

Daily Delight

MONDAY • MARCH 23 • 2026

National Puppy Day

Is there anything better than the feeling you get when you see a puppy? National Puppy Day is a day where we recognize not only the joy puppies bring into our lives, but also the unconditional love they give us. It is also a day that is supposed to encourage us to adopt orphaned puppies, as well as adult dogs, if you'd prefer to skip the potty training stage.

If you're able to adopt a puppy today, please do, but remember to keep in mind the potential size of the puppy you decide to adopt because little puppies grow into big dogs! If you can't or don't want to adopt a puppy, see if you can find one to play with!



Today in History



In 1973, the game show "Concentration" left the air after almost 15 years and 3,796 shows on NBC. It was hosted by Hugh Downs, and it held the record for the longest-running daytime game show until 1987, when "The Price Is Right" took over the record.

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activity assistant
powered by **spectrio**



DID YOU KNOW?

Ants Have No Lungs

We know that ants have superhuman strength with the ability to lift between 10 and 50 times their weight, but did you know they do all that without lungs? Because of their small size, they don't have a complex respiratory system. Instead, they breathe in oxygen through spiracles, a series of holes on the sides of their bodies. The spiracles are connected through a network of tubes that help distribute oxygen to almost every cell in the body. The ants' movement helps the oxygen circulate; carbon dioxide exits through tubes.

TRIVIA

If you tipped 20% on a \$15 dinner bill, how much of a tip would you be leaving?

A \$4.00

B \$2.75

C \$2.00

D \$3.00

TODAY'S FUNNY

Why don't dogs make good dancers?

Because they have two left feet!

TODAY'S WISDOM

"The deepest longing in the human breast is the desire for appreciation."

- William James

WORD SEARCH

Greek Myths



Apollo

Ares

Artemis

Athena

Centaur

Cerberus

Demeter

Fates

Giants

Hades

Hera

Zeus

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

		1		9			4	3
	3		1	6	4		8	
	5		7		3		6	9
6		9		5	7		2	1
1			9	4	6		7	
4	7			1	2	9		
				7		6		4
	4			8	1		9	
2	9	6				7		8

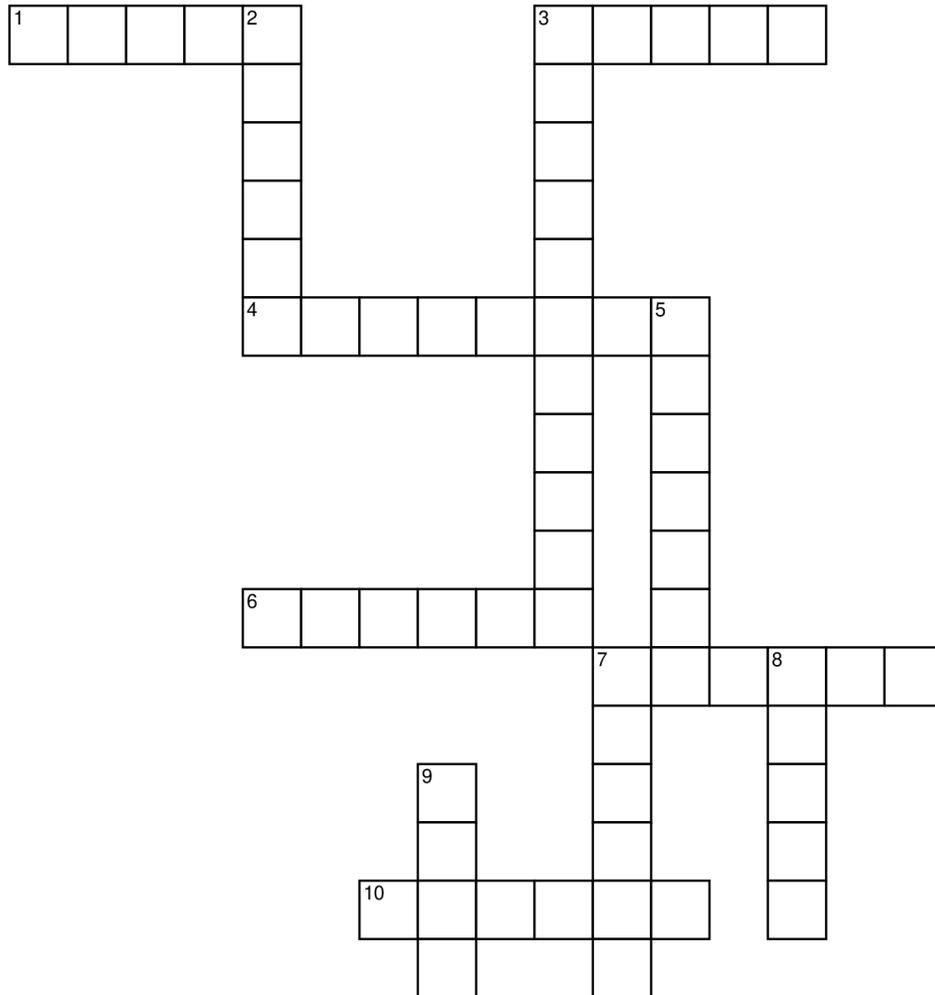
5	9	3				6	8	
				5		4		
7		2		3			9	5
9	2	8		1		3	6	7
				6	3			9
		6	2			8	4	1
4	3		1	8				
	6		3	2		9	1	4
				9		5	3	8

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Kitchen Utensils



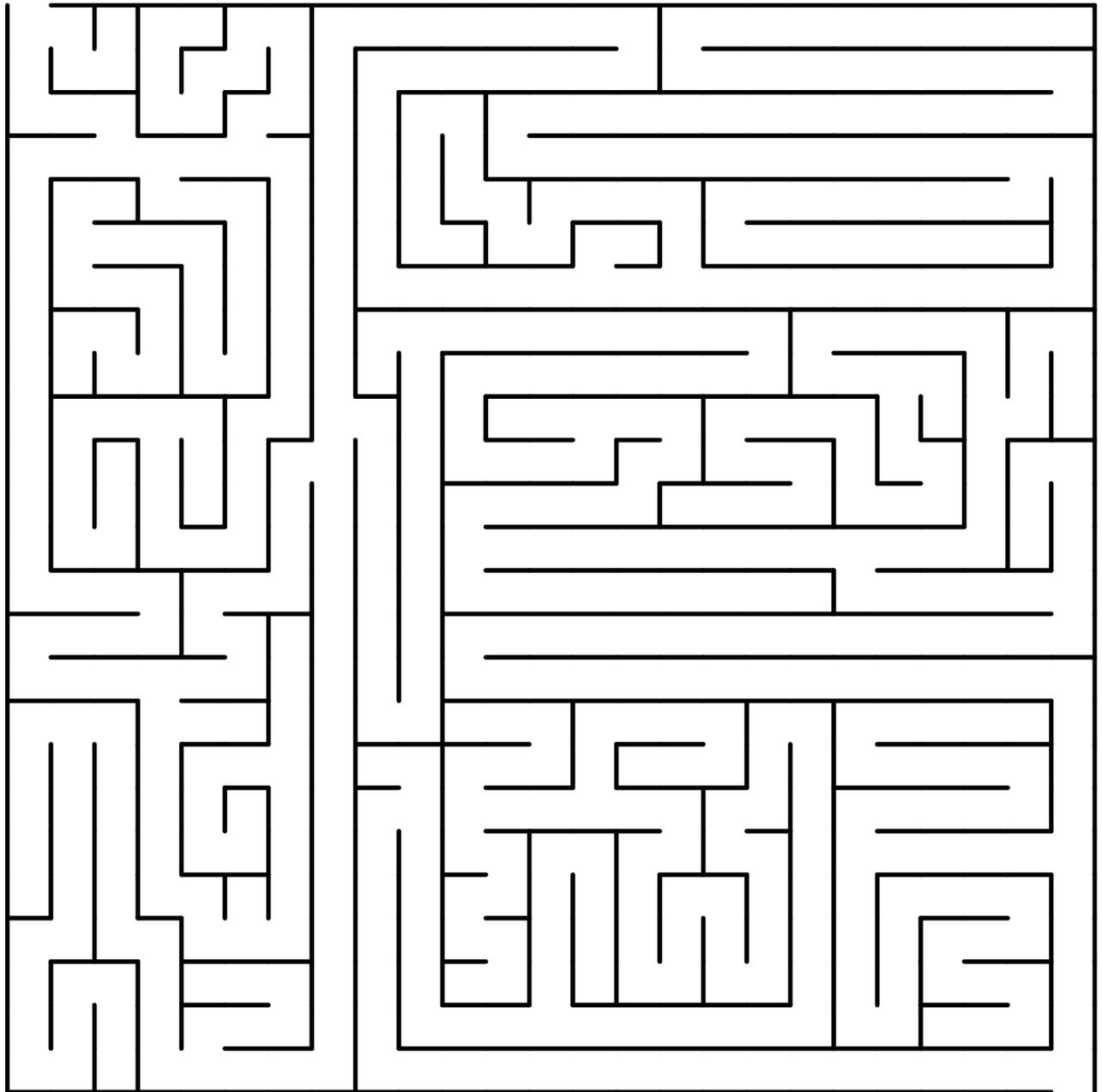
Across

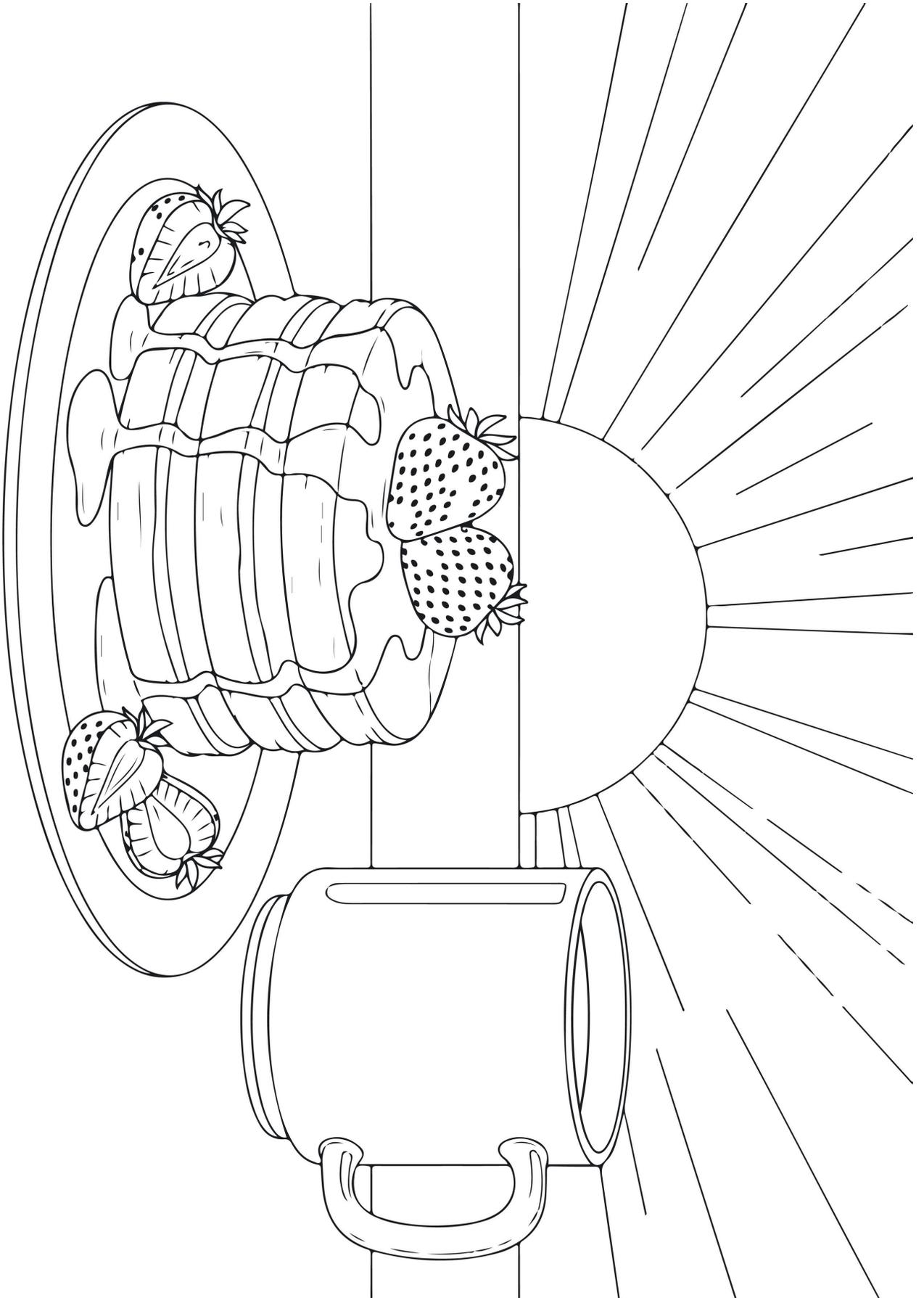
- [1] Beat as in eggs
- [3] Ice bucket accessory
- [4] Not rock, not paper, but _____
- [6] Keeps the turkey moist
- [7] Used to whac-a-mole
- [10] Handheld shredder

Down

- [2] Butcher's tools
- [3] Hot or Not device
- [5] Kitchen turner
- [7] Spud crusher
- [8] Big dipper
- [9] A _____ in the road

MAZE





SOLUTIONS

Trivia Answer: D. \$3.00

Tipping was so hated in early 20th-century America that six states temporarily banned the practice, with critics labeling it an "un-American" classist bribe that threatened the country's democratic values.

7	6	1	5	9	8	2	4	3
9	3	2	1	6	4	5	8	7
8	5	4	7	2	3	1	6	9
6	8	9	3	5	7	4	2	1
1	2	3	9	4	6	8	7	5
4	7	5	8	1	2	9	3	6
3	1	8	2	7	9	6	5	4
5	4	7	6	8	1	3	9	2
2	9	6	4	3	5	7	1	8

T Q W M Z F T K T B G X T A B H B S
 C V E N T X B D J C Q X A A Z H S A
 I X K N C O G E X A Y W F T A U A G
 M Y O K Z E K M S X E S H H R B W K
 O W P F M O N E S R H M J E E U Q M
 N S P X X Y D T Z J I E B N H M I M
 L L M O F A H E A Z I R C A J B Y K
 G D H D H L B R I U E H W L U O M F
 Z T A P Q P U P J C R S O H D Z X Y
 Q G R Z S Q K S H I S B A R E S G Q
 F R F H S P Y U Z E U S P U O I O E
 S A S N P M K U T U X N O K Q M T R
 C H C Q L H U A Q X J Q L Y Q E V C
 K L K S E Z F M G Y T Q L K O T W K
 R O Q R W P H F U W B P O U K R U R
 V O U O L E K W G T H L Z B E A R V
 W M V J Y Q L L P N K F Z H V I L X
 W I V G I A N T S F L X Y K K Z D W

5	9	3	7	4	1	6	8	2
6	8	1	9	5	2	4	7	3
7	4	2	6	3	8	1	9	5
9	2	8	5	1	4	3	6	7
1	7	4	8	6	3	2	5	9
3	5	6	2	7	9	8	4	1
4	3	9	1	8	5	7	2	6
8	6	5	3	2	7	9	1	4
2	1	7	4	9	6	5	3	8

