

# Daily Delight

MONDAY • JANUARY 19 • 2026

## National Good Memory Day

Good Memory Day is observed on January 19 every year, to cherish good moments from our past and present while making new ones for the future. As the name suggests, this day is also the perfect occasion to test how good your memory is. Human memory has been a topic of study since the time of Aristotle. He was the first individual to compare the human mind to a blank slate and advocated that human beings are a total of their experiences. Although the human brain is capable of developing memories right in the womb, most people can't trace childhood memories before the age of three or four. Come up with a memory game based on major childhood events, plan a fun day out with your family, or make that pending call to your best friend today. And show some love to someone struggling with their own memory/memories.



## Today in History



In 1977, shortstop Ernie Banks was elected to the Baseball Hall of Fame. He spent his entire 19-year Major League Baseball career with the Chicago Cubs. Banks won two MVP awards, and he was a 14-time All-Star. He hit over 40 home runs in 5 different seasons and retired in 1971.

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## DID YOU KNOW?

### Nature's Performers

Some male songbirds sing more than 2,000 times each day. Unlike humans, who sing using their vocal cords, songbirds produce sound in their syrinx, an organ with two bronchial tubes that can be independently controlled. This unique physical feature allows them to create a wide variety of sounds and songs.

## TRIVIA

Which artist painted the famous mural, "The Last Supper"?

**A** Vincent van Gogh

**B** Pablo Picasso

**C** Leonardo da Vinci

**D** Michelangelo

## TODAY'S FUNNY

What do you call an alligator in a vest?

*An inVEST igator!*

## TODAY'S WISDOM

*"I make westerns because I love the American people."  
- John Ford*

# WORD SEARCH

## Real or Not



True

Actual

Artificial

Authentic

Concrete

Dream

Fact

Fake

False

Fancy

Fantasy

Real

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

					4		3	
	1	5		6	7	8		
2								7
5	2		4	7				6
		7	6			3		2
	9				2			4
9			5		3		6	
		4	2		1	7	5	
		1	7	4		2		3

9	5		2	7				6
4					8		1	3
		6	1	9			2	
1				4				9
			3			6		5
					5			
		3	8				5	
5	1		9		7		6	
	2	8	4	5		3	9	

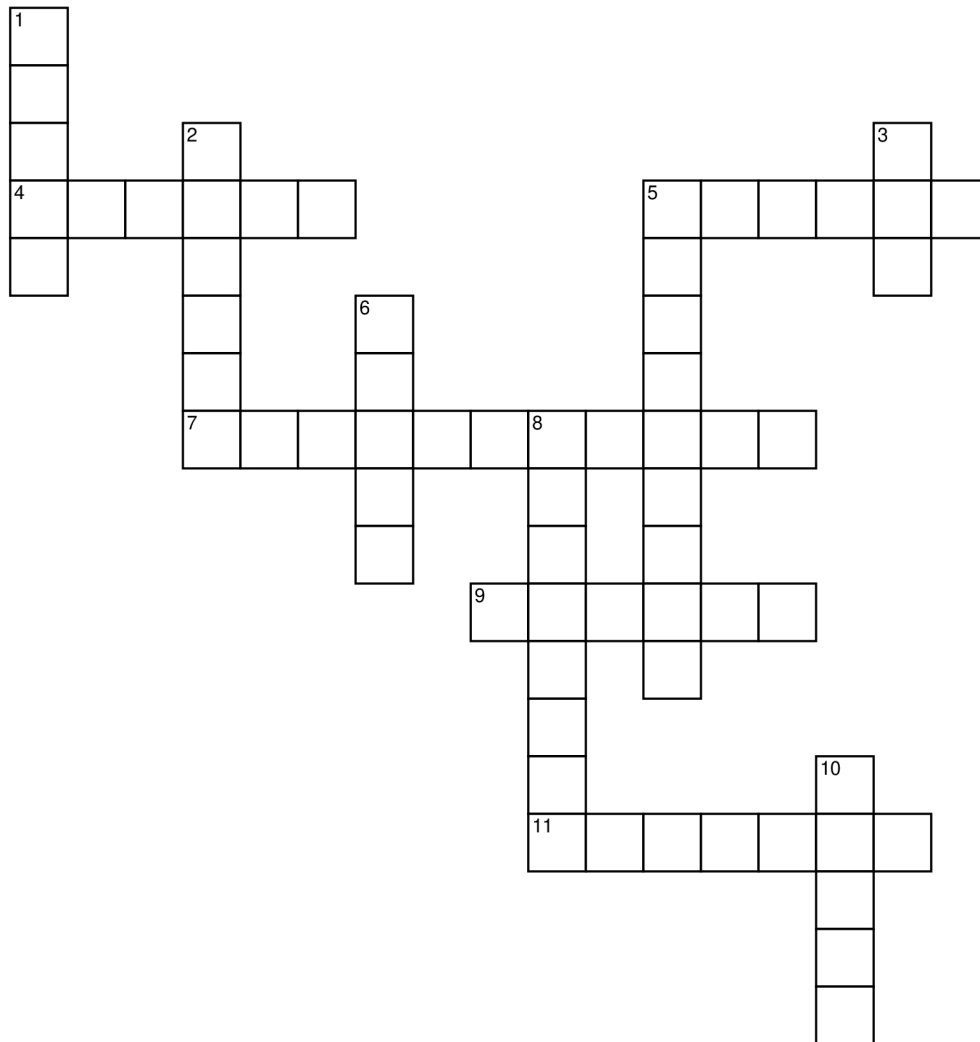
## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.



# MINI CROSSWORD

## Zodiac Signs



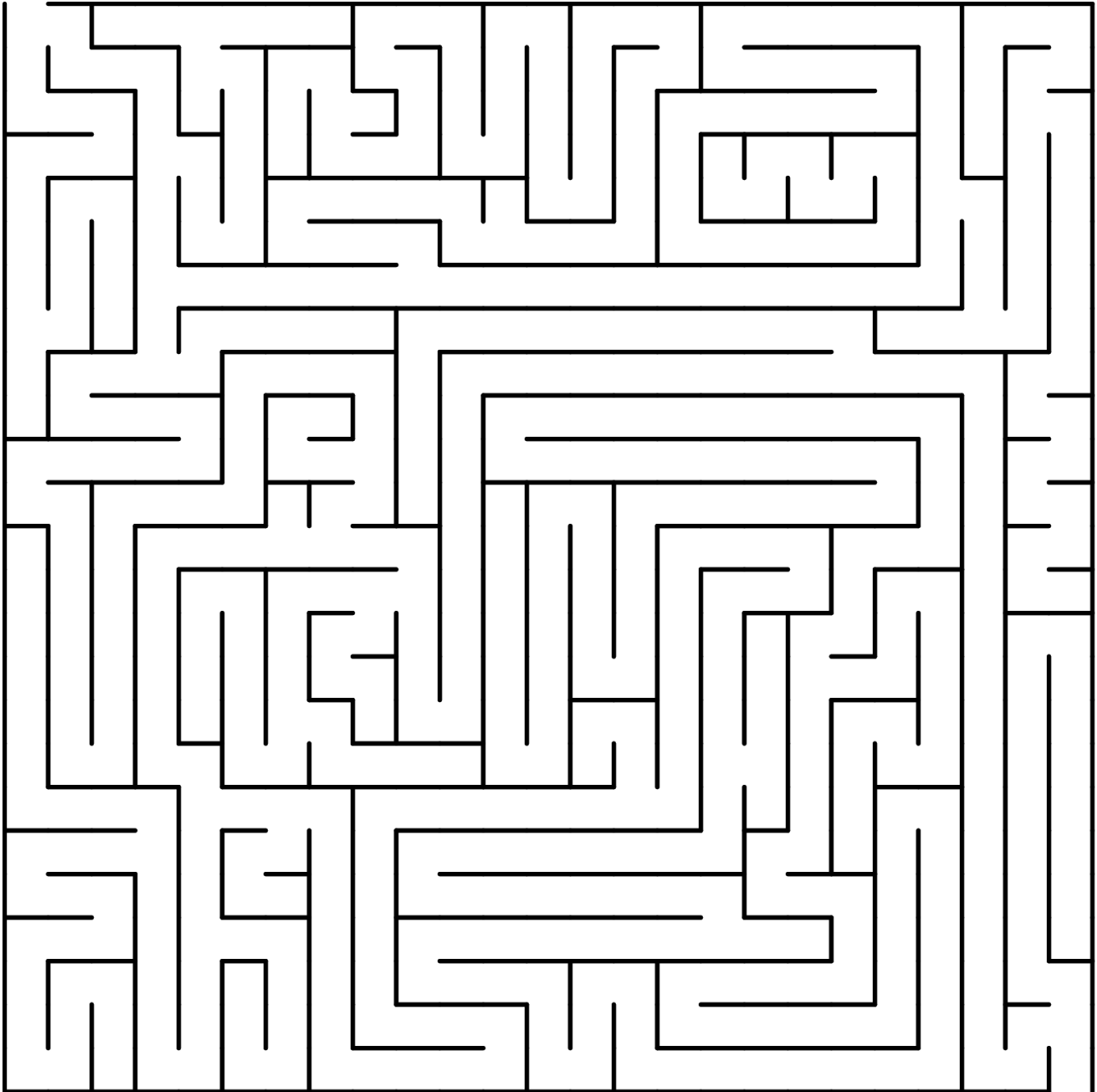
### Across

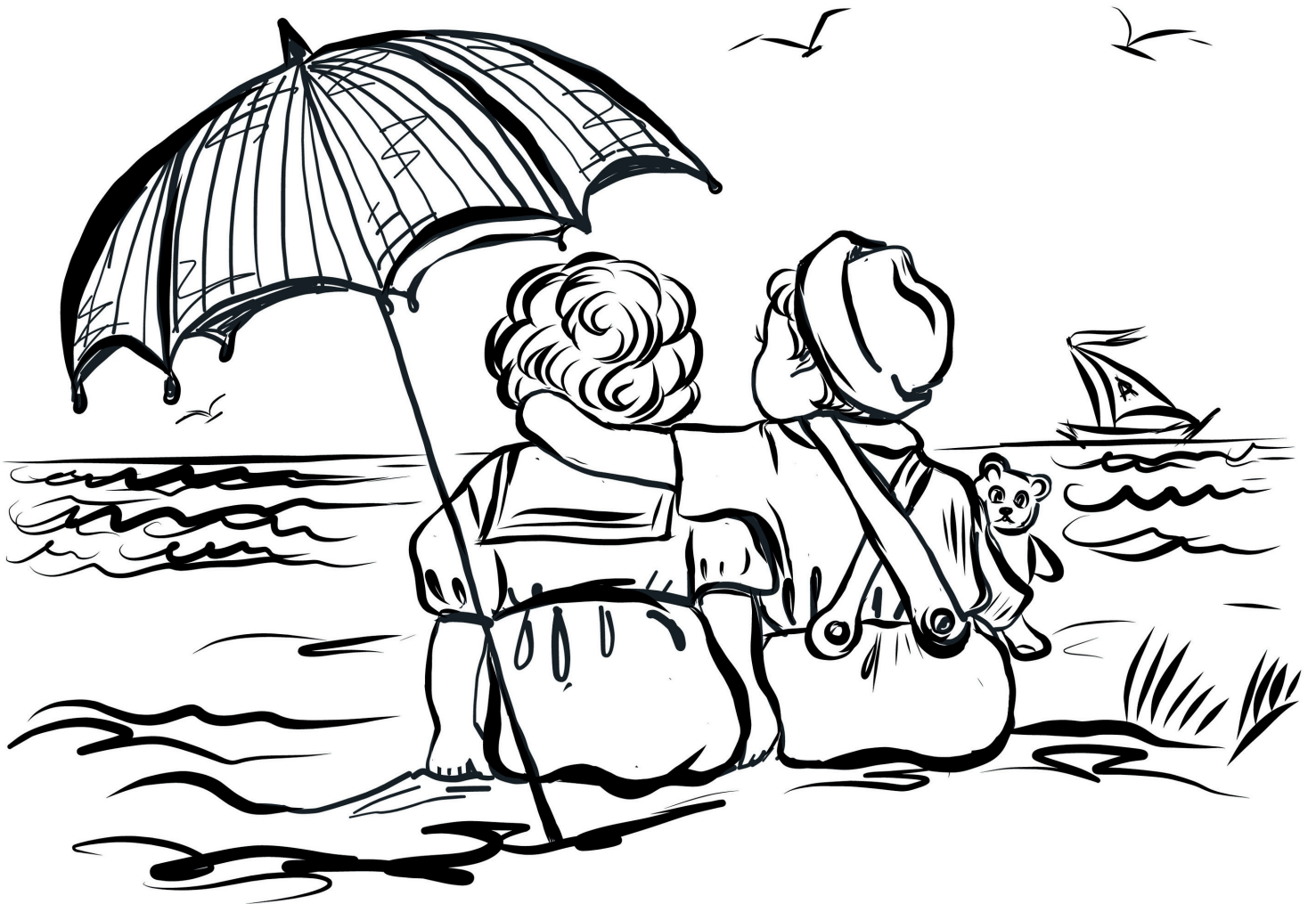
- [4] Twins
- [5] Sign of the crab
- [7] Celestial archer
- [9] May baby
- [11] Water sign

### Down

- [1] Septembers sign
- [2] Fishy sign?
- [3] Feline
- [5] January's sign
- [6] Ram of astrology
- [8] Pisces preceder
- [10] Heavenly scales

# MAZE





# SOLUTIONS

## Trivia Answer: C.

Da Vinci was also a sculptor, an architect, a poet, a composer, a scientist, a mathematician and an inventor.

N F K W H I R P Y J O S H Q B Y E I  
 S Q A Z L N Y Z F T S O C Z A Q H V  
 U Z O Z N C P I K A T H V H U G I F  
 V G A X N Q X O M C T Z L M T U E M  
 T L K A L P E S M T Q O Z Q H T D S  
 P N F M H L I U K U L A F R E P X W  
 J O W A A F K T G A D L A R N X P X  
 B M F T L X J R M L U U C M T C F W  
 R I A A H S H M A E I N T H I F T T  
 E C Z R N A E I E X O E M Z C G E O  
 P U W A F T C W R C F G N Q H E O H  
 Z J Q G N I A L D C N G M E J B V X  
 G X J L F C C S O P T E K Q I V A M  
 K I Z I Y H O I Y Z W A E T R U E Y  
 N R T N A K Z Q A H F T W H L E E I  
 O R Z L A L I X C N X K N N A R C Q  
 A C I H Y J O B C R U Z B Q E D Y V  
 I F Q B U F S C A S P M N R R N T Z

7	8	6	9	2	4	1	3	5
4	1	5	3	6	7	8	2	9
2	3	9	8	1	5	6	4	7
5	2	3	4	7	8	9	1	6
1	4	7	6	5	9	3	8	2
6	9	8	1	3	2	5	7	4
9	7	2	5	8	3	4	6	1
3	6	4	2	9	1	7	5	8
8	5	1	7	4	6	2	9	3

9	5	1	2	7	3	4	8	6
4	7	2	5	6	8	9	1	3
8	3	6	1	9	4	5	2	7
1	6	5	7	4	2	8	3	9
2	8	7	3	1	9	6	4	5
3	4	9	6	8	5	1	7	2
6	9	3	8	2	1	7	5	4
5	1	4	9	3	7	2	6	8
7	2	8	4	5	6	3	9	1

