

Daily Delight

SUNDAY • FEBRUARY 1 • 2026

National Freedom Day

Do you love all the freedoms that come with being a US citizen? If so, spend today celebrating freedom and all the liberties that come with it! National Freedom Day was established in 1948 and serves as a reminder of the freedoms we as Americans have thanks to the Constitution, and coincides with Abraham Lincoln's signing of the 13th Amendment, which outlawed slavery in the United States. As Americans, we value nothing more than our freedoms and rightfully so. As such, we should all count ourselves as lucky to be citizens of such a great country that allows us to speak freely, worship as we see fit, and so much more. So, spend some time reflecting on our freedom and enjoying our liberties today.



Today in History



In 1962, Viking Press published “One Flew Over the Cuckoo’s Nest”. It was Ken Kesey’s debut novel. 13 years later, it was turned into a movie starring Jack Nicholson and Danny DeVito and won several Academy Awards, including Best Picture, Director, Lead Actor, and Lead Actress.

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DID YOU KNOW?

Star Sand

Star sand is a rare and beautiful type of sand found on the Taketomi, Hatoma, and Iriomote islands in Japan. It consists of small, star-shaped pieces. This unique sand comprises exoskeletons from single-celled organisms known as Foraminifera, specifically Baculogypsina sphaerulata, which are only found in East Asia's coral reefs. Unlike typical beach sand, star sand showcases the remnants of these tiny creatures, creating a stunning shoreline attraction.

TRIVIA

Sockeye is a species of which fish?

A Plaice

B Trout

C Salmon

D Shark

TODAY'S FUNNY

Know how to get a sweet little ol' lady to curse?

Get another one to yell "BINGO!"

TODAY'S WISDOM

"I must have something to engross my thoughts, some object in life that will fill this vacuum and prevent this sad wearing away of the heart."

- Elizabeth Blackwell

WORD SEARCH

Uncommon Music Makers



Sitar

Hurdy Gurdy

Duduk

Koto

Erhu

Didgeridoo

Crwth

Nyckelharpa

Lute

Zither

Calliope

Shawm

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	3		8		4		1	
4	2				1		9	
1	8				7	4		3
		7	6	8			4	1
4	8	6		9	5			2
					2	8		9
7			2	4		1	8	
2	5		7	1	9			4
		4	5	3		9		7

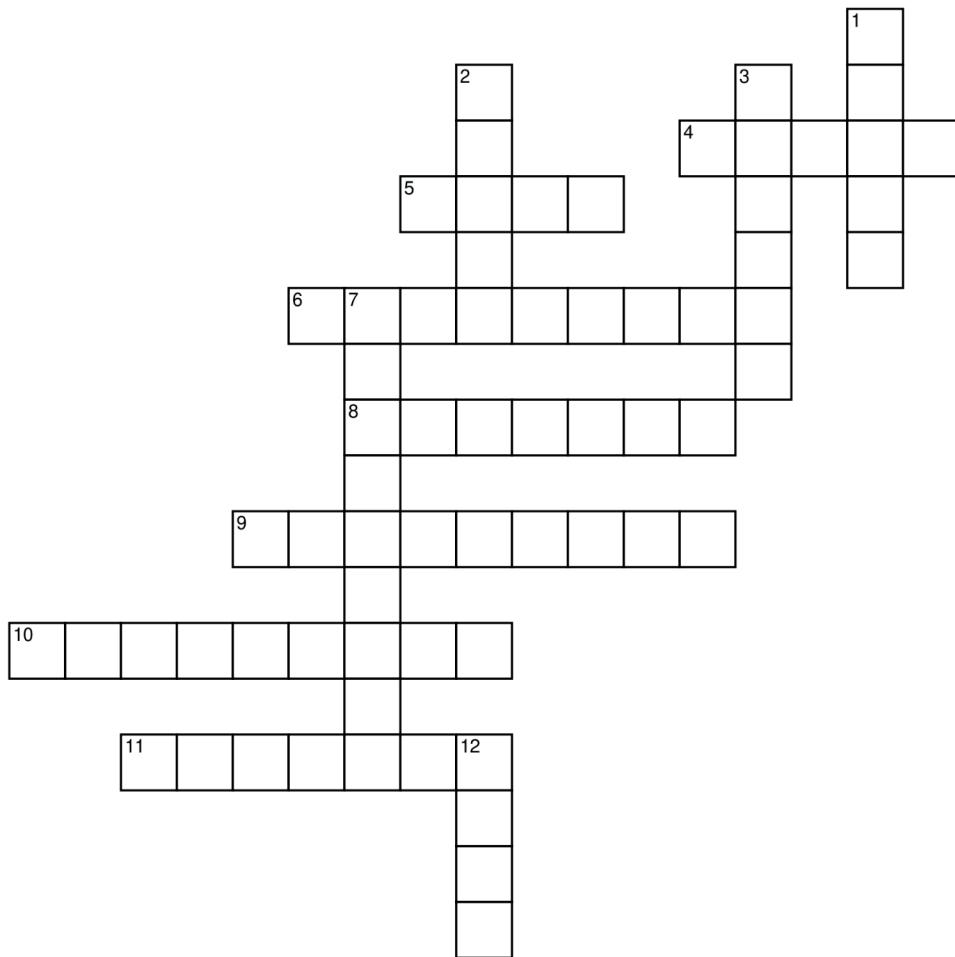
			1				3	4
3		9	5		1			
	4				5	6		
4		5	6		3			
8	6	3			7		5	
7								
3	6	7	4	1				8
5	4	1		9	8		7	3
8	9			3			5	1

Helpful Tip:

If you get stuck, try asking yourself “Where can I place number X in this row or column?” Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Space Exploration



Across

- [4] Halley e.g.
- [5] Cape Canaveral org.
- [6] Triton, to Neptune
- [8] The operation
- [9] Space travelers
- [10] Nothing can escape
- [11] Spacecraft to explore the outer planets of our solar system

Down

- [1] The first American to orbit the Earth
- [2] Nothing in between
- [3] The vehicle Armstrong manned
- [7] Moonwalker man
- [12] First American woman in space

TEST YOUR KNOWLEDGE

Solve the questions below to test your knowledge and give your brain a workout!

Which state capital was originally going to be named “Washington”?

- A. Tucson
- B. Columbia
- C. Maryland
- D. New York

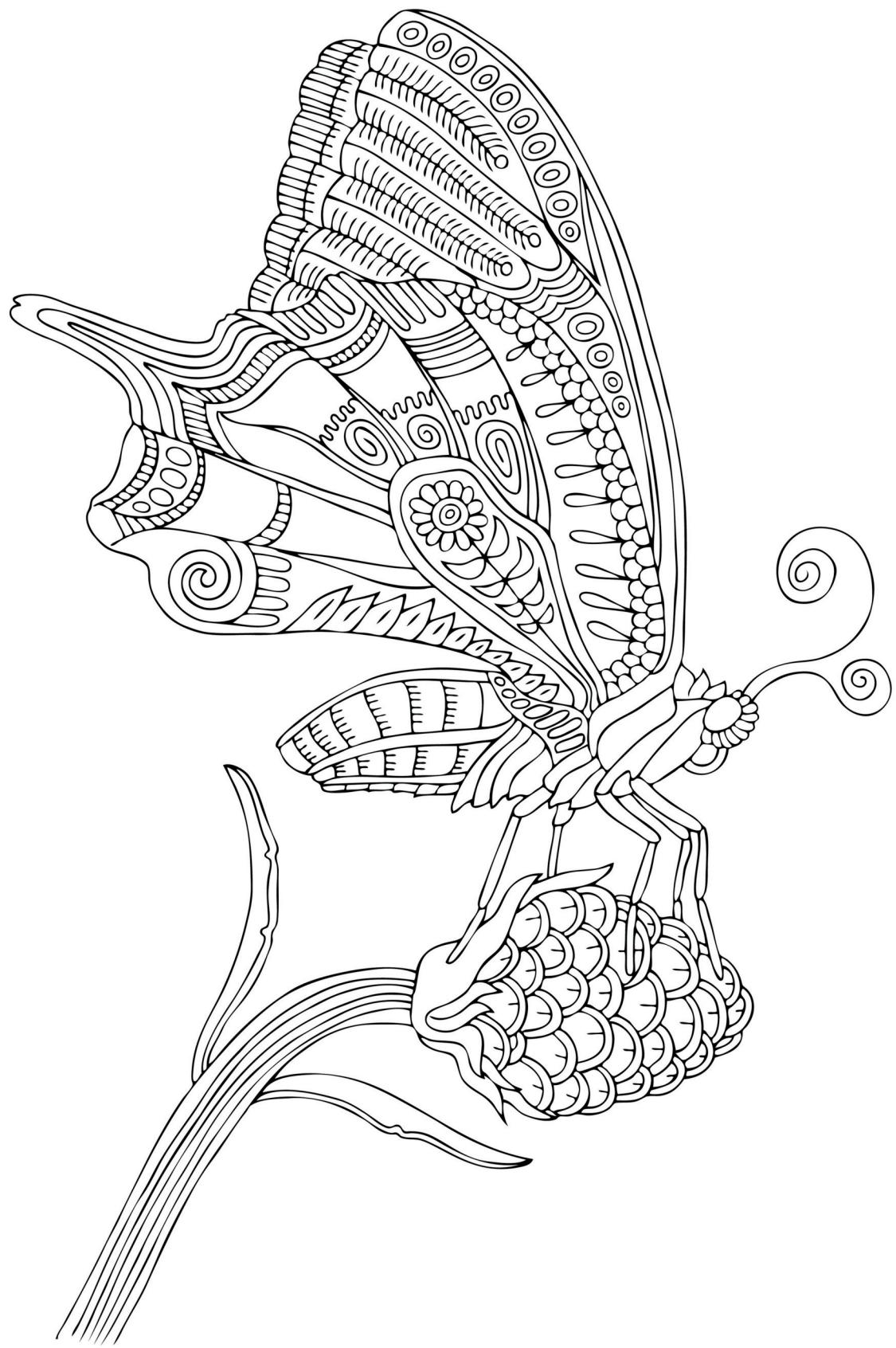
What part of speech replaces a noun?

- A. Descriptor
- B. Conjunction
- C. Pronoun
- D. Adjective

In 1950, which automobile company used the slogan: “Grace...Space...Pace”?

Which world capital city is known to be the oldest continually inhabited city in the world?

- A. Damascus
- B. Athens
- C. Jerusalem
- D. Tokyo



SOLUTIONS

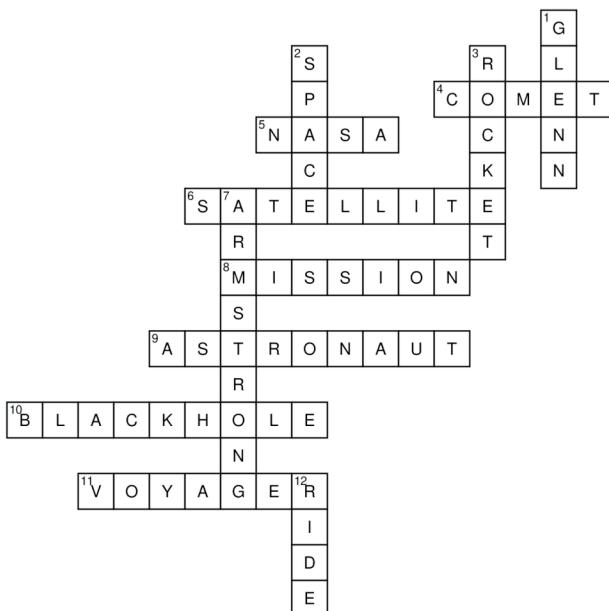
Trivia Answer: C.

Sockeye is one of the smaller species of Pacific salmon. Sea-going sockeye salmon have iridescent silver flanks, a white belly, and a metallic green-blue top, giving them their "blueback" name.



7	3	9	8	5	4	2	1	6
5	4	2	3	6	1	7	9	8
6	1	8	9	2	7	4	5	3
2	9	7	6	8	3	5	4	1
4	8	6	1	9	5	3	7	2
3	5	1	4	7	2	8	6	9
9	7	3	2	4	6	1	8	5
8	2	5	7	1	9	6	3	4
1	6	4	5	3	8	9	2	7

2	5	9	1	6	7	8	3	4
6	3	8	9	5	4	1	2	7
1	7	4	8	2	3	5	6	9
4	1	5	6	7	9	3	8	2
9	8	6	3	4	2	7	1	5
7	2	3	5	8	1	9	4	6
3	6	7	4	1	5	2	9	8
5	4	1	2	9	8	6	7	3
8	9	2	7	3	6	4	5	1



B. Columbia,
South Carolina
was going to be
named
Washington.

C. Pronoun
for example:
He throws the ball.
“He” is the pronoun

Jaguar -
Known for their
luxury cars with
sleek designs.

A. Damascus.
The Syrian capital
has been
inhabited since
around
6500 BCE.