

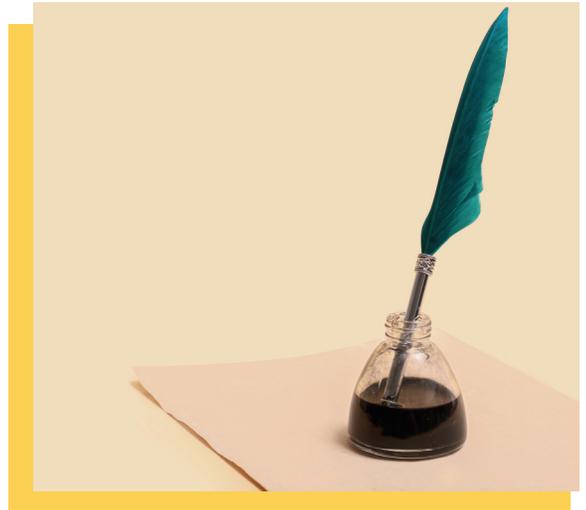
Daily Delight

SATURDAY • MARCH 21 • 2026

National World Poetry Day

One of the most powerful art forms there is, poetry can touch many different people on many different levels. In honor of this wonderful expression, UNESCO declared World Poetry Day at its 30th meeting in Paris in 1999 as a way to “support linguistic diversity through poetic expression and increasing the opportunity for endangered languages to be heard.” With such great poets as Emily Dickinson, Robert Frost, and Maya Angelou, there have been poems written about any and all subjects including war, peace, poverty, dreams, fear, you name it. There are dozens of types of poems and they all can elicit a wide range of emotions.

What’s your favorite poem?
How does it make you feel? Enjoy it and others on World Poetry Day.



Today in History



In 1970, The Beatles' "Let It Be" entered the Billboard chart at the highest debuting position ever for a record, number 6. The sales for the single were huge, with millions of copies already flooding record stores. The album had not been released yet.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

Andersen's Anxious Alarms

Though famous for his fairy tales, Hans Christian Andersen lived in constant fear. He carried a rope in his luggage to escape potential fires and avoided pork and dogs entirely. His greatest terror was being buried alive; every night, he left a note by his bed stating, "I only appear to be dead." These peculiar phobias shadowed the man who brought "The Little Mermaid" to life.

TRIVIA

Nori is what type of sushi ingredient?

- A** Rice
- B** Seaweed
- C** Fish
- D** Cucumber

TODAY'S FUNNY

What happened to the cheetah who showered twice a day?

He ended up spotless!

TODAY'S WISDOM

"It's no exaggeration to say that the undecideds could go one way or another."

- George H.W. Bush

WORD SEARCH

Going Down Under



Blue Tongue

Boab

Bunya Nut

Bush Tomato

Snakes

Cicadas

Corn

Desert Fig

Dooja

Emu

Fish

Kangaroo

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

		1	7	5	3	2	9	8
	7	9	2	4	8	1	6	5
8	5	2	9	1		7	3	
9	3	6	5	7	1	4	8	2
	2	7	8	6	4	3	1	
1			3	9	2		5	
		3	4		7		2	1
2	8			3	5		7	
7	1	5	6	2		8		

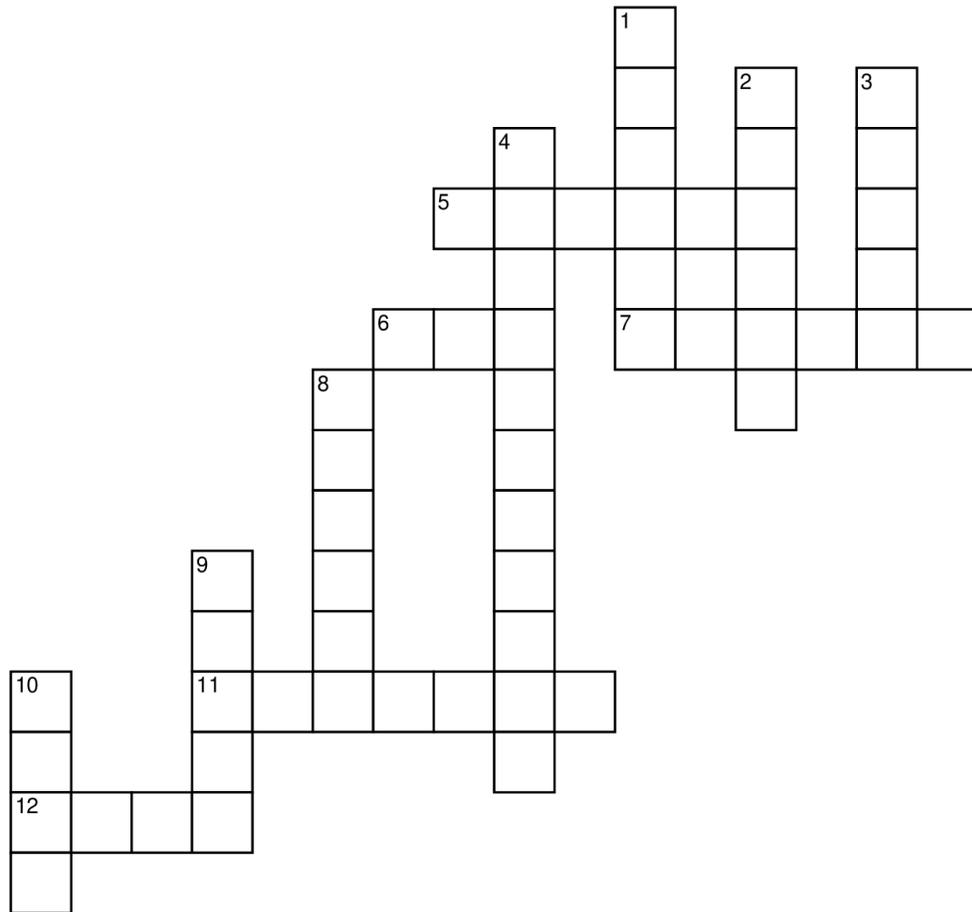
	5	9			7		6	1
4	2		9					
		7				8	4	
2		8	1					6
1			4	6	2			
			8	7	5			
						6	8	
5	4	3						
	8	2	7	5		3	9	4

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Gardening Tools



Across

- [5] Excavating tool
- [6] Tough row to _____
- [7] Large scissors
- [11] Introduces air
- [12] I feel like I've been _____(-d) over the coals.

Down

- [1] Hand protectors
- [2] Cultivator
- [3] Makes holes
- [4] Construction cart
- [8] Tree and bush trimmer
- [9] Black suit
- [10] Food sticker

Connect the Dots





SOLUTIONS

Trivia Answer: C

The first publicly funded, organized police force with officers on duty full-time was created in Boston in 1838.

4	6	1	7	5	3	2	9	8
3	7	9	2	4	8	1	6	5
8	5	2	9	1	6	7	3	4
9	3	6	5	7	1	4	8	2
5	2	7	8	6	4	3	1	9
1	4	8	3	9	2	6	5	7
6	9	3	4	8	7	5	2	1
2	8	4	1	3	5	9	7	6
7	1	5	6	2	9	8	4	3

E I N X K K H P Z T I A S A E P D W
 V A N U E A X X G C I C A D A S E K
 K Q K P V N M E M O B I W X I F D U
 X E G J L G Y I P R H J I R B X Z D
 I P Z A Y A I K R N K I R K U N U K
 R Z Q O J R Q K Q H M E Y B S A M O
 X G F B S O W I N T M Z D P H L C R
 C L S G Z O A D H D S R G B T U Q R
 E N D I D L B B A L E H H L O B C P
 E O L F I S H L Q Q K V G T M G M L
 C M R T G U B U N Y A N U T A I T E
 X J V R E W M E Q A N Q W C T J Z W
 R D X E A E L T J T S X O E O H C L
 I V X S U T B O A B A D E D N D D Y
 X L V E L O O N O L I G S A B X B J
 K Y Q D B D G R D O H D V M P Y S
 V K J I O X N U S T S F N N V E T Z
 E T B X Z M V E R H U C U E C R L D

8	5	9	3	4	7	2	6	1
4	2	6	9	1	8	5	3	7
3	1	7	5	2	6	8	4	9
2	7	8	1	9	3	4	5	6
1	3	5	4	6	2	9	7	8
9	6	4	8	7	5	1	2	3
7	9	1	2	3	4	6	8	5
5	4	3	6	8	9	7	1	2
6	8	2	7	5	1	3	9	4

