

# Daily Delight

FRIDAY • MARCH 6 • 2026

## National Dentists Day

Say “aaaaaaa” because today is the day we celebrate dentists everywhere! Responsible for helping keep your teeth and gums healthy, dentists are very important people when it comes to our oral and overall health. Makes you wonder why so many people are afraid of them (which honestly probably has more to do with the tools they use than the people themselves). In fact, the fear of the dentist is right up there with the fear of pulling teeth, which actually does make a lot of sense when you think about it.

Regardless, on Dentists Day, let’s put aside our fears and thank the men and women who keep us smiling when we’re not sitting in their chairs.



## Today in History



In 1950, Silly Putty went on sale here in the United States. It was invented accidentally by James Wright and has become one of the most popular toys of the 20th century. Wright was attempting to discover a synthetic rubber and came across the putty.

senior **living**  
activity assistant  
powered by **spectrio**



## DID YOU KNOW? Rooted in Success

The laurel wreath symbolizes victory and achievement, originating from Ancient Greek mythology, where Apollo's beloved nymph Daphne transforms into a laurel tree to escape him. Roman emperors wore laurel wreaths to indicate their status. Today, it is present on Olympic medals, logos, and in architecture, maintaining its historical significance.

## TRIVIA

In what movie does Tom Hanks play Captain John Miller?

- A** The Green Mile
- B** Saving Private Ryan
- C** Captain Phillips
- D** Miracle on the Hudson

## TODAY'S FUNNY

What does an English teacher eat for breakfast?

*Synonym rolls!*

## TODAY'S WISDOM

*"Don't read success stories, you will only get a message. Read failure stories, you will get some ideas to get success."*

*- Abdul Kalam*

# WORD SEARCH

## Best Selling Authors



Caldwell

Clancy

Clark

Cronin

Douglas

Ferber

Forsyth

Grey

Hailey

King

Lewis

Rice

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	7					4		9
			1		9	5	3	7
			8		7			
5	8				4			
7		3			2	9		8
				8	3			
	5						6	2
	2	1	7		8			4
4	9	8		2	6		7	5

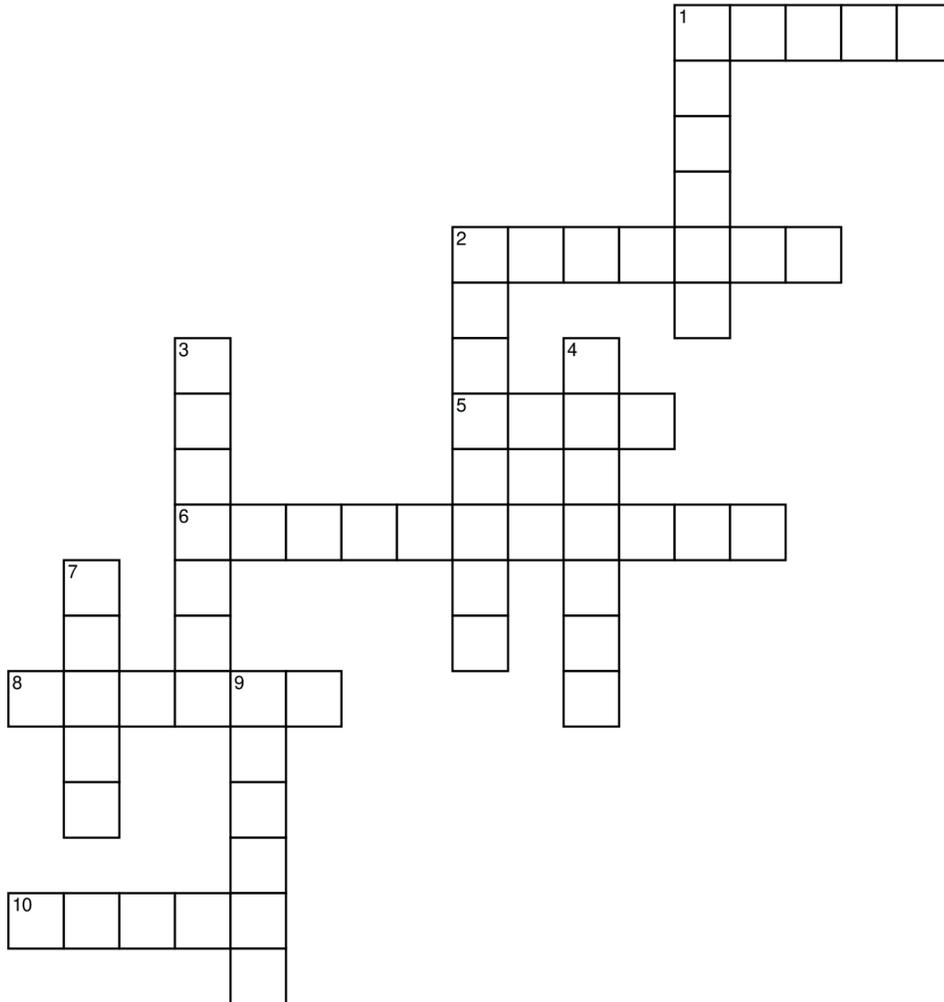
			6		2		5	
	6		7		4		1	2
		1		3			7	
3	4		8				2	
9			3	2	5			6
		2	4					3
1		3	5			9		
		8		4			6	1
4		6	1	8		2	3	5

## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# MINI CROSSWORD

## Famous Authors



### Across

- [1] Pigeon poet
- [2] A Christmas Carol
- [5] Horror writer
- [6] A Midsummer Night's Dream
- [8] Historical fiction writer, "The Nightingale"
- [10] Irish poet and author of "The Picture of Dorian Gray"

### Down

- [1] "Harlem"
- [2] Poet "Because I could not stop for Death"
- [3] "Their Eyes Were Watching God"
- [4] "Still I Rise" poet
- [7] Or Samuel Clemens
- [9] Pride and Prejudice

# CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters have been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A	B	C	D	E	F	G	H	I	J	K	L	M
—	—	—	—	19	—	—	—	—	—	—	—	18

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
—	—	—	—	—	23	—	—	—	—	—	—	—

16 15 1 7                      12 24 12                      20 21 19  
 18 1 7 15                      22 20 20 26                      23 1 25  
 7 20                      7 15 19                      20 7 15 19 4  
 “  
 18 1 21                      24                      15 1 14 19                      23 20  
 18 1 21 25                      6 4 20 22 5 19 18 23”



# SOLUTIONS

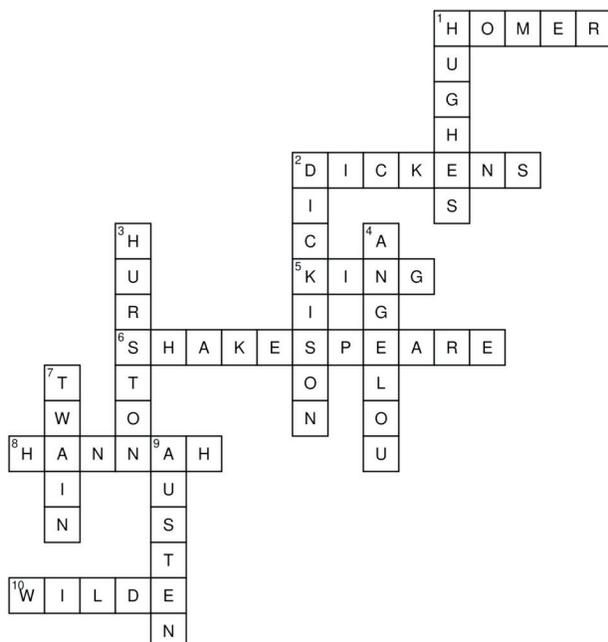
## Trivia Answer: B

To prepare for the film, Steven Spielberg sent the cast to a week-long military boot camp; while most of the actors eventually voted to quit due to the harsh conditions, Tom Hanks was the only one who voted to stay, ultimately convincing the rest of the group to finish the training.

1	7	6	2	3	5	4	8	9
8	4	2	1	6	9	5	3	7
9	3	5	8	4	7	6	2	1
5	8	9	6	7	4	2	1	3
7	6	3	5	1	2	9	4	8
2	1	4	9	8	3	7	5	6
3	5	7	4	9	1	8	6	2
6	2	1	7	5	8	3	9	4
4	9	8	3	2	6	1	7	5

H L J Y G U J Q H A A F G U B M K F  
 F H B T V B P K P L N C T O A X R S  
 A A Q M H F S D V L Z X E G W G A E  
 T R D D R H T T S E I Q O V R N L L  
 K G P R Z H S H A W Q G V J J R C E  
 Z S Y E F G P T L D V N Z U H T C W  
 M D E O N A K D G L X I C D T U E I  
 C L J I K H D L U A Y N D K Y S Y S  
 F L K C J A T Q O C X O B O S E C B  
 L V A G G I H T D B T R X R R H X X  
 Q X R N B L T U R K N C R G O Y R R  
 R X E H C E D T E S F J J Q F O I J  
 R U B E L Y L Q O X V I Z M A B X Z  
 P Q R Z Z M Q L W A J F M F Z M K N  
 K J E S L R U D C B R A X X V V V Y  
 E A F J V T V T G Z E I H N Q B E H  
 V O F X D T U H I W L J C A I G K O  
 K B O K J Q R T H Q Q Y S E Y I P T

7	3	4	6	1	2	8	5	9
8	6	9	7	5	4	3	1	2
2	5	1	9	3	8	6	7	4
3	4	5	8	9	6	1	2	7
9	1	7	3	2	5	4	8	6
6	8	2	4	7	1	5	9	3
1	2	3	5	6	7	9	4	8
5	9	8	2	4	3	7	6	1
4	7	6	1	8	9	2	3	5



A	B	C	D	E	F	G	H	I	J	K	L	M
1	22	9	12	19	8	3	15	24	11	26	5	18
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
21	20	6	13	4	23	7	2	14	16	10	25	17

W H A T      D I D      O N E  
 16 15 1 7      12 24 12      20 21 19

M A T H      B O O K      S A Y  
 18 1 7 15      22 20 20 26      23 1 25

T O      T H E      O T H E R ?  
 7 20      7 15 19      20 7 15 19 4

"M A N      I      H A V E      S O  
 18 1 21      24      15 1 14 19      23 20

M A N Y      P R O B L E M S."  
 18 1 21 25      6 4 20 22 5 19 18 23