Daily Delight

THURSDAY • SEPTEMBER 11 • 2025

Libraries Remember Day

Libraries Remember Day shines a light on libraries' profound impact on our communities. Celebrated on September 11, it's not just a day. It reflects libraries' roles in fostering knowledge, understanding, and unity. Libraries aren't just about books; they are vibrant hubs of learning, offering everyone a place to discover, grow, and connect. Libraries across the country open their doors wide, inviting everyone in for moments of silence, memorial readings, and remembrance. It's a day when the heart of the library beats in sync with its community. It serves to promote values like freedom, literacy, and the relentless pursuit of knowledge. This day reminds us of the resilience and unity that come from shared knowledge and mutual support. Libraries are guardians of free expression, literacy, and access to a world of information.



Today in History



In 2015, Forbes magazine named Sofia Vergara and Kayley Cuoco the highest-earning TV actresses. Vergara starred in the sitcom "Modern Family" from 2009 to 2020 and received 5 Golden Globe and four Emmy nominations. Cuoco starred in "The Big Bang Theory" for 12 seasons.

senior living activity assistant



DID YOU KNOW? Why We Sweat Less as We Age

As we age, our skin loses collagen and thins, which brings our sweat glands closer to the surface. While this reduces sweating, making personal hygiene easier, it has downsides. Older adults may struggle to regulate body temperature during exercise or in heat, and reduced sweating can hinder wound healing, as sweat aids in skin cell recovery. Fortunately, maintaining physical fitness can help slow this process, allowing for better sweating into older age.

TRIVIA

What do light-years measure?

- **A** Distance
- **B** Time
- **c** Darkness
- **D** Space Density

TODAY'S FUNNY

I used to play piano by ear...

but now I use my hands.

TODAY'S WISDOM

"No one can break me down.

I know my worth, and it's a beautiful thing."

- Iggy Azalea

WORD SEARCH

MILITARY

MLCNSANVY DF UP AWT V W M В В Υ M J R Ζ M R G 0 Q В Р В В Ν 0 S Α D Α X S W В Р G P C Ν Q Н D Ν G W ER Т

Jar Heads	Army	Navy
Marine	Air Force	War
Seals	Patrol	Bravo
Charlie	Alpha	Foxtro

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

6	2	9	1			3	7	
8	1		6	7	3		9	
5		3				8		
	8			1				
	9	7	2		5			1
			4	9	7		2	
	6	1			9		5	2
		8	7	4				3
3					1	9		7

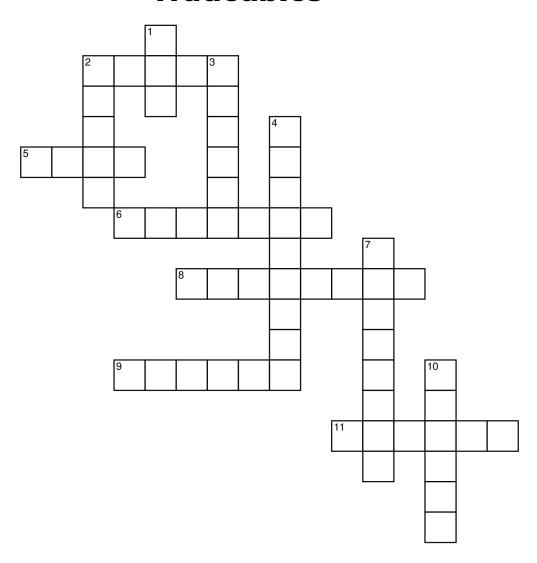
	9				1		6	
		5		9		8		
			2				9	
2	3			5	7	4		8
7		8	4	6		9	5	
				8		7		6
	5				9	6	7	
	2				4		8	
	8	7	6	3	5		4	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Tradeables



Across

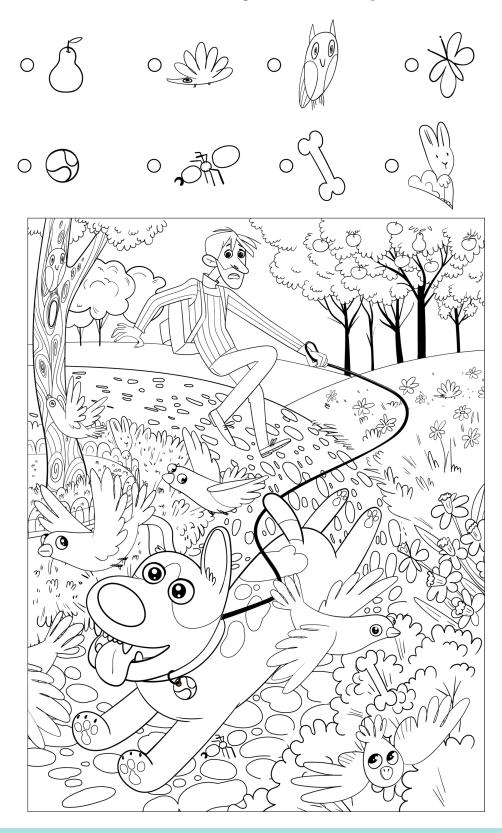
- [2] Deck of
- [5] Earth's soil
- [6] Ask advice from
- [8] Heirlooms, often
- [9] Wheat, rye, and rice
- [11] Brass and bronze

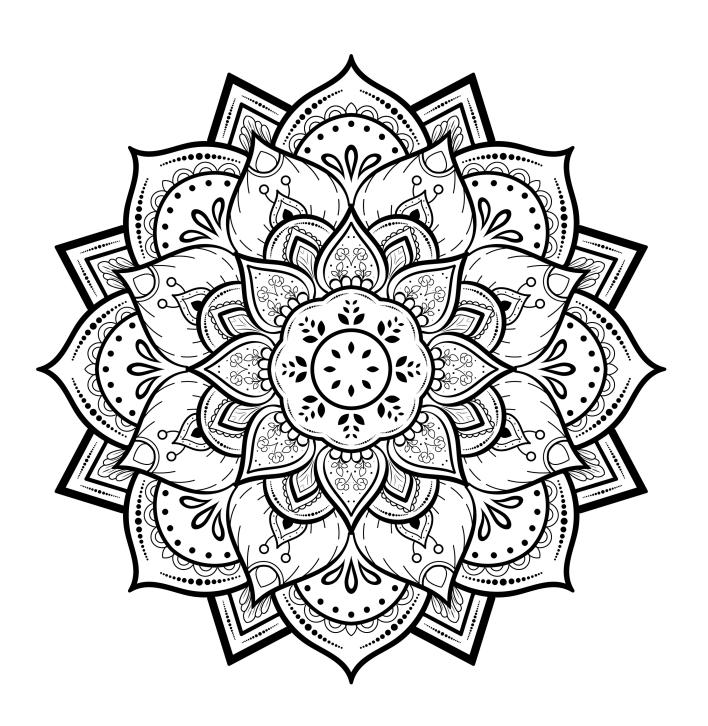
Down

- [1] Gallery display
- [2] Minimal change
- [3] Talents
- [4] Architectural works
- [7] Non-product businesses
- [10] Post office purchase

SEEK AND FIND

Find the hidden objects in the picture.





SOLUTIONS

Trivia Answer: A

A light-year is the distance light travels in one year. Light zips through interstellar space at 186,000 miles per second and 5.88 trillion miles per year.

			¹ A]											
2	c	Α	R	D	³S										
	0		Т		К										
	I				ı		⁴ B								
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									¹¹ M	Е	Т	Α	L	s	
										S		М			
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6	2	9	1	5	8	3	7	4
8	1	4	6	7	3	2	9	5
5	7	3	9	2	4	8	1	6
2	8	5	3	1	6	7	4	9
4	9	7	2	8	5	6	3	1
1	3	6	4	9	7	5	2	8
7	6	1	8	3	9	4	5	2
9	5	8	7	4	2	1	6	3
3	4	2	5	6	1	9	8	7

8	9	2	5	4	1	3	6	7
1	7	5	3	9	6	8	2	4
3	6	4	2	7	8	1	9	5
2	3	6	9	5	7	4	1	8
7	1	8	4	6	3	9	5	2
5	4	9	1	8	2	7	3	6
4	5	1	8	2	9	6	7	3
6	2	3	7	1	4	5	8	9
9	8	7	6	3	5	2	4	1

