

Daily Delight

SUNDAY • FEBRUARY 22 • 2026

National Be Humble Day

It humbles me to say that today is Be Humble Day. Of course, the person who founded this day is unknown, probably because they didn't want to boast about being the person responsible for this day. Talk about a humble person!

As Americans, we very much like to brag about our accomplishments and have traditionally associated being humble with being too passive, submissive, or insecure. Today, however, is not a day to boast, brag, or bag on those who are humble. On Be Humble Day, you must humble yourself and try to act as modestly as possible through your words and actions. After all, humbleness is a virtue, so let's strive to do more of it today and forevermore.



Today in History



In 1934, "It Happened One Night" opened at Radio City Music Hall in New York City. The film starred Clark Gable and Claudette Colbert, who won Best Actor and Best Actress at the Academy Awards the following year. It was selected for preservation in the U.S. National Film Registry.

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DID YOU KNOW?

A Walk Down Abbey Road

Abbey Road, arguably the most famous album cover, features all four Beatles walking across the street in front of EMI Recording Studios. Taken by Iain Macmillan on August 8, 1969, the iconic photo was shot in just 15 minutes with police assistance to stop traffic.

Interestingly, the album wasn't originally titled Abbey Road, and it's the only Beatles album cover without their name. Designer John Kosh believed it wasn't necessary since they were already the most famous band in the world.

TRIVIA

Which mammal has the most powerful bite?

- A** Polar bear
- B** Gorilla
- C** Jaguar
- D** Hippopotamus

TODAY'S FUNNY

What was the motto of the flower company that wanted their employees to be happy workers?

Thistle while you work.

TODAY'S WISDOM

"The knowledge that every day there is something more to learn, something higher to reach for, something new to make for others, makes each day infinitely precious"

- Uta Hagen

WORD SEARCH

V Words



Vacation

Vacuum

Vague

Valley

Vanish

Vapor

Velvet

Vibe

Vilify

Viola

Visor

Vista

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

							4	
7		3			4		9	8
4	9		7					6
1	3		2		8		6	7
5	8			9	7		1	2
2	7	6		1	3			
8				7				
9		7	4			8		
3		2	8	5	6		7	1

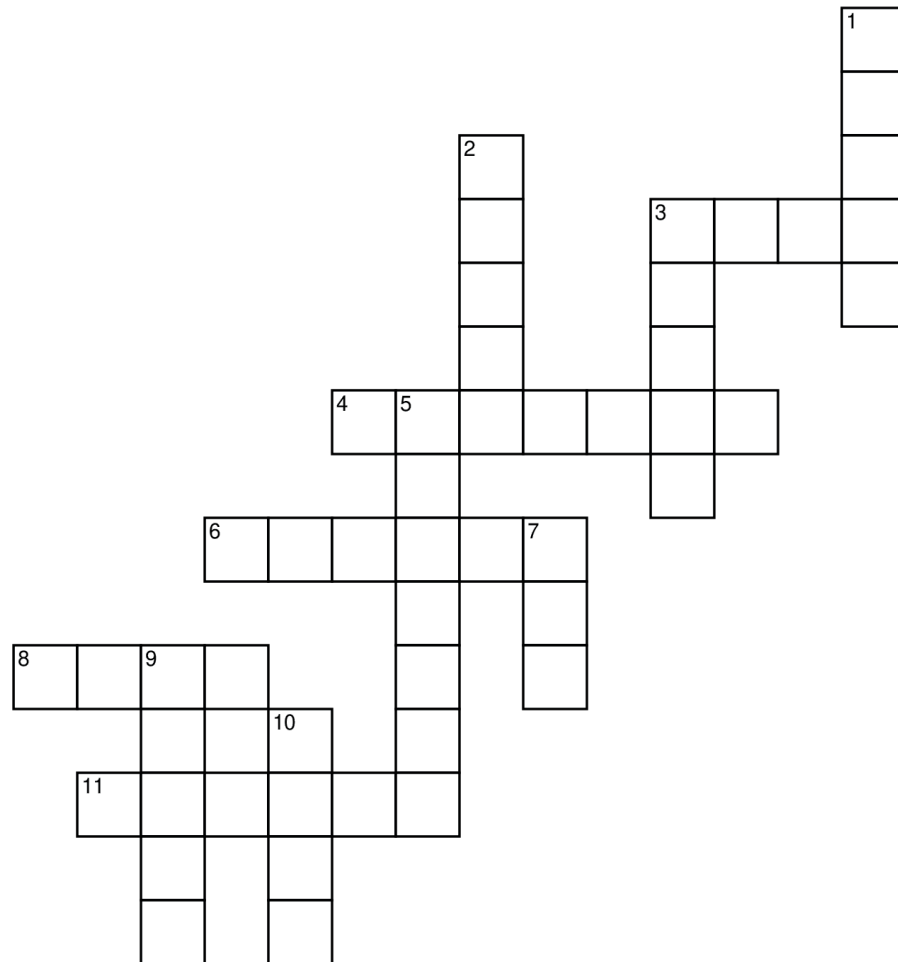
				1		9		
1		6	4					
8	2			3		1	4	6
		2			7	5		9
	8	4	9		2			1
	1		3	5		2		
	7	3		9		4	5	8
	5	8	2	7	4	6	1	3
	6	1		8		7		

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Ocean Life



Across

- [3]** Circus performer
- [4]** Flipper e.g.
- [6]** Snapper or terrarium pet
- [8]** School group
- [11]** Seal's tusked kin

Down

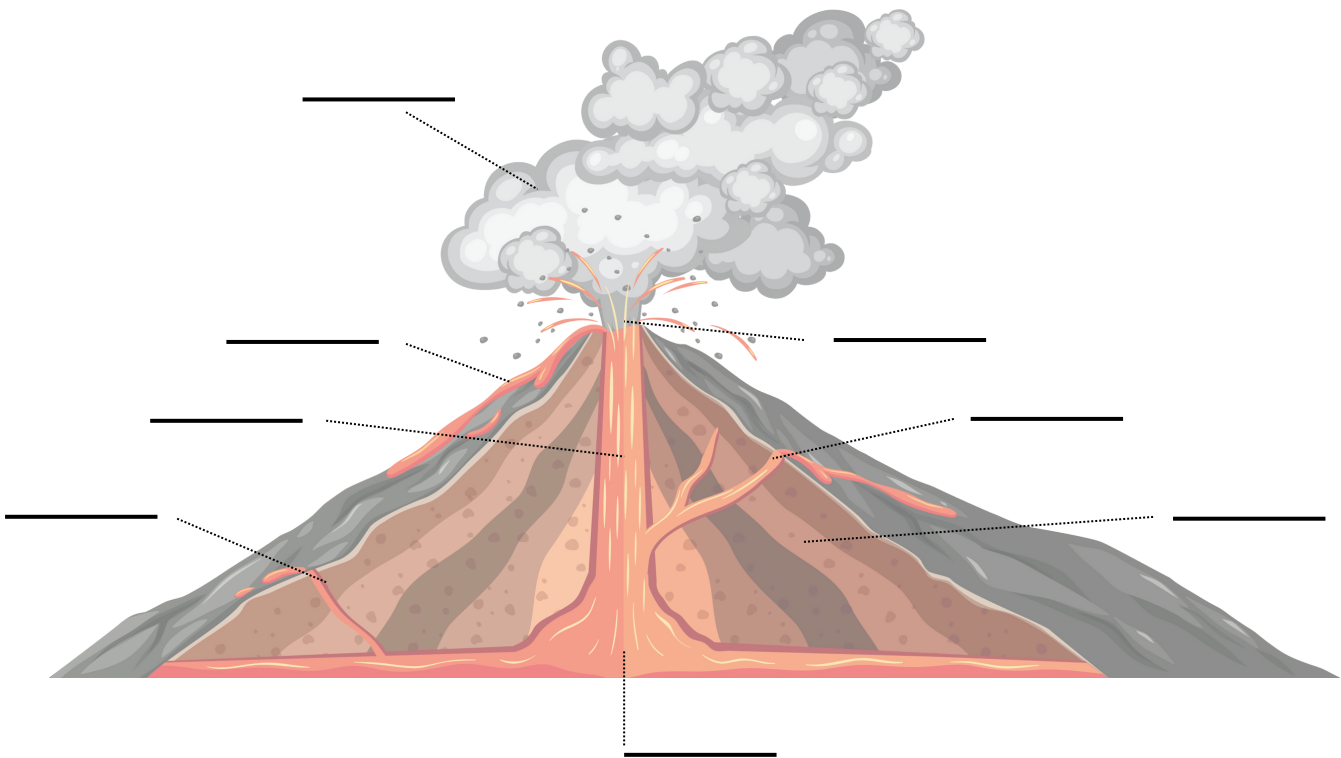
- [1]** Largest mammal
- [2]** Reef material
- [3]** Sushi choice
- [5]** Squid's cousin
- [7]** Long, snake-like fish
- [9]** Offshore hazard
- [10]** Killer whale

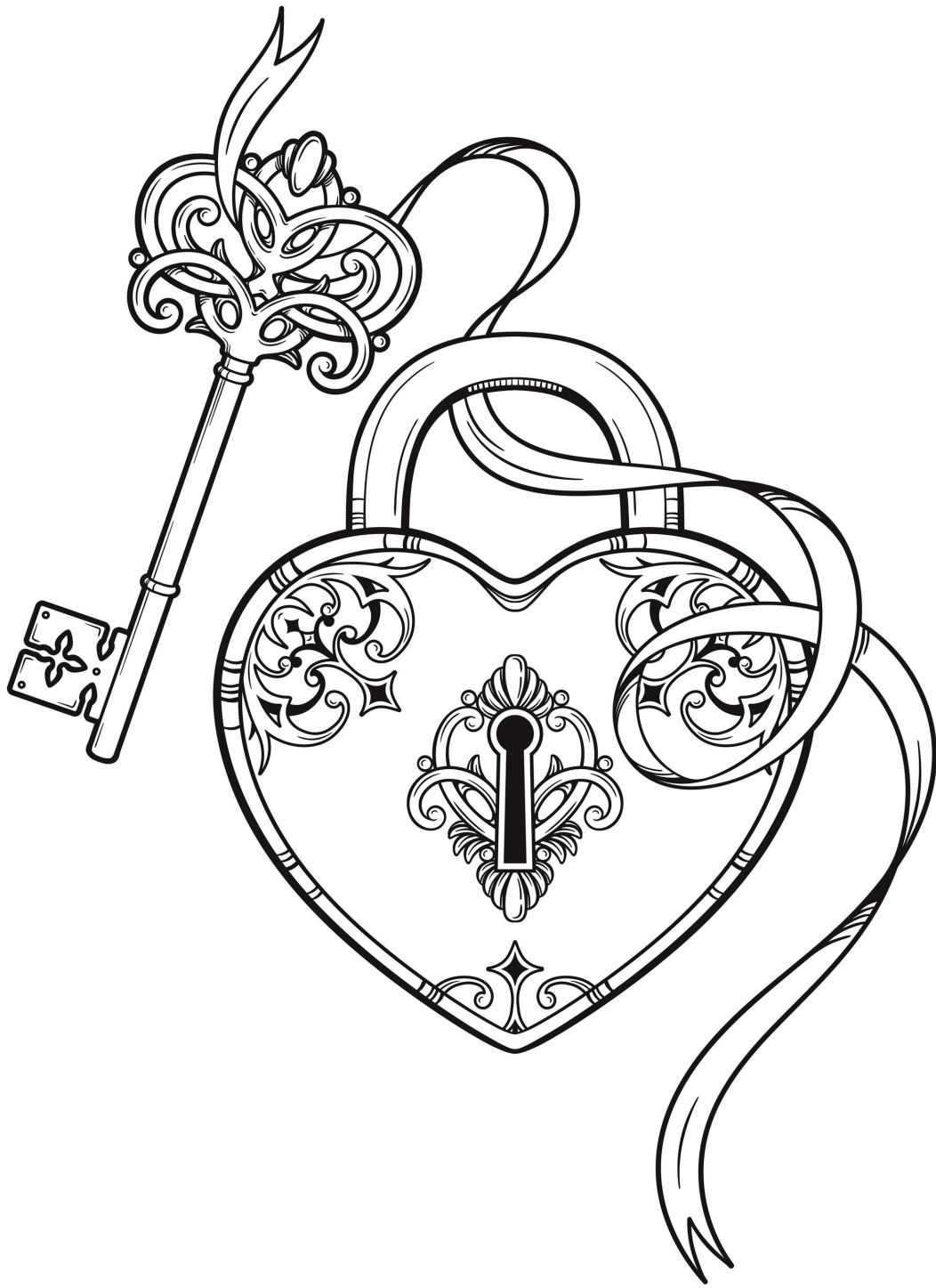
TEST YOUR KNOWLEDGE

Name the different parts of a Volcano.

Word Bank

- Ash
- Lava
- Main vent
- Magma
- Crater
- Secondary vent
- Magma chamber
- Layers of lava and ash





SOLUTIONS

Trivia Answer: D.

With a bite of 1820 pounds per square inch or PSI, the hippopotamus is the mammal with the strongest bite.

Y K M Q V I L I F Y C Q Q H U S W I
Q O T X S J W S R Z Z C Q S Z G B T
G Q X C F U D C V U U L V I O L A D
U Q Z E P C H K W N M T I N C C E J
G O Z F Y I K Q W F D Y B A B K C O
Q K X D E M K U T U R C Y V X Q Y R
X E T A I O V A C U U M E Q A T S R
D V M U E O V I S O R C L X T U K P
G L E U K L Y S X A V Y L C S T A L
H Y G C H H P N M G A T A F I E V F
F A G P D A F G Y V E L V G V V A X
V S R B W E S X I N A C W F I L C M
X Y Z K B G D L Q N E P X B P E A A
P D G I C S M Y W K B C O W U V T L
F F V W P D T I A G W L U R X V I U
T F M Z Z L X Q B Z O T Q E Y F O B
F D M Z I R A W A Q E Z J S X N N G
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6	2	1	9	8	5	7	4	3
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8	1	5	3	7	9	6	2	4
9	6	7	4	2	1	8	3	5
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5	8	4	9	6	2	3	7	1
7	1	9	3	5	8	2	6	4
2	7	3	6	9	1	4	5	8
9	5	8	2	7	4	6	1	3
4	6	1	5	8	3	7	9	2

