron" or "American football." The first huddle was used in 1890 by Paul Hubbard, a deaf quarterback concerned that the opposing team would misread his hand signals. Who was the first professional football player? That would be William "Pudge" Heffelfinger. In 1892, he was earning \$500, equivalent to about \$17,000 in today's currency, per game. One last thing: About 500 people watched the first broadcast of a football game in 1939. Compare that to the 18 million people who tune in to regular-season games nowadays. Whom are you rooting for this year?



Today in History



In 1848, the first U.S. women's rights convention was held in Seneca Falls, New York. It was organized by Elizabeth Cady Stanton and Lucretia Mott. Stanton was an American activist and abolitionist who formed a close working relationship with Susan B. Anthony that lasted for decades.

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DID YOU KNOW?

Ben's Cool Rocker

One of the many remarkable inventions credited to Benjamin Franklin is the rocking chair. As far back as the 1700s, Franklin attached curved wooden pieces to his armchair legs, giving rise to this comfortable and iconic piece of furniture. Given his other pioneering work in the field of electricity, it's not surprising that Franklin was a prolific inventor with many tricks up his sleeve.

TRIVIA

Which country has two official languages?

- A** Paraguay
- B** Mexico
- C** El Salvador
- D** Brazil

TODAY'S FUNNY

Which vegetable has the best kung fu?

Broc Lee!

TODAY'S WISDOM

*"No matter where you run, you end up running into yourself."
- George Peppard, in Breakfast at Tiffany's*

WORD SEARCH

Let's Play Mahjong



Chinese

Riichi

Characters

Game

International

Mahjong

Play

Social

Strategy

Symbols

Tiles

Tournament

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

2	1				9			
8	4		7			9	6	
		9	2				8	4
9		7	4			5	3	
		4				8		9
		1		3		2		
				6	2	4	9	
4	5		1	9	7		2	
						3	7	

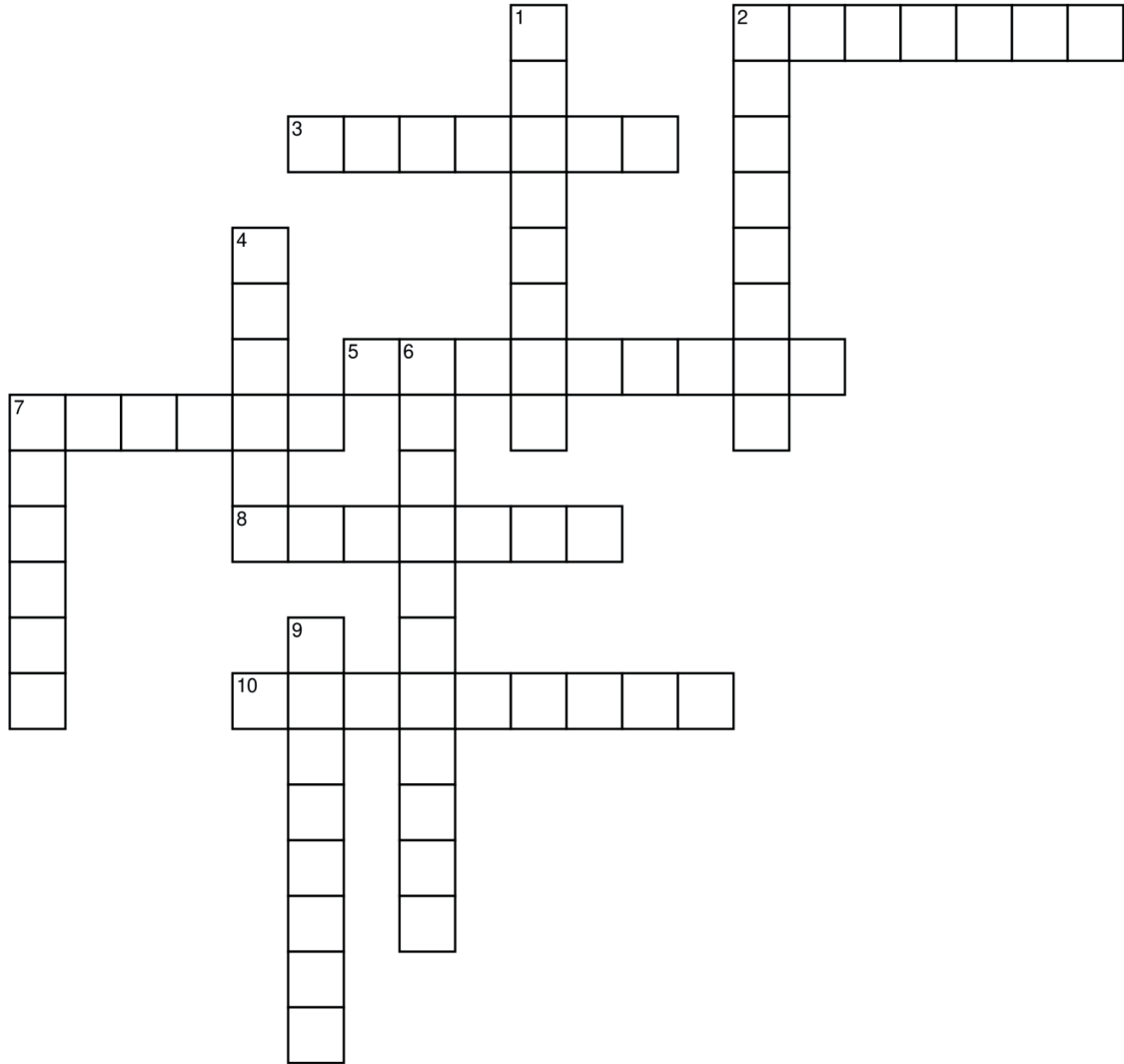
	1				2		7	
	9	4		7	8		2	
2		7	6	9			4	1
							6	
	3	8		6	9			4
1		2	4	5		8		9
9		5			4			6
	4			3		7		2
			7		6			5

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Crafts



Across

- [2] Earthenware
- [3] Photomontage
- [5] Etching
- [7] Tile art
- [8] Yellow embellishment
- [10] Woodworker's trade

Down

- [1] Neckwear perhaps
- [2] "The Mona Lisa", e.g.
- [4] Easter activity
- [6] Form of embroidery
- [7] Showroom display
- [9] Wicker-weaving work

Test Your Knowledge

Solve the questions below to test your knowledge and give your brain a workout!

Who was the first African-American to appear on a U.S. postage stamp?

- A. Booker T. Washington
- B. Duke Ellington
- C. Harriet Tubman

Which European nation provided significant military support to the Americans during the Revolutionary War?

- A. England
- B. Germany
- C. France

Solve the math problems:

$$\begin{array}{r} 13 \\ \times 6 \\ \hline \end{array}$$

$$\begin{array}{r} 78 \\ + 302 \\ \hline \end{array}$$

$$\begin{array}{r} 98 \\ - 63 \\ \hline \end{array}$$

$$\begin{array}{r} 450 \\ \div 9 \\ \hline \end{array}$$

The first capital of the United States was...



