

Daily Delight

MONDAY • MARCH 2 • 2026

National Old Stuff Day

Now, you may have some old stuff sitting around, but Old Stuff Day is surprisingly not about that. It's actually about the response people often give when asked, "What's new?" or "What's happening?" which is, "Nothing...same old stuff." That response makes it sound like your life is just plain old boring. To encourage you to get out of the dull old routine and do something uniquely different for you, we have Old Stuff Day.

To celebrate Old Stuff Day, break out of your same old routine and do something exciting! If you wish to get rid of the old stuff you have lying around, feel free to celebrate the day by doing that, too.



Today in History



In 1969, the Concorde made its maiden flight. The maximum cruising speed was 1,354 miles per hour, more than twice the speed of sound. The flight lasted 27 minutes. Concorde was the only commercial airliner capable of supersonic speeds.

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DID YOU KNOW?

The Eyes Have It

Your eyes contain the fastest muscle in your body. The orbicularis oculi is a sphincter muscle arranged in bands around both eyelids. It controls blinking and drains tears into the nasal cavity. Without this muscle, our corneas would swell, our eyes would dry out, and we would eventually go blind. This muscle can contract, or blink, in as little as 0.1 seconds. Considering the average person blinks up to 19,200 times a day, that's a heavy workout.

TRIVIA

How many times have the Pittsburgh Pirates won the World Series?

A 4

B 2

C 0

D 5

TODAY'S FUNNY

How does Luke Skywalker get through the forest?

Ewoks!

TODAY'S WISDOM

"To be interested in the changing seasons is a happier state of mind than to be hopelessly in love with spring."

- George Santayana

WORD SEARCH

J Names



Jack

Jacob

Jade

Jake

Jamal

James

Jane

Jean

Jeb

Jill

Joel

John

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | | | 2 | 7 | 9 | | 4 | |
| 6 | 3 | | | 4 | 1 | 7 | 8 | |
| | | | 6 | | | | 5 | 9 |
| | | 7 | | 6 | | 3 | 1 | |
| 8 | | | 1 | | | | 9 | |
| | 6 | | | | 4 | | | 7 |
| 1 | 2 | 4 | 7 | 9 | | | 3 | |
| | | | | 1 | 5 | | 7 | |
| | 8 | | | | | 9 | 6 | 1 |

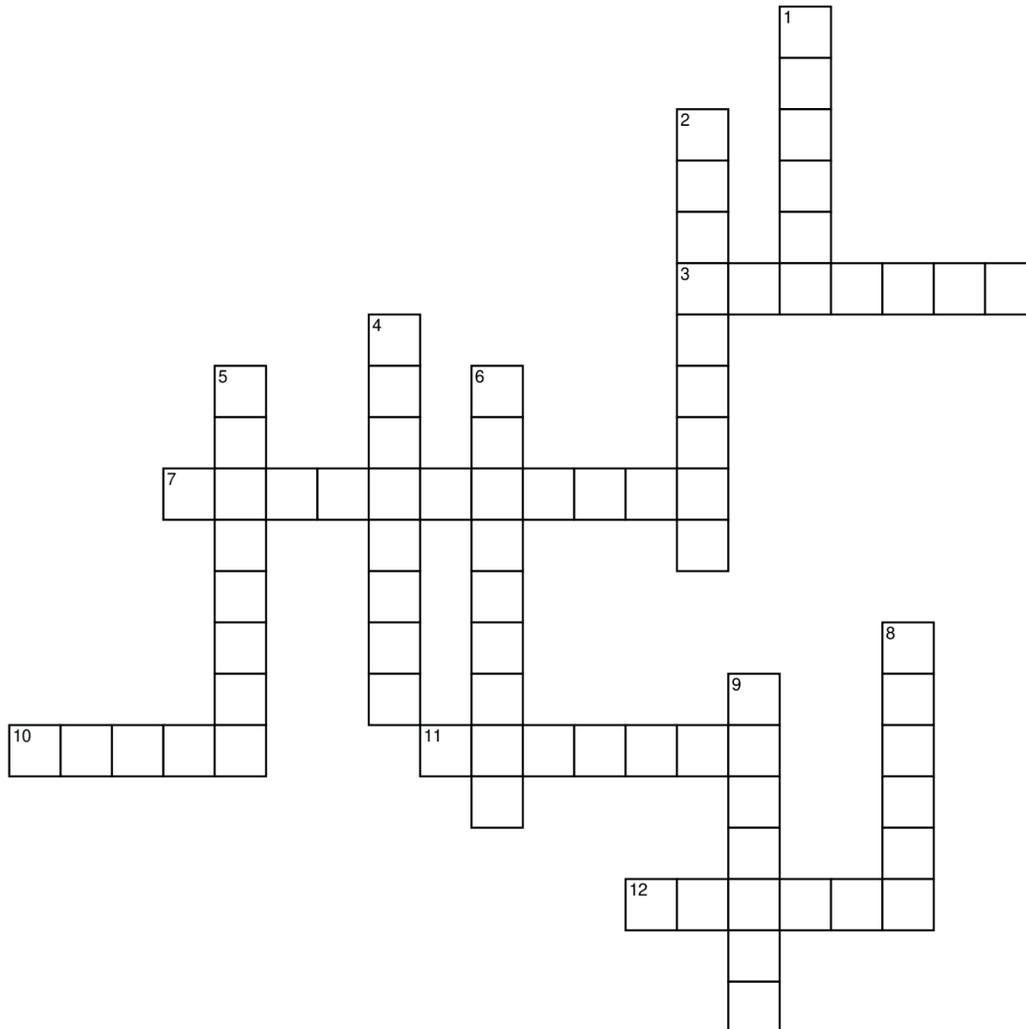
| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 7 | 5 | 6 | 3 | | | | |
| 9 | 1 | 6 | 7 | 4 | | 8 | | |
| 2 | | | | | 5 | | 6 | |
| 5 | | 2 | | | 4 | 1 | 8 | 7 |
| 3 | | 1 | | | 8 | 2 | | |
| | | 7 | | 1 | | 5 | | |
| | 2 | | | 5 | 6 | 3 | | |
| | 5 | | 4 | | | | 1 | |
| 1 | | | | | 3 | 6 | 7 | |

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

World Features from Space



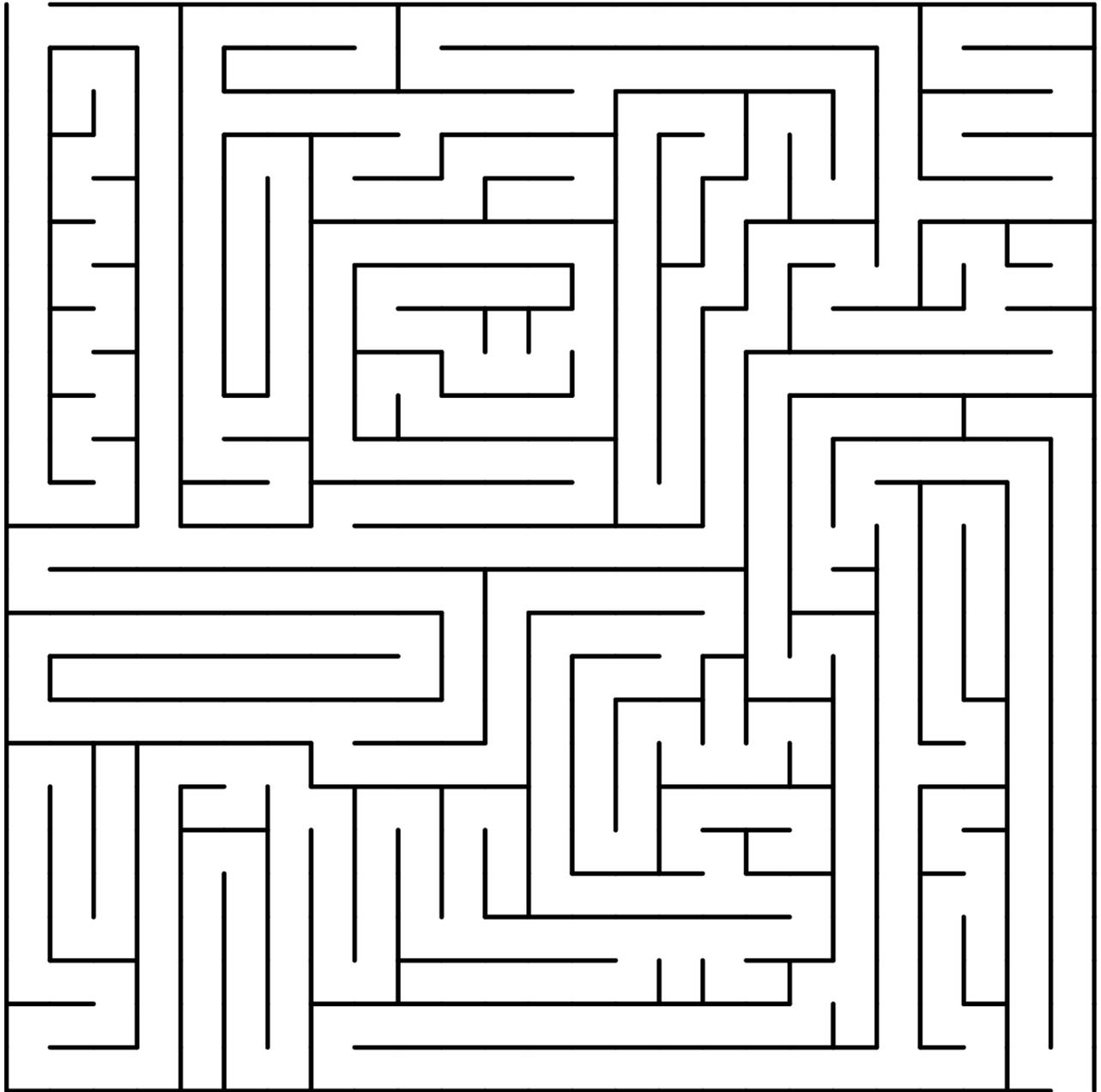
Across

- [3] Arid areas
- [7] Farming
- [10] Coral structures
- [11] Newscast segment
- [12] Large bodies of water

Down

- [1] Population centers
 - [2] Summer threats in dry areas
 - [4] Arctic sightings
 - [5] Main Roads
 - [6] Saint Helens and others, e.g.
 - [8] Comedienne Joan
 - [9] Deep depressions
-

MAZE





SOLUTIONS

Trivia Answer: D.

Remarkably, they won every one of those championships in a decisive Game 7.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 1 | 8 | 2 | 7 | 9 | 6 | 4 | 3 |
| 6 | 3 | 9 | 5 | 4 | 1 | 7 | 8 | 2 |
| 4 | 7 | 2 | 6 | 8 | 3 | 1 | 5 | 9 |
| 2 | 4 | 7 | 9 | 6 | 8 | 3 | 1 | 5 |
| 8 | 5 | 3 | 1 | 2 | 7 | 4 | 9 | 6 |
| 9 | 6 | 1 | 3 | 5 | 4 | 8 | 2 | 7 |
| 1 | 2 | 4 | 7 | 9 | 6 | 5 | 3 | 8 |
| 3 | 9 | 6 | 8 | 1 | 5 | 2 | 7 | 4 |
| 7 | 8 | 5 | 4 | 3 | 2 | 9 | 6 | 1 |

E I Y P B L H W N R D O E J A F X G
 E F S M R U P S Y W T J U F B S N V
 B B J H G A U N G Z H L A Z Z D A J
 X U Z A S E Y F M A T F S C W L L V
 Q L M R C H Z W Q J C Y C G O S T E
 H Z X F K G Y K R O J P J U J B A L
 W M G S Q E V W R H O D N L Z Z E Q
 J X N C T A P F O N R P A O N Z G T
 T F R K V T I N K Y S M R V Z X G T
 C L U Q U K L S D M A H B A I T E S
 I P U R L N N T J N N E C Q M A O
 M R S V I M A X I J H D J C V E T I
 O R O J F E J W V O A R X B Y T L A
 O O I S J J Q T F J P K N X Z G A Q
 M J Z N O A W N N J A M E S Y R N D
 H D P G E C N G T X P I L I V A Y P
 A U C X L K A E X W Y B V Y P H G Y
 R I N L P S Z K Z T F S C L I L N F

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 7 | 5 | 6 | 3 | 1 | 4 | 2 | 9 |
| 9 | 1 | 6 | 7 | 4 | 2 | 8 | 5 | 3 |
| 2 | 3 | 4 | 8 | 9 | 5 | 7 | 6 | 1 |
| 5 | 9 | 2 | 3 | 6 | 4 | 1 | 8 | 7 |
| 3 | 6 | 1 | 5 | 7 | 8 | 2 | 9 | 4 |
| 4 | 8 | 7 | 2 | 1 | 9 | 5 | 3 | 6 |
| 7 | 2 | 9 | 1 | 5 | 6 | 3 | 4 | 8 |
| 6 | 5 | 3 | 4 | 8 | 7 | 9 | 1 | 2 |
| 1 | 4 | 8 | 9 | 2 | 3 | 6 | 7 | 5 |

