

Daily Delight

SATURDAY • JUNE 27 • 2026

National Sunglasses Day

It's the middle of summer, and you may want to slip on a pair of shades because it's National Sunglasses Day. Hanging out inside all day? That's okay; wearing sunglasses inside can be considered cool by some. Venturing outdoors? Remember to protect your eyes from the bright sun and ultraviolet light by wearing those sun-filtering, face-framing shades while outdoors. And don't think that sunglasses are just for sunny days; it's important to protect your eyes even in cloudy or snowy weather.

Did you know that the sun's rays reflect off snow and ice and can intensify the effect? You need to protect your cornea, lens, and other parts of your eye from the intense sun. Thank goodness we have National Sunglasses Day to remind us to protect our eyes!



Today in History



In 2018, US Congressman and activist Alexandria Ocasio-Cortez (AOC) defeated 10-term incumbent Democratic Representative Joseph Crowley in the New York Primary election. She was the youngest woman ever to be elected to the US House of Representatives at the age of 29.

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DID YOU KNOW?

Arena's Hidden Heroines

While male warriors dominate history, ancient Rome featured fierce female gladiators. These women, from enslaved workers to defiant aristocrats, battled for glory despite societal disapproval. Though Roman law strictly limited women's freedoms, these fighters shattered expectations in the arena. Information remains scarce, but historians confirm their grit and skill. They didn't just fight opponents; they fought a system that tried to keep them in the shadows of the colosseum.

TRIVIA

In what city in India would you find the Taj Mahal?

A Mumbai

B Agra

C Delhi

D Ranchi

TODAY'S FUNNY

No matter how much you push the envelope,

it'll still be stationery.

TODAY'S WISDOM

"He who gives when he is asked has waited too long."

- Seneca

WORD SEARCH

Medical Marvels



Vaccines

Anesthesia

Germ Theory

Antibiotics

Xrays

Insulin

DNA

Transplants

Cardiac

Smallpox

CT

MRI

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	4	5	6					
					9		6	2
				1	2		3	
	2	3	9	7		6		
	9				4	7	2	
	6	4	1					
9			4	3	6			1
1				9		5		6
	7	6			1			9

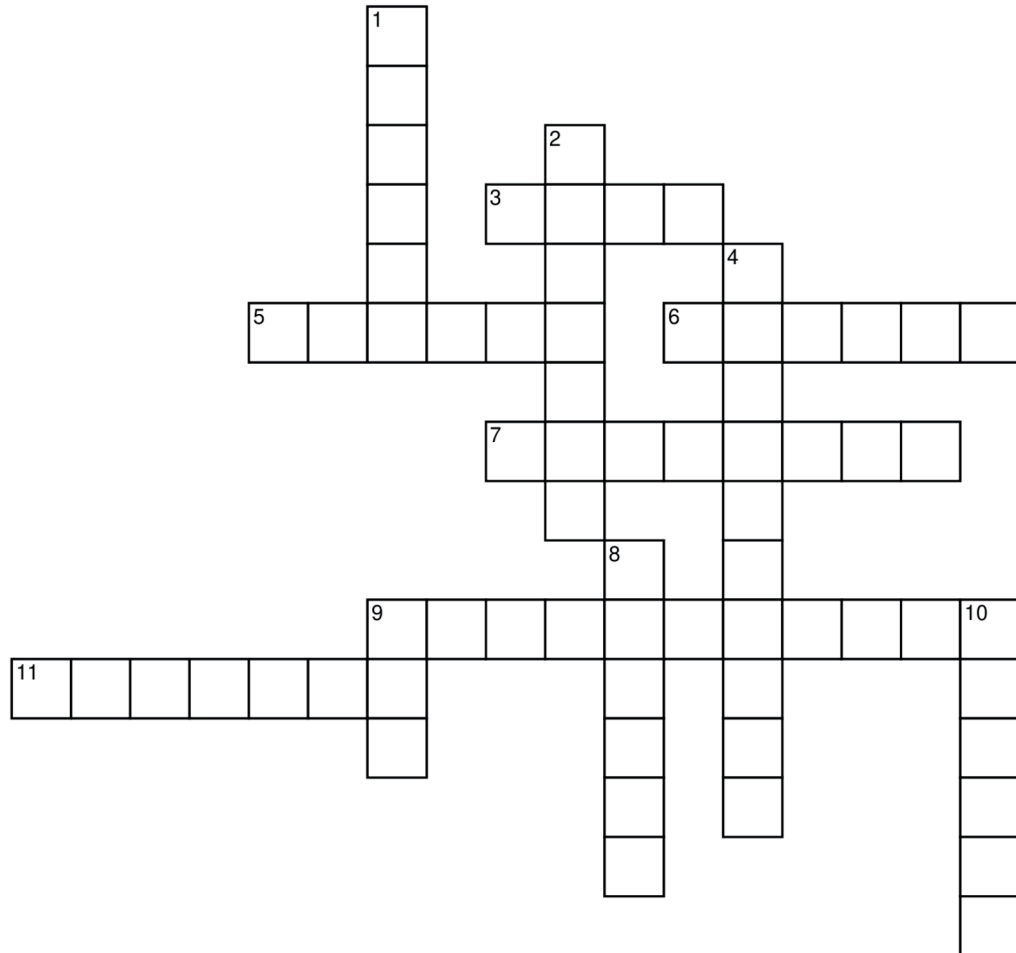
			3			6		2
9		4				3		
		3	7		8			5
	6	9			5			
			8	7	6		2	
4						8	5	
		7		4				
5	9						1	
			6	3		5	8	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Famous Art Movements



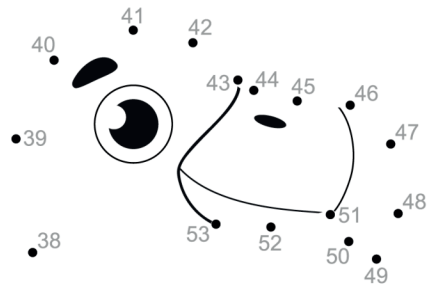
Across

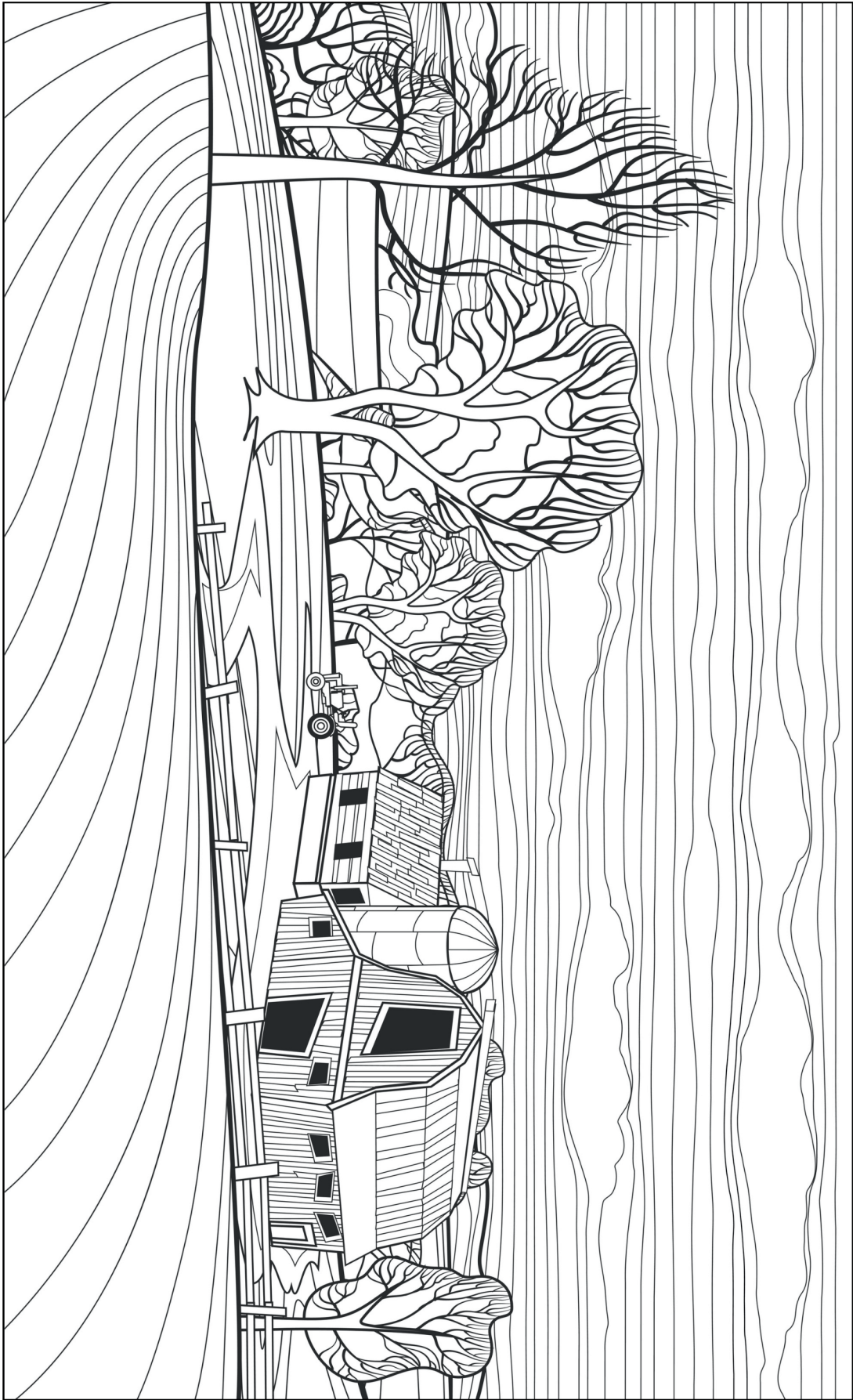
- [3] Rejected logic and reason
- [5] Lavishly ornate
- [6] Picasso's movement
- [7] Celebrated technology
- [9] Art with dots
- [11] Chrysler building style

Down

- [1] Art of the Middle Ages
- [2] Dramatic movement;
Rembrandt
- [4] Dali's style
- [8] Graffiti e.g.
- [9] 60s art movement
- [10] Post impressionist

Connect the Dots





SOLUTIONS

Trivia Answer: B.

The Taj Mahal is an ivory-white marble mausoleum on the south bank of the Yamuna River in the Indian city of Agra.

A Y L A I M O Y G U D X Y J E J A R
 O O V V N C S W E N M M S Q M T S G
 Z D D V I E T T R D T A L U T A G S
 I P J T F C S C M S Y L B W X F T D
 O A N P A M Q T T E B U D W Z H E L
 M I O I S T L V H O B B N U Z I M R
 V R N Z J A E J E E Z G A Q X H T V
 W R I O X N V V O B S I T K T D X X
 U T F B J T K E R F Q I R B M X Z X
 S C A R D I A C Y G I H A R E P Y U
 M P P U B B H R I F X N N E T F W Q
 A L D B G I P U W C L X S P G S R J
 L D Q F K O V V I X W O P U R E L A
 L U A H L T Z U R Q F E L E L N C O
 P J I H K I B Q Y G M R A J G I R B
 O V V A C C I N E S R D N L K Z N M
 X X R A Y S Y D G H U M T L N C O U
 J O T U U T T T H R U S S J N C X A

2	4	5	6	8	3	1	9	7
3	1	7	5	4	9	8	6	2
6	8	9	7	1	2	4	3	5
8	2	3	9	7	5	6	1	4
5	9	1	3	6	4	7	2	8
7	6	4	1	2	8	9	5	3
9	5	8	4	3	6	2	7	1
1	3	2	8	9	7	5	4	6
4	7	6	2	5	1	3	8	9

7	1	8	3	5	4	6	9	2
9	5	4	1	6	2	3	7	8
6	2	3	7	9	8	1	4	5
8	6	9	4	2	5	7	3	1
1	3	5	8	7	6	9	2	4
4	7	2	9	1	3	8	5	6
3	8	7	5	4	1	2	6	9
5	9	6	2	8	7	4	1	3
2	4	1	6	3	9	5	8	7

