

# Daily Delight

FRIDAY • JULY 11 • 2026

## Cheer Up the Lonely Day

July 11th is a day to spread warmth and kindness as we celebrate Cheer Up the Lonely Day. Whether perpetual or temporary, loneliness is becoming more and more common these days, casting a shadow on even the brightest days. But it doesn't have to be! On this special day, let's extend a helping hand and brighten someone's world. A simple gesture, like a friendly smile or a thoughtful message, can make a world of difference.

While Cheer Up the Lonely Day is celebrated each year on July 11th, the fact is that friendship and kindness are things worth celebrating every day. Use today as a reminder to spread kindness and cheer all year long!



## Today in History



In 1960, author and novelist Harper Lee's novel "To Kill a Mockingbird" was published by J.B. Lippincott & Co. She won a Pulitzer Prize in 1961. Lee was awarded the Presidential Medal of Freedom for her contribution to literature, even though it was her only published novel.

senior **living**  
activity assistant  
powered by **spectrio**



## **DID YOU KNOW?** **Playgrounds are good for Seniors!**

Senior-citizen playgrounds are becoming popular in Spain and the United States. They offer physical activity and socializing opportunities to seniors. Nonprofit KaBOOM! has partnered with Humana to build over 50 intergenerational playgrounds in the United States. Playground equipment isn't just for little ones. Seniors enjoy doing more than sitting, reading, and gazing at the young whippersnappers. They like to play, too! These playgrounds are designed for people of all ages.

## **TRIVIA**

Which variety of wine is Argentina famous for making?

- A** Riesling
- B** Marsanne
- C** Malbec
- D** Merlot

## **TODAY'S FUNNY**

Do you remember the joke I told you about the chiropractor?

*It was about a week back!*

## **TODAY'S WISDOM**

*"Take care of all your memories. For you cannot relive them."  
-Bob Dylan*

# WORD SEARCH

## Across the Airwaves

A	I	H	G	P	Q	G	B	I	K	E	U	D	J	L	W	Z	R
A	N	Z	A	J	S	G	X	H	D	P	D	C	V	S	O	B	J
T	Q	O	I	N	F	O	R	M	A	T	I	O	N	X	E	A	D
V	U	B	G	R	P	Y	J	Z	I	E	R	U	O	A	S	X	E
O	Q	N	S	E	L	S	Y	S	U	I	U	M	U	N	E	S	E
G	N	W	E	Q	E	J	L	J	E	K	V	C	Y	O	N	K	J
W	E	C	I	S	A	X	W	Y	M	K	U	Q	Z	I	U	B	A
N	C	G	R	G	I	K	B	K	S	I	R	C	Z	T	Z	P	Y
U	I	I	O	L	R	V	R	S	W	D	M	M	W	N	C	S	V
D	S	J	T	O	W	D	O	C	T	X	F	U	S	E	D	S	W
K	U	G	S	O	A	J	A	I	X	A	V	Z	L	V	C	E	U
P	M	C	Y	N	V	N	D	M	U	D	T	O	B	N	Y	L	Q
R	H	W	T	J	E	P	C	O	P	Q	V	I	Q	I	S	E	K
S	M	N	N	D	S	P	A	N	H	B	F	D	O	P	K	R	C
Q	P	D	E	V	C	M	S	K	Y	J	N	A	N	N	A	I	S
M	Q	Q	T	L	Z	H	T	F	M	Q	S	R	V	X	O	W	F
G	P	B	G	Z	V	A	O	Y	Z	U	W	M	B	Y	Z	V	R
Y	M	K	R	K	O	R	B	P	J	W	X	C	F	X	J	O	A

Music

News

Radio

Station

Stories

Airwaves

Broadcast

Deejay

Information

Invention

Tunes

Wireless

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

		6			3		8	
			4	7			3	
			5				4	
	1		8	4			2	
9	5				2		6	8
2		7				1		4
1			3	8				
					7	8		
7				5			1	9

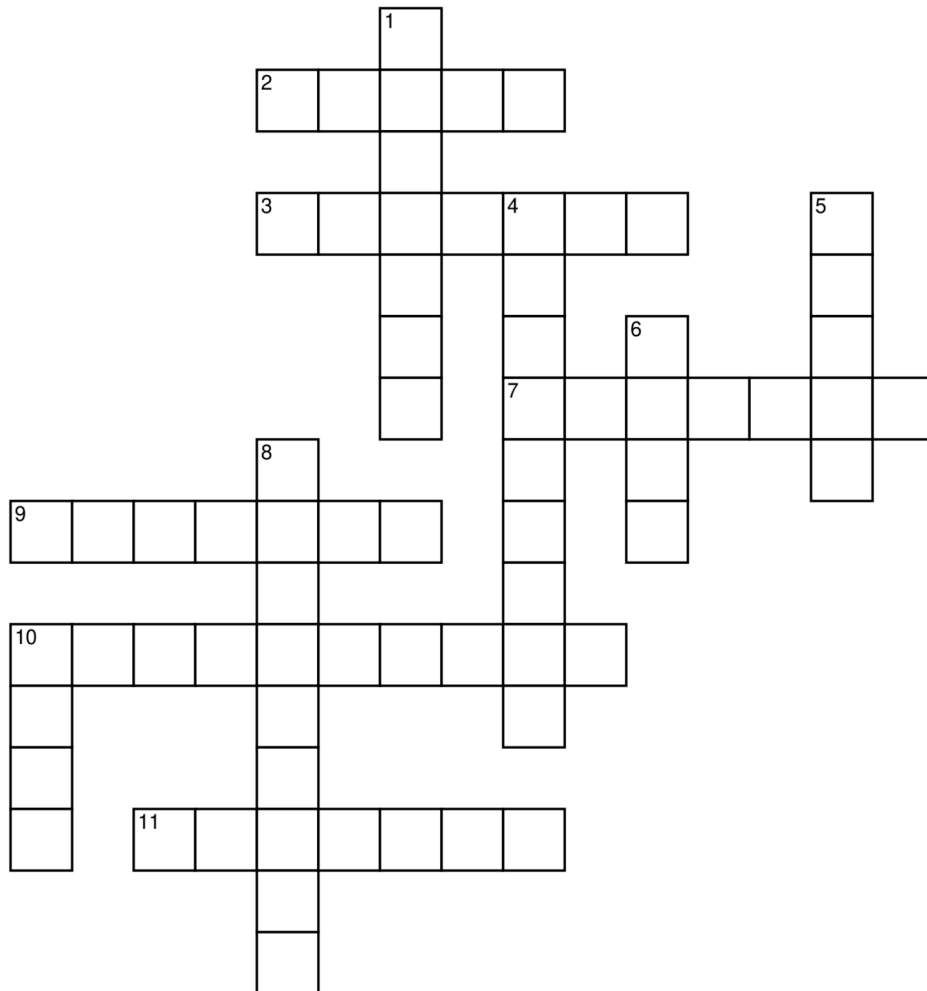
5		6	7		1	9	2	3
3	1	9	5			7		8
2				3	8		1	6
	5	1	3		4			
7	9	3		1				4
			8	7		3	5	1
			4					
9	2	5			6	4	3	
		8		9		1	6	

## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# MINI CROSSWORD

## Unicorn



### Across

- [2] Loved by Belle (Disney)
- [3] Natural color arc
- [7] Magical, fantasy creature
- [9] \_\_\_ Strangers (1950s film)
- [10] Veiled in secrecy
- [11] Shimmering, Glittering

### Down

- [1] \_\_\_ Mystery Tour (Album)
- [4] Aesthetically pleasing
- [5] Magical sprite
- [6] Feral, untamed
- [8] Of mythic proportions
- [10] Traditional tale, fable

# Connect the Dots

