

Daily Delight

FRIDAY • MARCH 13 • 2026

National Earmuff Day

Ahhhh...the earmuff! On those really cold days when the wind is howling, and it feels like your ears are going to freeze and break off your head, the earmuff is a lifesaver (or ear saver, as the case may be). Invented by Chester Greenwood on March 13, 1877, the “Champion Ear Protector,” as he called them back then, not only keeps your ears from turning into ice cubes, they are also helpful in protecting you from earaches and ear infections due to icy weather conditions.

For construction workers, the earmuff has another great quality. That is, as a hearing protector, some earmuffs have a “noise reduction rating” of 33 decibels. They’re almost able to completely block out any sounds.



Today in History



In 1972, "The Merv Griffin Show" debuted in syndication for Metromedia Television. It returned after two years on NBC in the 11:30 time slot on CBS. It was an award-winning, successful show that ended in 1986. The show made its debut on May 10, 1965.

senior living
activity assistant
powered by spectrio



DID YOU KNOW? **Air or Water**

Puffer Fish inflate by sucking in water, not air. They take water into their mouths in a big mouthful and then pump it down into their stomachs. About 120 species fall under the puffer category, and they all have this ability. This increase in size makes them an awkward shape and makes them an unattractive option for potential predators. But even if that doesn't work, most puffers produce tetrodotoxin, a poison in their organs and skin that is many times more powerful than cyanide. This toxin tastes bad and can sicken or kill most predators.

TRIVIA

Which U.S. state uses a Ray Charles song as its state song?

- A** Illinois
- B** Montana
- C** New York
- D** Georgia

TODAY'S FUNNY

Where do flowers sleep at night?

In their flowerbed!

TODAY'S WISDOM

"If you run into a wall, don't turn around and give up.

Figure out how to climb it."

- Michael Jordan

WORD SEARCH

Spotted on the Safari

O D W F G I R A F F E V R C L B H A
W B A P X W Q D Z J G S G Q O R T X
C Y D X Q S M H A H I N T C L I O N
F S D C I X G X A D H G K M O T J J
H J C F X Y A J Y X E X I U L D C Z
G Z Y G K R O H T P A L D A F L R N
D N S F Y O C C M E S X K D Y R O Y
Y Y J H E Q E V D R J I I E O V C I
R H Z W L Z L N S C Y P D D C X O P
H O M O H Y E N A L K V X A O W D U
V T X E R J P O P S U Z S V Y U I X
I W G S R B H H X X D A M N F P L X
S W N A P M A H E Z I A D E L I E W
Z U S R L T N B I Z M X S S O Z Q S
F R V B E F T S O X O S F E P O Z N
J L V E W Z B U J O N L P O O A H F
K C H Z M Q T E L A N D Y W L K M V
J C P F Z F I R C F G Q E B G T P I

Baboon

Cheetah

Crocodile

Dik Dik

Eland

Elephant

Giraffe

Hyena

Hyrax

Lion

Oryx

Zebra

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

4	1				9			3
8		7	4					9
9			3	1	2	8		4
				9		3		8
3	9	6		2	4	5		
	8			5		4	9	2
6	5			7				
2		9	5					
				4		2		

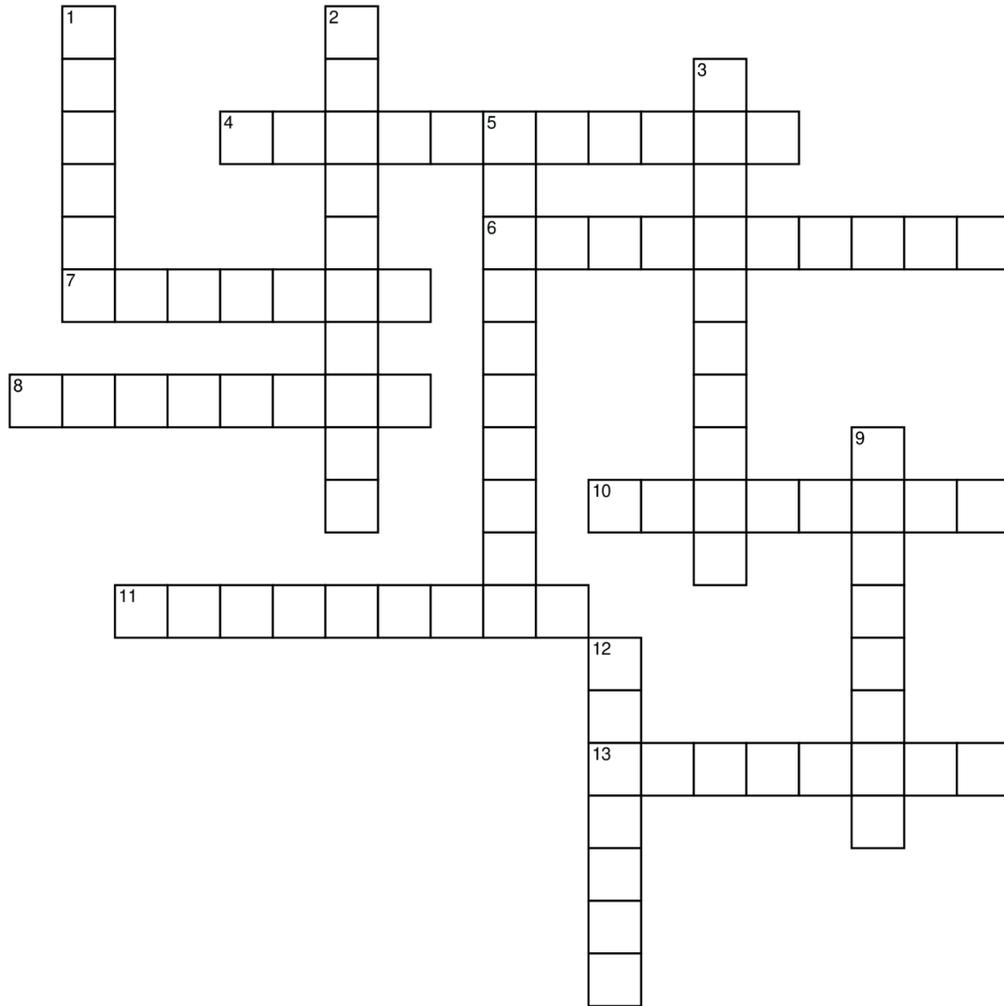
		3			9	7	1	
7	8	5		1	4	2		6
9		6		5			4	
	5			3	2			
3		7	5	4		8	2	
6		2	1					7
5	3				1		8	2
	7	9	8				5	4
8	6			2	5	9		

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Famous Artworks



Across

- [4] Yell, shout
- [6] Birds you don't see during the day
- [7] Brightens your morning
- [8] opposite of landscape
- [10] Picasso's war
- [11] X of X's and O's
- [13] A famous smile

Down

- [1] Flowers by van Gogh
- [2] _____ Vote
- [3] Holy Thursday observance
- [5] Tall ray-loving blooms
- [9] Dairy girl with considerable pull
- [12] "Millie" may be short for this name

CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters have been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A B C D E F G H I J K L M

_____ 26 _____

N O P Q R S T U V W X Y Z

_____ 8 _____ 13 _____

14 18 2 2 26 2 22 7 14 8 13 14 8

1 19 25 25 2 1 1 3 1 8 19 14

8 21 8 13 15 2 13 9 8 19 26 26

18 7 22 2 14 8 19 1 2

14 18 2 1 14 7 3 13 1



SOLUTIONS

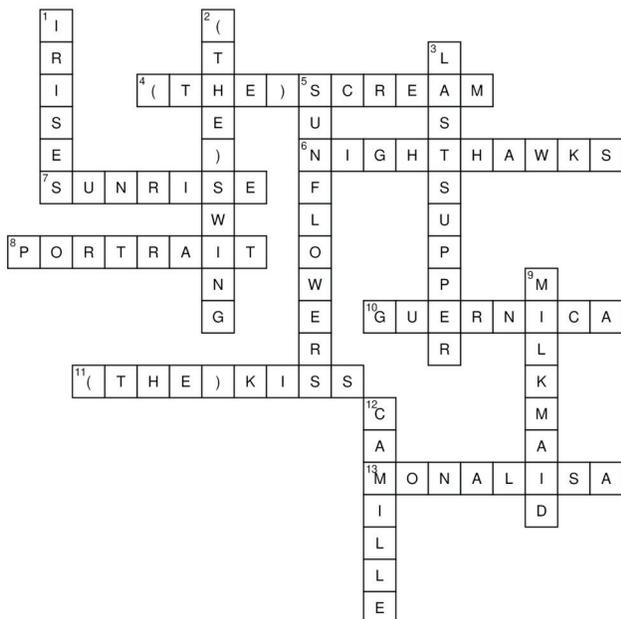
Trivia Answer: B

Excalibur, in Arthurian legend, is King Arthur's sword. As a boy, only Arthur was able to draw the sword out of a stone in which it had been magically fixed.

O D W F **G I R A F F E** V R C L B H A
 W B A P X W Q D Z J G S G Q O R T X
 C Y D X Q S M H A H I N T C **L I O N**
 F S D C I **X G X** A D H G **K M O T J J**
 H J C F X Y A J Y X E X I U L D **C Z**
 G Z Y G K R O H T P A L D A F L R N
 D N S F Y **O C C M E S X K D Y R O Y**
 Y Y J **H E Q E V D R J I I E O V C I**
 R H Z W L Z L N S C Y P **D D C X O P**
 H O M O **H Y E N A** L K V X A O W D U
 V T X E R J P O P S U Z S V Y U I X
 I W G S R **B H H X X D A M N F P L X**
 S W N A P M A H E Z I A D E L I **E W**
 Z U S R L T N B I Z M X S S O Z Q S
 F R V B E F T S O X O S F E P O Z N
 J L V E W Z B U J O N L P O O A H F
 K C H Z M Q T **E L A N D** Y W L K M V
 J C P F Z F I R C F G Q E B G T P I

4	1	2	7	8	9	6	5	3
8	3	7	4	6	5	1	2	9
9	6	5	3	1	2	8	7	4
5	2	4	1	9	7	3	6	8
3	9	6	8	2	4	5	1	7
7	8	1	6	5	3	4	9	2
6	5	3	2	7	8	9	4	1
2	4	9	5	3	1	7	8	6
1	7	8	9	4	6	2	3	5

4	2	3	6	8	9	7	1	5
7	8	5	3	1	4	2	9	6
9	1	6	2	5	7	3	4	8
1	5	8	7	3	2	4	6	9
3	9	7	5	4	6	8	2	1
6	4	2	1	9	8	5	3	7
5	3	4	9	7	1	6	8	2
2	7	9	8	6	3	1	5	4
8	6	1	4	2	5	9	7	3



A B C D E F G H I J K L M
 7 16 25 15 2 21 11 18 3 20 4 26 10

N O P Q R S T U V W X Y Z
 17 8 12 24 13 1 14 19 22 6 5 9 23

T H E E L E V A T O R T O
 14 18 2 2 26 2 22 7 14 8 13 14 8

S U C C E S S I S O U T
 1 19 25 25 2 1 1 3 1 8 19 14

O F O R D E R , Y O U ' L L
 8 21 8 13 15 2 13 9 8 19 26 26

H A V E T O U S E
 18 7 22 2 14 8 19 1 2

T H E S T A I R S .
 14 18 2 1 14 7 3 13 1