

Daily Delight

MONDAY • MAY 11 • 2026

National Archery Day

Known as one of the oldest sports still in existence, National Archery Day on May 11th recognizes one of the oldest sports still in existence. Archery has been around since before 2800 BC, when bows were being used for hunting and battle. Archery reached the Olympics in 1900 when it was introduced as an official event. However, it only appeared again in 1904, 1908, and 1920. Then, after a long absence, archery made its return in 1972.

Archery has steadily grown in popularity and has been noted for some physical benefits, including improving upper body strength and focus, and building confidence and social connections. And unlike some other sports, archery can be practiced and enjoyed all year long!



Today in History



In 2008, Spanish-American musician, singer, comedian, and actress Charo made a guest appearance on the Latin-themed VH1 reality show “Viva Hollywood.” She was a student of the famed classical guitarist Andrés Segovia, whom she mastered on stage.

senior **living**
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DID YOU KNOW? **Color-Popping Marketing**

Citrus farmers often cluster oranges in mesh bags, which are made from red plastic. This is not a coincidence; the red bags combined with the orange peels create an optical illusion that makes the fruit appear more appealing to the eye. This technique also works for other citrus fruits such as mandarins, clementines, tangerines, and grapefruits. Yellow citrus, like lemons, is often sold in yellow or green bags to create a similar color-popping effect.

TRIVIA

In 1973, who became the first female solo artist to be inducted into the Country Music Hall of Fame?

- A** Loretta Lynn
- B** Tammy Wynette
- C** Patsy Cline
- D** Dolly Parton

TODAY'S FUNNY

Did you know the first French fries weren't actually cooked in France?

They were cooked in Greece.

TODAY'S WISDOM

"Hating people is like burning down your own home to get rid of a rat."

- Harry Emerson Fosdick

WORD SEARCH

State Capitals



- | | | |
|-------------|------------|----------|
| Phoenix | Atlanta | Denver |
| Sacramento | Hartford | Boise |
| Springfield | Lincoln | Columbus |
| Nashville | Charleston | Austin |
-

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

				1		4	9	
6	1	4	2					8
	7		4	8				6
2	4	9	1	7			6	
1		8			2		4	7
		7	6			2		1
5	2							9
	8			2				
				5			2	3

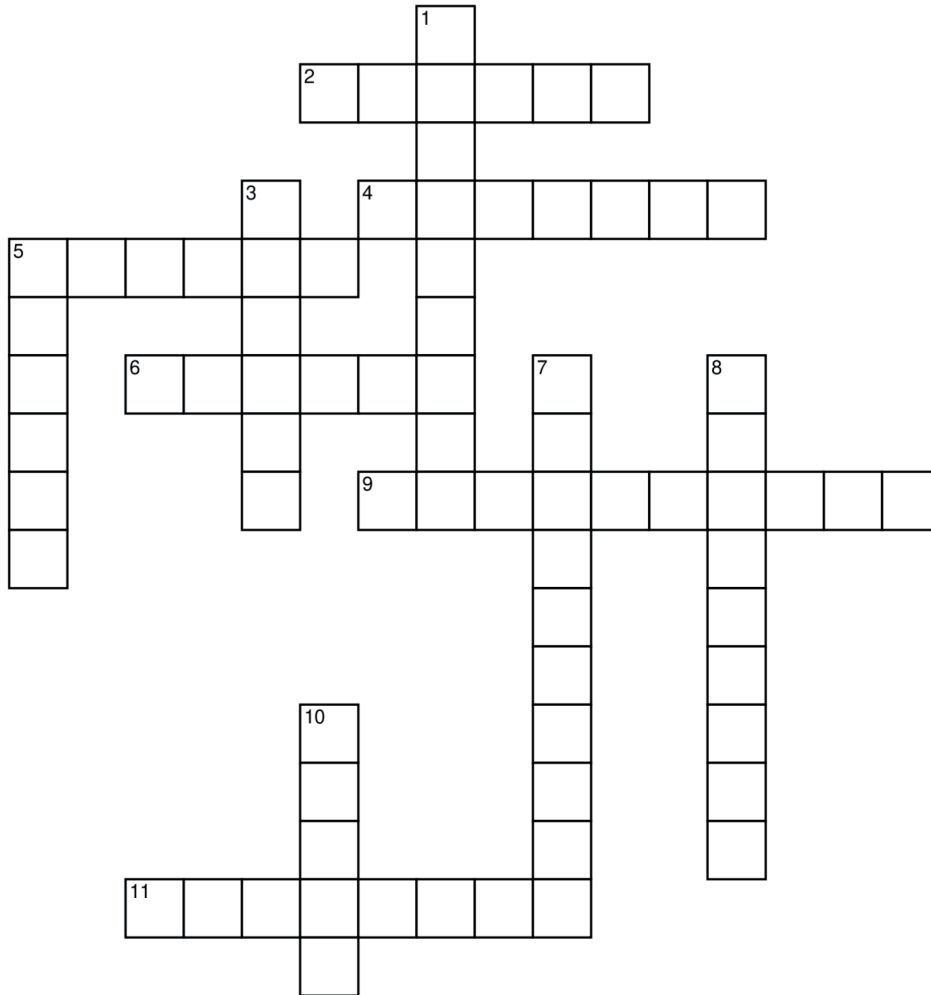
5	9	3		8	4	2		7
	6	2		9			5	3
7	4		5		3	8		
6			9	4	5			1
1	5			7			2	
	7		2	1				
					7			5
		7					8	
				6		1		

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

1960's Movies



Across

- [2] Old Testament book
- [4] Diver's fins
- [5] Outing with a blanket and a basket
- [6] Gotham's hero
- [9] Looks to the future
- [11] Went to college

Down

- [1] "I will look on the bright side of things," said _____
- [3] Injured party
- [5] Bates Motel
- [7] Eddie Murphy role
- [8] Gladiator played by Kirk Douglas
- [10] Model, _____ Klum

MAZE

