

Daily Delight

SATURDAY • OCTOBER 11 • 2025

International Day of the Girl Child

International Day of the Girl Child, celebrated on October 11th, highlights the potential and challenges of girls worldwide. It promotes girls' rights, addresses gender inequalities, and supports their empowerment as leaders and change-makers. The day calls for action to end harmful practices and advocates for equal opportunities. Empowering girls is crucial for global development goals. The fight for women's rights and equality rages on, and today is a day that brings to the forefront the challenges girls continue to face.

International Day of the Girl Child became an official holiday on December 9, 2011. It was established by the United Nations and inspired by the "Because I Am a Girl" campaign by Plan International. The day aims to promote girls' rights and call for action to ensure they can lead healthy, educated, and safe lives.



Today in History



In 1992, Deion Sanders almost became the 1st athlete to play in 2 professional sports on the same day (football and baseball) when he flew to Pittsburgh, hoping to play for the Atlanta Braves after playing for the Atlanta Falcons that same day. The Braves manager would not let him play.

senior **living**
activity assistant

powered by **spectrio**



DID YOU KNOW?

From Port to Pot

The modern coffee drink we call a mocha, which combines coffee and chocolate, gets its name from the port city of Mocha in Yemen. Between the 15th and 18th centuries, this port served as the primary global hub for the coffee trade. The unique coffee beans exported from this region were known for their rich, naturally chocolate-like flavor, which inspired the chocolate-infused beverage we know today.

TRIVIA

What type of food are "chips" in the UK?

- A** French fries
- B** Fish sticks
- C** Beans
- D** Chicken fingers

TODAY'S FUNNY

What do you call a sad strawberry?

A blueberry.

TODAY'S WISDOM

"A day without laughter is a day wasted."

- Charlie Chaplin

WORD SEARCH

KITCHEN CONFIDENTIAL



Baste

Blanche

Braise

Broil

Caramelize

Dressed

Devein

Emulsify

Parboil

Reduction

Sear

Whisk

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 9 | | | | 4 | 5 | |
| 7 | | | | 4 | | 2 | | 3 |
| 4 | | 2 | 3 | 5 | 6 | 9 | 7 | |
| | | 8 | | 7 | | | 3 | 5 |
| 1 | | 7 | | 3 | 5 | | | |
| | | | | 8 | 2 | 1 | | |
| | 9 | 4 | | 6 | | 7 | | |
| | | 1 | 8 | | | | | |
| 3 | | | | | 1 | | | |

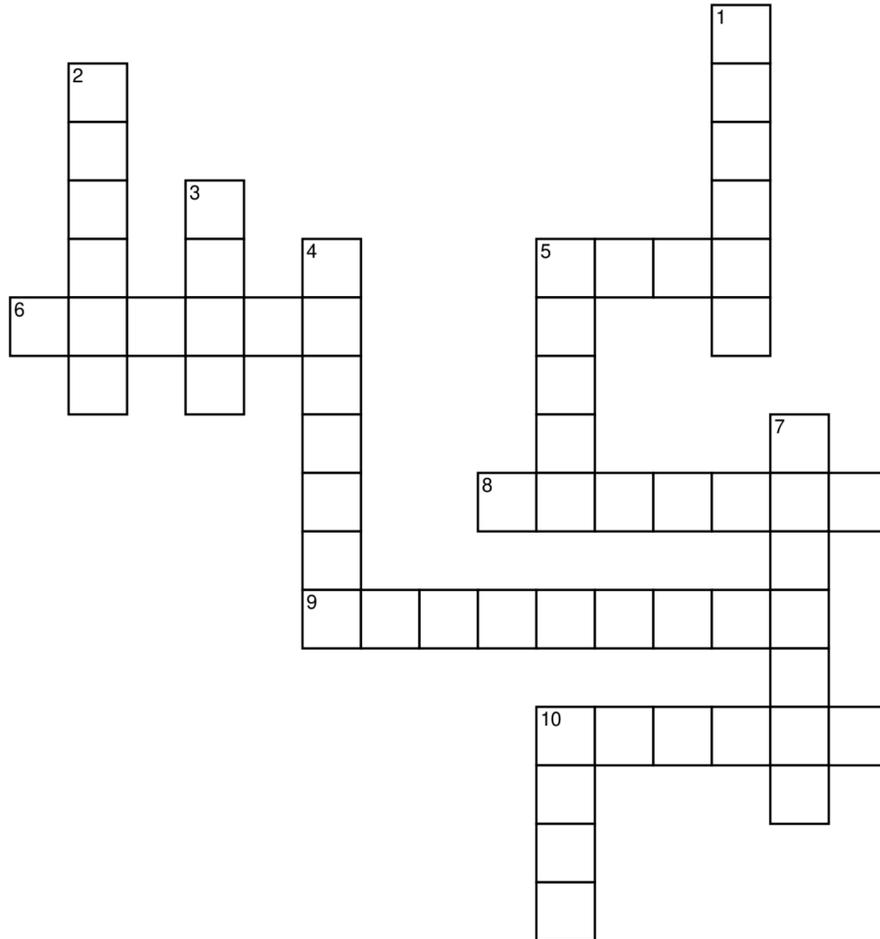
| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | | 9 | 7 | | 1 | 4 | | |
| 7 | | | 4 | | | | | 2 |
| 5 | | | 2 | 3 | 9 | 7 | 1 | 6 |
| 4 | | 5 | | 9 | 2 | | | |
| | | 3 | | 1 | | 2 | 4 | |
| | | 7 | | | 6 | 9 | | 1 |
| | | 6 | | | 8 | 5 | | 7 |
| | | | 1 | 5 | 3 | 8 | | 4 |
| 3 | 5 | | 6 | | 4 | 1 | | |

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Things that are Coarse



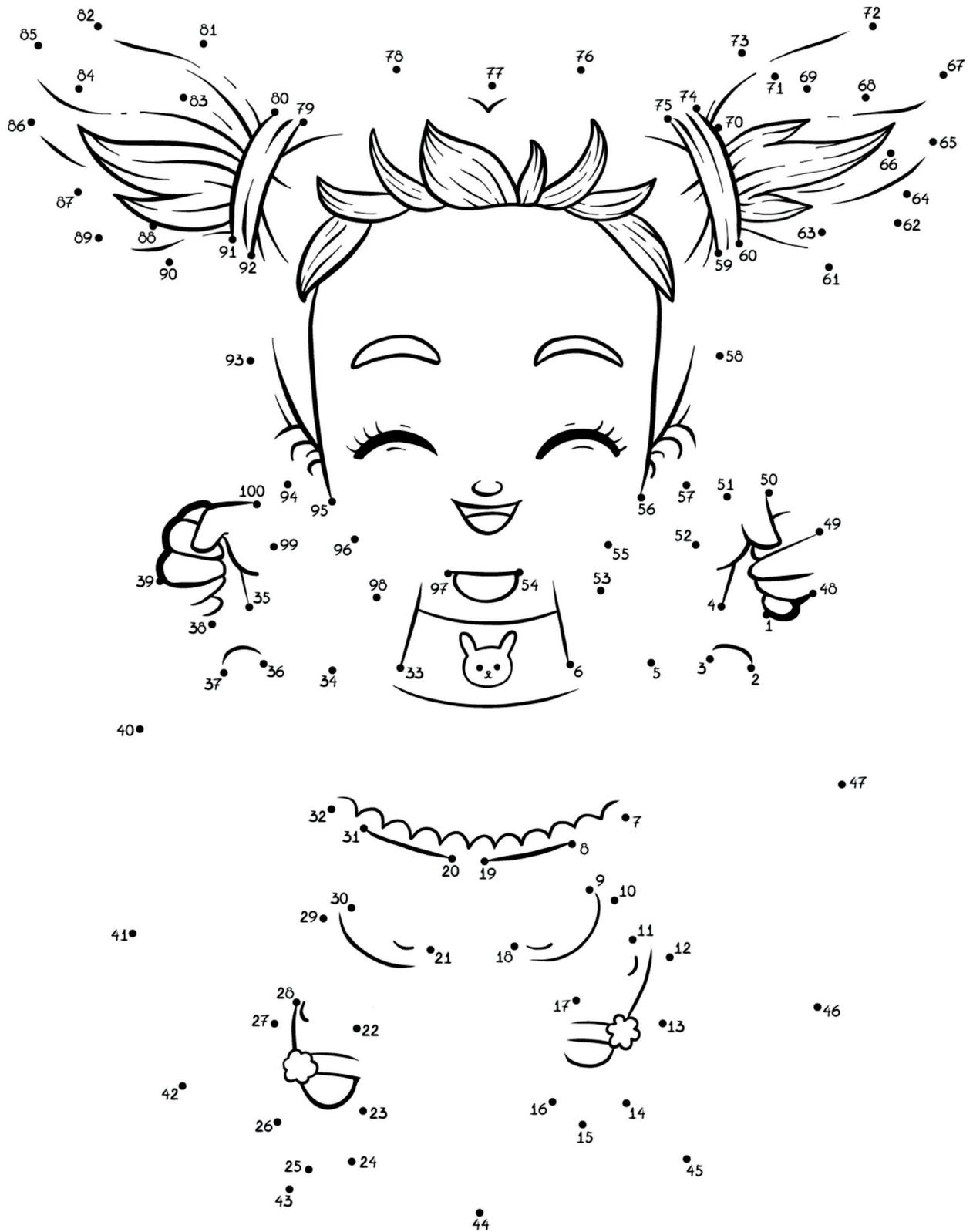
Across

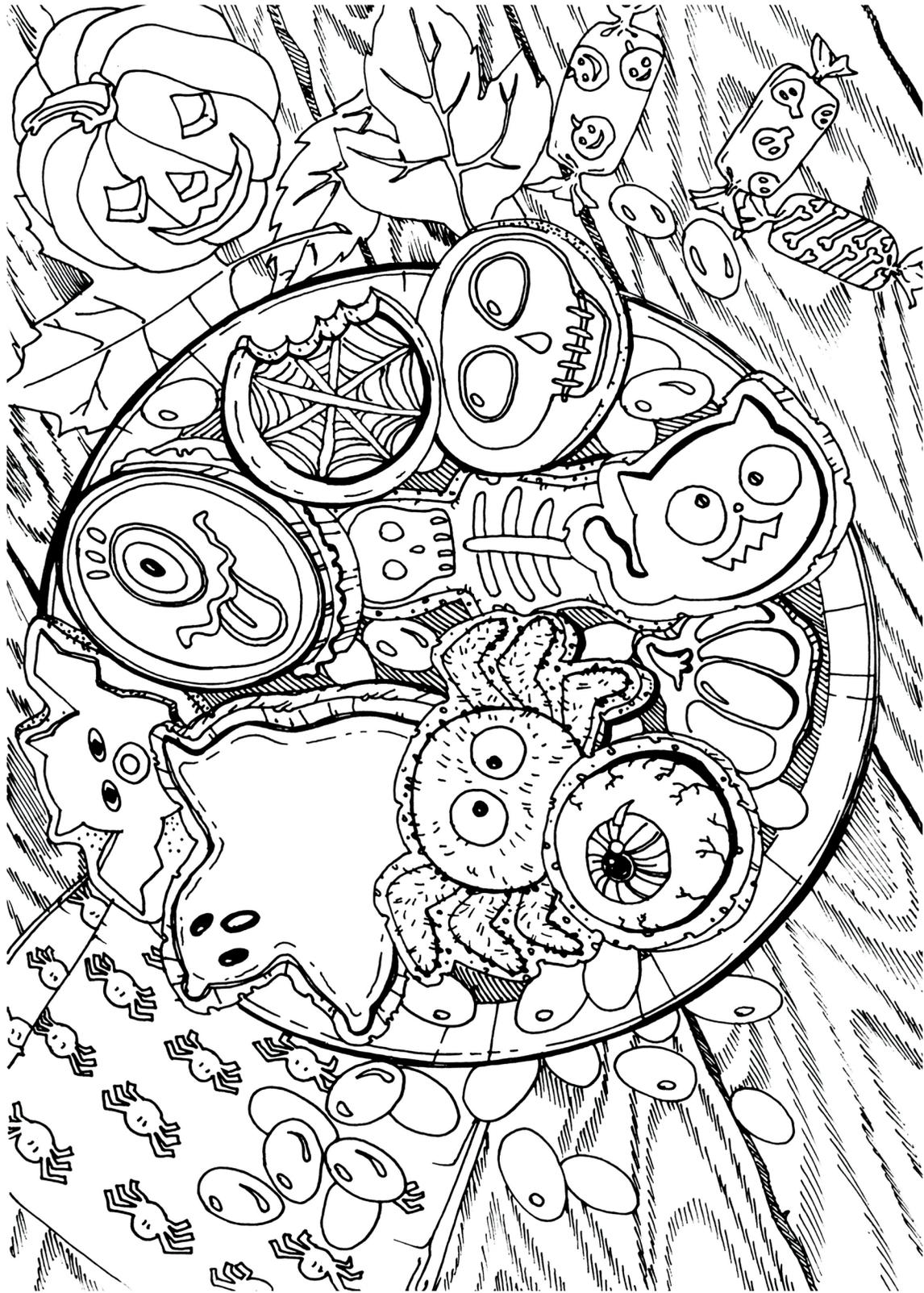
- [5] Locks
- [6] Sack material
- [8] The Fuller salesman wares
- [9] Wood smoother
- [10] Driveway material

Down

- [1] Sahara, for one
- [2] Pedicures concern
- [3] Shaker content
- [4] Absorbent scrubber
- [5] Good for a laugh
- [7] Wire-haired dog
- [10] Game on a green

Connect the Dots





SOLUTIONS

Trivia Answer: A

In the UK and Ireland, what people in America call French fries are called "chips" and are famously served alongside fried fish.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 3 | 9 | 2 | 1 | 7 | 4 | 5 | 8 |
| 7 | 1 | 5 | 9 | 4 | 8 | 2 | 6 | 3 |
| 4 | 8 | 2 | 3 | 5 | 6 | 9 | 7 | 1 |
| 2 | 4 | 8 | 1 | 7 | 9 | 6 | 3 | 5 |
| 1 | 6 | 7 | 4 | 3 | 5 | 8 | 2 | 9 |
| 9 | 5 | 3 | 6 | 8 | 2 | 1 | 4 | 7 |
| 8 | 9 | 4 | 5 | 6 | 3 | 7 | 1 | 2 |
| 5 | 7 | 1 | 8 | 2 | 4 | 3 | 9 | 6 |
| 3 | 2 | 6 | 7 | 9 | 1 | 5 | 8 | 4 |

| | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| B | V | D | X | V | D | T | F | I | F | J | C | T | S | W | T | R | A |
| Q | R | A | V | B | H | T | J | F | U | X | F | K | D | S | Z | N | D |
| Y | K | O | S | G | J | R | K | A | H | J | G | Z | E | M | C | H | D |
| D | E | Q | I | I | N | B | T | S | T | F | L | S | S | E | Z | B | |
| G | S | H | E | L | G | H | H | L | A | B | C | W | S | E | D | P | X |
| H | I | W | T | F | B | Y | C | Y | A | H | W | E | E | A | A | C | R |
| G | A | J | H | A | U | O | V | K | L | N | P | K | D | R | E | N | J |
| D | R | U | S | U | L | B | M | U | N | L | C | O | C | D | T | X | Y |
| X | B | D | E | L | K | M | P | C | N | K | T | H | Z | K | S | E | M |
| R | J | J | Z | S | N | V | N | A | L | H | Y | P | E | P | A | I | X |
| E | L | O | I | M | X | C | X | M | R | F | P | M | M | S | B | L | G |
| D | L | H | L | X | G | G | F | N | I | B | W | H | C | T | O | M | N |
| U | W | D | E | V | E | I | N | S | R | L | O | A | P | R | W | K | S |
| C | F | O | M | M | Q | J | L | J | G | Z | F | I | B | O | C | G | U |
| T | Z | J | A | Q | S | U | Q | E | T | L | G | G | L | I | F | A | V |
| I | Q | D | R | S | M | D | Q | X | E | V | F | T | S | A | H | S | T |
| O | G | U | A | E | P | X | N | O | M | D | C | D | X | Q | G | I | P |
| N | T | J | C | P | K | O | I | C | T | I | X | L | A | E | D | V | J |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 3 | 9 | 7 | 6 | 1 | 4 | 8 | 5 |
| 7 | 6 | 1 | 4 | 8 | 5 | 3 | 9 | 2 |
| 5 | 8 | 4 | 2 | 3 | 9 | 7 | 1 | 6 |
| 4 | 1 | 5 | 8 | 9 | 2 | 6 | 7 | 3 |
| 6 | 9 | 3 | 5 | 1 | 7 | 2 | 4 | 8 |
| 8 | 2 | 7 | 3 | 4 | 6 | 9 | 5 | 1 |
| 1 | 4 | 6 | 9 | 2 | 8 | 5 | 3 | 7 |
| 9 | 7 | 2 | 1 | 5 | 3 | 8 | 6 | 4 |
| 3 | 5 | 8 | 6 | 7 | 4 | 1 | 2 | 9 |

