

Daily Delight

FRIDAY • JUNE 19 • 2026

National Watch Day

Quick! Take a look at your wrist. Are you wearing a watch? If so, you're not alone. More than markers of time, watches are fashionable and professional, and with the introduction of smartwatches, these timepieces can make calls and send messages! Since June 19th is National Watch Day, it's only fitting that we examine some famous watches from the movies. In "Dr. No," the first of many James Bond films, Sean Connery sports a Rolex Submariner 6538, a fitting watch for an international spy.

If you like the newer James Bond actor, Daniel Craig, you'll note he wears Omega watches, like the Seamaster Planet Ocean 600M he wears in the movie "Skyfall". Which watch is your favorite?



Today in History



In 1865, Union General Gordon Granger declared slaves were free in Texas. The end of slavery is celebrated in the US as Juneteenth. In 1979, Texas became the first state to make Juneteenth an official holiday. In June 2021, Congress passed a resolution making it a federal holiday.

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DID YOU KNOW?

Eleanor the Newspaper Columnist

Eleanor Roosevelt wrote a nationally syndicated newspaper column called "My Day" from 1935 until she died in 1962. It appeared in 90 different U.S. newspapers, where she advocated for various causes. Despite some newspapers dropping her column after she advocated for a particular candidate, she continued to write six columns a week until the last couple of years of her life, when she cut it down to three due to declining health.

TRIVIA

Which bone are babies born without?

- A** Skull
- B** Jaw
- C** Knee Caps
- D** Femur

TODAY'S FUNNY

Why does everyone invite ice cream to the party?

It's cool!

TODAY'S WISDOM

*"If you don't have any shadows, you're not in the light."
-Lady Gaga*

WORD SEARCH

Minimalism



Simplicity

Geometric

Monochromatic

Sculpture

Abstract

Repetition

Flavin

Judd

Kelly

Primary

Stella

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

8	5		3		6	2		
	6			7	2			5
	1				9	3		
5	3	9					1	
			7	9			5	
1			5				8	4
		5	1	3	8	4		
				6		8	7	9
		2		4	7			

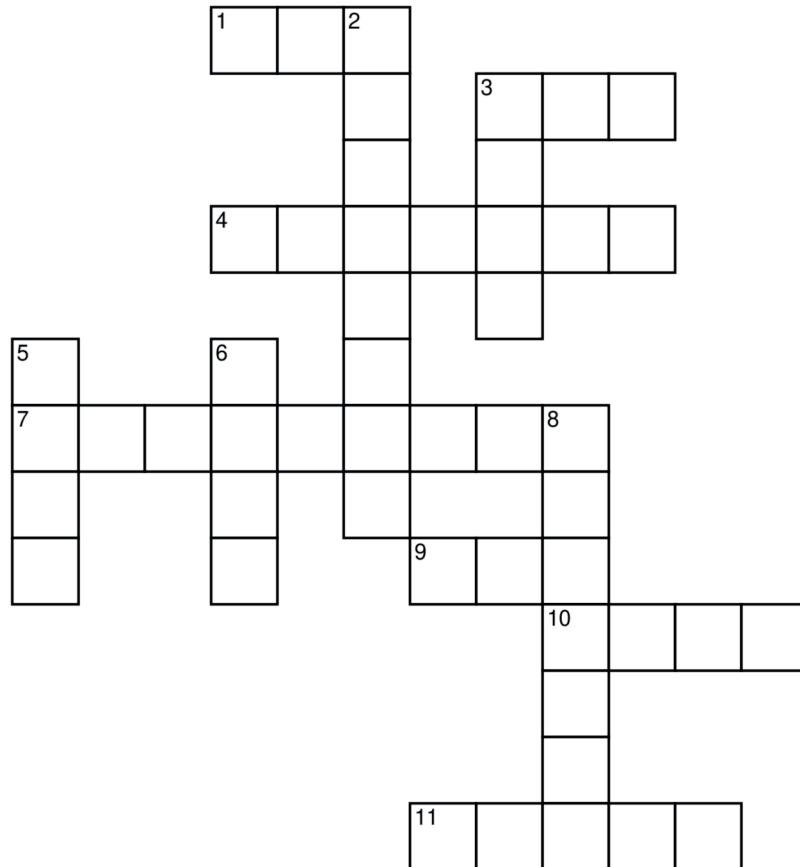
			4		1	5		
		1				2		6
		6			9	1		
	3	8		4			5	
	2				8			
	5			3			4	9
2			5					1
7	1					4	2	
4			7				8	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Adventure



Across

- [1] Jog
- [3] To soar through the air
- [4] A popular 90s sitcom
- [7] Exciting experience
- [9] Guide for travelers
- [10] Often precedes "cause"
- [11] Adventurous Journey

Down

- [2] Plot the course
- [3] Uncover hidden treasure
- [5] Take a hike
- [6] Search for
- [8] Examine closely

CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters have been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A B C D E F G H I J K L M

16

N O P Q R S T U V W X Y Z

15 2

20

16 14 23 16 25 2

1 16 15 15 25

16

24 17 20 19 11

20 17

5 25

6

21 15 2 11

12 21 2 10

20 17

1 16 2 11

23 11

16 15 11

18 16 3 20 17 22

1 16 24 11

!



SOLUTIONS

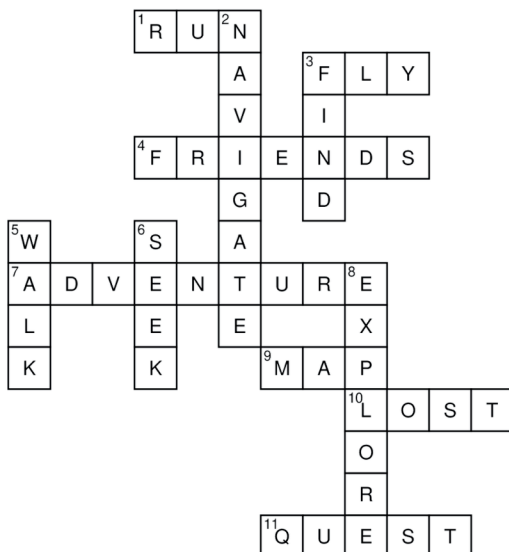
Trivia Answer: C.

Babies are born without any kneecaps – they have a structure made of cartilage that resembles a kneecap, but they don't fully develop until around 6 months of age.

E J S I M P L I C I T Y H I K S S F
 J D P S C C F I R F D F D B Z L E J
 M W V T Y I R Q O A O R W S M B O L
 S C U L P T U R E L W A N H X Q W L
 N A L P E A G T B L D H C U J U D D
 K E A M J M Y E R E H M P E N N F E
 K W O B M O R N F T K P A T S V H Y
 X E T R N R A U R S K P C T U R G P
 G J M F L H M Z A V H A O X U E D E
 B M C R I C I B I O R K S Z S P Y R
 O N R A C O R B N T X E U Y O E R C
 X M E I U N P A S V O W U W I T I K
 F J O N K O K B R I D M S R A I W R
 L D W Q Y M A Q Q T Q A N K P T I V
 O W C R J W J H N C B L G B C I T X
 P M G P T P S X H J K U Y Q N O B X
 O A I M A F Z K Z N F L A V I N G V
 L M H G F T E V P P V G Z N D T K Q

8	5	4	3	1	6	2	9	7
9	6	3	8	7	2	1	4	5
2	1	7	4	5	9	3	6	8
5	3	9	6	8	4	7	1	2
4	2	8	7	9	1	6	5	3
1	7	6	5	2	3	9	8	4
7	9	5	1	3	8	4	2	6
3	4	1	2	6	5	8	7	9
6	8	2	9	4	7	5	3	1

3	9	2	4	6	1	5	7	8
8	4	1	3	7	5	2	9	6
5	7	6	8	2	9	1	3	4
9	3	8	1	4	7	6	5	2
6	2	4	9	5	8	3	1	7
1	5	7	2	3	6	8	4	9
2	8	3	5	9	4	7	6	1
7	1	9	6	8	3	4	2	5
4	6	5	7	1	2	9	8	3



A B C D E F G H I J K L M
 16 9 1 4 11 19 22 18 20 12 24 14 5

N O P Q R S T U V W X Y Z
 17 8 6 26 15 2 10 21 3 23 13 25 7

$\frac{I}{20}$ $\frac{A}{16}$ $\frac{L}{14}$ $\frac{W}{23}$ $\frac{A}{16}$ $\frac{Y}{25}$ $\frac{S}{2}$ $\frac{C}{1}$ $\frac{A}{16}$ $\frac{R}{15}$ $\frac{R}{15}$ $\frac{Y}{25}$

$\frac{A}{16}$ $\frac{K}{24}$ $\frac{N}{17}$ $\frac{I}{20}$ $\frac{F}{19}$ $\frac{E}{11}$ $\frac{I}{20}$ $\frac{N}{17}$ $\frac{M}{5}$ $\frac{Y}{25}$

$\frac{P}{6}$ $\frac{U}{21}$ $\frac{R}{15}$ $\frac{S}{2}$ $\frac{E}{11}$ $\frac{J}{12}$ $\frac{U}{21}$ $\frac{S}{2}$ $\frac{T}{10}$ $\frac{I}{20}$ $\frac{N}{17}$

$\frac{C}{1}$ $\frac{A}{16}$ $\frac{S}{2}$ $\frac{E}{11}$ $\frac{W}{23}$ $\frac{E}{11}$ $\frac{A}{16}$ $\frac{R}{15}$ $\frac{E}{11}$

$\frac{H}{18}$ $\frac{A}{16}$ $\frac{V}{3}$ $\frac{I}{20}$ $\frac{N}{17}$ $\frac{G}{22}$ $\frac{C}{1}$ $\frac{A}{16}$ $\frac{K}{24}$ $\frac{E}{11}$