

Daily Delight

TUESDAY • OCTOBER 14 • 2025

Be Bald and Free

Bald is beautiful, and if you're bald, Be Bald and Free Day is for you! When you're bald, it's a wonderful thing because it means you no longer have to worry about how your hair looks or if you are losing it. You can just wake up, get dressed, and run out the door without a care in the world as to how your hair looks. Plus, think of all the money bald people save on haircuts and hair products!

From Michael Jordan and Stone Cold Steve Austin to Vin Diesel and Samuel L Jackson, there are plenty of people who can rock the bald look. Before you people with hair get jealous, take a moment to celebrate today with someone you know who is bald and beautiful!



Today in History



In 1964, Martin Luther King Jr. was announced as the winner of the Nobel Peace Prize for his non-violent struggle for civil rights and his commitment to achieving racial justice. He led marches for the right to vote. Martin Luther King Day was inaugurated as a federal holiday in 1986.

senior **living**
activity assistant
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DID YOU KNOW? **The Peter Pan of the Pond**

The axolotl is a fascinating type of salamander known for its frilly gills and perpetual "smile." It is unique because it exhibits a phenomenon called neoteny, meaning it retains its larval features, like its gills, and remains aquatic for its entire life. Unlike most amphibians, it never undergoes a full metamorphosis to become a land-dwelling adult.

TRIVIA

Which actress once held the title of Miss Orange County?

- A** Kim Basinger
- B** Sharon Stone
- C** Michelle Pfeiffer
- D** Julia Roberts

TODAY'S FUNNY

My dog used to chase people on a bike a lot.

It got so bad, I had to take his bike away.

TODAY'S WISDOM

"To be old is a glorious thing when one has not unlearned what it means to begin."

- Martin Buber

WORD SEARCH

FAMOUS BLACK POETS



Hayden

Dunbar

Walcott

Mckay

Brooks

Lorde

Giovanni

Langston

Maya

Angelou

Wheatley

Cliffon

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	3	8				4	2	
2			6	5	4	3		
	4			3			9	7
7	6	4						2
	5		4	8		7	6	
8		2	1		6	5	3	4
3		6	7	4	9	8	5	
		5	3	2	1	9	7	
9		7	8				4	

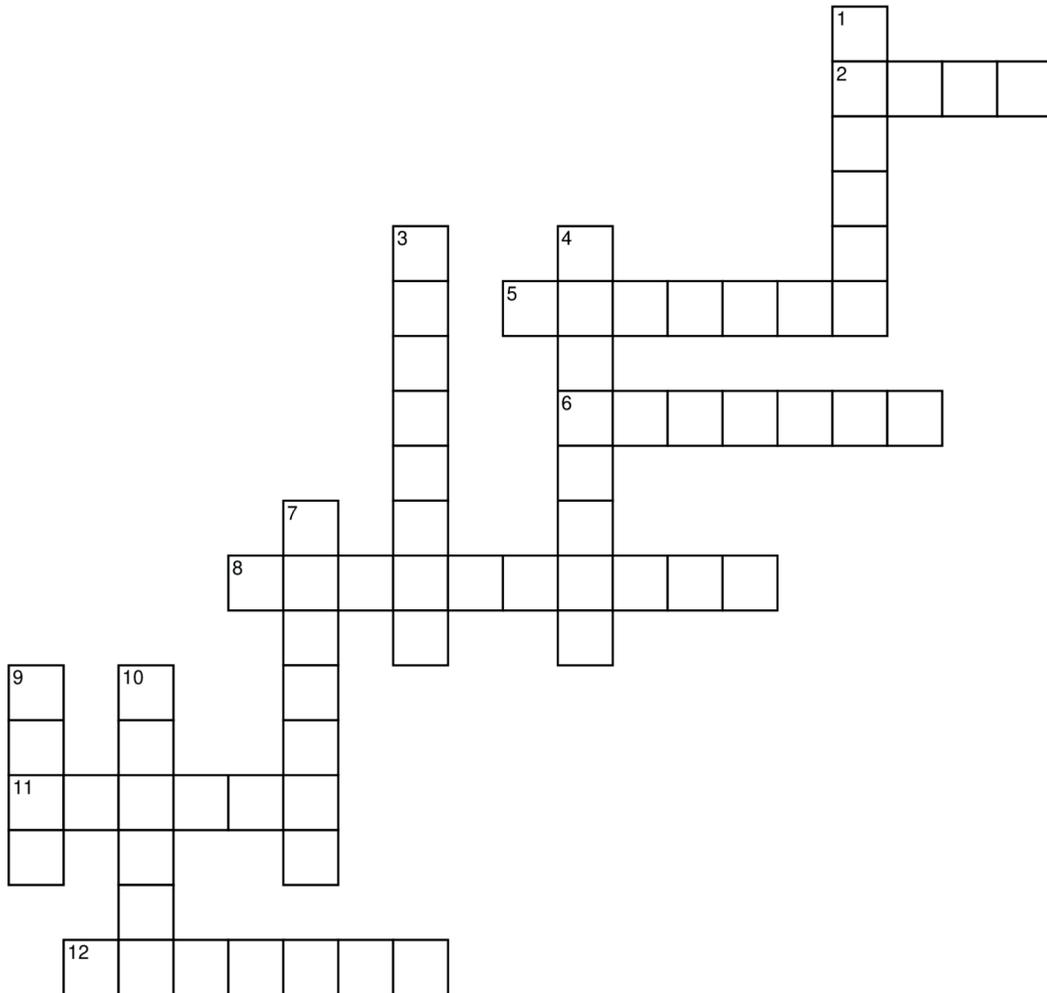
6		1	3		8	9	5	
						2	4	
	4						1	3
5		8	9		6			
	6	9					2	8
2			1		3		6	
8		7	2				9	
4				3	9	6		1
					5			2

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Things to Respect



Across

- [2] Statutes
- [5] Convictions
- [6] Voluntary approval
- [8] Outer limits
- [11] May honoree
- [12] Alone time

Down

- [1] Seniors
- [3] Points of views
- [4] Class instructor
- [7] Music genre
- [9] Ump's call
- [10] June honoree

Conversation Starters

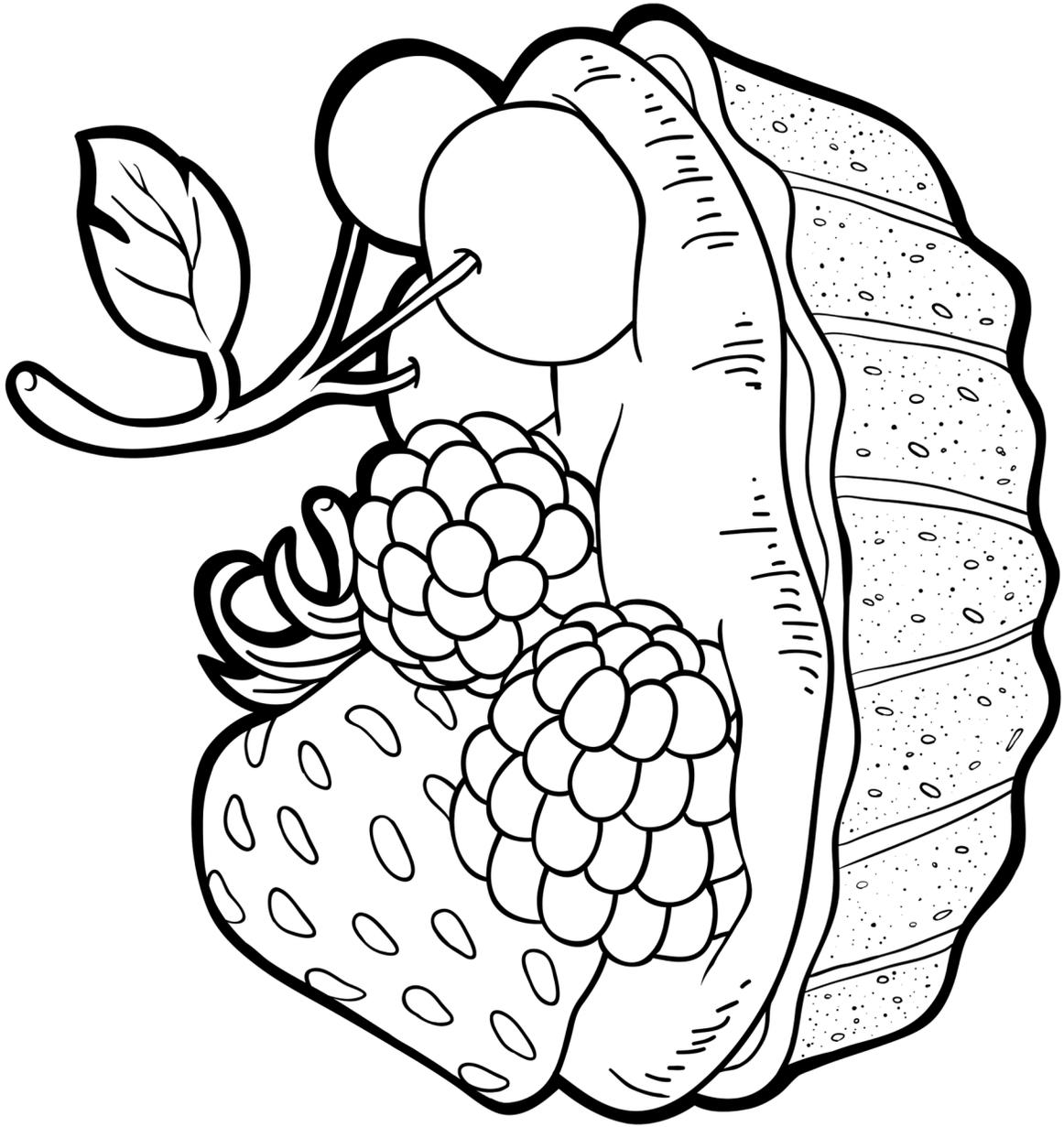
Use the following conversation prompts to start a discussion with friends or family! You may also use the provided lines to answer the questions on your own if you prefer.

Talk about a time you got a new outfit and how it made you feel.

What did the outfit look like?

What kind of wedding attire did you have?





SOLUTIONS

Trivia Answer: C

Spring 1978 Fountain Valley High School graduate and Vons Supermarket checkout girl Michelle Pfeiffer is 19 going on 20 when she takes the Miss Orange County beauty pageant crown.

6	3	8	9	1	7	4	2	5
2	7	9	6	5	4	3	1	8
5	4	1	2	3	8	6	9	7
7	6	4	5	9	3	1	8	2
1	5	3	4	8	2	7	6	9
8	9	2	1	7	6	5	3	4
3	2	6	7	4	9	8	5	1
4	8	5	3	2	1	9	7	6
9	1	7	8	6	5	2	4	3

G X C U D B C O J O R M P V T Q L R
 N Y P K S Y Y G E D X R K D W E I E
 O W A X G U R W H E A T L E Y Q C P
 T T I H S A I J O Z E W T N W Z V G
 F N P Q B E W U C H D V H O S G L I
 F G U N I T J D P N M S T O M L O O
 I W U B N G U K Z Q X C C L A O R V
 L D W D Q Q C O H S Q F K G Y P D A
 C W U D Q Z B R N N H V P A A O E N
 X F Q B P F M R E U W K T Q Y K K N
 Z N J X L J O D O J J W U F E E N I
 Z S B Q W L Y L S O U G T S L W O U
 Y V Q I X A E F P T K N P C Q M O K
 U W D X H G L W K H J S K K U A L X
 O V O K N E Z C D T N W D Q U M F I
 F S X A M X Q Z O E P X T U T V Y S
 V M E D V O F K I T P W H W Q C P Z
 I F I K C L A N G S T O N V K H D D

6	2	1	3	4	8	9	5	7
9	8	3	5	1	7	2	4	6
7	4	5	6	9	2	8	1	3
5	1	8	9	2	6	7	3	4
3	6	9	7	5	4	1	2	8
2	7	4	1	8	3	5	6	9
8	3	7	2	6	1	4	9	5
4	5	2	8	3	9	6	7	1
1	9	6	4	7	5	3	8	2

