

Daily Delight

MONDAY • JULY 27 • 2026

Walk on Stilts Day

Walking on stilts is celebrated every July 27th, and you might be surprised to learn that stilt walking has been around since about the 6th century. These long poles strapped to each leg were originally used for practical purposes like avoiding muddy or uneven ground in ancient Greece, and shepherds in France used them to help them keep watch over their flocks. Before the 15th century, stilts were even used in jousting tournaments in Belgium until they were banned in 1411.

Today, stilts are used in fruit harvesting, construction, parades, festivals, and, of course, the circus. Most recently, in October 2023, the world record for the tallest stilts was broken by Doug Hunt from Ontario, Canada, with a height of 55 feet from ground to ankle. That's just too tall.



Today in History



In 2018, Neil Diamond performed a surprise concert near his home in Colorado to thank firefighters battling the Lake Christine Fire. Selling more than 130 million records worldwide, he was inducted into the Songwriters Hall of Fame in 1984 and then the Rock and Roll Hall of Fame in 2011.

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DID YOU KNOW? **Sloths Outlast Dolphins**

There is a land animal that can hold its breath longer than a Dolphin. Sloths are naturally better at holding their breath than dolphins. Dolphins need to come up for air almost every 10 minutes because they are incapable of breathing underwater.

Although sloths can't breathe underwater either, they do have the ability to hold their breath for up to 40 minutes. They accomplish this by slowing their heart rates to nearly one-third of their regular rate.

TRIVIA

Who was the first artist to release an album on CD?

- A** Billy Joel
- B** Madonna
- C** Bryan Adams
- D** George Michael

TODAY'S FUNNY

What's the definition of a real golfer?

The only guy who will ruin a \$100 pair of shoes to retrieve a .50 cent ball.

TODAY'S WISDOM

"Nothing can take your joy; you have to give it away. You're in complete control of your happiness."

- Joel Osteen

WORD SEARCH

Watermelon!



Watermelon

Fruit

Pink

Summertime

Enormous

Green

Refreshing

Treat

Flowering

Pepo

Rind

Vines

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	8	7		6			2	
		4						
9	3	6	2	7		4		8
	9	5	3	2	7	1	8	
6								
8	2			9				5
	6		7		4		5	2
5	4	8	9	3			7	
7		2	8			3		

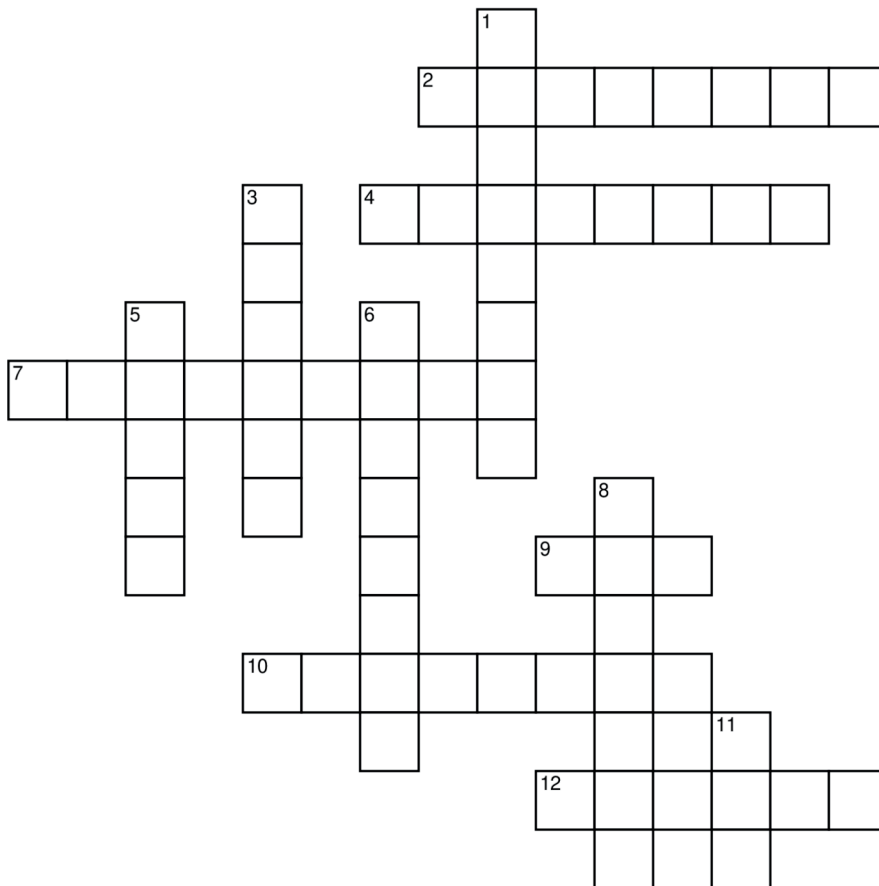
5			8		1			
	6		3	4			9	
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1		4	7				8	9
3	9				4			
	8		5	1				7
8	7	5						
9				5	8	3		1
	3						5	6

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

U.S. Authors



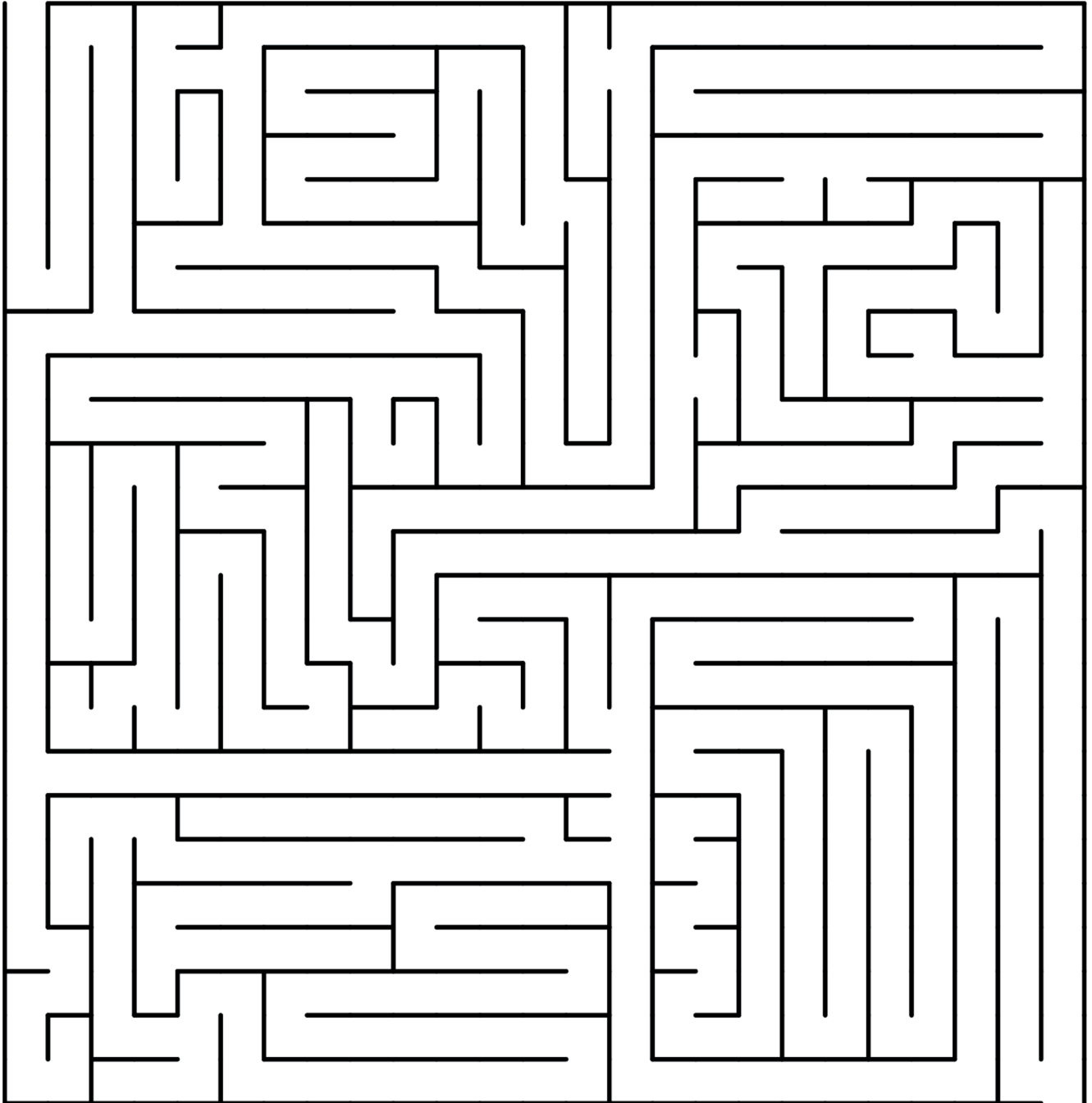
Across

- [2] "The Catcher in the Rye" author
- [4] "Moby Dick" author
- [7] "The Scarlet Letter" author
- [9] Harper, of literature
- [10] Pulitzer Prize novelist Toni
- [12] "In Cold Blood" author

Down

- [1] Southern Literary Giant
- [3] Poet Langston
- [5] Samuel Clemens' pen name
- [6] Classic sci-fi author
- [8] Coiner of the phrase "Beat Generation"
- [11] Master of the macabre

MAZE





SOLUTIONS

Trivia Answer: A

The first album to be released on CD was Billy Joel's 52nd Street, which reached the market alongside Sony's CD player CDP-101 on October 1, 1982, in Japan.

B Y G E V J P D E S H R Z T F V W
 H P D R U F L O W E R I N G N P S
 O J T R E A T Q W A X R Z W O G X
 N E K L G E U V Q X V E G F V F W
 C G S J T E N D R O I F H G J S U
 L F X E F Z A D L K N R T J E L N
 H X G M O P D U D Q E E M V J A O
 G S G F Y V E E M C S S U E V G L
 H X B O D J M P D U Y H E J U S E
 M C L N U X I D O A P I T P W H M
 V B I X L X T M E H V N J Q Y H R
 H R O M P N R F B D Q G K Z K F E
 C Y A Z I O E X T D F X E R M D T
 W J N N N N M L U F R U C S W X A
 L B O E K P M Z H P U Z M F F Y W
 H M D R K G U F A A I X V C G P Z
 N T K D R T S W L A T Y C O Q F W

1	8	7	4	6	9	5	2	3
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8	7	5	1	3	6	9	2	4
9	2	6	4	5	8	3	7	1
4	3	1	2	9	7	8	5	6

