

Daily Delight

MONDAY • OCTOBER 6 • 2025

National Physician Assistant Day

In 1965, Dr. Eugene Stead of Duke Medical Center created the profession that we now know as physician assistants or PAs. Two years later, on October 6, 1967, the first PAs graduated from Duke University, and since then, tens of thousands of people have carried on this very important profession. PAs make healthcare more accessible, seeing over 10.4 million patients weekly. PAs work in all medical settings and specialties, bringing essential care to patients everywhere.

PAs are invaluable aids to physicians and general practitioners, so today and every October 6th, it's important that we celebrate and recognize them. Tell your PA you appreciate them if you see him or her today!



Today in History



In 1965, The Supremes released the single “I Hear a Symphony” from the album of the same name. The song reached number 1 on the Billboard Hot 100 and stayed there for 2 weeks. It was the group’s 6th number-one hit. The Supremes were signed by Motown Records in 1961.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

Poor Richard's Ale-manac

Benjamin Franklin had quite the sense of humor when it came to drinking! In 1737, he created his infamous "Drinker's Dictionary," a playful collection of 228 slang phrases for being tipsy. Among the gems, you'll find classics like "tipsy" and "cock eyed," as well as the hilarious "he's at a thump over the head with Samson's jawbone." It's a fun glimpse into his "spirited" side of his personality!

TRIVIA

Which of these animated characters is famous for his nearsightedness?

- A** Popeye
- B** George Jetson
- C** Charlie Brown
- D** Mr. Magoo

TODAY'S FUNNY

Why did Captain Hook cross the road?

To get to the second-hand shop!

TODAY'S WISDOM

"Some people, no matter how old they get, never lose their beauty—they merely move it from their faces into their hearts."
- Martin Buxbaum

WORD SEARCH

JUST ADD SAUCE



Elbow

Farfalle

Fettuccine

Fusilli

Orzo

Pene

Rigatoni

Rotini

Spaghetti

Tortellini

Vermicelli

Bucatini

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

			3	8				
	6	5		9		2		
9				5			6	
		1	5	4		8	3	
6	9		7		1	5		4
	3	4		6	8		1	7
	2			1		6		
8					4	1	9	2
	1	6		2			7	

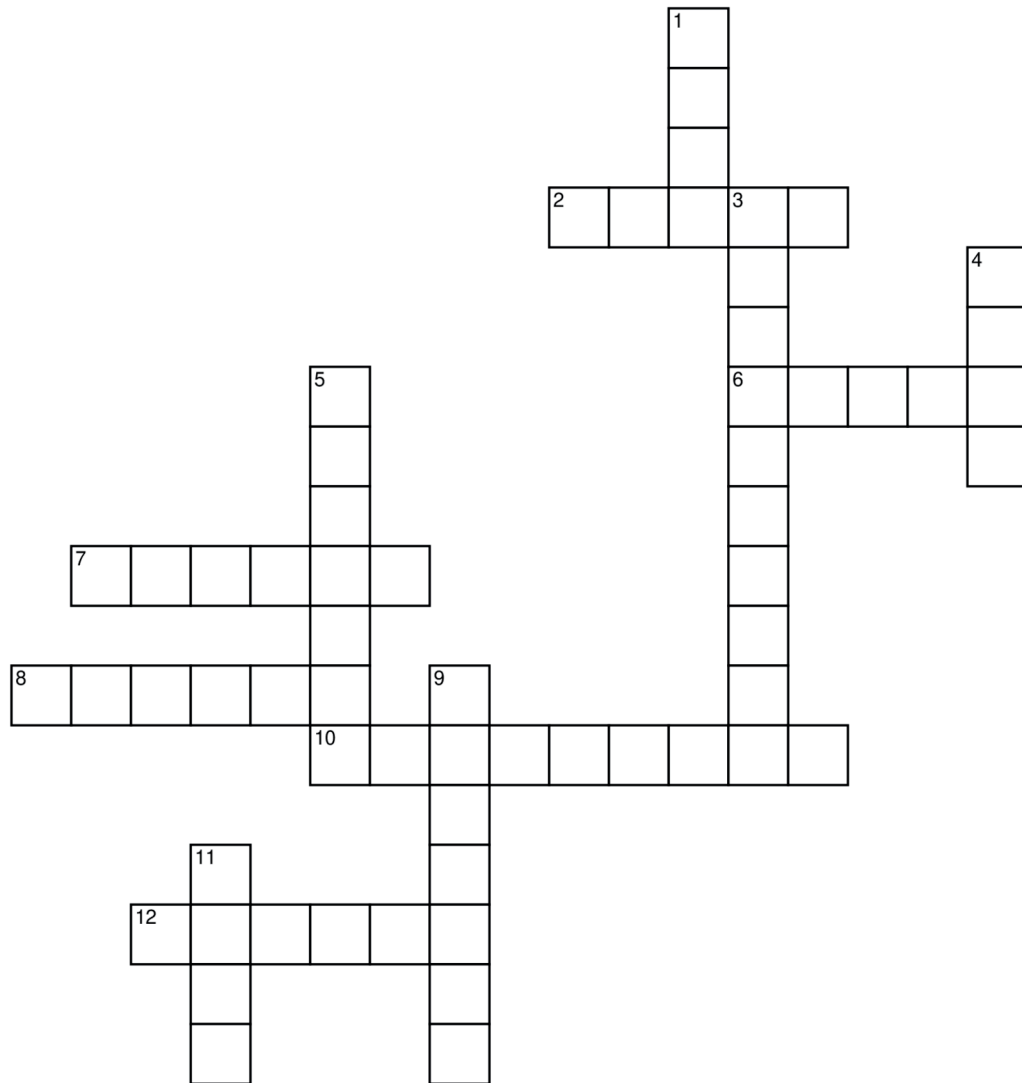
7	5	4				2		3
	8	2		3		6	9	
		6		8			5	4
				5	1			
	2		9			7		5
	9	1	7				6	
	4		3	2	6		7	
		7						
			4			5		

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Fads



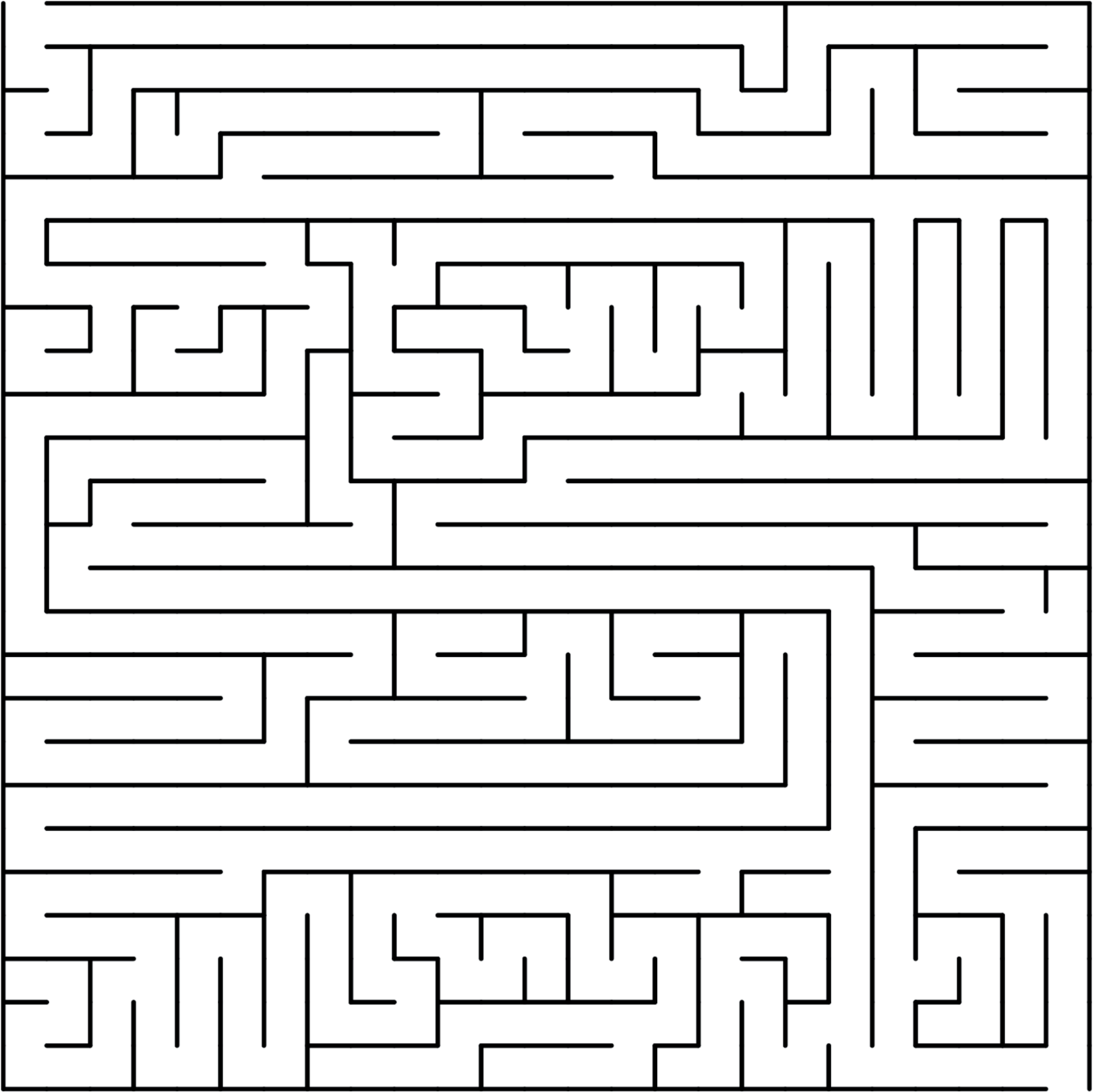
Across

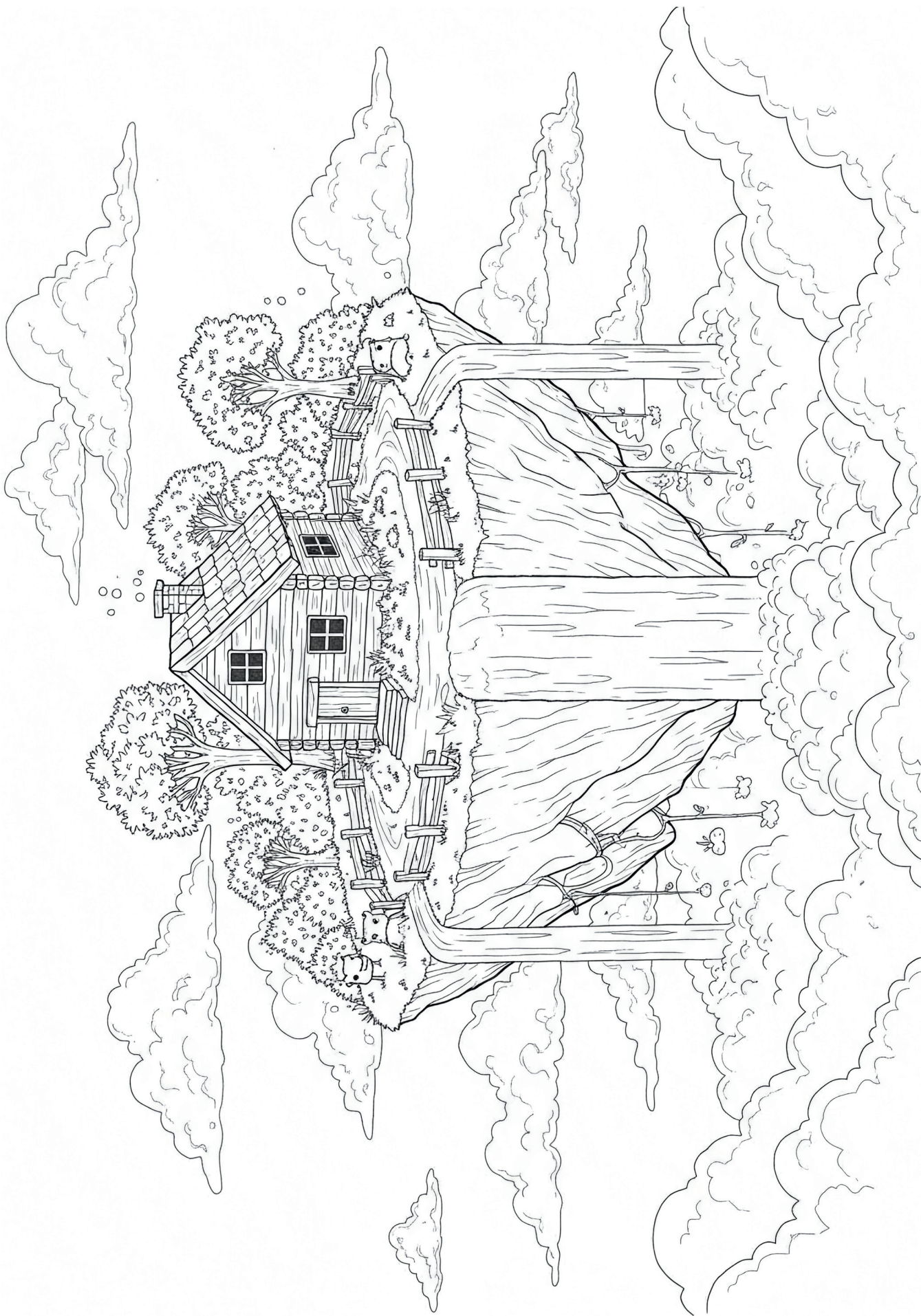
- [2] The sign of a hippie
- [6] Trucker tracker
- [7] Stockings
- [8] Woodstock wear
- [10] Naked truth
- [12] Sock hop skirt

Down

- [1] Hip hoop toy
- [3] 20s dance & U.S. City
- [4] _ ring
- [5] Caps made of wool
- [9] "Happy Days" setting
- [11] Goes up and down

MAZE





SOLUTIONS

Trivia Answer: D

Mr. Magoo, whose first name is "Quincy", is a fictional cartoon character created at the UPA animation studio in 1949. Voiced for many years by Jim Backus.

X R O K I U R N D F T X E J O H U N
V N F F W B W I L U G I S D N S H B
Q O T Y I F A A R S S N D U K A S M
J Z O O T H B Q V I B O M K E H B W
A R R F B F A F W L I T T X W M U D
P O T E G F A Q W L O A Y I N O C I
C J E T K A R R T I Q G B R B O A L
N R L T L U K I F E R I B S M M T L
I X L U L L A N H A Q R A P W I I K
L B I C I E L B O W L W A D B N G
L D N C D N I S N N G L P G J T I A
E D I I W Y N R A V Y B E H M I S S
C A E N M G I N K A O A N E N V I I
I V V E B N T I S D C X E T M G V V
M P L E N R O A Y E O S W T I P F H
R G Y U X T R R C C X K F I D W O Q
E U J J F T B F E Z E B M P V A V X
V H S V L Q Y R D T J P R A L C Z C

1	4	2	3	8	6	7	5	9
3	6	5	4	9	7	2	8	1
9	8	7	1	5	2	4	6	3
2	7	1	5	4	9	8	3	6
6	9	8	7	3	1	5	2	4
5	3	4	2	6	8	9	1	7
7	2	9	8	1	3	6	4	5
8	5	3	6	7	4	1	9	2
4	1	6	9	2	5	3	7	8

7	5	4	6	1	9	2	8	3
1	8	2	5	3	4	6	9	7
9	3	6	2	8	7	1	5	4
6	7	3	8	5	1	4	2	9
4	2	8	9	6	3	7	1	5
5	9	1	7	4	2	3	6	8
8	4	5	3	2	6	9	7	1
3	6	7	1	9	5	8	4	2
2	1	9	4	7	8	5	3	6

