

# Daily Delight

WEDNESDAY • MAY 6 • 2026

## National Nurses Day

May 6th is National Nurses Day, and it's the perfect time to give nurses a shout-out and thank them for their hard work, especially during challenging times. Nurses play a vital role in society, and their contributions and commitments are immeasurable. National Nurses Day starts National Nurses Week, which runs through May 12th. May 12th is the birthday of Florence Nightingale. Florence Nightingale is considered to be the founder of modern nursing. She became well-known while taking care of the wounded soldiers during the Crimean War.

If you have friends or family members who are in the nursing field or have had amazing care from a nurse, let them know. A "thank you" and appreciation are always welcome.



## Today in History



In 1997, the 12th Annual Rock and Roll Hall of Fame Inductees included The Jackson Five, The Bee Gees, Buffalo Springfield, Joni Mitchell, Mahalia Jackson, Parliament-Funkadelic, Crosby, Stills & Nash, and The (Young) Rascals. Syd Nathan and Bill Monroe.

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activity assistant  
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## DID YOU KNOW?

### The Beach Airport

Barra Airport in Eoligarry, Scotland, has no asphalt. The hard-packed sands on the bay of Traigh Mhor are the runway and the only one of its kind in the world. Planes use the beach for takeoffs and landings and must keep a close eye on the tides and changing weather conditions. Barra operates twice daily flights to and from Glasgow. When the airport is not used, it reverts to a public beach enjoyed by many.

## TRIVIA

What part of the human body is largely unable to repair itself?

**A** Teeth

**B** Skin

**C** Hair

**D** Bones

## TODAY'S FUNNY

The machine at the coin factory just suddenly stopped working, with no explanation.

*It doesn't make any cents.*

## TODAY'S WISDOM

*"Life's most beautiful people aren't perfect. They're real accidents of nature who can laugh at themselves and still be beautiful."*

*– Oliver Wendell Holmes Jr.*

# WORD SEARCH

## Famous Actors



King

Grisham

Dickens

Twain

Hemingway

Poe

Wilde

Salinger

Orwell

Eliot

Rand

Vonnegut

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

6	8	7	3	2		9	5	1
		5	8		1			6
	1	3	6	9	5	7		
	6					8	9	7
3	9		1			5		4
7	4			5	6			3
1			5	6	8	2	7	9
	7		4		2		1	
			7	1	9		4	8

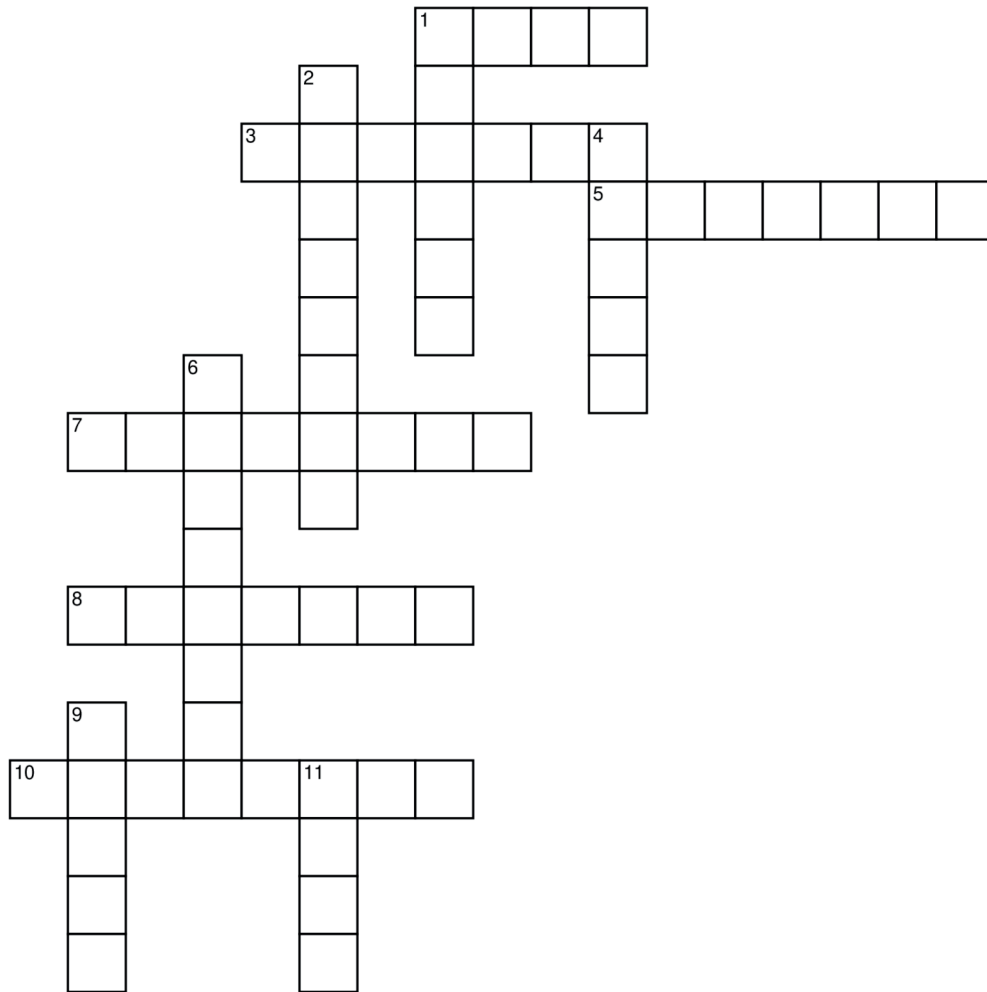
	6	8	4			5		
3		4		1		8	6	
5				3	8		4	
	2		1	9		3		6
		3			6	4	7	8
		5			3	2		
2	5		3	7	9	6	8	4
	3						2	
	8		5	4	2	1	3	

## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# MINI CROSSWORD

## Force and Motion



### Across

- [1] A body of matter
- [3] Fig \_\_\_\_\_
- [5] Field for Marie Curie
- [7] Conflict
- [8] Seriousness
- [10] What a winning streak may have

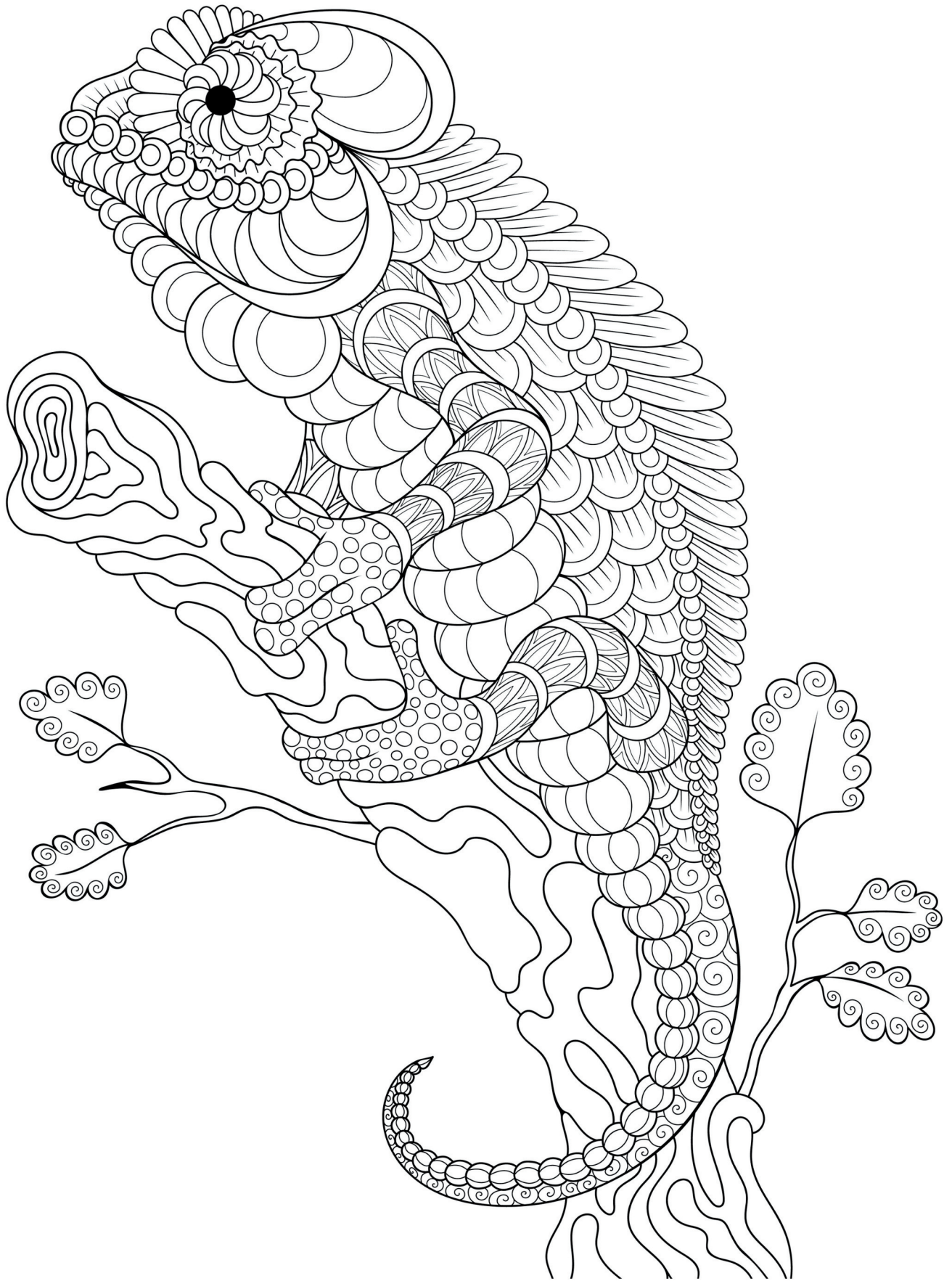
### Down

- [1] Word with "detector" or "picture"
  - [2] Acceleration
  - [4] Quick pace
  - [6] Space between objects
  - [9] Baseball play
  - [11] Ump's call
-

# Spotlight Trivia

## Kentucky Derby Time

1. How many horses compete in the Kentucky Derby?  
A. 20  
B. 17  
C. 15  
D. 27
  2. What is the official flower of the Kentucky Derby?  
A. Violet  
B. Daisy  
C. Rose  
D. Hydranga
  3. What was constructed on top of the Churchill Downs grandstand to give it a striking appearance?  
A. Double Steeples  
B. The Twin Spires  
C. Tandem Towers  
D. Duo Cupolas
  4. How many female jockeys have competed in the Kentucky Derby?  
A. 3  
B. 7  
C. 6  
D. 2
  5. What is the traditional beverage of the Kentucky Derby?  
A. Long Island Tea  
B. Manhattan  
C. Mint Julep  
D. Harvey Walbanger
-



# SOLUTIONS

## Trivia Answer: A.

Skin can repair itself, and bones can readily fix themselves; in fact, most body parts can repair themselves over time, but teeth don't.

6	8	7	3	2	4	9	5	1
9	2	5	8	7	1	4	3	6
4	1	3	6	9	5	7	8	2
5	6	1	2	4	3	8	9	7
3	9	2	1	8	7	5	6	4
7	4	8	9	5	6	1	2	3
1	3	4	5	6	8	2	7	9
8	7	9	4	3	2	6	1	5
2	5	6	7	1	9	3	4	8

R N L H E O T D C L V M V R D M A N  
 F K Z B D Z G R X E K F H V A Z G O  
 Q E K T P I R C Q V Y W R H I P K M  
 A X W I O O Z L H K J K S X H D M J  
 H O A I E T G T W X S I F U E P M D  
 M C F H L V K Y J H R H I Q Z Z J V  
 S O I Q Q D M A U G D P K J R G E L  
 Q A I X C T E B C W G V J B H M X Z  
 O G L B M P K Z J A G Z G Q W P O E  
 L M D I G I G W N B O R W E L L D L  
 H E M I N G W A Y B A A U N S P P I  
 X Q P D I G R I O Z U X L W Z M A O  
 N Q E Z K T E V O N N E G U T G I T  
 A N S S B N W R H N B L L H I Z O L  
 M H D K Y W E A B E O C D J K P S J  
 V A M A T D N D I C K E N S J D T G  
 D R T N L H T N H N I C A G F P T A  
 I F Y Y B K X S T Q P N R C A Z Q T

9	6	8	4	2	7	5	1	3
3	7	4	9	1	5	8	6	2
5	1	2	6	3	8	9	4	7
8	2	7	1	9	4	3	5	6
1	9	3	2	5	6	4	7	8
6	4	5	7	8	3	2	9	1
2	5	1	3	7	9	6	8	4
4	3	9	8	6	1	7	2	5
7	8	6	5	4	2	1	3	9

1 M A S S  
 2 V O  
 3 N E W T O N 4 S  
 L I P H Y S I C S  
 O O E E D  
 C N  
 I  
 6 D  
 7 F R I C T I O N  
 S Y  
 T  
 8 G R A V I T Y  
 N  
 C  
 9 F  
 10 M O M E N T U M  
 R I  
 C M  
 E E

## Spotlight Trivia:

1. A
2. C
3. B
4. C
5. C