

# Daily Delight

SUNDAY • MAY 31 • 2026

## National Smile Day

Share some cheer and brighten someone's day during National Smile Day on May 31st! The idea behind this day is to spread happiness and positivity by encouraging everyone to smile, no matter what their circumstances may be. On this day, it doesn't matter if you're rich or poor, young or old; all that matters is that you put a smile on someone else's face. So, let's make sure we take some time out of our busy lives and show some random acts of kindness and smiles to all those around us! When you smile, your happiness can be contagious and spread to the people around you. A simple smile at someone on the street or in a crowded room can lighten the mood and improve their day! Smiles are also great for bringing people together and fostering more positive energy in your community.



## Today in History



In 1885, Dr. John Harvey Kellogg of Battle Creek, Michigan, filed an application for a patent for “flaked cereal, and process of making same.” It was a controversy because he excluded his younger brother, Will Keith Kellogg. He finally received credit, though.

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## **DID YOU KNOW?** **Evolutionary Stomach Loss**

Platypuses are unique animals with duck-like bills, webbed feet, venomous ankle spurs, and flat tails. They don't have stomachs because they've lost the genes responsible for creating stomach acid, digestive enzymes, and the gastric proton pump.

This evolutionary change is irreversible, but it enables platypuses to thrive without a stomach.

## **TRIVIA**

In which country, famed for its glaciers, sheep, and rugby players, did the first commercial bungee jump take place?

- A** Scotland
- B** Greenland
- C** New Zealand
- D** Argentina

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## **TODAY'S FUNNY**

How are mountains able to see?

*They peak!*

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## **TODAY'S WISDOM**

*"Don't take yourself too seriously. Know when to laugh at yourself, find a way to laugh at obstacles that inevitably present themselves."*

*- Halle Berry*

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# WORD SEARCH

## Candy



Airheads

Gum

Suckers

Butterfinger

Kit Kat

Skittles

Lifesavers

Twizzlers

Cotton Candy

Gummi

Jawbreakers

Jelly Beans

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	8					5	4	9
	3	4	6					
			5		4	2		
		3			8	1		2
8	1		4				3	
			3		5		8	4
1		8	2	9		6		
				4				1
		9		5	1	4		8

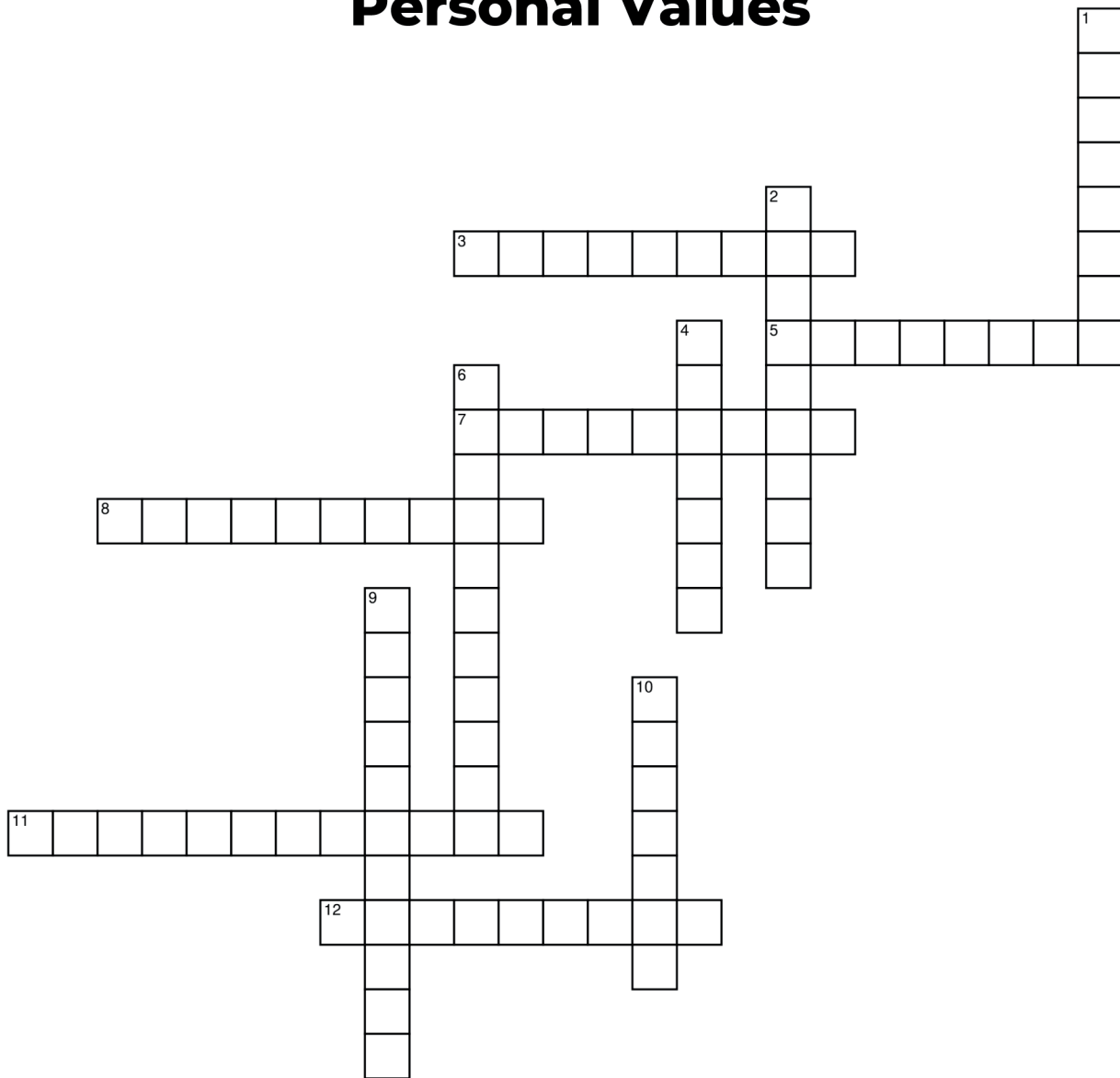
					4	1	3	
7			1		5			9
2	9		3	6				4
		8				6	9	
							5	8
		6			9			
1	2			4				
	8		6		7	4		
		4						5

## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# MINI CROSSWORD

## Personal Values



### Across

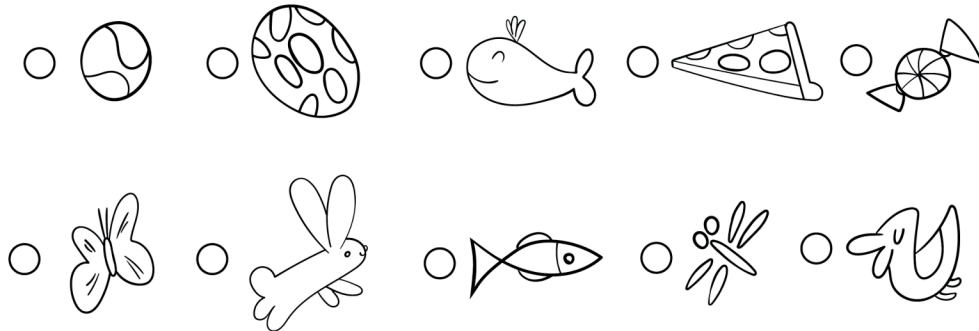
- [3] Thankful heart
- [5] Civil rights
- [7] Desire to know
- [8] Management skill
- [11] Faith journey
- [12] What a rat lacks

### Down

- [1] Lack of pride
- [2] Quest
- [4] Elder's due
- [6] Accomplishment
- [9] Tidy habits
- [10] Truthfulness

# SEEK AND FIND

Find the hidden objects in the picture.





# SOLUTIONS

## Trivia Answer: C.

New Zealanders, or Kiwis, are notorious for their participation in dangerous sports.

6	8	2	1	3	7	5	4	9
5	3	4	6	2	9	8	1	7
7	9	1	5	8	4	2	6	3
4	7	3	9	6	8	1	5	2
8	1	5	4	7	2	9	3	6
9	2	6	3	1	5	7	8	4
1	4	8	2	9	3	6	7	5
2	5	7	8	4	6	3	9	1
3	6	9	7	5	1	4	2	8

L T F W H G J K A J M W H Y G N F O  
 N R G R U S K Z J R P Q H D X H Z Q  
 N N G K F C J L Q E R I G G N C R Q  
 K H D B I K G W W G Q X C H A O G O  
 G Y Y M U P B E Z N N L W G L T U U J  
 S O M S Y T T K A I S W N D U T G C  
 Q U I R L U J J Y F D F D X A O P T  
 G M C E I T Y E V R A M Q M F N W I  
 R V J K F Q K L P E E R U G H C B V  
 C C T A E S T L S T H G K U H A E G  
 K G B E S R B Y K T R U R F F N E O  
 Q J K R A E S B I U I T W P B D D V  
 U J I B V L K E T B A P Z X U Y Z Z  
 W H T W E Z L A T Z S J Z C M U T B  
 W D K A R Z K N L S U B X F B L L A  
 T X A J S I G S E H T Q T G O B B Y  
 P O T U G W B L S V Q E N F Z O O T  
 I E X G K T T R X H L P F B I Z A N

8	6	5	7	9	4	1	3	2
7	4	3	1	2	5	8	6	9
2	9	1	3	6	8	5	7	4
4	5	8	2	3	1	6	9	7
9	1	2	4	7	6	3	5	8
3	7	6	8	5	9	2	4	1
1	2	7	5	4	3	9	8	6
5	8	9	6	1	7	4	2	3
6	3	4	9	8	2	7	1	5

1 H U M I L I T Y

3 G R A T I T U D E

4 R E N

5 E Q U A L I T Y

6 A C U R I O S I T Y

7 L E A D E R S H I P

8 R D M E N

9 H O N E S

10 S P I R I T U A L I T Y

11 I

12 N T E G R I T Y

13 E S S

