

Daily Delight

MONDAY • MAY 18 • 2026

National No Dirty Dishes Day

If you are the type of person who absolutely cannot stand seeing dishes in the sink, this is your day! May 18th is National No Dirty Dishes Day. While the name suggests just taking a break from the dishes, there may be a bit more to it. Besides being unsightly and more work, dirty dishes can be a breeding ground for germs, which people dislike even more than dirty dishes. Dirty dishes may also affect how you feel. Seeing a kitchen go from messy to nice and clean can often give someone a boost. Even doing the dishes themselves can be therapeutic and relieve tension.

The simple motion of washing the dishes and the feeling of the warm water can help lower stress levels. Who knew doing the dishes could mean a clean kitchen and a better you?



Today in History



In 1860, the U.S. Republican Party nominated Abraham Lincoln for president. Before becoming the leader of the free world, he was a member of the U.S. House of Representatives from Illinois's 7th district and a Member of the Illinois House of Representatives.

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DID YOU KNOW? Julia's Kitchen in the Smithsonian

Julia Child's legendary Cambridge kitchen is a culinary masterpiece and now lives at the Smithsonian Institution's National Museum of American History in Washington, D.C. She donated it to the museum, and it was documented, moved, and reassembled there. Today, it's on display just as she had it, with only the walls and floor fabricated by the museum. Complete with her cookbooks, appliances, and her iconic pots and pans.

TRIVIA

In her 1976 best seller, humorist Erma Bombeck declared "The Grass is greener _____?"

- A** Over the Septic Tank
- B** In Her Neighbor's Yard
- C** On the Other Side of the Fence
- D** At the Big House

TODAY'S FUNNY

Why did McDonald's run out of Chicken McNuggets?

The farmer counted his chickens before they hatched.

TODAY'S WISDOM

"We've made some mistakes along the way, but that's no reason to start tearing up the best flag God ever gave to any country."

- John Wayne

WORD SEARCH

Nature, Naturally



Tree

Birds

Clouds

Creek

Flowers

Rocks

Wildlife

River

Lake

Mountain

Valley

Canyon

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

		7	5					2
	4	9		2			7	3
2	3		6	7	9		8	
5	2				1	9		
8			3	9	6		4	5
	9					3		8
		8			7			
7			2	6	5	8	3	
		2	4	8	3	7		

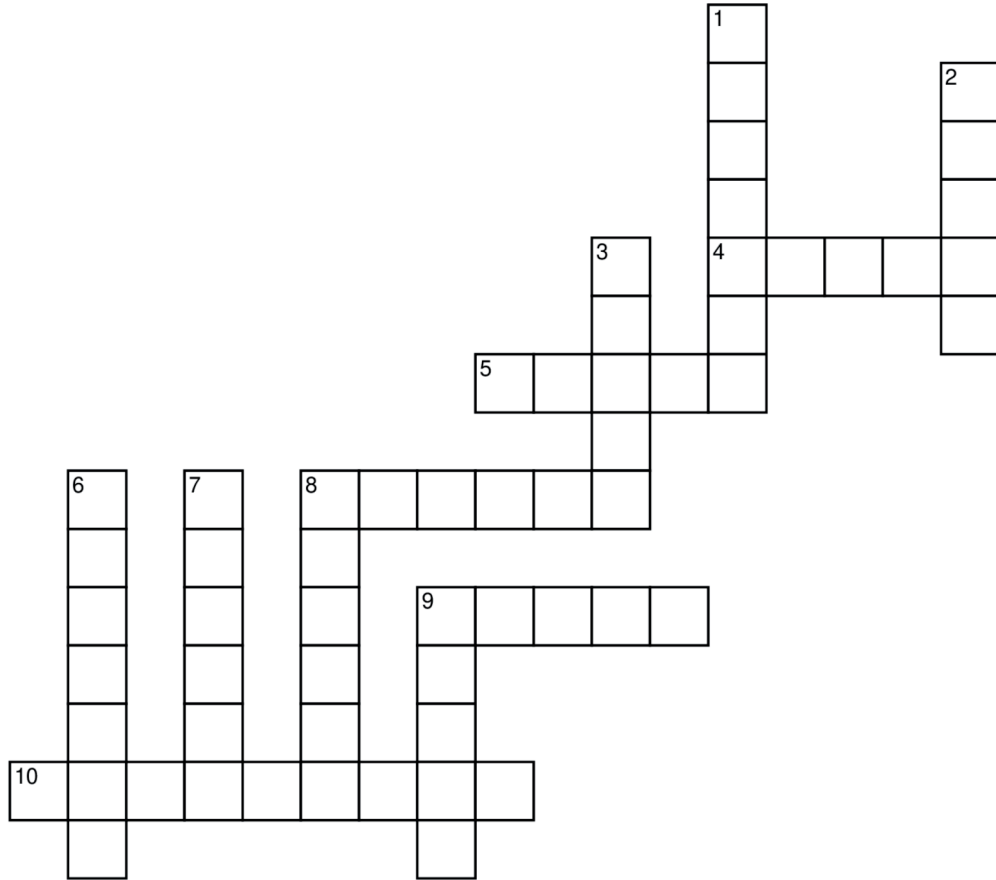
		4	5		1		9	
3			8	9	7		4	
		9		4			8	
	9	7		5				1
		8	7	1	4		2	9
	2	5			9	8		
					2			
	6	1		8			5	2
8		2	1	7	5			6

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Drinking Water



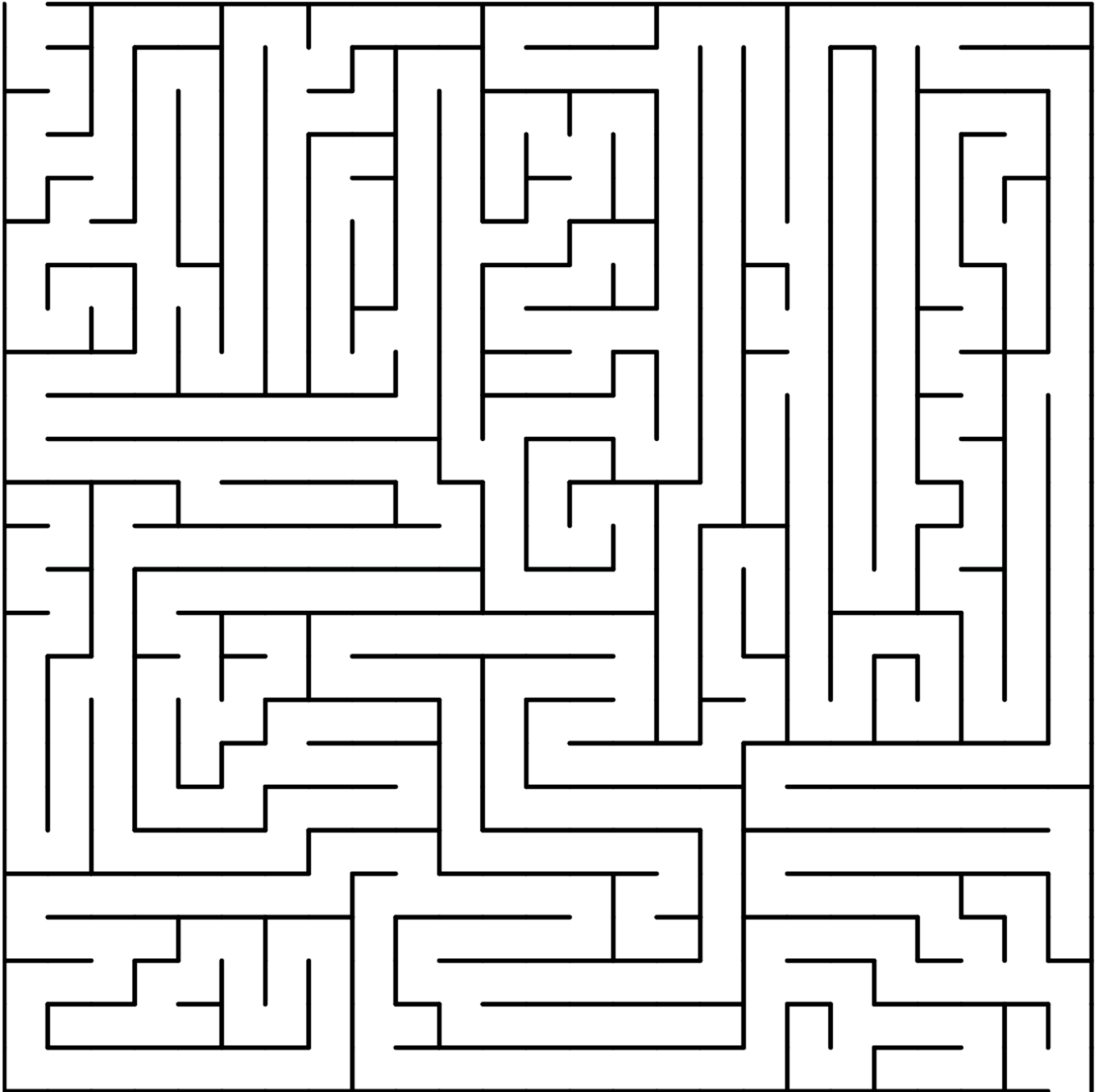
Across

- [4] Onions partner
- [5] Breathers
- [8] Poisons
- [9] Knows-it-all
- [10] Runner's concern

Down

- [1] Bodybuilder's pride
- [2] Tin Man's need
- [3] 206 of these
- [6] Purifying organs
- [7] Purifier
- [8] Craving
- [9] Family

MAZE





SOLUTIONS

Trivia Answer: A.

Erma Bombeck's popular book of observations was called *The Grass is Greener Over the Septic Tank*.

C P F V B D M X O R O Y D L R A Y F
 B I R D S F V C E N R J M P Z C E X
 U H N Z D G B V A N R R S S F F I O
 Z B B X U E I G I N Q X W S I Y X C
 C R N U O R J O C G Y C Y L L T K O
 D G W O L U J T T A G O D M K M V Y
 C T E G C M H W I R Y L N G H C E G
 Z D J W P C D X W G I B Q X C R K L
 U L M K Y P X W H W B W J N V D O P
 M R N V E B P T M O U N T A I N Q Q
 C V L F L O W E R S W H P L B V Q P
 R T I M L R S G A U D W C U N B O M
 C R C R A W D W D Y I I M R X F J G
 M E U U V Y M K D A L T U F O G D Z
 U E K C R E E K B A M B B I L C U P
 Z I Y T I K Y F X Y K I F I P C K E
 D Z K Q A T A N Q U G M G G R X W S
 E N U L R N B S I N B O G C Q Q H Z

1	8	7	5	3	4	6	9	2
6	4	9	1	2	8	5	7	3
2	3	5	6	7	9	1	8	4
5	2	3	8	4	1	9	6	7
8	7	1	3	9	6	2	4	5
4	9	6	7	5	2	3	1	8
3	5	8	9	1	7	4	2	6
7	1	4	2	6	5	8	3	9
9	6	2	4	8	3	7	5	1

7	8	4	5	2	1	6	9	3
3	1	6	8	9	7	2	4	5
2	5	9	3	4	6	1	8	7
4	9	7	2	5	8	3	6	1
6	3	8	7	1	4	5	2	9
1	2	5	6	3	9	8	7	4
5	7	3	9	6	2	4	1	8
9	6	1	4	8	3	7	5	2
8	4	2	1	7	5	9	3	6

