

Daily Delight

THURSDAY • JANUARY 22 • 2026

Celebration of Life Day

Celebration of Life Day on January 22nd honors the children and grandchildren who bring joy to our lives. The day is a reminder that each child and each life is to be held as a precious gift with the highest respect and dignity. Children grow up so quickly. They're constantly learning new things and changing daily. By spending time with children and demonstrating the care and love they deserve, we celebrate their lives. Get together with the children or grandchildren in your life for some quality time. What to do? Talking and especially listening are always a good idea. Read a book, play a game, or work on a puzzle together. Perhaps bake cookies, go on a picture-taking expedition, or create some art. Any activity that encourages learning, laughter, creativity, or movement is a great way to spend time with a child!



Today in History



In 1968, "Lady Soul" by Aretha Franklin was released. It was her 14th studio album and won the Billboard Album of the Year award. With a career spanning six decades, Franklin began as a gospel singer. She was the first female artist to be inducted into the Rock and Roll Hall of Fame.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW? **Insects to Innovation**

Before homeowners used varnishes and polyurethane finishes for waxing their hardwood floors, they used bugs. Specifically, a secretion from the lac bug of India and Thailand, which, when dissolved in alcohol, creates liquid shellac, the go-to floor finish throughout the Western world in the 19th and early 20th centuries. It would be replaced by nitrocellulose lacquer by the 1930s, but before that, bugs kept floors shiny.

TRIVIA

Which video game franchise features a character named Link?

- A** The Legend of Zelda
- B** Super Mario
- C** Final Fantasy
- D** Sonic the Hedgehog

TODAY'S FUNNY

Where do bees go to the bathroom?

The BP station!

TODAY'S WISDOM

"To be a filmmaker is to be a sculptor of time."
- Ingmar Bergman

WORD SEARCH

Air Within



Affair

Armchair

Chairman

Corsair

Dairy

Despair

Eclair

Fairway

Fairy

Hairy

Impair

Lairs

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

1						6	3		7
6	3		7	2					
		5	1		4				
					8		1		
	4	1		6	2	8		5	
5			4	1					
7		3		8	1	4	9		
	9	6	2	7	3		8		
2		8			5		3		

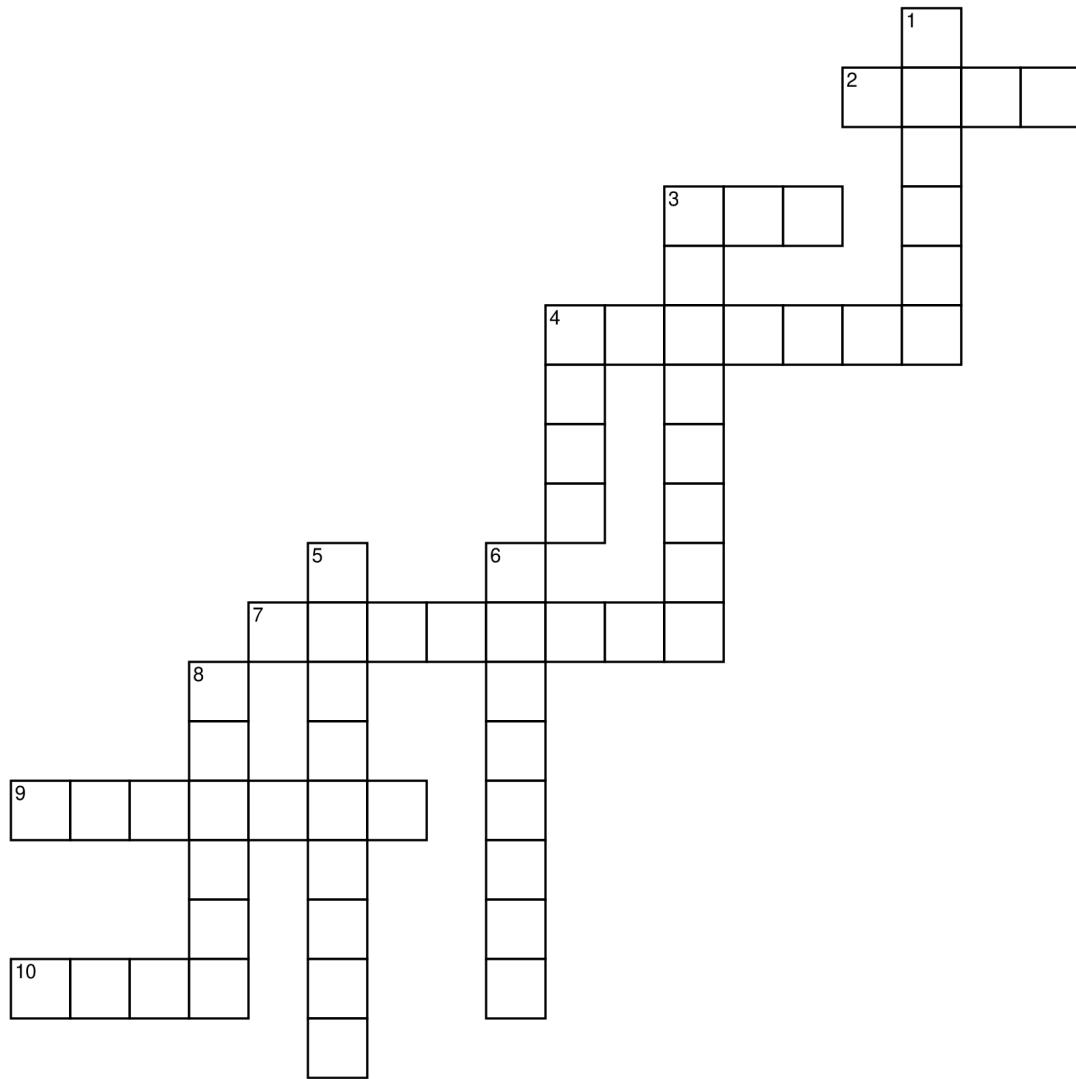
	4	6	5			9		
5		8		9	6	2	3	
1			2	7	5			
5		2		8	3			
		1	7				9	
	7	3			8			
3	9		5	4		6		
6			3	2	1	8	5	
	5	7	6	1	9		4	

Helpful Tip:

If you get stuck, try asking yourself “Where can I place number X in this row or column?” Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Expensive Items



Across

- [2] Property
- [3] Museum pieces
- [4] Time tellers
- [7] Grand residence
- [9] Italian Auto
- [10] Sky Streaker

Down

- [1] Luxury boat
- [2] Yesteryear's treasure
- [3] Vintage drink
- [5] "Mona Lisa" e.g.
- [6] Girl's Best Friend
- [8] Sticky collectible

SEEK AND FIND

Find the hidden objects in the picture.



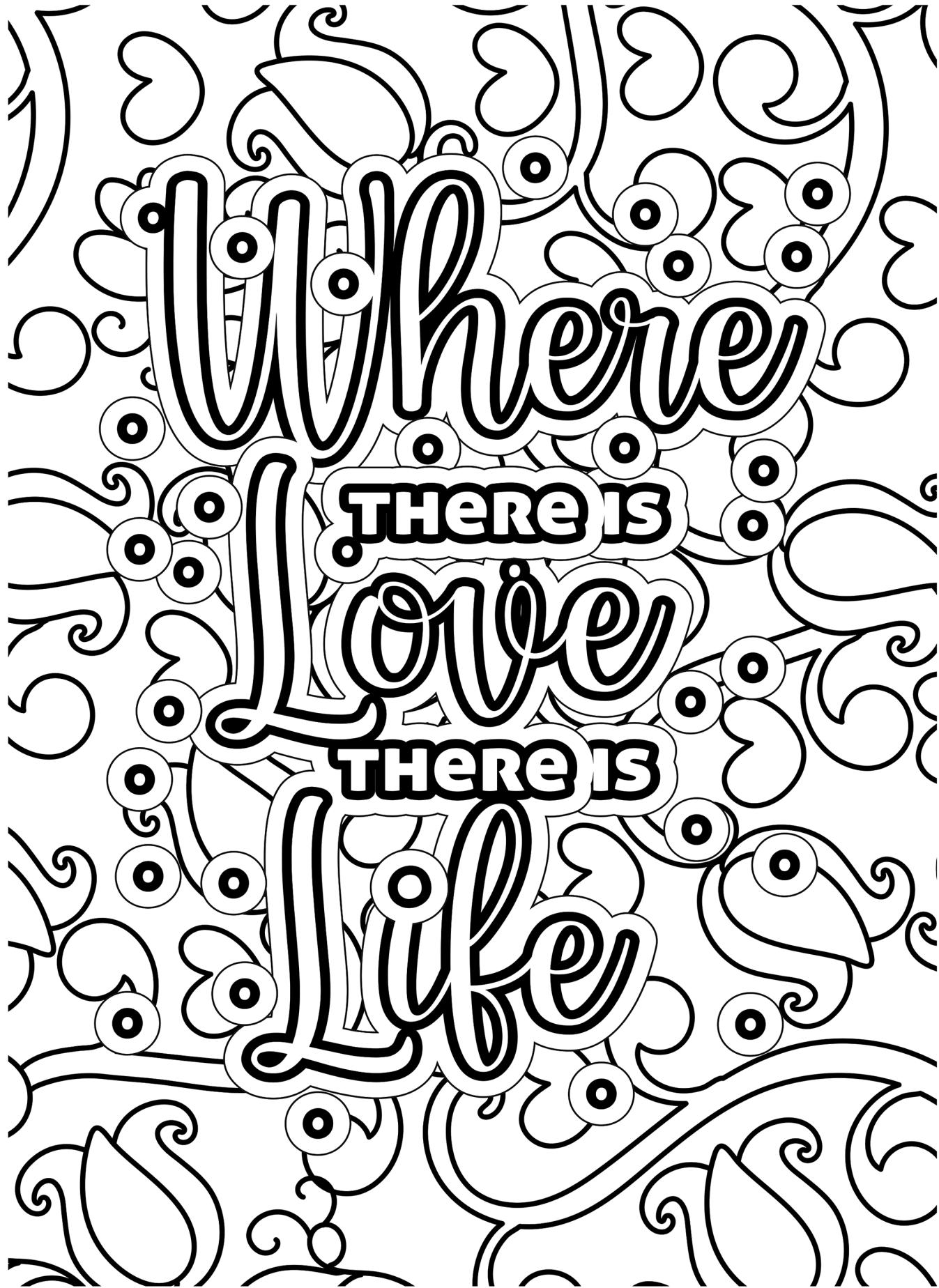
Where

There is

Love

There is

Life

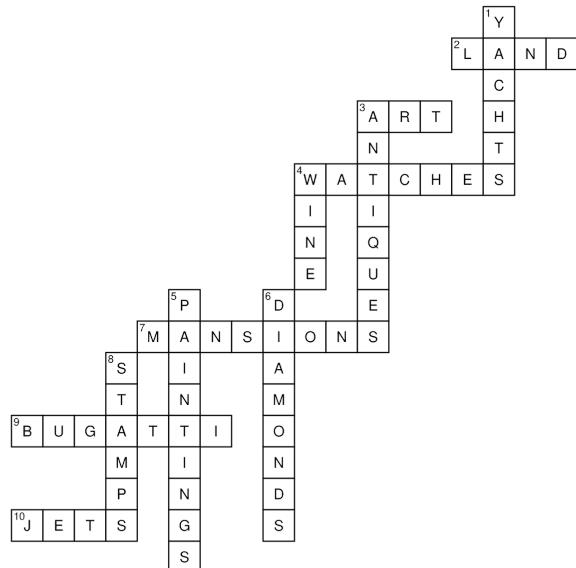


SOLUTIONS

Trivia Answer: A.

Link is typically left-handed and inspired by Disney's Peter Pan. The Legend of Zelda reflects Miyamoto's childhood adventures.

X H U F R F C N W D F F P F Q Q W O
 Q Q J Z Y O E O L O U N P D A I R Y
 G X X S D U L T R X G C N B Q R N A
 U C I I F Y Q G I S R H J V A P F D
 H F R D F B T R A J A A C O H K V E
 R F Y E D B T Z P L F I T E N D J C
 Y E D S Z Z S F M L I R R T Q U V Z
 E A F P S U O K I J K M V H R I E T
 E C L A I R I L C R J A G A Q V M L
 J F A I R W A Y I Z H N O I N F R B
 I B A R M C H A I R C N V R I N U P
 F A I R Y H F E O G V A Z Y A T V A
 A A L E G F P Y F T L K B G Q X T K
 T J B Y A B Y P U E A S B F E Z Q R
 J Q O Q R H G E H N M X Z C Q Z K W
 Y V A H T M K Q R U X B U X A W C Z
 K Y J L A I R S A Z F D O Q I R S A
 U Y P G S O O J G B L C F G N K G Y



1	2	9	8	5	6	3	4	7
6	3	4	7	2	9	1	5	8
8	7	5	1	3	4	6	2	9
3	6	7	5	9	8	2	1	4
9	4	1	3	6	2	8	7	5
5	8	2	4	1	7	9	6	3
7	5	3	6	8	1	4	9	2
4	9	6	2	7	3	5	8	1
2	1	8	9	4	5	7	3	6

2	4	6	5	8	3	7	9	1
5	7	8	4	1	9	6	2	3
9	1	3	6	2	7	5	4	8
4	5	1	2	9	8	3	7	6
3	8	2	1	7	6	4	5	9
6	9	7	3	4	5	8	1	2
1	3	9	8	5	4	2	6	7
7	6	4	9	3	2	1	8	5
8	2	5	7	6	1	9	3	4

