

Daily Delight

FRIDAY • FEBRUARY 6 • 2026

National Chopsticks Day

National Chopsticks Day is the one day out of the year that we put away the forks and spoons and let chopsticks reign supreme!

In use for over 5,000 years, chopsticks were originally used to cook before becoming the quintessential tool to eat across East Asia.

One-fourth of the world's population uses chopsticks to eat every single meal, so even if you're terrible at using them, it's not going to hurt you to give it a try for one day. As a bonus, you may even burn a few extra calories since using chopsticks engages over 50 different joints and muscles!

Have fun with it and let us know how long it takes you to eat your cereal with them!



Today in History



In 2009, Composer Jennifer Higdon's "Violin Concerto" premiered in Indianapolis. A professor of composition at Philadelphia's Curtis Institute for 25 years, Higdon won the Pulitzer Prize for Music in 2010, as well as three Grammy Awards for Best Contemporary Classical Composition.

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DID YOU KNOW?

Kites and the Cultural Revolution

Kites are very popular in China and have been for a long time. But kite flying was banned in China during the Cultural Revolution; anyone found flying a kite was sent to jail for up to three years. The Chinese name for a kite is Fen Zheng, which means wind harp. The name is derived from early Chinese kites, which were used to carry wind to musical instruments.

TRIVIA

What is a group of owls called?

A A venue

B A convocation

C A parliament

D A murder

TODAY'S FUNNY

If it was legal to marry food...

I would still choose you over pizza.

TODAY'S WISDOM

“Share your smile with the world. It's a symbol of friendship and peace.”
- Christie Brinkley

WORD SEARCH

Going to Space



Apollo

Buzz Aldrin

Gemini

Laika

Mercury

Moon

Nasa

Orbit

Soyuz

Sputnik

Vostok

Mars

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

		8		9	7	2	4	1
	4		8	2	6			5
3								6
5						3		4
	3	4		8		6		
8	9	6		3	5	7	2	
9			5	8				3
		5		1				
1			2	6		9		

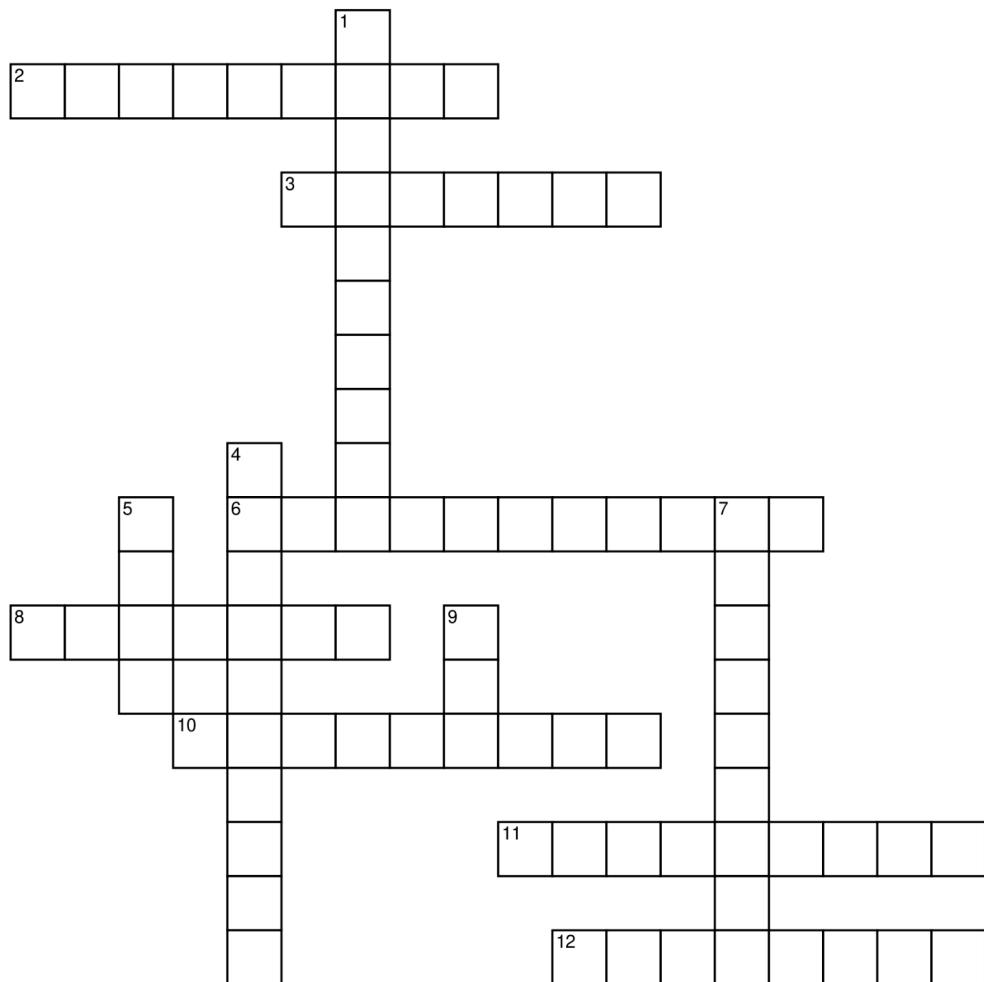
	5					6	4	8
	4					5	7	9
6		7	8	5		3	1	2
	1							
	9	3	1	5	2			7
				9	8	5	1	
7			6	2		8		
2		1		3	8	7		5
5			1		7	4		

Helpful Tip:

If you get stuck, try asking yourself “Where can I place number X in this row or column?” Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Great Discoveries



Across

- [2] Electrical essential
- [3] Points one in the right direction
- [6] Shocking power
- [8] Keeps you grounded
- [10] Prehistoric creatures
- [11] Kitchen zapper
- [12] Global network

Down

- [1] Family wheels
- [4] Sir Alexander Fleming creation
- [5] Medical photo
- [7] Landline communication
- [9] Cold case evidence

CRYPTOGRAM

Quotes that are turned into cryptograms usually have repeated or similar words, so search for strings of common characters throughout the puzzle. Once you solve one of the words, substitute as many of the letters as you can in the other word to get a better idea of what it might be.

A B C D E F G H I J K L M

16

N O P Q R S T U V W X Y Z

11

1

5 3

20 23 26

2 23 11 4

12 5 15 16

4 18 16

8 23 7 2

20 23 26 8 16

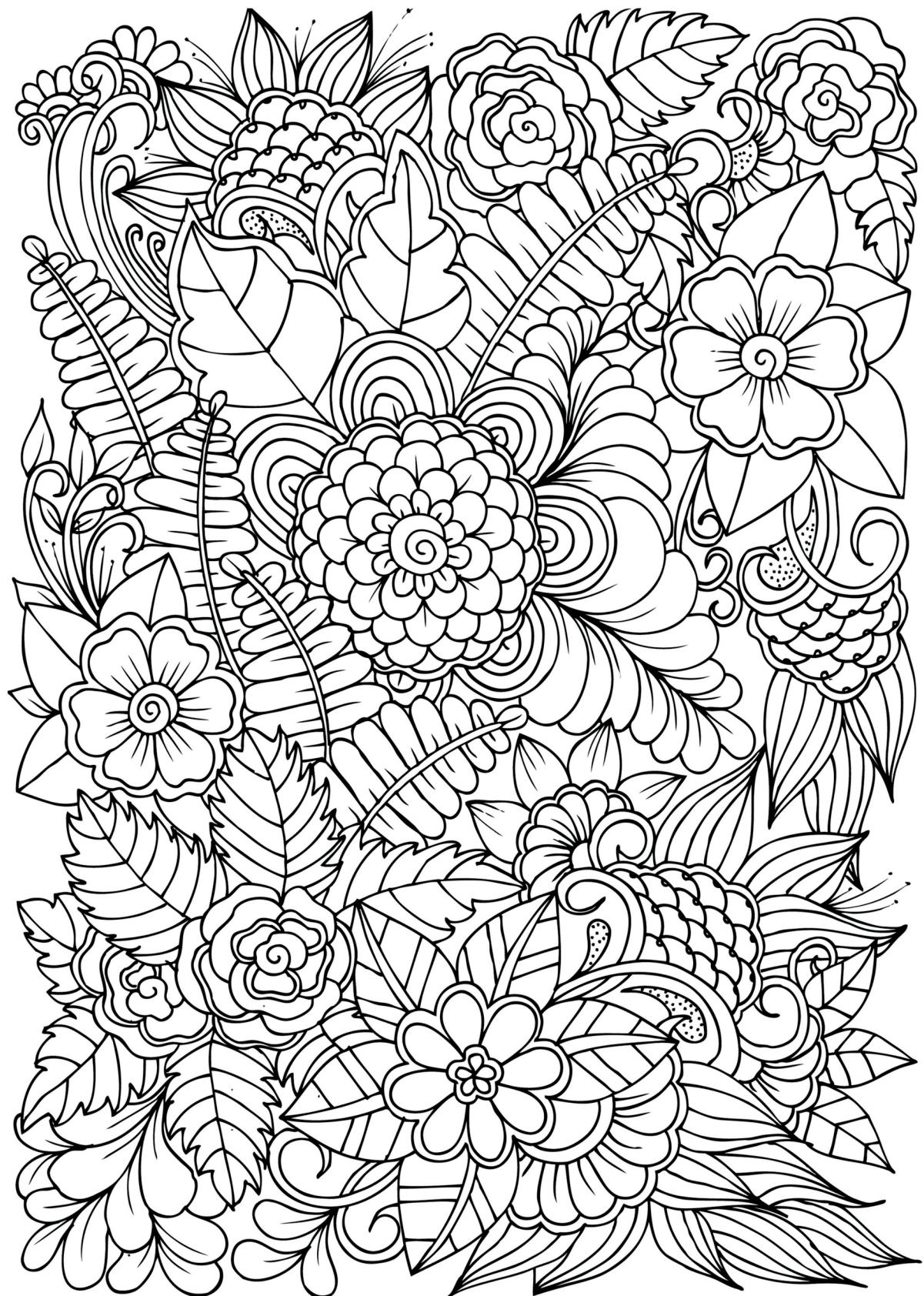
6 7 12 15 5 11 25 ,

17 4 7 8 4

1 7 21 5 11 25

7 11 23 4 18 16 8

23 11 16 !

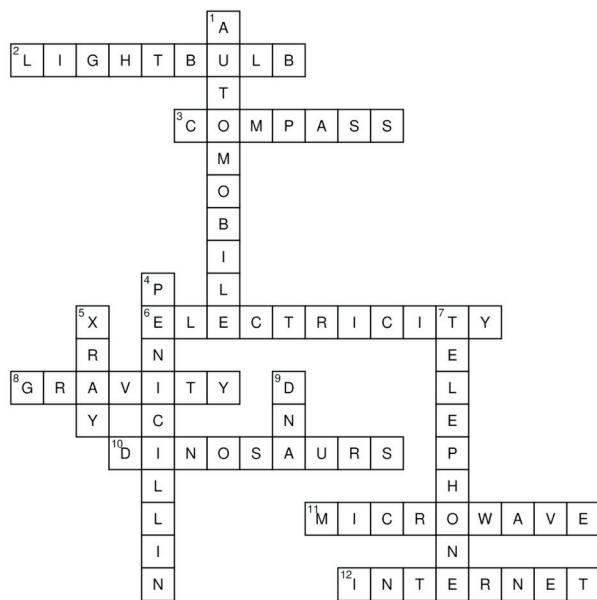


SOLUTIONS

Trivia Answer: C.

Long associated with knowledge and wisdom, owls are most often known as a parliament.

P E Y H C L J V Y D U T C K J R A D
 F D N D D Z Y L V Z M O I Q O L I G
 S A B U Z Z A L D R I N D U R E O H
 E V M P Z S W K K J T Y N W T U S G
 N O V F T Z E T B U Z M V W S I U C
 V E C S L D L A P K I Z B U P U T X
 A S H D C G P S L V P J F P J E R P
 D F K M P G O I N A S A G J C L M F
 D P K T B E L J W J I X F S S R F T
 C W J Y K M L H C N W K D O G U W E
 Y C T A O T O E G P U C A Y T V L O
 S G I B T L P O I P Q C Q U C U X V
 L H B Z S A A Q N M K G H Z K R I A
 A G R V O N S F F I M E R C U R Y D
 O D O P V Y R T B B R M I G T E W E
 A Y F H X H A E U S E I S I U U A D
 J R O W S O M O L H P N A I T I B Z
 Q H V J K S Y V A T Y I G F Q U B U



6	5	8	3	9	7	2	4	1
9	4	1	8	2	6	7	3	5
3	2	7	4	1	5	8	9	6
5	6	2	1	7	9	3	8	4
7	3	4	5	8	2	6	1	9
1	8	9	6	4	3	5	7	2
4	9	6	7	5	8	1	2	3
2	7	5	9	3	1	4	6	8
8	1	3	2	6	4	9	5	7

1	5	2	9	7	3	6	4	8
8	4	3	6	2	1	5	7	9
6	9	7	8	5	4	3	1	2
7	1	5	2	8	6	9	3	4
4	8	9	3	1	5	2	6	7
3	2	6	7	4	9	8	5	1
9	7	4	5	6	2	1	8	3
2	6	1	4	3	8	7	9	5
5	3	8	1	9	7	4	2	6

A B C D E F G H I J K L M
 7 22 9 2 16 3 25 18 5 10 15 12 19

N O P Q R S T U V W X Y Z
 11 23 1 24 8 17 4 26 21 6 13 20 14

I F Y O U D O N ' T
 5 3 20 23 26 2 23 11 4
 L I K E T H E R O A D
 12 5 15 16 4 18 16 8 23 7 2
 Y O U ' R E W A L K I N G,
 20 23 26 8 16 6 7 12 15 5 11 25
 S T A R T P A V I N G
 17 4 7 8 4 1 7 21 5 11 25
 A N O T H E R O N E!
 7 11 23 4 18 16 8 23 11 16

Quote by Dolly Parton