

Daily Delight EZ

TUESDAY • DECEMBER 2 • 2025

WORD SEARCH

Healthy Eating

H	M	A	Z	V	K	H	G	Y	O
C	C	F	W	G	V	M	W	P	R
J	F	P	O	O	B	E	P	M	C
O	R	H	S	O	F	A	T	O	E
G	U	T	N	C	D	L	A	S	L
A	I	L	I	Z	U	S	X	V	O
X	T	A	A	A	X	V	Y	U	H
S	S	E	R	U	S	I	T	Y	W
X	E	H	G	V	E	L	I	M	R
B	O	T	L	T	D	X	M	E	W

Foods

Fruits

Grains

Health

Meals

Whole

SUDOKU

How To Play:

Each 4x4 box is comprised of 4 smaller 2x2 boxes. Each of these smaller boxes must be filled in with numbers from 1-4. Each row and column of the larger 2x2 box should not have any numbers repeated.

			3
	3	2	4
	2	3	
3			

MAZE

JOGGIN' YOUR NOGGIN'

These simple, easy-to-play games help provide a sense of accomplishment and help keep the brain active.



Can you name it?

(3-letter word)

What is a comfortable, cozy room in a house called?



Trivia

What is the term for water that comes out of a faucet?

- A. Tap Water
- B. Bottled water
- C. Rainwater



Word Scramble

W D O O _____

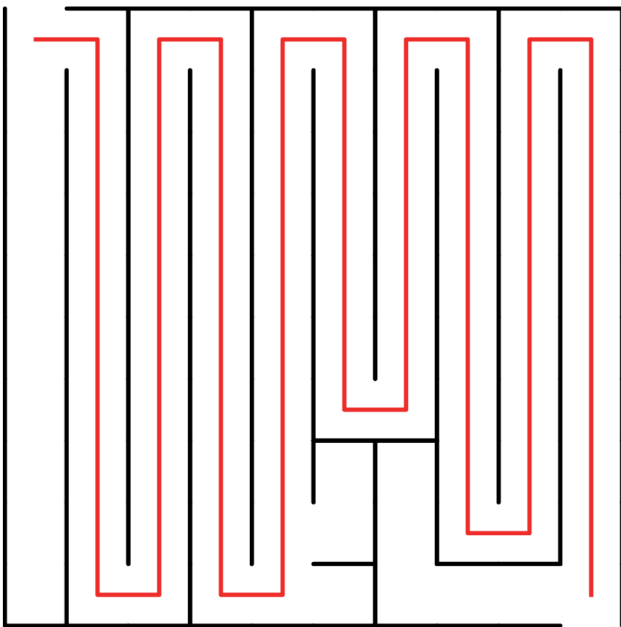
A L B E _____



SOLUTIONS

H	M	A	Z	V	K	H	G	Y	O
C	C	F	W	G	V	M	W	P	R
J	F	P	O	O	B	E	P	M	C
O	R	H	S	O	F	A	T	O	E
G	U	T	N	C	D	L	A	S	L
A	I	L	I	Z	U	S	X	V	O
X	T	A	A	A	X	V	Y	U	H
S	S	E	R	U	S	I	T	Y	W
X	E	H	G	V	E	L	I	M	R
B	O	T	L	T	D	X	M	E	W

2	4	1	3
1	3	2	4
4	2	3	1
3	1	4	2



Joggin' Your Noggin' Answer:

- Den
- Tap Water
- Wood/Able