

Daily Delight

MONDAY • JUNE 1 • 2026

Flip a Coin Day

Need to make an important decision? June 1st has been designated as “Flip a Coin Day”! Originally known as “heads” or “ships,” flipping a coin is now part of our culture. In the Roman Empire, Julius Caesar flipped a coin when he needed decision-making assistance. It is also rumored that George Washington flipped a coin to decide whether to attack the British in Boston or New York during the Revolutionary War!

In addition to world leaders, the coin flip is now a prominent part of American football games. It decides who will take possession at the start of the game and during overtime. Coin flipping is a fun way to play the odds when making a simple choice, from which shirt to wear to which TV show to watch.



Today in History



In 1905, Lewis and Clark’s Centennial Exposition opened in Portland, Oregon, at the World Fair. Meriwether Lewis and William Clark were best known for their roles as the leaders of the “Corps of Discovery,” a specially established unit of the U.S. Army, after the Louisiana Purchase.

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DID YOU KNOW? How 7-up Got its Name

In 1929, a beverage called "Bib-Label Lithiated Lemon-Lime Soda" was introduced two weeks before the 1929 stock market crash. It had lithium citrate as an ingredient, which was believed to stabilize moods and cure hangovers. Later, it was renamed to "7Up Lithiated Soda". In 1948, the drink was again rebranded as "7Up" without lithium. The origins of the name "7Up" are still debated, and there is no official explanation available.

TRIVIA

What was the name of Frank Sinatra's famous record label?

A Atlantic Records

B Tower Records

C Motown Records

D Reprise Records

TODAY'S FUNNY

I stopped by a roadside stand that said "lobster tails \$2".

I paid my \$2, and the guy said: 'Once upon a time there was a lobster...'

TODAY'S WISDOM

*"The most effective way to do it is to do it."
- Amelia Earhart*

WORD SEARCH

Surrealism



Surrealism

Dream

Unconscious

Juxtaposition

Irrational

Dali

Magritte

Metamorphosis

Ernst

Kahlo

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	7	2				1		
8			5	9		7	3	
		5	3		2			4
	4					9	8	1
	1				3		2	
	5		7		9			
4				8	5			6
5		6				4	9	
9	8	7		2	4			

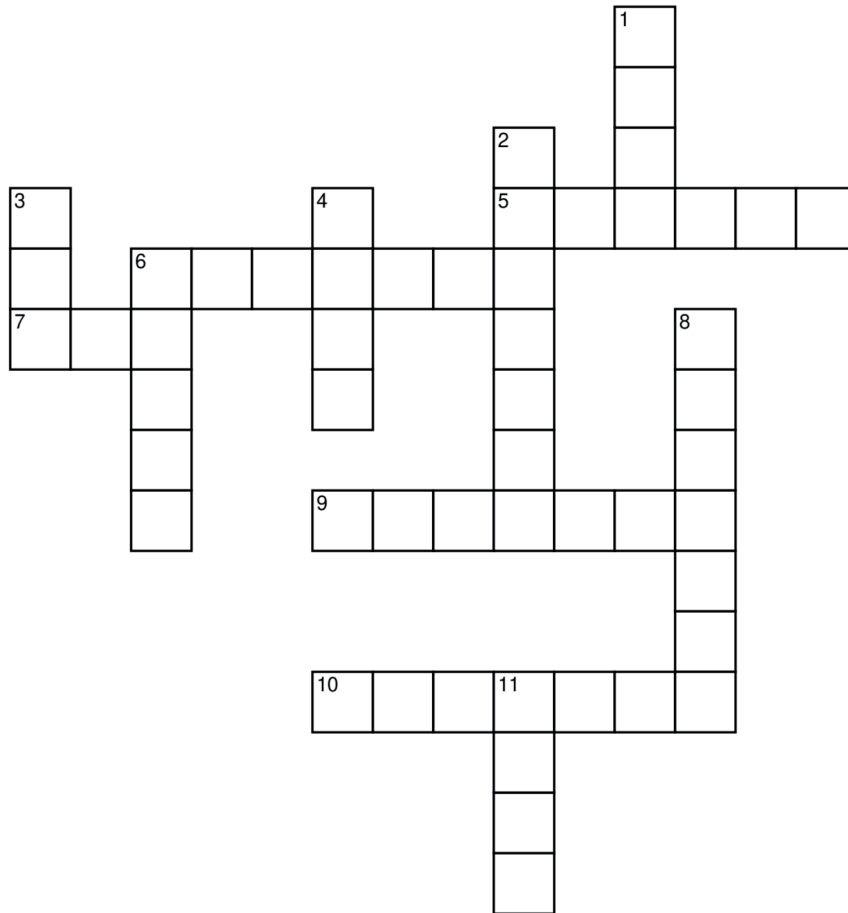
4				6	5		1	
	7				9	5		2
	5	6			2	3		
						1	8	
	1	8	7					
	2	5					3	
			2				7	5
5	9						2	
			8	5	1			

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Marbles



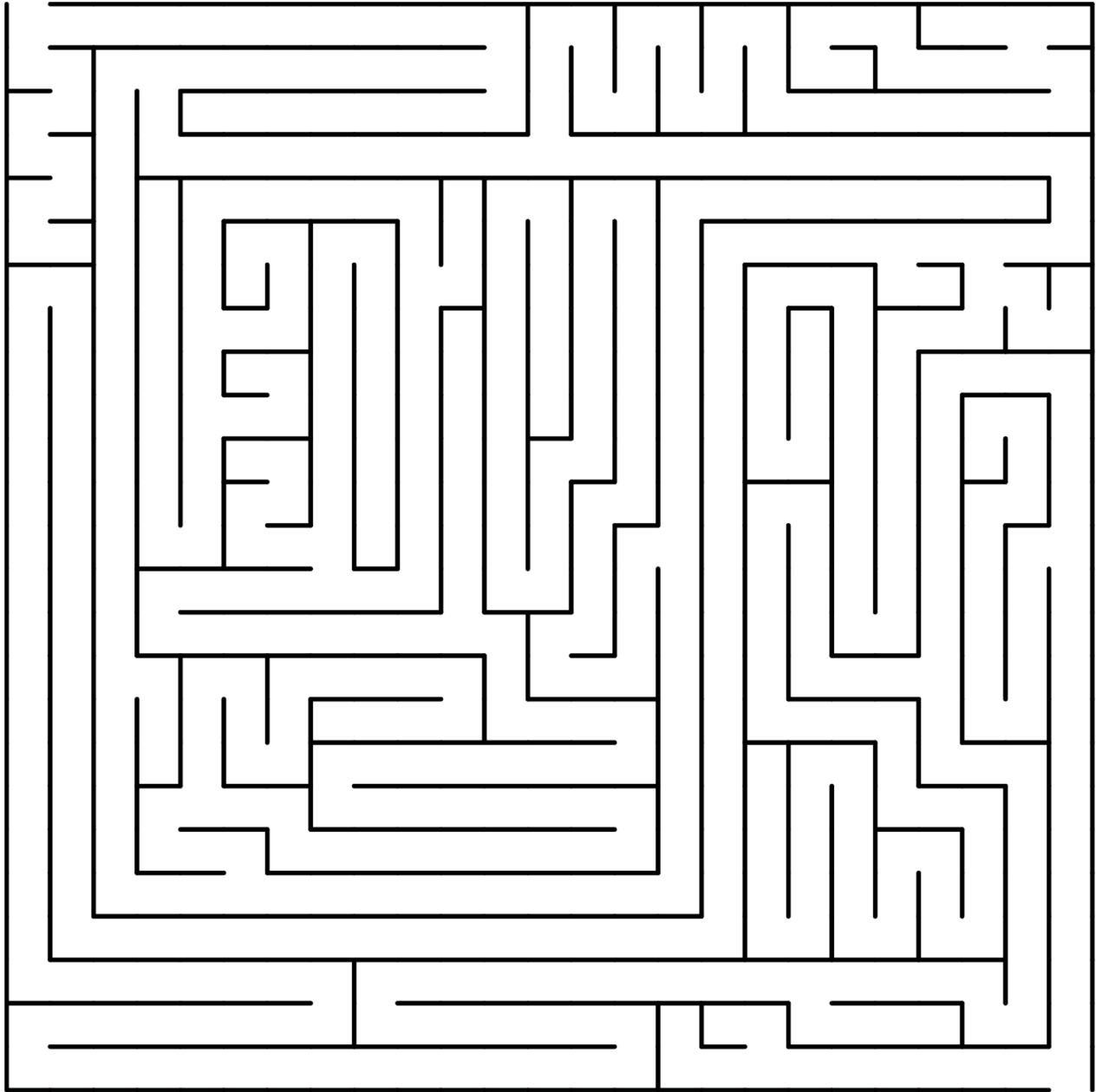
Across

- [5] Short for agates
- [6] Aim with it
- [7] Shooter marble
- [9] Feline peeper
- [10] Finger joint

Down

- [1] The circle for the game
- [2] Some lose them
- [3] The target area
- [4] The action of a marble
- [6] Type of pattern
- [8] Made of steel
- [11] Vintage commoneys

MAZE





SOLUTIONS

Trivia Answer: D.

In 1960, Sinatra left Capitol Records to start his own record label, Reprise Records, releasing a string of successful albums.

3	7	2	4	6	8	1	5	9
8	6	4	5	9	1	7	3	2
1	9	5	3	7	2	8	6	4
7	4	3	2	5	6	9	8	1
6	1	9	8	4	3	5	2	7
2	5	8	7	1	9	6	4	3
4	3	1	9	8	5	2	7	6
5	2	6	1	3	7	4	9	8
9	8	7	6	2	4	3	1	5

U X M N Z M T L H Y Q H M Z Y U X Q
 I V U L E W P J F E U H S W N J A H
 T S A H H D I E B I W I R R A V B V
 D M D B H I A Y V K S B R K K F A I
 K E F T F M P P N O T V O A T M X S
 P U E J B N C E H I O M N P Z S S A
 S I B W V L N P R D H O C B S V K H
 T T W H N I R C C W I M T U G W A M
 S D O R C O D L M T N S O T O V L A
 P K F M M V H S I C A I U L D S A E
 J P T A B L J S Y P C L H D Z N N R
 B S T G K Z O Y A S S A M E S G O D
 R E P R R P I Y N I K E S D J W I A
 M R X I A U D O Z O E R W A Y K T L
 R N D T Y C C S W S E R X V L W A I
 A I X T Z N O L Q U E U N O W G R P
 I U I E U K E C I U C S U S F O R A
 J Q H B T L R S Y S X D P T T I I

4	8	2	3	6	5	9	1	7
1	7	3	4	8	9	5	6	2
9	5	6	1	7	2	3	4	8
7	4	9	5	2	3	1	8	6
3	1	8	7	4	6	2	5	9
6	2	5	9	1	8	7	3	4
8	3	1	2	9	4	6	7	5
5	9	4	6	3	7	8	2	1
2	6	7	8	5	1	4	9	3

