

Daily Delight

SATURDAY • MARCH 28 • 2026

National Respect Your Cat Day

In many regards, cats get a bad rap. Sure, they don't take direction very well and only seem to care about you when they are hungry, but they have a lot of redeeming qualities as well. Respect Your Cat Day is about celebrating your feline friend and acknowledging all the hard work they do to be your loyal companion. However, it's also about respecting the thing that always seems like it's plotting your death. People love (and don't love) cats for different reasons, but one thing everyone should be in agreement with is that we should respect them because you never quite know what a cat is thinking at any point in time. It's in your best interest to spend your time today learning new ways you can make (and keep) them happy!



Today in History



In 1972, Elvis Presley recorded his final Top Ten hit, a cover of “Burning Love.” The song was written by Dennis Linde and was first recorded by Arthur Alexander. Elvis’ first single was “Heartbreak Hotel” in 1956. 114 of his 149 songs landed in the top 40.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW? **Defying the Diagnosis**

At 40, Dick Van Dyke suffered a leg injury while filming *Chitty Chitty Bang Bang*. Doctors diagnosed him with severe arthritis, predicting he'd need a wheelchair within five years. Instead of surrendering, Van Dyke danced right in the office and committed to a lifetime of movement. Defying medical expectations, he famously performed a vibrant, unassisted tabletop dance in *Mary Poppins Returns* at the incredible age of 92.

TRIVIA

What substance is added to yellow-gold to make rose-gold?

- A** nickel
- B** silver
- C** copper
- D** zino

TODAY'S FUNNY

What do Clint Eastwood and a map key have in common?

Both are legends!

TODAY'S WISDOM

*"I've got sunshine on a cloudy day."
- Smokey Robinson*

WORD SEARCH

Horses



Albino

Appaloosa

Bay

Black

Chestnut

Dapple

Dun

Gray

Grulla

Overo

Paint

Roan

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	2			6		5	1	7
9	7	1			8			2
5			1	2				
6				9	3		8	4
	1		5	8	6	3		
		3	7		1	2	5	
		9			5			
7			4		9			1
	3	6	8	7		9		5

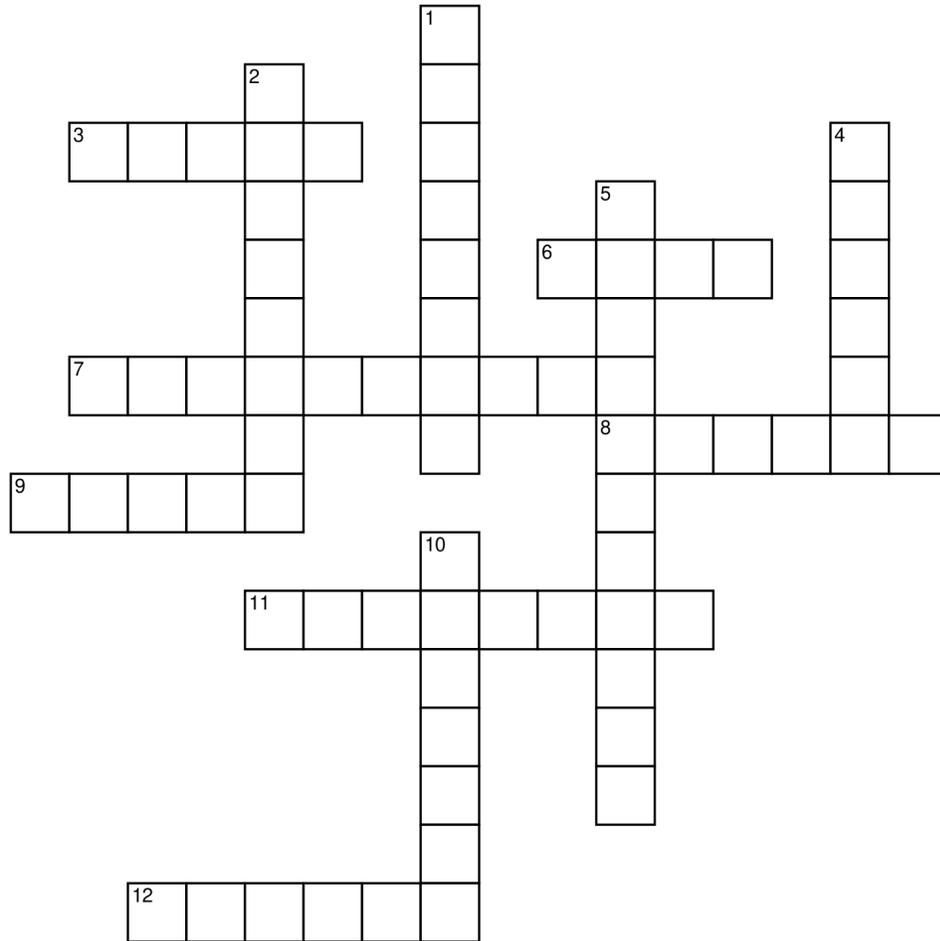
	9		2	3	6		4	
3				7		6		
6	7				5	3	9	
					2		8	4
4	3	1		6			2	9
			5			7		
	6	4	7	5				8
5		3	6					
		7	4			2		

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Bodies of Water



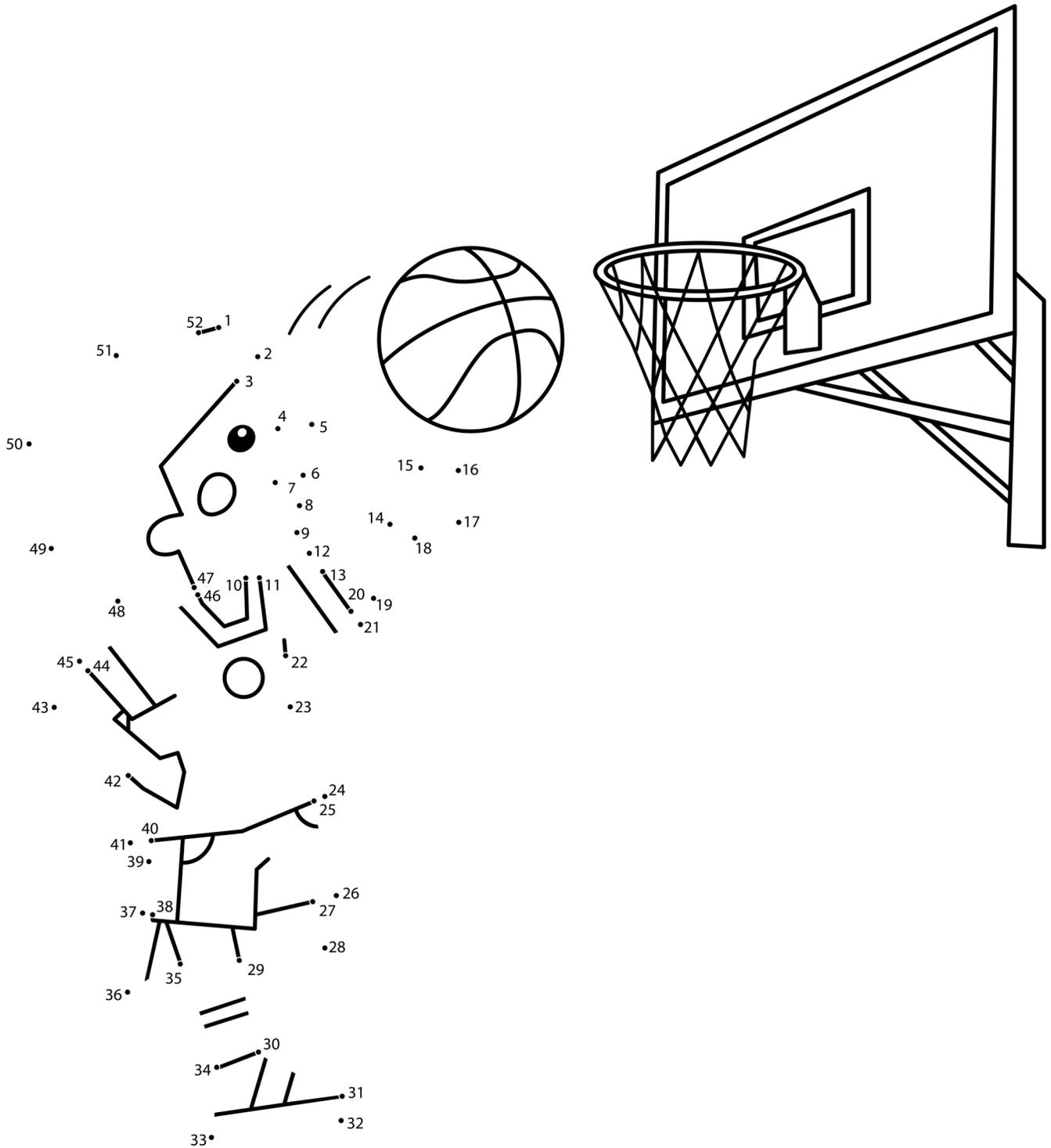
Across

- [3] British Columbia Neighbor
- [6] Cleopatra's River
- [7] A Superior group
- [8] Around Sri Lanka
- [9] River through what was Zaire
- [11] Where the Canaries are located
- [12] Bitter Cold

Down

- [1] Dixie port
- [2] Yuma's river
- [4] Biblical parting
- [5] Father of Waters
- [10] Tijuana's time zone

Connect the Dots





SOLUTIONS

Trivia Answer: C. Copper

Rose gold is created by alloying pure gold with copper, where a higher concentration of copper results in a deeper red hue, while adding a small amount of silver along with the copper produces a softer, more delicate "pink gold" tone.

3	2	8	9	6	4	5	1	7
9	7	1	3	5	8	4	6	2
5	6	4	1	2	7	8	9	3
6	5	7	2	9	3	1	8	4
4	1	2	5	8	6	3	7	9
8	9	3	7	4	1	2	5	6
2	4	9	6	1	5	7	3	8
7	8	5	4	3	9	6	2	1
1	3	6	8	7	2	9	4	5

O F R A Y S D R A Y X U R A R F L Z
A O D N L P B A P D L R C Q T K Q L
L V N Q R B L O P G Y O L E T A P W
T A V S K C I J A P I A S Q R L A F
Z C B R C S Y N L F L N W A N L I L
D C F O R H B T O B V E Z H G U N P
F A H J D T C R O W Z Q Z M Y R T R
F W G C O D E U S O A I Y P N G A R
C Q D T X V Y F A D Z Y U Q A F Q O
Y I Y H O Q T N Z R W L O P L S D K
R X R T H T L T C D R X F M U D P D
I K I E J U B X H M K G V G B M Y U
X V X L J U P Z E T A N I Z F S F J
J E J R H Q B K S Y O S T B A Y K W
U L T V D L C W T B B U C D I Z N G
C Q B G R A Y D N C L V J P G Z O P
I S H W L U Y K U B S T O Y B X M V
M S L B C I B B T N Y P R G V T I Z

1	9	5	2	3	6	8	4	7
3	4	2	9	7	8	6	1	5
6	7	8	1	4	5	3	9	2
7	5	6	3	9	2	1	8	4
4	3	1	8	6	7	5	2	9
8	2	9	5	1	4	7	6	3
2	6	4	7	5	1	9	3	8
5	8	3	6	2	9	4	7	1
9	1	7	4	8	3	2	5	6

