

Daily Delight

THURSDAY • MARCH 19 • 2026

National Let's Laugh Day

Did you laugh with someone yesterday about an awkward moment in your life? Well, keep those laughs rolling because it's Let's Laugh Day today...no joke! It's said that "laughter is the best medicine," and there are actually medical studies that have found this to be true! Laughing lowers your stress hormone cortisol, lowers blood pressure, boosts your immune system, increases your heart rate, burns calories, and helps you sleep!

Talk about a wonderful thing to do for not only yourself, but others as well! So, whether you're a comedian or simply think you are, keep sharing those funny stories and jokes you have with others today and every day to stay happy and healthy!



Today in History



In 1957, Elvis Presley purchased the Graceland Estate in Memphis, Tennessee. The house, barn, and 13.8 acres of land cost \$102,500. Additions to the mansion were immediately made by Elvis, expanding the house to 17,552 square feet and 23 rooms.

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DID YOU KNOW?

Desert Drive-In Studio

Georgia O'Keeffe loved exploring New Mexico, even camping and rafting into her seventies. She famously customized a Ford Model A as a mobile studio, removing the passenger seat to paint inside and escape the sun and bees. This nomadic setup helped her produce 2,000 works. In 2014, Alice Walton bought O'Keeffe's Jimson Weed for \$44.4 million, with the record-breaking proceeds benefiting the Georgia O'Keeffe Museum in Santa Fe.

TRIVIA

How old do you have to be to serve on a jury in the United States?

A 18

B 21

C 30

D 25

TODAY'S FUNNY

Why didn't the dog want to play football?

It was a boxer!

TODAY'S WISDOM

*"If you don't read the newspaper, you're uninformed.
If you read the newspaper, you're misinformed."*

- Mark Twain

WORD SEARCH

Toys for Everyone



Barbie

GI Joe

Hula Hoop

Chatty Cathy

Trolls

Robots

Spirograph

Playdoh

Lite Brite

Easy Bake

Lego

Twister

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

2	5	8	4				7	
3	6	4	8	7	1			
7		9	5				3	
	3	1			8		6	
4					7		9	
6							2	3
					3		1	7
	9		7					6
8	7		6		2			9

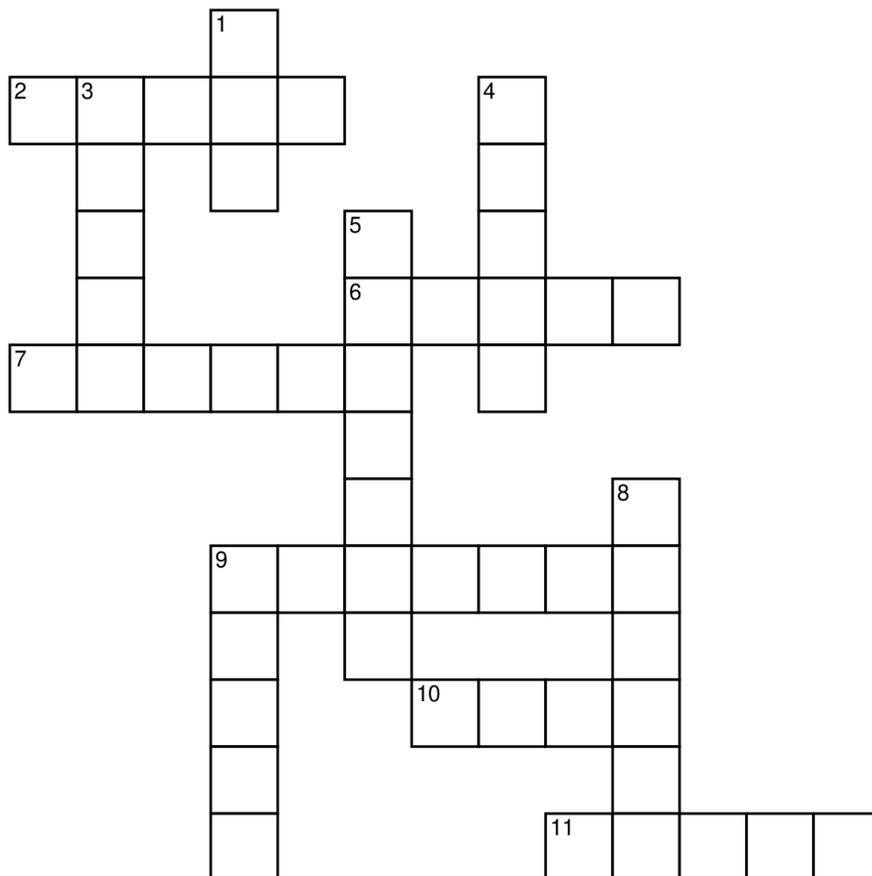
7	2	8		4		3	5	
9		3	5					8
5	4			7		9		
6	3				2			7
		2	7			5		9
			3	9	8		1	2
3		6		8				
					5	2		3
2	1			3	9	8	7	5

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Japan



Across

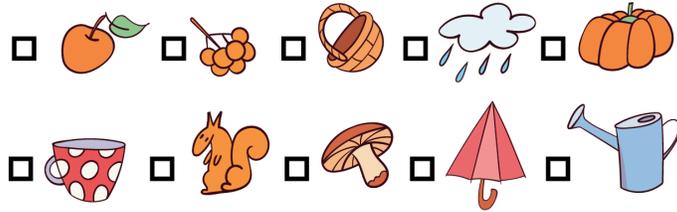
- [2] Japanese hot spring
- [6] Ready-to-heat noodles
- [7] Spicy green condiment
- [9] Member of Japanese military
- [10] Japanese judo giants
- [11] Mitsubishi's HQ

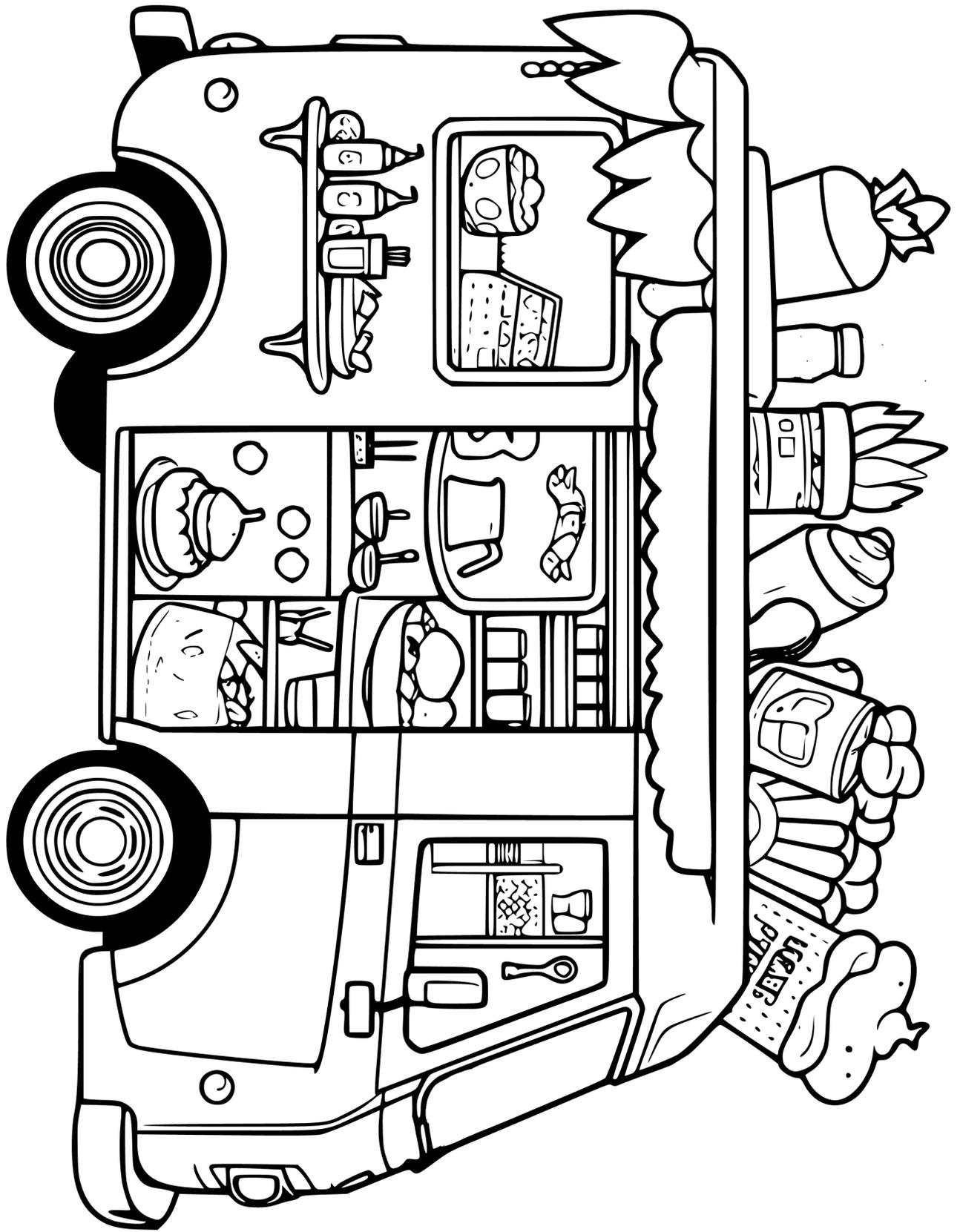
Down

- [1] Super chill, informally
- [3] Stealthy assassin agent
- [4] Japanese film style
- [5] Folding paper results
- [8] Robe
- [9] Roll in wasabi

SEEK AND FIND

Find the hidden objects in the picture.





SOLUTIONS

Trivia Answer: A

The government pays jurors a daily stipend for their service, which can range from as little as \$5 to \$50 per day.

5	4	8	9	6	2	7	3	1
7	3	9	5	1	8	4	2	6
1	2	6	7	3	4	9	8	5
9	5	4	2	8	3	1	6	7
2	1	7	6	5	9	3	4	8
8	6	3	4	7	1	5	9	2
4	7	1	8	9	6	2	5	3
6	9	5	3	2	7	8	1	4
3	8	2	1	4	5	6	7	9

U P B Z Y C H A T T Y C A T H Y A Y
 G H Y H J F V S F E G I V U A D K R
 P W S O S O M H Q T I I U J C A R I
 W K L S Z V B U Z F J G R U B U W W
 B V R V D A N E G P O E L E Z M Z I
 D E E V R D Y M K X E T E M U C A S
 E L T T O E G T N D O I U R N Q Y A
 C Q S P B C N X N G T R O L L S U G
 Y S I I O Y R Y E J C B S W S M P J
 S T W A T T T L H I V E P V F T H P
 K R T P S K E W B F M T I R P Y X O
 A N B C Z A K R P A E I R M Y B K O
 N H A N M O A K L T I L O E E C W H
 Z Y W W W Z B B A K B U G V H B F A
 I O R D F J Y Q Y Z R U R J J X N L
 P B J H M Q S C D L A S A V J S S U
 U N Z J Q V A N O V B N P E G K V H
 W W N K S X E V H D Q H H M B A V V

2	7	3	5	6	8	1	4	9
1	8	9	2	7	4	3	6	5
5	4	6	3	9	1	2	8	7
7	3	2	1	5	6	4	9	8
6	9	8	4	2	7	5	3	1
4	5	1	9	8	3	7	2	6
3	6	7	8	4	5	9	1	2
9	1	5	6	3	2	8	7	4
8	2	4	7	1	9	6	5	3

