

Daily Delight

TUESDAY • FEBRUARY 24 • 2026

National Trading Card Day

Growing up, most people had trading cards of some sort. While baseball cards were the most popular back in the day, trading cards have evolved to feature a variety of characters from video games, television, comic books, and more, with some fetching outrageous prices. Although the reason for collecting, trading, and selling cards hasn't changed, they have come a long way from being used as a means to make cigarette packages sturdier. In fact, in the 2000s, some companies even began to produce digital trading cards. If you still have your trading cards, celebrate the day by thumbing through them or maybe picking some more up to add to your collection (or make a killing for yourself by selling your most valuable ones on the internet).

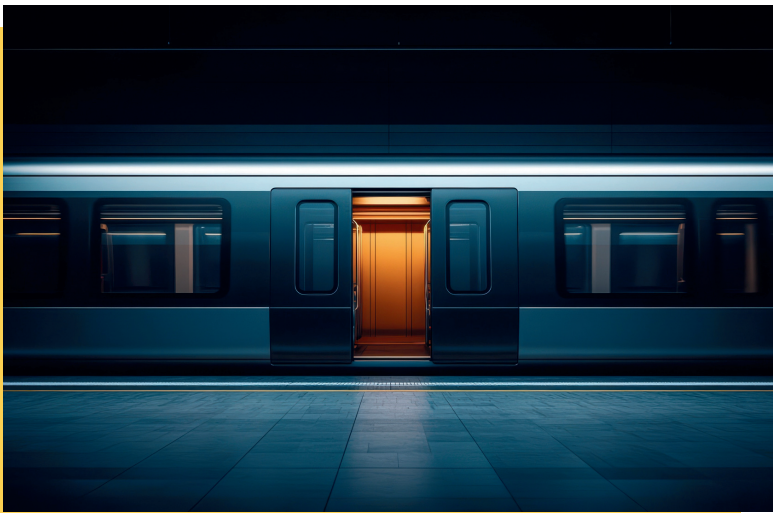


Today in History



In 1987, Kareem Abdul-Jabbar scored his 36,000th NBA point. A center for the Los Angeles Lakers, he won 6 championships, held the record for the league's all-time leading scorer until 2023, and retired with 6 MVP titles. Jabbar was the 1st NBA player to sign a shoe endorsement.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

The Waldorf's Secret Station

The Waldorf Astoria Hotel in New York City, known for its luxury and celebrity guests since 1930, has a secret train station beneath it. Franklin D. Roosevelt famously used this station on October 1944 to discreetly escape without being seen in his wheelchair. Army Generals John J. Pershing and Douglas MacArthur also utilized it, and Andy Warhol hosted a party there. The hidden platform remains available for visiting President's seeking a quick exit.

TRIVIA

Which saxophonist was nicknamed "Bird"?

- A** Sonny Rollins
- B** John Coltrane
- C** Wayne Shorter
- D** Charlie Parker

TODAY'S FUNNY

My wife said I should do lunges to stay in shape...

That would be a big step forward

TODAY'S WISDOM

"The best way to find out if you can trust somebody is to trust them."

- Ernest Hemingway

WORD SEARCH

Rivers In The U.S.



Alabama

Alsek

Copper

Detroit

Illinois

Mobile

Ohio

Red

Snake

Stikine

Tanana

White

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

		1	9	4	8		7	5
	8	9	2		5	3	4	1
		6	7	1			2	8
								6
6			4	7	2			9
8	9	4					1	2
9	6	2		3		5	8	7
4				2		1		
	3			8			9	

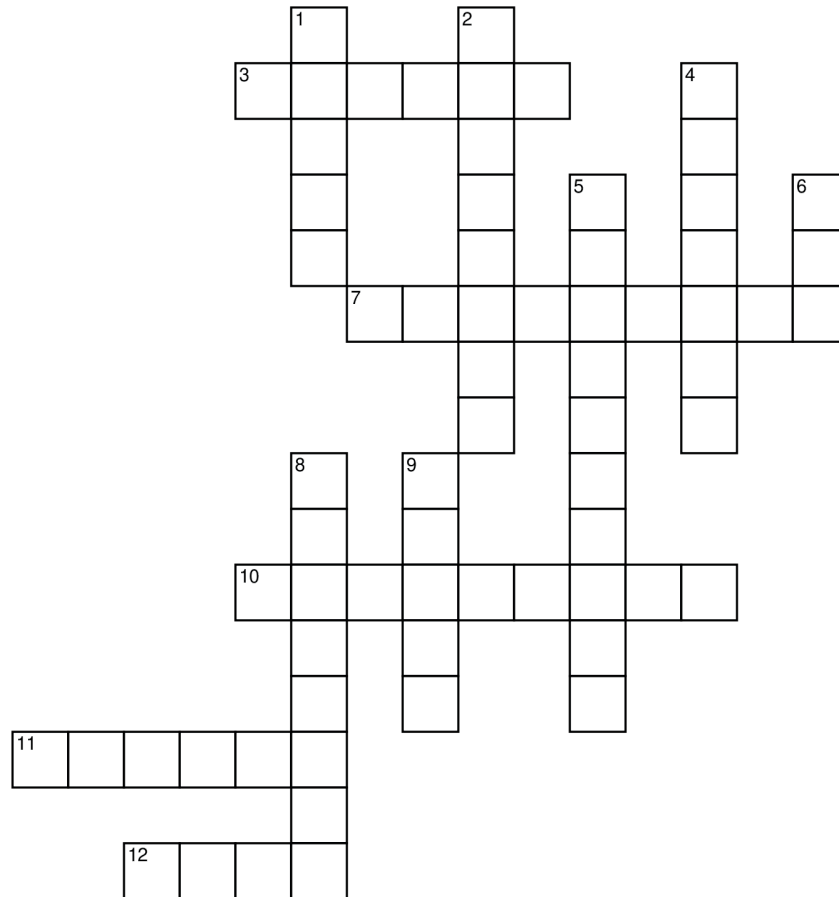
	6	1	8		3	4		9
8	9		5	2	4	6	3	1
4	2	3	1	9	6	8		5
2		9		8	5		1	
	8							
1		5	4			9	6	8
6			2		1			
	5	4	3		9		8	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Types of Poetry



Across

- [3] Story told in song form
- [7] A poem that tells a story
- [10] Poetry without a regular rhyme
- [11] A 14-line poem
- [12] Heroic tale

Down

- [1] 5-7-5 pattern
- [2] Idyllic country life
- [4] Troubadour's six-stanza verse
- [5] Unrhymed poetry written in iambic pentameter
- [6] Poem of praise
- [8] Poem where first letters form word
- [9] Poetic tribute

CONVERSATION STARTERS

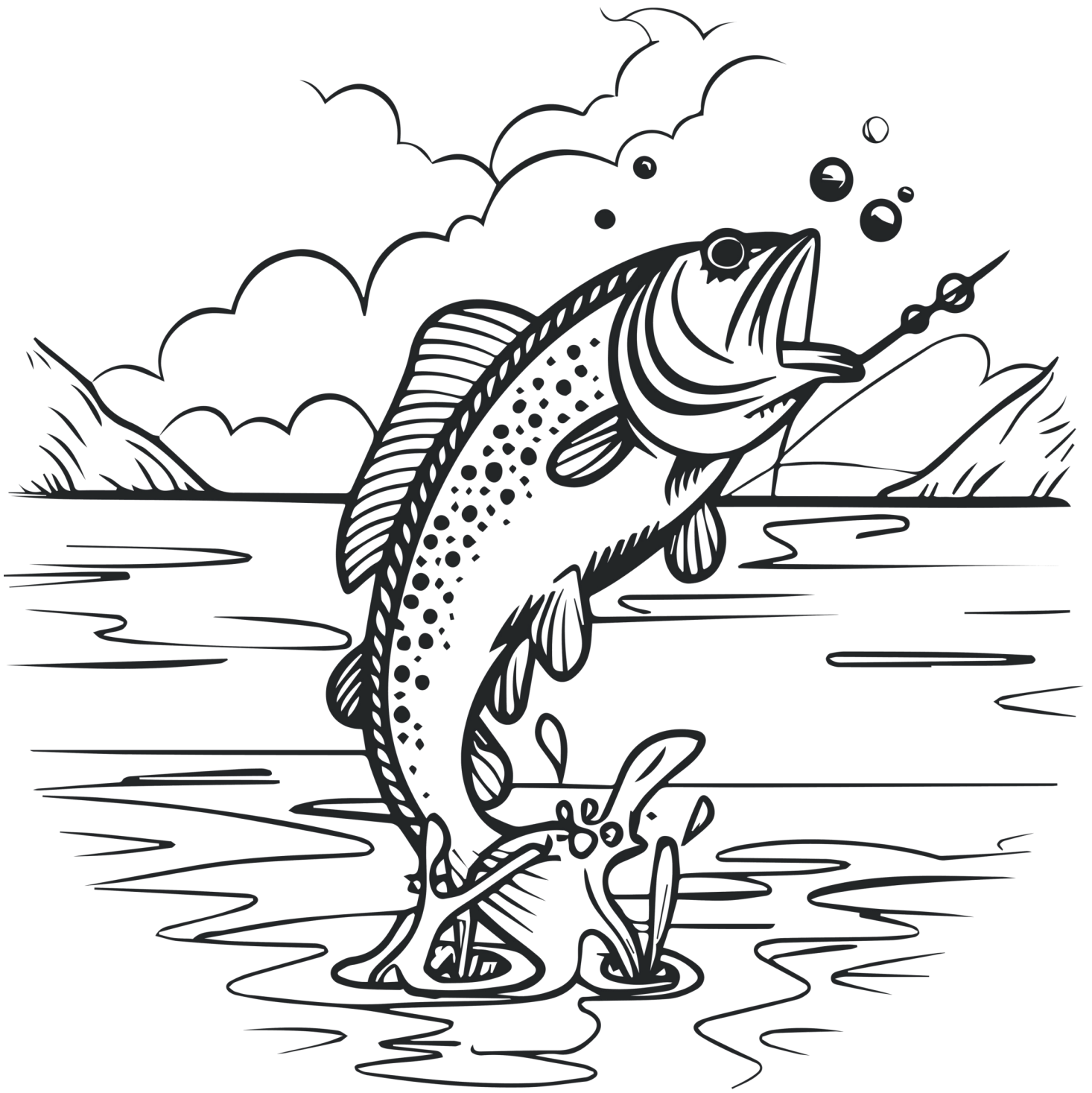
Use the following conversation prompts to start a discussion with friends or family! You may also use the provided lines to answer the questions on your own if you prefer.

Do you believe in Bigfoot? If not, why do you think they can't be real?

If Bigfoot does exist, how do you think they got so good at hiding out? Where do you think they live? Do you think they are rare or all over the place?

Would you be scared if you saw a Bigfoot? If they could talk, what might you ask if you could have a conversation with one?





SOLUTIONS

Trivia Answer: D.

In 1949, a new club near Broadway was named after Charlie Parker. Throughout the 1950s, the “Birdland” club attracted huge stars in the genre.

3	2	1	9	4	8	6	7	5
7	8	9	2	6	5	3	4	1
5	4	6	7	1	3	9	2	8
2	5	7	8	9	1	4	3	6
6	1	3	4	7	2	8	5	9
8	9	4	3	5	6	7	1	2
9	6	2	1	3	4	5	8	7
4	7	8	5	2	9	1	6	3
1	3	5	6	8	7	2	9	4

Q L U D U D N V R H C S V X D O S E
 X Y M H A K C I A U H N S J D J T K
 C K C J T P P T H E L A N T A I A X
 A T Q J A S Z B M M N K K A H R B E
 F L C H N S I H O S M E W W O F L O
 E E A D A R O L O W S Q K J F I W U
 A H T B N N S N M L E D W K B A S Y
 U H Y O A H U N A X X N G O H I I D
 M F C E T M U K C U N W M G O N E Y
 B B E R I P A F U P C C T N I R M V
 P V N C O C N Z J I O G I T H Q Y Q
 A N I L R O G P W Z Y L Y J O P H J
 J C K R T X X E H N L I X X L M O Z
 Q Q I W E E M R Q I M G U J K G T O
 V B T Y D J Z B X K Q C O P P E R A
 Y K S Y U M K K C S R V H B D O X K
 Y R B W U N S Q E Y Q M X G W C V S
 X W K S S L Y U E B N B M J N O S X

5	6	1	8	7	3	4	2	9
8	9	7	5	2	4	6	3	1
4	2	3	1	9	6	8	7	5
2	4	9	6	8	5	7	1	3
3	8	6	9	1	7	2	5	4
1	7	5	4	3	2	9	6	8
6	3	8	2	4	1	5	9	7
7	5	4	3	6	9	1	8	2
9	1	2	7	5	8	3	4	6

